



Northside News

Vol. 29, No. 2, Issue 170

www.northsidenews.org

October/November 2023

Photos by Anita Weier



The Frautschi Family Accessible Playground near the Rainbow Shelter at Warner Park is a colorful and valuable addition to Warner Park.

Accessible playground opens to all at Warner Park

By Anita Weier
Northside News

It's a playground that is usable for all, despite any handicaps.

The Frautschi Family Accessible Playground near the Rainbow Shelter at Warner Park is a colorful and valuable addition to Warner Park. The Frautschis gave generously to the

project, as they have to many other community projects. Several local foundations also contributed.

Speaking at a ribbon cutting ceremony in August, Mayor Satya Rhodes-Conway stressed that, though the playground was designed to allow access to people with disabilities, it is a playground for "all Madison kids."

The barrier-free playground has a

poured-in-place rubber surface that allows better wheelchair movement and roll-in access. There is a wheelchair-accessible swing, as well as a touch-and-play musical panel. Educational features include communication boards for the less verbal, a place to practice math, and a sign language exhibit.

The steel and other metal parts are powder-coated to regulate temperature,

but they will remain hot to the touch during extreme weather. Shade trees may be located nearby, but park users are urged to consider local heat warnings.

Madison has two other accessible playgrounds at Brittingham and Elver parks. Rebecca Hoyt, a disability rights and services specialist for the city, said she hopes there will be more barrier-free playgrounds in the future.

Photo by Building Up Black Boys Program



Building Up Black Boys Program

Building Up Black Boys Program

By Justin Markofski
Northside News

Building Up Black Boys first launched April 17 as a 16-week pilot program hosted at Packer Community Learning Center (CLC). I am quite sure Building Up Black Boys (www.buildingupblackboysllc.com) is successfully taking flight toward making a significant impact first here on the Northside of Madison and far beyond.

The program organically emerged out of what began as an idea of a love letter from Felicia Butler — program founder and single Black mother — to her then becoming teenage son Myles.

Felicia and I have connected several times including for an informal interview to talk about the origins, purpose and plans she has for Building Up Black Boys. Along the way, I also spoke with the beloved "Mr. Phil" Watters, instructor and mentor, and heard his voice and perspective on this new program the two of them are teaming up to create and lead. These two are a dynamic

team with big hearts and intentions and are already seeking to expand this program to another cohort of young Black scholars here on the Northside.

I mentioned Felicia's idea of a love letter of instruction to her son. Felicia felt she wanted her son Myles to have some advice on becoming a man beyond what she was able to offer as his single mother. Felicia was led to reach back to her roots — her village — for advice. On page 12 of the introduction to her book "A Survival Guide for My Black Son," she wrote "I reached out to every Black male that I have ever known in my life whose life story I have witnessed unfold from boy to man for the best five pieces of advice they had ever received in their life." As you see, her letter idea evolved into a full-fledged book to Myles as responses came back, and she compiled them into a book (copyright 2022 and available on Amazon).

Building Up Black Boys
continued on page 9

Body camera pilot program approved for North Police District

By Anita Weier
Northside News

The Common Council voted 16-4 in August to approve a three-month pilot program in the North Police District to provide more information about how body cameras would work citywide. However, the pilot will likely not launch until next year.

Police Chief Shon Barnes told Alder Charles Myadze that several processes must take place before the body cameras can be used by North District police. The chief suggested that the department might not be ready for the pilot project until next summer. North District Police Captain Kelly Donahue said that late spring would be likely.

Donahue supports the use of body cams. "They provide transparency and can be a tool to answer questions about police interactions," she said. She estimated that about 48 cameras would be used in the test.

"The study design must be methodical and rigorous," the chief said in a written communication, "given the scrutiny that any results of the program will certainly yield." He was referring to years-long arguments in Madison about body cameras.

The chief would like to pilot at least three different versions of a body worn camera. One—the Panasonic body camera, has already been approved by the city's Information Technology Department and has been used by SWAT and motorcycle officers for some time. The other two cameras yet to be approved by the Information Technology Department are Axon and Motorola.

Madison Police Lt. Ed Marshall said motorcycle officers received cameras in 2022 and that SWAT officers have used them since 2015 or 2016.

"I understand that many people would like to see the cameras being used immediately, but Chief Barnes would rather do the process correctly than too quickly," Myadze said. "This process should be taken seriously with the thoughtfulness

and thoroughness required to make an informed decision."

Most large cities in the Midwest already use body cameras, according to a survey by Lee Enterprises. Both small and large Wisconsin police districts use them.

The police chief supports body camera use, as do several Black leaders who testified for the pilot program prior to the council vote. Among them was Dane County Judge and pastor Everett Mitchell. He said that a camera would have given necessary information about the controversial killing of Tony Robinson by a police officer.

Supporters have said the cameras would increase transparency of the Madison Police Department's actions. Opponents have argued that prosecutors could use camera footage to bring more criminal charges against people of color.

Body cameras could lead to "a new beginning of police-community partnership that leads to trust, transparency, training and healing," Myadze said.

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8th Square	4.917”W x 4”H	\$ 160.00	\$ 176.00
Quarter Page	4.917”W x 8”H	\$ 320.00	\$ 352.00
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Thank you to the FEED Bakery Training Program for their donations to the Nort scavenger hunts.

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NORTHSIDE PLANNING COUNCIL

From
Justin Markofski
NPC Executive Director



Greetings, Northside neighbors,
Last column, I encouraged us to remember our own youth and intentionally build positive relationships with young people. Now, I want to focus on the other end of the life span.

Let's celebrate and acknowledge the reality that those among us who have observed more rotations of the earth around the sun have loads of life experience to share. I wish to honor these years and this segment of our community and say thank you.

The all-time number one best-selling book, the Bible, has lots to say about honoring elders in our family and society. Just one example is the statement that "wisdom is with the aged and understanding in length of days." We do well to consider and apply this in valuing those who have gone before us. This is time-tested wisdom

still upheld and observed in many cultures and places.


I know many people at or past typical retirement age making invaluable contributions in their workplace, on boards, as volunteers, in their families, as mentors and more. Thank you for sharing your wisdom, experience, time and talent. We need and want what you have to offer. Please don't be shy to bring your voice into the mix so we all can benefit.

I know our later years sometimes require significant support as well. I have recently been to memorial services and know family, friends and neighbors with mental and physical health challenges associated with aging. This can be very hard to deal with.

Let's be a community and culture that both listens to and learns from our older adults and commits to staying connected no matter what their condition in the winter of their life. God willing, we all will be there some day ourselves. Let's all honor and respect our elders and keep company with them.

Contact Justin at: 608-444-6640 or director@northsideplanningcouncil.org

From
Lauri Lee
NPC Board Chair



The business section of this issue of the Northside News focuses on Northside businesses and economic development to tout what distinguishes our community from everywhere else. Why the focus on business and our community assets? The quality of life for Northsiders depends on attracting good business growth which in turn, strengthens neighborhoods and improved well-being for everyone.

The Northside is a dynamic and interconnected network of individuals, families, businesses and nonprofits that together form a cohesive and thriving social ecosystem. The task of building a robust community is not a simple task, but easier than you think. Residents and businesses play a distinct yet interdependent role in community development. Their collective volunteer efforts move the entire community forward and the positive transformations ripple through the neighborhood to bring about meaningful change.

Volunteer efforts and donations from residents cannot be understated in community development. Volunteering and donating, one person at a time in the community helps create the neighborhood you want to live in. When

businesses actively engage with their neighborhoods, they create a symbiotic relationship. Local residents become loyal customers, and in return, businesses provide jobs and invest in community initiatives. This circle of support results in a vibrant local economy.

A healthy business environment is critical to neighborhood success. It attracts investment, encourages innovation and fosters economic resilience. When businesses thrive, they have the resources to support community initiatives, sponsor events and invest in infrastructure, which, in turn, benefits residents and enhances their quality of life.

If you feel a ripple the second week of October, it'll be due to the recognition of everyday legends who have performed extraordinarily ordinary volunteer service for the community over the past year. The Dane Buy Local Biz Awards being held Oct. 11 at Holy Wisdom Monastery acknowledges the volunteer contributions of businesses and nonprofits; The North Star Awards, being held Oct. 13, at Warner Park Community Recreation Center, shows appreciation to residents, businesses and nonprofits for their volunteer contributions on the Northside. These award ceremonies recognize everyday heroes who help others in big and small ways.

Volunteering and donating to the community strengthens the fabric of the Northside and serves as a shining example of how collectively, the actions of Northside businesses, nonprofits and residents can pave the way for a brighter future for all.

Consider contributing your time, talent and/or treasure

Northside Planning Council

The Northside Planning Council (NPC) is a vibrant, active nonprofit organization that has existed in service of the Northside of Madison for 30 years. NPC has a committed and talented team and is actively looking to the future to build upon our past and present success.


NPC is currently in an exciting and healthy growth season and is actively looking to build our capacity, resources and partnerships to sustain, strengthen and expand our efforts and programs in fulfillment of our mission. Part of this capacity building and development work is to renew efforts and extend open, inclusive invitations to the community (you) to join us in this valuable work of improving the quality of life

and fostering equity for all.

In months to come we will be seeking new and renewed contributions of time (as volunteers, on the board, etc.), talent (diverse, specific skills, including from lived experience), treasure (financial supporters, donors who see the needs and results of NPC and FEED Kitchens' work).

Stay alert in future Northside News for further invitations to consider where you may connect and how we can multiply our impact by strategically aligning our passion, skills, and gifts together for the common good. You don't have to wait to begin, however. Feel free to reach out to director@northsideplanningcouncil.org if you have interest, ideas or resources to offer and share.

From
Chris Brockel
NPC Food Systems Director



A few weeks ago, FEED Kitchens had some electrical work done at our facility and added 260 amps of service to the building, added outdoor outlets to the west side of our building, and had some other minor repair work done. Normally, I wouldn't dedicate a column to this type of upgrade, but, as routine as it may seem, this work is significant.

This November FEED Kitchens will be celebrating its tenth anniversary, and activity here is at its highest level since we opened. This success is bringing even more food businesses our way. No one could have predicted 10 years ago that FEED Kitchens would be so busy that the existing electrical service to the building would be maxed out to the point that one more piece of equipment turned

on could pop a circuit breaker.

No one could have predicted 10 years ago that FEED Kitchens would host so many food carts that we would have to put a moratorium on accepting any more, leaving some later summer arrivals without production space. No one could have predicted 10 years ago that FEED would be so integral to our local food system that 16 vendors operating here participated in Taste of Madison this past Labor Day weekend.

After 10 years and graduating more than 30 food businesses into our local food system, FEED Kitchens is more viable and important to our local food infrastructure than ever before. Now that fall has arrived and things are slowing down at FEED, we will be busying ourselves planning for the next 10 years of food business incubation and taking some time to reflect upon and celebrate our successes.

Our big celebration will be the Taste the Future event at Warner Park Community Recreation Center Nov. 3, but we will be celebrating in other ways throughout the rest of 2023 and into 2024 as well. We welcome you to join us.

The Northside Planning Council is grateful to the 2022 supporters.

<p>\$89,000+ State of Wisconsin Department of Administration (Equitable Recovery Grant)</p>  <p>\$65,000 City of Madison Office of Community Services</p>  <p>\$30,000 Dane County UW-Extension</p>  <p>\$9,000 Yeng Yang (Yummee Treats)</p>  <p>\$5,000 Evjue Foundation</p> 	<p>Dan & Patti Rashke Family Foundation Sue Goldwomon</p> <p>\$2,500 Madison Gas and Electric</p>  <p>\$1,500 Willy Street Co-op</p> <p>\$1,000 Rita & Bob Lord</p> <p>Northside Towne Center</p> 
<p>\$2,500 Madison Gas and Electric</p>  <p>\$1,500 Frederick (Fritz) Kruger</p> <p>John Frautschi Family Foundation</p> <p>Dane Buy Local Soup's On!</p> 	

COMMUNITY

ARTS for ALL Wisconsin has moved

By Rita Lord
Northside News

On Sept. 2, the ARTS for ALL (AFA) Art Center at 1709 Aberg Ave. closed, and its administrative offices moved to the MYArts building at 1055 E. Mifflin St. The programs offered at the Art Center will continue at various locations on the Northside and throughout Dane County. Their phone number (608-241-2131), website (artsforallwi.org) and email addresses remain the same.

In a letter to the Northside Planning Council, AFA Executive Director Christina

Martin-Wright said, “As a nonprofit organization with a history spanning almost four decades, we understand the importance of being fiscally responsible. We have recognized that maintaining a 5,000 square foot rental space is not the most efficient use of our limited resources. By redirecting our efforts, we will be able to invest more effectively in programs that can reach a wider audience, providing even more people with the transformative power of the arts.”

Locations for AFA programs will be published in their monthly newsletter, which is sent via email. Sign up to receive AFA newsletters at www.artsforallwi.org/

about/newsletters. Staff has reached out individually to each participant of their 2022-23 programs to be sure they know about the changes.

“We want to assure you that our commitment to delivering high-quality instruction and programming for children and adults with disabilities remains unwavering. As we embark on this new journey, we carry with us the experiences, memories and successes that the Art Center has fostered over the years. We extend our deepest gratitude to the staff, volunteers and participants who have been an integral part of this incredible journey,” said Martin-Wright.

North Star Awards Oct. 13

By Justin Markofski
Northside Planning Council

We would love to see you at the Warner Park Community Recreation Center for the Northside Planning Council (NPC), North Star Awards, Friday, Oct. 13, 5:30-7:30 pm. This annual event celebrates great people, organizations and businesses doing good work here on the Northside of Madison. This exciting event will have live music performed by Northside resident Isaiah Oby's band and food catered by FEED catering.

Local elected officials, neighborhood and community leaders, and Northside residents of all ages and backgrounds will be in attendance. All are invited and warmly welcomed. The doors will open at 5:30 pm with music and mingling until the official program begins around 6 pm. Free food will be on hand as well as a cash bar throughout the evening.

There was an open-to-all, community nomination process with a selection committee to determine award recipients in the following categories: Youth, Individual, Business, Organization. There is also a single High Impact Award to honor exceptional service and outstanding community contribution.

Madison Gas & Electric Foundation is the major event sponsor. NPC continues to appreciate the investment and support made by MG&E into the community as well as all the other sponsors and supporters of NPC and the North Star Awards who will be acknowledged and recognized in multiple ways.

We are confident that all who attend this event will come away encouraged and inspired by the efforts of fellow Northsiders, by the food and music enjoyed, and by the relationships, connections and sense of belonging shared by being part of something positive and bigger than ourselves.

NPC feels proud and privileged to be celebrating 30 years of existence and service here on the Northside of Madison. NPC's accomplishments have come from the efforts of literally hundreds of past and current staff, board members, volunteers and supporters. This historic organization and the sum of its collective efforts is truly remarkable. So many of you reading this are part of this legacy of impact and success. So many are still engaging in some way to positively affect the future of the Northside and beyond. Thank you to each of you.

We again warmly welcome one and all to show up at our shared North Star Award ceremony Oct. 13. We hope to see you there.

DAIS Family & Community Resource Fair is Oct. 22

By Isabel Kozlowski
Domestic Abuse Intervention Services

Join the Madison community in honoring Domestic Violence Awareness Month this October by attending the first-ever Family & Community Resource Fair hosted by Domestic Abuse Intervention Services (DAIS).


This event will be held Sunday, Oct. 22, from 11 am-2 pm at the DAIS facility at 2102 Fordem Ave.

DAIS is bringing together organizations from across Madison to connect attendees with local family-centered


resources and celebrate community strength. You'll be able to learn about the resources available to empower your family and participate in a wide range of fun activities, including face painting, temporary tattoos, yard games, and enjoy food trucks with delicious bites.

Whether you're seeking assistance or looking for a great family outing, the DAIS Family & Community Resource Fair has something for everyone.

For more information, please visit abuseintervention.org/events. We hope to see you there.



Sunday, Oct. 22
11 am-2 pm
At DAIS, 2102 Fordem Ave.



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COMMUNITY



Photo by The River Food Pantry

The River's staff celebrate winning the People's Choice Awards this year. They won the categories of Best Charitable Organization and Best Chef.



Photo by Becca Carpenter

The River's Meal Manager Chris Tuttle (left) and Meal Coordinator Rachael Maynes (right) led the production of 80,000 freshly prepared to-go meals in 2022.

The River receives Madison.com People's Choice Awards

By Becca Carpenter
The River Food Pantry

The River Food Pantry has been voted both Best Charitable Organization and Best Chef through the Madison.com 2023 People's Choice Awards.

"We put a lot of love into serving our neighbors in need," said Rhonda Adams, executive director of The River. "Both of these awards make us feel the love from our community. We are so honored and grateful for everyone's votes."

This marks the third year in a row the community has voted the pantry Best Charitable Organization among over 3,000 nonprofit organizations in the area.

It is also the first time The River won the category of Best Chef in recognition of Chris Tuttle, The River's meal manager since 2019.

With 30 years of kitchen experience, Tuttle works with The River's Meal Coordinator Rachael Maynes and volunteers to lead the production of over 2,000 freshly prepared to-go meals each week. These meals are offered at no cost for pantry clients to take home for each of their household members.

To satisfy a wide array of preferences, Tuttle and his team create a new menu every week that includes meat and vegetarian options, along with a side salad and fresh fruit. The menu is determined

based on what The River receives through food recovery and donations, as well as purchased food.

"We are all extremely proud of Chris for receiving this well-deserved recognition," Adams said. "The meals his team creates each week are healthy, well-balanced, diverse and delicious. And yes, these restaurant-quality meals are being prepared and distributed at a food pantry."

Since opening in 2006, The River has become South Central Wisconsin's busiest food pantry. Through its combined

services, the pantry served 13,000 unique individuals throughout Dane County a total of 207,000 times last year.

The River's free services include curbside groceries, freshly prepared meals, delivery to the homebound, online grocery orders, mobile meals for low-income neighborhoods, redistribution community partnerships, food recovery, and emergency food lockers

Learn more about The River's services and how to get involved at riverfoodpantry.org.

What's new at Willy North?

By Brendon Smith
Willy Street Co-op

Double Dollars back at the Co-op

Every Tuesday starting October 17, 2023, through March 5, 2024, any shopper using their FoodShare/QUEST card to purchase groceries will be eligible to receive up to \$20 worth of Double Dollars vouchers. These vouchers help purchase fresh, canned and frozen produce, and seeds and seedlings for growing edible plants.

For every \$5 you spend using FoodShare/QUEST for any FoodShare/QUEST eligible items, the Co-op will give you one \$5 Double Dollar voucher, up to \$20. The vouchers can be used at any Willy Street Co-op retail location on any day from October 1, 2023, through May 31, 2024 (as funds allow the program to continue).

To learn more, see www.willystreet.coop/double-dollars.

Expanded selection of Grab & Go Deli items

In August, we upgraded our Deli cases (along with our meat and seafood cases), which gave us more room for Grab & Go Deli foods. We added a variety of deli products in the last few months, including: Dark Chocolate Chia Raspberry Overnight Oats, PB&J with Flax Overnight Oats, Cherry with Vanilla Coconut Almond Granola Parfait, Mixed Berry with Ginger Granola Parfait, Potato Pancakes with Sour Cream and Applesauce, Vegan Corn Fritters with Vegan Ranch, Chicken Quesadillas with the Works, and Vegan Sweet Potato Quesadillas with the Works.

Here are some of the additional meat and seafood items we've added: Heron Point and Great Blue canned crab meat, Spence Lox (Scottish, New York Style, Sockeye, and Gravlax), Superior Fresh Tray Pack Marinated Salmon, expanded Plainville sliced deli meat offerings, True Story cooked, diced chicken breast, and Niman Ranch salami and cheese snack packs.

Five ways to save at Willy North

- Buy in bulk:** Need a tablespoon of cinnamon, a cup of flour, or five pounds of rice? You can buy as much or as little as you want in the bulk aisle.
- Buy smaller amounts of fruit and vegetables:** For most produce sold by the pound, you can get a smaller quantity. Take just one stalk of celery or one bunch of grapes. A produce staff member can cut a head of cabbage or cauliflower in half for you.
- Discount bins:** Check the discount bins in the Produce Department, where ripe, ready and blemished fruit and vegetables are sold at a bargain.
- Coupons on the shelf:** Watch for coupon tear pads on the shelf; you can use the coupons that day to save.
- Become a Co-op Owner:** The average Co-op Owner who spends \$40/week at the grocery store saves over \$100 per year. Plus, Owners get extra sales and discounts. Owners who have a financial need can apply for the Access Discount Program, which provides 10% off everything in the store. You can join today for just \$10, or \$4 if you qualify for the Access Discount Program.

holiday

Halloween * Thanksgiving * December holidays

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Pumpkin Pie 9"	\$15.00			Coconut Creme Pie 9"	\$15.00		
Pecan Pie 9"	\$23.00			Chocolate Creme Pie 9"	\$15.00		
			Total:				

October 14, 10am - 4pm • October 15, 10am - 3pm

Art & Gift Show

at Klein's Floral & Greenhouse
3758 E Washington Ave, Madison, WI 53704

ArtworksWisconsin.com

COMMUNITY

FEED Kitchens: Taste the Future returns Friday, Nov. 10

By Chris Brockel
NPC Food Systems Director

FEED Kitchens in 2019 premiered a successful food event that we hoped would become our annual signature celebration of local food entrepreneurs. A week before our second Taste the Future gathering in 2020, the pandemic shut everything down and the event was put on hold. We are happy now to announce our 2nd Annual Taste the Future event to be held at the Warner Park Community Recreation Center Friday, Nov. 3, from 4:30–7:30 pm.

During the event attendees will be able to partake in small plate offerings from businesses working out of FEED Kitchens. Tickets for Taste the Future are free but are limited to 400 attendees. Please be aware this is a fundraising event, and we will be asking for donations at the door. Not coincidentally, November also marks the tenth anniversary of the opening of FEED Kitchens.

Here are this year's confirmed Taste the Future featured vendors:



Keur Fatou Catering Member of FEED Kitchens since 2018, Keur Fatou Catering features West African Cuisine primarily from Senegal and The Gambia (Senegambia). Keur Fatou has a loyal following and you will find them at events and street fairs throughout the year.



Bombay Fast Café Member of FEED Kitchens since 2019, Bombay



Photo provided by FEED Kitchens

FEED Kitchens' chefs will serve small plate offerings at Taste the Future.

Fast Café is a food cart that features fast vegetarian Indian street food. Inspired by their own children's inability to access reasonably priced vegetarian options on the UW campus, Bombay Fast Café vends primarily on the UW Library Mall, but you will find them at other events as well.



Café Costa Rica, a member of FEED Kitchens since 2015. Café Costa Rica food cart and Chef Thony Clarke's parallel business, Mango Man Sauces, are much beloved in the Madison area. While he has slowed his food cart business down a bit, you can still find Café Costa Rica at major festivals, you can hire him to cater your event, or you can pick up one of his Mango Man Sauces at a local retailer.



KC Taste is new to FEED Kitchens in 2023. KC Taste food truck features Asian cuisine, specifically a mix of Lao, Hmong, Thai and Korean influences. Chef Phia Vang has been working hard this summer to get his food truck into events and on the streets to share his creations and generate name recognition.



The Walking Jerk was new to FEED Kitchens in the fall of 2022. The Walking Jerk features vegan jerk tacos and vegan desserts and has been doing takeout orders from FEED Kitchens, as well as catering, to systematically build their business. Daijah and Andrew are an inspiring

young couple showing others the way to healthier, but still quite tasty, eating.

Afghan Kabul Cuisine

Afghan Kabul Cuisine was new to FEED Kitchens in the fall of 2022. Afghan Kabul Cuisine is run by Bakht Mohammad, an Afghan refugee who arrived in the U.S. in the late summer of 2021. Besides running a restaurant in Afghanistan, Bakht worked for 10 years in Special Forces with the U.S. military. Bakht's dream is to move from catering to a food cart, to opening his own restaurant and halal butcher shop.



MexSal Mobile is new to FEED Kitchens in 2023. MexSal Mobile is a family-run food cart featuring pupusas from their native El Salvador. Because "everybody loves tacos," they serve Mexican cuisine as well. MexSal Mobile started, and still operates, a catering business in the Bay Area in California, and their offerings are quickly gaining popularity in Madison.



Second Breakfast Bakery is new to FEED Kitchens in 2023. Second Breakfast Bakery is part of the rise in local small batch bakers in our region that started during the pandemic. Featuring sweet and savory offerings, Second Breakfast sells monthly bakery boxes through online orders as well as vends at area farmers markets.

Taste the Future
continued on page 10

MGE's first pole-mounted EV charging station available to drivers

By Madison Gas and Electric

Are you interested in electric vehicles (EVs) but unsure where you would charge? MGE has added the first pole-mounted EV charging station to its network of more than 50 public charging stations.

The charger, which is attached to an existing MGE utility pole, is located in Madison's Darbo-Worthington neighborhood on the city's east side. A first-of-its-kind in our community, the charger offers curbside charging near Worthington Park (400 Rosemary Ave.)

Benefits of pole-mounted EV chargers

Studies show about 80% of EV charging happens at home. This can be challenging for drivers who don't have a garage or dedicated parking.

MGE, with the City of Madison, is exploring the use of pole-mounted charging stations in areas currently without easy access to EV charging. Benefits of pole-mounted charging stations include:

Convenient, curbside charging for use by nearby residents.

- The use of existing utility infrastructure, which makes them easier to install and to scale.
- The opportunity to help facilitate sustainable transportation by increasing access to EV charging. The electrification of transportation is a key strategy for reducing carbon emissions and to achieving our shared goal of net-zero carbon electricity by 2050.

As we test the technology, other locations in the city, including Madison's Northside, are being evaluated for additional



Photo provided by MGE

MGE has added a pole-mounted EV charging station to its network of public charging stations.

pole-mounted charging stations. If you would like to learn more or have questions, please email AskExperts@MGE.com.

MGE charging network

MGE hosts a network of more than 50 public charging stations throughout the Madison area. The electricity at our public stations is 100% renewable — generated at MGE-owned wind farms in Wisconsin and Iowa and by MGE's solar installations.

Our Level 1 and Level 2 stations are \$2 per hour while the DC Fast-Charging Station costs \$5 per hour. Visit mge.com/evcharging to learn more about our network.

There's a lot to love about EVs

Visit mge.com/LovEV to learn about vehicle models, costs, benefits and more.

Expanded training gives more area youths a shot at green careers

By Ascendium Education Group

When Mitch found Operation Fresh Start (OFS) in 2021, he was just another Dane County young person looking for a way to finish high school. After securing his diploma through the nonprofit's Legacy program, he worked his way into its Conservation Academy.

There, he earned seven credentials and certificates and received a \$500 Conservation Academy Tool Scholarship to help him purchase gear and tools for his career. He has since been hired by Madison-based Groundswell Conservancy as a land management specialist.

Mitch is just one of many area young people who have benefited from OFS programming. The training programs, which include Build Academy and Conservation Academy, provide full-time, hands-on, paid training for Dane County residents ages 18–24 who are proactively taking control of their education and career. During their time with OFS, participants train alongside industry professionals while also building their professional networks. Now, thanks to the support of a fellow Madison nonprofit, OFS is poised to provide these services to even more young adults.

A \$300,000 grant from Ascendium supports OFS in improving and expanding training for young people pursuing careers in the trades. OFS will continue to offer its core training while expanding into several aspects of natural resource management, including energy infrastructure and the conservation of urban tree canopies. As industries such as construction and land management evolve in response to climate change,

there exists a need for a workforce ready to build upon that evolution to improve our future. For Mitch, the training he received from Conservation Academy marked an important step toward his goal of becoming a certified arborist.

"Conservation Academy was an invaluable tool to have as a young person looking to start a career in land management and restoration," he said. "Whether I was training technical skills in the field, learning about ecological theory or getting coaching on job interviews and resume writing, I always had the chance to learn and gain new knowledge and skills. Conservation Academy helped me sharpen soft skills such as punctuality, workplace communication and time management and helped boost my confidence as a young professional beginning their career."

The grant from Ascendium continues a fruitful partnership between the organizations. In 2021, an OFS construction crew helped build Ascendium's new headquarters. That year, Ascendium invested in OFS's expansion of pre-apprenticeship training for young adults, including the creation of the Conservation Academy.

"Operation Fresh Start continues to be a dream partner, not only with their willingness to innovate but also their ability to put young people on the path to self-sufficiency through education and workforce training," said Brett Lindquist, Ascendium's vice president of communications and community engagement. "We're fortunate to have them in our community."

Learn more about Ascendium giving at ascendiumeducation.org.

COMMUNITY



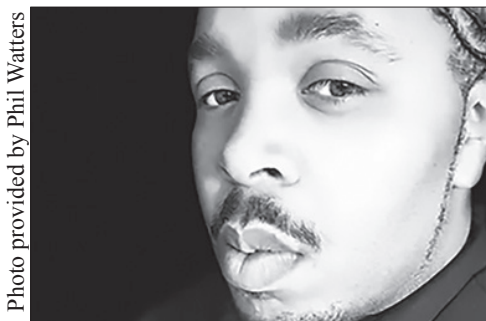
FEED Kitchens partnered with the Madison Black Chamber of Commerce for Black Restaurant Week Taste Jamboree 2023 featuring over 30 black-owned businesses.

Building up Black Boys

Continued from page 1



Felicia Butler



“Mr. Phil” Watters

When Felicia had an official book launch in December 2022, it started to gain attention and traction and she developed a curriculum for the book.

Meanwhile, Felicia was hearing about a favorite middle school teacher from her son Myles named “Mr. Phil.” The teacher ended up contacting Felicia to ask permission to spend some time with Myles outside of school and develop their relationship further as a mentor and positive support to Myles.

During this time Felicia contacted her longtime friend Pat Wongkit, Director of Northport and Packer Community Learning Centers (CLCs) and shared her idea and work. They shared the same concerns that “Black boys were being lost for no reason and [they] wanted to give them more hope.”

At the first meeting, there were six boys in attendance, but this quickly changed as the boys talked about it with their friends, and the group quickly grew to 25.

Mr. Phil gives the boys a goal, and a reward system pays out a new pair of shoes to the two boys who score the most points throughout the full session.

As mentioned, Mr. Phil voluntarily reached out to Myles’s mom Felicia to

ask permission to give this time and attention inside and even outside of school to connect with Myles.

The curriculum includes teaching life skills, being honest and “real” adults, and trying to share the mindset of a teacher so kids can understand better what they are dealing with and how they can be perceived.

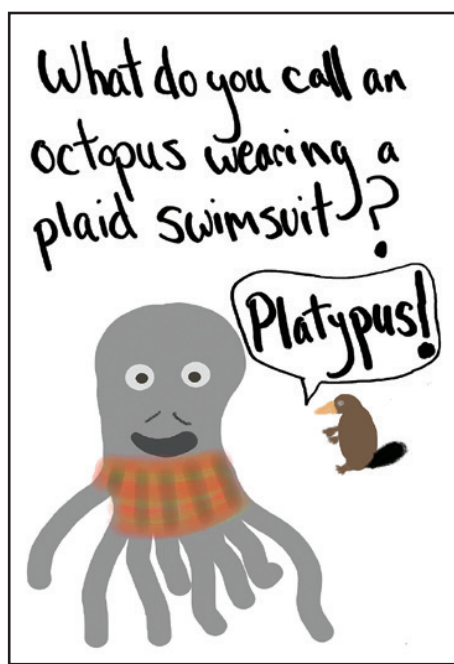
When I asked near the end of the conversation if there was anything else Mr. Phil wanted to say about the program, he added that they pray with the boys, too.

Both Felicia and Mr. Phil see this as something that can go extremely big. They want to expand on the Northside and get into schools and desire for the program to be replicated and implemented across the city, state and nation.

Felicia loves quotes and her current favorite is one an aunt shared with her. “If your dreams don’t scare you that means they are not big enough,” Muhammad Ali.

Finally, I asked Felicia what interested people and the community can do to support them and this good work.

Felicia said, “this whole thing has had a mind of its own and keeps growing,” so they are trusting the process and are committed to and believe in the work.



Jason R. Van Pelt

On Autumn
By Jason R. Van Pelt
Northside News
Lo! Within early October
Summer may not be over
Yet by the end it’s colder
Each year getting older
Wiser to family tradition
Making holidays a mission
Even cats and dogs compete
Doing a trick for a treat!

Beware of phone scammers claiming to be from MG&E

By Madison Gas and Electric Company

Nationwide, utility scams are on the rise, including here in Wisconsin. MGE customers have reported fraudulent activity that is constantly evolving in the form of phone calls, text messages or in-person contact from impostors claiming to work for MGE.

Phone scammers will often give instructions to pay with a prepaid debit card or with a wire transfer, and often threaten immediate disconnection. This is not MGE.

Scammers also can manipulate caller ID displays and may be able to show a local company’s name or phone number when they call.

If you ever feel uncomfortable with the contact you receive from somebody claiming to be from MGE, call us immediately at 608-252-7222 before you take any action.

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SCHOOL AND YOUTH



Amayah Carter shows how to make toothpaste at the Science Fair at Warner Park.



Valerie Richardson shows what she learned this summer about fishing in Wisconsin.

Photos by Anita Weier

Teen program provides work experience and knowledge

By Anita Weier
Northside News

A Science Fair at the Warner Park Community Recreation Center in August was just one result of a summer-long internship program for Northside and Eastside high school students.

The program, run by the nonprofit Sustain Dane, was funded with a \$30,000 grant from Madison's Community Development Division and \$40,000 from the National League of Cities. Alder Charles Myadze helped get the program going.

The main goal of the program was to teach students about possible work in

the "green economy" and give them initial experience in that field. They were paid \$18 an hour.

Northside students showing their work at the Science Fair included Valerie Richardson and Amyah Carter.

Richardson, who will be a junior at East High during the 2023-24 school year, presented an exhibit at the Science Fair regarding fishing in Wisconsin. "One of our field trips was to a lake where the Department of Natural Resources taught us about fish," she explained. She offered a wealth of reference materials for visitors regarding the type of fish found in Wisconsin and fishing regulations. She plans to attend college but is not certain

yet what her major will be.

Carter, 15, presented an exhibit about "Elephant Toothpaste," though she has not tested it on an elephant. She did, however, learn how to make the toothpaste, thanks to a visit to Madison College during the summer internship. Carter said an important purpose of the program was to let the students know about different career paths, whether they attend college or not.

Other field trip locations included the Dane County Landfill, where students learned the importance of placing waste materials in the correct garbage or recycling containers.

Diamond Overstreet, co-director of the summer program for Sustain Dane, stressed that all seven students completed the program, even though some sections had to be delayed because of weather. The students received half a credit from the Madison Metropolitan School District for participating in the program.

Hugh Wing of the city's Community Development Division said the program provided a great opportunity for students to learn about careers and the environment. "The Northside has been underserved in past years," he said, "so it was nice to see Sustain Dane target an area where we like to see more services."



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Taste the Future
continued from page 7



Trade Roots is a culinary collective that has been developing over the past few years. The mission of Trade Roots is to grow and process crops that are relevant to the African diaspora in the Madison area as well as provide education around their work. Through FEED Kitchens they prepare and present Afro-Indigenous foods from locally grown ingredients.

The mix of entrepreneurs featured at Taste the Future are some tried and true offerings that already have a following and new startups that are looking to be discovered and are excited to bring their offerings to the public. Entrepreneurs have been chosen so there is representation of cuisines from all over the world to show, in a small way, the wide variety of cultures preparing food at FEED Kitchens.

As well as small plate tastings of food from around the globe, Taste the Future will feature information tables from community partners who support local food businesses and entrepreneurs.



**Taste the Future
ticket information**

Tickets to Taste the Future are free but are limited to 400 attendees.

Tickets can be secured by visiting FEED Kitchens website at feedkitchens.org.

SCHOOL AND YOUTH

Photos by Lauri Schwartz



Jamilla Carrizales serves it up.



16s boys blue team present a formidable block and attacking team.



Every team member is invaluable and engaged in the match.

Madison Starlings Volleyball Club invites girls and boys to join

By Lauri Schwartz
Madison Starlings Volleyball

Madison Starlings is a volleyball club that is committed to equity and inclusion. We are seeking girls ages 12–18 and boys to play, learn and possibly compete on teams. There are opportunities for all skill levels, beginner to advanced. We have competitive teams for boys and girls on separate individual-age teams.

Tryouts for middle school girls and boys will be Sunday, Oct. 8, at Warner Park

Community Recreation Center. Tryouts for high school boys will be Monday, Nov. 6, and Wednesday, Nov. 8. Tryouts for high school girls will be Sunday, Nov. 12, and Wednesday, Nov. 15. For full details, visit starlings.org/Madison.

Kids can contact us for consideration of tryout any time if they miss the October and November tryouts. We have options for them to participate in an open gym and just begin learning.

Kids can participate through volunteering to earn their dues if they choose.

Starlings Volleyball USA is a national nonprofit organization founded in 1997 in San Diego, California. Madison Starlings is a local chapter founded in 2010. We are committed to providing high quality club volleyball to all athletes, regardless

of income. All are welcome and encouraged to become involved as players, coaches or volunteers. We are a 501(c)3 and welcome your donations.

Visit starlings.org/madison or contact us at madisonstarlings@gmail.com.



Photo by Vivian Washington

Standing (L-R) Jasmine Daniel, Yasmin Vazquez, Krystal Herr, Laniyah Brown, Analexis Romero-Maldando; kneeling (L-R) Lauren Thompson, Hannah Ahamed, Victoria Allard, Clara Corona-Forte

14-year-old Clara enjoys playing with Madison Starlings

By Clara Aaliya Corona-Forte
Madison Starlings

My name is Clara Aaliyah Corona-Forte, and I am 14 years old. I'm going into ninth grade at East High School. In middle school, I was in Starlings for one year. It was the best decision I made in eighth grade. I made so many friends, had fun traveling around Wisconsin to go to games and tournaments, and it was really good for my body.

The main thing I like about Starlings is the diversity. There are many people who have different backgrounds, and it's fun seeing that you aren't the only

one who's a different race. Everyone is treated equally and as a person. The coaches make sure you learn many things throughout the season, and you can see how much better you have gotten.

Also, the teams are by skill level, so it shouldn't be too easy or too hard. It is perfect for whatever level you are at in volleyball. Not to mention that the team you get in is just one big family. That's how I met one of my friends that I know and love to this day.

If you are thinking about joining volleyball, it might be best to join Starlings since anyone can learn and grow their skills.



Photo by Lauri Schwartz

Kashia Her (front row middle in blue long-sleeve shirt) in a photo taken at a tournament at UW Parkside last season.

EHS senior found “family” in Madison Starlings

By Kashia Her
Madison Starlings

My name is Kashia Her. I am a senior at Madison East High School. I have been playing volleyball for over four years. I started in eighth grade with little experience and a lot of aspirations.

I joined volleyball to try another sport and keep active, but I fell in love with it and can't imagine my life without it. My experience playing volleyball has taught me lifelong skills and lessons. From the drive for improvement to the importance of communication, this sport challenges me in a forward-looking way. It has made me incredibly self-aware.

I've learned that no matter how hard one tries for success, the reality is that this is a team sport. Everyone has to understand each other as individuals and as a whole. Successfully facing adversities isn't only noticing the way you are or are not contributing, but it is also noticing a teammate who may be experiencing personal negativity that contributes to our team's lack of progress. These types of setbacks can make

or break team spirit and momentum.

Club volleyball is a culture. In this community, you spend time every week with people who encourage you to grow as a person and a player. Playing in tournaments is like no other experience. You feel the rush of hundreds of athletes who have the same hunger as you and your teammates do. There is a mutual yearning to win.

I found refuge in Madison Starlings volleyball club. Starlings is a family that has provided a place for me to express my love for volleyball and has introduced me to the most caring, inclusive and diverse family I could ever ask for. Many East students are members of the Starlings family, which allows us to grow our connections. I will finish my last season with most of the girls I started with, and these remarkable athletes have taught me so much.

My time with Starlings has created memories that fill my soul and shape me as a person. Starlings has granted me lifelong competencies and people I consider family.

SCHOOL AND YOUTH

The scout camp experience ... from the perspective of a staffer

Zaida H.
BSA Troop 7127

This year has been full of excitement for members of BSA Troops 127 and 7127. We've gotten to do amazing things together, grow as a unit, and share the passion of scouting with one another.

One of the smaller but more considerable things those of us in the older age group have gotten to experience was the thrill of being a staffer at Ed Bryant Scout Reservation (EBSR) in Mauston. Six of us joined the eventful task of summer camp counseling at EBSR this year; and needless to say, camp now holds a special place in each of our hearts.

As a handicraft counselor, I taught kids the art of basketry, along with many other skills that were offered in the form of merit badges, including: photography, wood carving, art, Indian lore and leather work. Working with young scouts was refreshing and fulfilling, as opposed to the high-functioning and often

loathsome lifestyle of a high school student. Mentoring these scouts in skills they will benefit from sustainably fills my heart with wholesome joy and hope.

As scouts, it is in our spirit to enjoy the bounty and beauty of nature. At camp, there was a lot to offer in terms of pretty sights. EBSR is surrounded by Castle Rock Lake, which gives the camp a moated factor and elevates the waterfront aspect that captivates a lot of scouts. The camp is truly a beautiful environment to visit, scouts and non-scouts alike.

I hope you enjoyed a bit of my detail on EBSR. I, for one, cannot wait until the 2024 season.

Troop 7127 Scouts BSA is a welcoming troop for all youth who are at least 10 years old or have completed fifth grade, or who are 11 but not yet 18 years old. We meet most weeks at St. Peter Catholic Church, 5001 N. Sherman Ave. at Wheeler Road. If you would like to be part of our active community, contact Scoutmaster Paul Hughes, psusparks@gmail.com.

Get Kids Outside offers free fun for kids this fall

By Rita Lord
Northside News

Get Kids Outside is an organization that is passionate about the outdoors and shares that passion with children and their families. Their mission statement says they "provide outdoor opportunities for kids and their families that promote learning and emotional and physical well-being" and "create community through public hikes and events that heal our hearts, calm our minds, and remind us that we are more alike than different."

This summer, Get Kids Outside partnered with Pat Wongkit at Northport Community Learning Center to provide customized programs. In June, they explored the wetlands at Cherokee Marsh North, and in July explored the plants, trees and ponds at Warner Park. They look forward to continuing this partnership.

Get Kids Outside will hold several events this fall, including two being held on the Northside:

- Leaf Magic Part I will be held Saturday, Oct. 7, 10-11 am, at Lakeview Library. Children can make leaf prints and learn the shapes of different leaves. This event is free, and no registration is required. Just show up.
- Leaf Magic Part II will be held Saturday, Oct. 14, 1-2:30 pm, at the Warner Park Rainbow Shelter. Explore the trees and leaves of Warner Park. What makes leaves turn color? What does an oak tree leaf look like? What about a maple? What colors



do they turn in fall? Hike up to the sledding hill and run down it. A light snack will be served. This event is free, but registration is required. For tickets, visit [www/Eventbrite.com/e/leaf-magic-for-kids-2023-tickets](http://www.Eventbrite.com/e/leaf-magic-for-kids-2023-tickets).

Get Kids Outside was founded by Diane Schwartz, who grew up in Middleton. After getting her elementary teaching degree, she joined the after-school staff at Goodman Community Center. She started leading hikes for kids on the weekends, then added cross-country skiing and biking. In 2010 she formed Get Kids Outside.

"I love giving kids and families the gift of nature. It's a simple restorative solution for stress and an endless source of beauty and wonder," she said. When she's not leading hikes for kids, she works for the Wisconsin Department of Public Instruction and leads hikes with outdoor meet-up groups in Madison.

Get Kids Outside is fiscally sponsored by the Center for Community Stewardship. Donations can be mailed to 116 N. Few St, Madison, WI 53703.

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SCHOOL AND YOUTH

Volunteer opportunities at East High School for 2023-24

By Cynthia Chin
Madison East High School

Madison East High School is home to a diverse and exciting group of young people. They come from a wide variety of familial, cultural and national backgrounds to pursue their education and prepare for adulthood. They will study art, civics, history, languages, literature, mathematics and science, as well as develop career and life skills in multiple fields of endeavor.

Many find their studies to be challenging at times. Please come and meet our students — you can help them reach their goals.

The listings below are current as of Aug. 30. Check for updates at volunteeryourtime.org. Click on “Volunteer Now” and on the Opportunities screen, search “Madison East High School,” or contact Cynthia Chin, cchin@madison.k12.wi.us, 608-709-9925.

Unless otherwise noted, placements are possible Monday–Friday. Most volunteers come one or two days a week.

Mathematics One-to-One Match: One semester minimum commitment to working with a single student twice a week on first-year Algebra, introductory plane Geometry, or second-year Algebra. Contact Jared Miles, jmmiles@madison.k12.wi.us.

Mathematics Classroom Aides: Assist individuals or small groups in the classroom with tasks presented by the teacher. Placements are available throughout the day. Bilingual skills are a plus. Contact Cynthia Chin, cchin@madison.k12.wi.us, 608-709-9925.

Advanced Math Help – AP Calculus & Statistics: Mondays, 2:30-5 pm, Tuesdays–Fridays, 3:30-5 pm. Contact Cynthia Chin, cchin@madison.k12.wi.us, 608-709-9925.

Math Science Tutoring – Escalera (a program of Centro Hispano): An opportunity to immerse oneself in LatinX culture. Spanish language skills are a plus. Tuesdays, 3:45–5:30 pm. Contact Alondra Lavariega Castellanos, AlondraL@Micentro.org.

Upward Bound Precollege Program: Subject area tutoring, math in particular, during lunch and afterschool. Contact Lynn Zemaitis, lzemaitis@madison.k12.wi.us, 608-286-5656.

Physics Classroom Aide: Assist 11th and 12th grade science students with basic graphs, simple (algebra-level) equations for motion and forces, and data-collection for introductory hands-on experiments. Tuesday–Friday, 9:15–10:05 am or 10:10–11:05 am. Ask if interested in Monday

Thank you to J. Speerschneider

East High School thanks Northside resident J. Speerschneider for the donation of new graphing calculators to four junior and senior math students.

East graduates are welcome to donate used graphing or scientific calculators for classrooms or the rental program. Contact math department chair Lindsay Sahlman, lasahlman@madison.k12.wi.us to make a donation.

mornings or after school one-on-one. Contact Jennafer Winesett, jnwinesett@madison.k12.wi.us.

School Market: Help prepare food for the school market (make sandwiches, cut up and bag fruit and vegetables, repackage snacks into individual servings, stock shelves, etc.). Monday–Thursday throughout the school day. Contact Emily Sonnemann, emsonnemann@madison.k12.wi.us.

Choir Library Organizer: Help organize and digitize the school’s chorus literature collection. Mostly administrative, work-at-your-own-pace tasks. May include working alongside student volunteers. Times are flexible during the school day. Contact Luke Hrovat-Staedter, lshrovatstae@madison.k12.wi.us.

East High School is located at 2222 E. Washington Ave. on city bus routes A, B or D. On-street parking is available within 1–2 blocks.

Board of Education policy requires all persons working directly with students to complete brief online training on public health, school safety and student privacy. Volunteers must also authorize a basic background check, the results of which may impact eligibility for placement.

A volunteer’s first step is to communicate with the contact person listed to make sure the volunteer opportunity matches one’s schedule and interests. If the decision is made to move forward, follow the training directions and other guidance found on this Madison Metropolitan School District webpage: madison.k12.wi.us/partnerships/volunteering.

Final approval from the school district must be obtained prior to making any arrangements to visit the school.



Photo by Eric Peters

Pontoon boat trip with summer camp: front row (L-R) Zack Burton, Le’von Willis, Jocelynn Walls, Isabella Contreras, Nathair Delgado; back row (L-R) Xavier Contreras, Zaniya Lewis, Marlie Martinez, Xiomara Herrera, Camila Ayala, Hellena Cobbins.

National Night Out at EMCC

By Regina McConnell
East Madison Community Center

National Night Out — have you heard of it? National Night Out is an annual community-building campaign that promotes police-community partnerships and neighborhood camaraderie to make our neighborhoods a safer, more caring place to live.

The East Madison Community Center (EMCC), Truax Neighborhood Association, and Madison Police and Fire Departments joined together to host an ice cream social Aug. 3. The highlights of the event were a visit by police academy candidates, ladder, drone and bike demonstrations, and plenty of ice cream and toppings for all. Many children from summer camp enjoyed

serving the adults their ice cream. Mayor Satya Rhodes-Conway stopped by to join the fun.

As we transition into fall, we look back at a summer filled with great memories at EMCC such as the family pontoon rides through MSCR. If you haven’t gone on one of these boat trips, you’re missing out. We often go on the Lake Monona pontoon trips and get ice cream at the Monona Bait & Ice Cream Shop. Special thanks go out to the wonderful MSCR volunteer boat crews.

Get out your calendars and mark Nov. 4 for EMCC’s 27th Annual Bowla-thon, which supports youth education programs at EMCC. Grab some friends and join us for this much-loved fundraiser. Check out eastmadisoncc.org for details.



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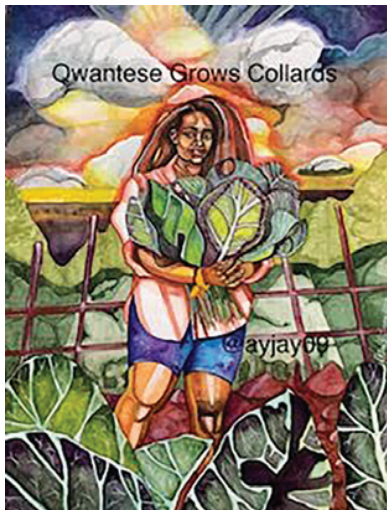
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Art Show



Alice Traore:
(Qwantese at Troy Gardens)



Janine Bessenecker:
(Milkweed at Warner Park)



5:30–6 pm FEED Catering Appetizers & Cash Bar



Music by Isaiah Oby
5:30–6 pm



Troy Gardens began as a collaborative neighborhood project

By **Therese Kattner**
Northside News

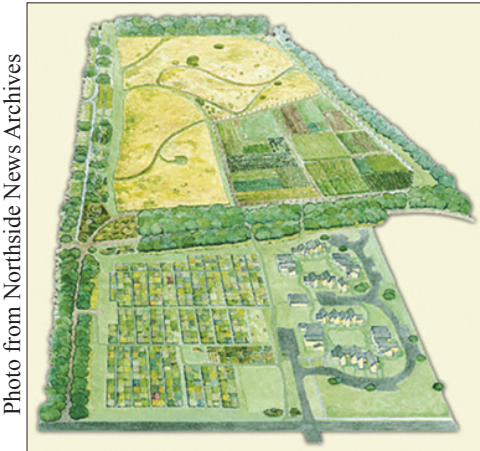
In 1995, the state announced that it would sell 15 acres of land on the Mendota Mental Health Institute grounds as surplus land. The problem was that the land in the 500 block of Troy Drive was hardly lying unused.

About 100 Northside families used it to grow more than 90,000 pounds of produce a year. About 75% of those gardeners were part of low-income households that relied on what was grown to supplement their grocery budgets. Other residents visited the land to birdwatch or to simply enjoy the green space.

The land brought different populations living in the Northside together. It was bordered by neighborhoods that were quite different from one another, according to “Ours to Decide,” a locally produced documentary about the gardens. The Troy Drive land “did what parks are meant to do,” said Dorrie Brooks, the documentary’s narrator and a Northside resident, in the film. “It brought us into contact with one another. It was a literal and symbolic crossroads of our community.”

With this at stake, a group of residents called a meeting. They were concerned that a private developer would purchase the land, build on it and force out the gardens. They teamed up with Community Action Coalition, a Madison poverty prevention group, the Northside Planning Council (NPC), and other nonprofits to form the Troy Community Gardens Coalition. The group began informing the public about the impending land sale.

When the coalition began meeting, its first goal was to delay the sale. If a sale were to go through quickly, the gardeners might not have time to find a new location for their gardens and move their plants. A delay would also buy the coalition time to



Troy Gardens

answer an intriguing question: Could there be a way for the Northside to acquire the land itself?

It turned out there was, but it would take a bit of compromise. The compromise would be to allow limited development on a portion of the land to generate funds to keep the rest of it open. Representatives of the Madison Area Community Land Trust (MACLT) recommended that 5 acres be developed into mixed income, owner-occupied housing, to be financed by MACLT, with the remaining 10 acres staying as garden and open space.

The idea was generally well received. Then the state threw a curveball. It announced that it had identified for sale another surplus parcel — 16 acres immediately north of the gardens site.

This second parcel was landlocked, so when the City of Madison floated plans for housing development there, it meant roads would almost certainly need to be built through the 15-acre site, scuttling the plans the coalition had painstakingly drawn up.

The coalition went back to the drawing board and started a new round of meetings. Instead of giving up, it decided to pursue a bigger dream: acquiring both parcels, all 31 acres, for Northside residents.

Meanwhile University of Wisconsin-Madison faculty asked to join the coalition to help form educational programs that flourish at the location today.

After another round of community input, the coalition presented a few versions of a plan for both parcels. The plans included a permanent conservation zone managed by the nonprofit Urban Open Space Foundation, 5 acres of community gardens, and 30 mixed-income, owner-occupied homes on 5 acres to be held by MACLT.

Even with the housing development, however, it became clear that the coalition didn’t have the resources to acquire the entire 31 acres without assistance. Fortunately, the state was willing to work with the coalition on securing ownership of the land in stages, and it agreed to remove the Troy parcels from its surplus land list in 1997.

The coalition, through MACLT, was able to buy about 18 acres. In 1998, it acquired the rest of the property by signing a 50-year lease with the state. The lease, which the state offered to the coalition at no charge, included a provision to purchase the remaining property. In 2001, with the help of the city and after plenty of fundraising, MACLT did just that.

Meanwhile, residents formed the Friends of Troy Gardens, a nonprofit group responsible for stewardship of the non-housing elements of the Troy land including the gardens, a prairie and a farm. Members included representatives from the NPC, MACLT, Community Action Coalition of South Central Wisconsin, Urban Open Space Foundation and UW-Madison.

(The Friends later became Community GroundWorks. In 2020 Community GroundWorks became Rooted when it merged with the Center for Resilient Cities, which was running the Badger Rock Neighborhood Center’s farm and

community gardens on Madison’s south side, said Sheena Tesch, Rooted’s deputy director of North Madison programs.)

Troy Farm began operating in 2001. The certified organic farm was Madison’s first urban farm. Today it has a Community Supported Agriculture (CSA) program and additionally serves the community by partnering with Healthy Food for All to distribute fresh produce throughout the Northside, Tesch said.

In 2002 the Friends of Troy Gardens and the University of Wisconsin-Madison’s Center for Integrated Agricultural Systems won a nearly \$500,000 grant from the Kellogg Foundation. The grant was used to improve the gardens’ sustainability and for agricultural outreach, education and research.

In 2011 the state announced plans to build a 60,000-square-foot storage facility on land right next to the Troy Gardens property. The building would provide much-needed space for the Wisconsin Historical Society’s and Wisconsin Veterans Museum’s growing archives. The plan had worked its way through the city planning process without public comment until a Northside alder was able to convince the city to hold a public meeting. Although most residents attending the meeting said they appreciated the need for archive storage, they had concerns about traffic and noise. The facility, which ultimately measured 180,000 square feet, was built on South Thornton Avenue on the site of an aging state building that was demolished.

Today, the Troy site is home to more than 325 community garden plots tended by about 190 families, as well as a kids’ garden. The CSA farm sits on 5 acres. On another 5 acres is a 30-home Troy Gardens Cohousing Community. The remaining 15 acres are open space, including woodlands and a restored tallgrass prairie.

Troy Gardens Cohousing Community designed with principles in mind

By **Therese Kattner**
Northside News

When Northside residents heard in 1995 that the state planned to sell a plot of land on Troy Drive that had long been used for family gardens and enjoyment of nature, they banded together to see if they could acquire it and save it from development. When the state announced it would sell another plot of land right next to the first, the residents were determined to acquire that parcel to keep it undeveloped, too.

Early in the planning process for the land, however, it seemed that some housing development would be necessary to finance preserving the rest of the land. The Madison Area Community Land Trust (MACLT), a nonprofit affordable housing group, took on the challenge of creating that housing.

Today the Troy Gardens Cohousing Community (TGCC) comprises 30 townhomes that sit on 5 acres within the 31-acre Troy Gardens site. In addition to the homes, Troy Gardens include community garden plots, an organic farm, restored prairie and other natural areas.

TGCC includes 11 two-bedroom townhomes and 19 three-bedroom townhomes. Builders broke ground in March 2006, and by December 2006, 29 of the 30 units were sold. In January 2007, the last building was completed.

TGCC is not a typical development. It was designed with principles in mind that help it mesh with the land’s other uses.



Troy Gardens Cohousing Community adjacent to Troy Gardens

Cohousing

In cohousing, an idea from Denmark, community spaces are surrounded by private dwellings. The goal is to foster collaboration among neighbors in the shared areas while also providing the privacy of individual homes.

In addition to helping build relationships among neighbors, shared resources help the community take up less space. A common outdoor recreation area, for example, can be fairly large and still be more compact than a collection of individual yards.

Minimizing the space that TGCC would take up was essential in getting some

Northside residents to agree to having development on Troy land at all. They understandably wanted to see all 31 acres devoted to agriculture and natural space.

TGCC has two courtyards, each surrounded by four buildings. They were clustered in this way to keep the development’s footprint smaller and allow Troy’s other uses — its gardens, natural areas and farm — take up about 84% of the Troy land.

Universal design

Universal design in homebuilding focuses on building a dwelling that is accessible and safe for all occupants, regardless

of physical ability or age, from the start. Not only does universal design decrease the chances that homeowners will need to modify their dwellings as their abilities change, but it also makes them more able to welcome guests with diverse abilities.

At TGCC, outdoor paths and the homes’ first floors, which each have at least one bedroom and one full bathroom, are accessible.

Affordability

Of the 30 homes, 10 are market-rate homes with no restrictions on buyers’ income. The other 20 are income-restricted, with sales limited to first-time homebuyers who earn 80% or less of Dane County’s median income.

Buyers purchasing income-restricted homes buy the house, but not the land, which lowers the cost. The homeowner leases the land from the MACLT.

The MACLT makes sure the income-restricted homes are affordable not only to the original buyers but also to any subsequent buyers. When a townhome is purchased, its owner agrees to share any growth in the value of the home with the subsequent buyer, should there be a sale.

Energy efficiency

The townhomes meet or exceed Energy Star and Green Built Home standards. They are equipped with solar water heating systems and energy recovery ventilators, which decrease how hard a home heating and cooling system must work.

ENVIRONMENT

Melanie Lucas talks about Urban Triage's Black agriculture program

By Northside News staff

1. You participated in Urban Triage's Supporting Healthy Black Agriculture (SHBA) program. Can you tell us about it?

SHBA's mission is to bring sustainability back into agriculture while providing bonding time and healing space for Black families and opportunities for community members to learn about agriculture from the Black experience.

I first signed up for the program in 2022 because of the unique opportunity to learn about gardening with my family along with other Black families. I enjoyed it so much that I participated again this year. Farming is part of my family history and gardening is something I have wanted to learn how to do for a long time.

The farm is at the Farley Center for Peace, Justice and Sustainability in Verona. The workgroup met there on Saturday mornings between May and August, and we also had bi-weekly Zoom meetings.

2. What did you love about this program and what have you learned from it?

What I loved about this program was going through it with my granddaughter. Her friends and some of my other family members have also visited the farm.

Some of the things I learned are the history of Black agriculture, the current state of Black farmers in the United States, sun mapping, soil composition, planting a cover crop, which insects are beneficial to your garden and which ones are harmful, how to plant from seeds and seedlings, container gardening, foraging and food preservation.

3. How has it inspired you moving forward and are there ways you can see this being relevant and brought back to Northside neighborhoods or communities?



Photo provided by Melanie Lucas

Melanie Lucas

It has inspired me to continue with gardening and eventually start an agriculture business. Land access has historically been a barrier for African Americans. Urban Triage is working to change that through their Farm Business Development Initiative to support Black farmers and providing raised garden beds for participants who do not have access to their own land for growing. If the SHBA program were brought to the Northside, I can see myself growing produce (possibly at Troy Gardens), then processing it at FEED Kitchens, and selling it at the Northside Farmer's Market.

4. Who would you recommend this program to and how can a person or household get connected?

I would recommend this program to families who would like to learn how to grow their own organic produce and get hands-on experience and advice from knowledgeable experienced agriculture professionals.

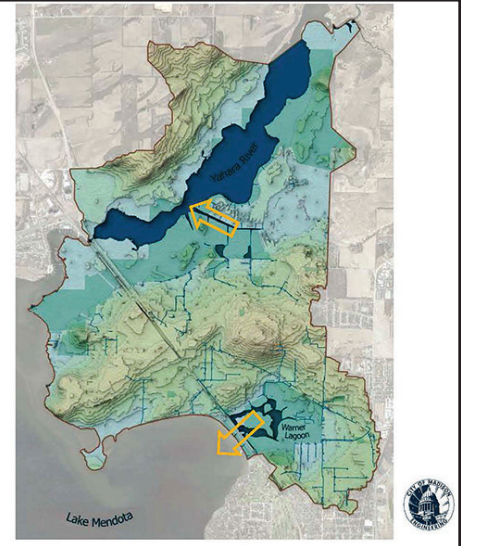
To get connected, visit the Urban Triage Supporting Healthy Black Agriculture webpage: urbantrriage.org/our-work/supporting-healthy-black-families/supporting-healthy-black-agriculture.

Source: City of Madison

Where the Water Goes

What's a watershed?

- A watershed is the area of land that drains precipitation (rain, snow, etc.) to a common low point, such as an inlet, stream, or lake.
- Determined by surface terrain and underground pipe system.



As part of an effort to reduce flooding, the City of Madison's Engineering Division is conducting a study of the Cherokee Marsh and Warner Park watersheds.

Cherokee Marsh and Warner Park watershed study planned

Help by reporting flooding

By Jan Axelson
Northside News

In July, the City of Madison's Engineering Division hosted a virtual meeting to inform residents about a plan to study the Cherokee Marsh and Warner Park watersheds. The study will identify causes of flooding and suggest projects to reduce flooding. The meeting included a presentation by Mike Wegner of the Brown and Caldwell engineering consulting firm that will conduct the study.

In recent years and especially since 2000, Madison has been experiencing more rain events, as well as more rain events greater than 3 inches. Recent flood events revealed areas where stormwater management needs improvement. Since 2019, the city has been funding studies of different watersheds to help determine what projects to undertake to reduce flooding.

In developed parts of the study area, stormwater flows into streets and enters inlets, culverts and pipes that carry the water to the upper Yahara River or Lake Mendota. Stormwater ponds, such as the ponds just north of Wheeler Road, help slow the flow of stormwater and allow sediments to sink to the bottom of the pond instead of entering the river and lakes.

Wetlands have an important role in reducing downstream flooding by absorbing stormwater and releasing it slowly. In the Cherokee Marsh watershed, much of the upper Yahara River is bordered by wetlands. In the Warner Park watershed, wetlands that border Lake Mendota include wetlands at Warner Park and the Mendota Unit of Cherokee Marsh Conservation Park.


The study will consider projects such as increasing pipe or inlet capacity, creating safe overflow paths for stormwater, rerouting flow, constructing ponds, flood-proofing buildings, and improving landscaping and grading. The options may include solutions to structures or land on private property.

While the study will consider the water level on Lake Mendota, lake levels aren't the focus of the study. Dane County has been working to reduce flooding of the lakes with projects that help increase the flow of water through the Yahara chain of lakes.


A public meeting in the winter of 2023-24 will present the study's findings with a goal of refining the model and fact checking with residents. In late summer 2024, a third public meeting will present proposed solutions.

You can help the study by reporting any recent or past flooding you have observed, including to a home or building, street, park, bike path, pond or greenway. Flood data such as this helps the city prioritize flood projects. You can report flooding at cityofmadison.com/flooding/report.

The 2021 Warner Park Lagoon Water Quality Plan is a separate study that recommended a series of water quality improvements. The budget includes \$330,000 for improvements at Castle Creek north and west of Trailsway with a possible benefit of reducing flooding on Trailsway. This project will have a future public meeting. Dredging of the lagoon is scheduled for 2027 but, due to the large cost, depends on finding outside funding.



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ENVIRONMENT

Photo by Paul Noeldner



Eastern Chipmunk



Gray Squirrel

Chipmunks, squirrels and birds

By Paul Noeldner
Friends of Urban Nature

Our Birds of the Month are squirrels, which are not birds, but they share some bird physiology, love to be in trees and visit bird feeders.

Small striped Eastern Chipmunks and their larger cousins Gray Squirrels are both members of the animal family “Sciuridae,” which in Greek means “shadow tail.” You may have seen a squirrel hold its bushy tail over its head like an umbrella. Sciuridae sounds like “scurrying” and that is exactly what chipmunks and squirrels do as they gather seeds and nuts in fall and store them in burrows and holes for winter meals.

Their fur is made of fine hairs of alpha keratin, just as bird feathers are made of another form called beta keratin. Flying squirrels come out at night and can fly without feathers by flattening out to glide from trees.

While some folks see them as pests, most chipmunks and squirrels do little damage to our environment compared to what humans do, and it would be a sad world if we killed or trapped everything just because they might annoy us. These friendly furry mammals bring nature up close in our neighborhood and make

entertaining company if you don’t mind sharing some bird seed or having a few burrows and leafy “drey” nests and holes in old trees outside your home.

Fall bird watching

Bird watching is America’s biggest participatory sport and is a great way to enjoy nature close to home.

Birds wear tough, light feathers made of a protein called beta keratin, like fur, feathers evolved 200 million years ago primarily for warmth with the added benefit of helping birds fly long distances. As the weather gets colder, birds of many different feathers are on the move by the millions from northern summer nesting sites to southern winter havens thousands of miles away.

Northside birding hotspots to see ducks, swans and other migrating birds include Warner Park, Tenney Park, Cherokee Marsh and Governors Island. Goose Pond, just north of Madison near Arlington, is famous for fall bird watching.

Remember to fill your feeder for migrating birds and add a few extra seeds for our furry scurrying Sciuridae friends.

See the Calendar of Events in this issue and search online for opportunities to go birding with others.

Recap of another great year of AmeriCorps at Rooted

By Laura Whitt
Rooted

The AmeriCorps Farm to School Program has been part of Rooted’s work since 2020 when we transitioned from our previous Gardener in Residence program to becoming a full-time AmeriCorps host site.

The Farm to School Program is overseen at the state level by the Wisconsin Department of Public Instruction, which provides educational training to members. Host sites such as Rooted facilitate the program and support members on the local level. In 2023, we’ve hosted three AmeriCorps members working in eight Madison schools: Crestwood, Elvehjem, Lake View, Lapham, Mendota, Leopold and Schenk Elementary Schools, and La Follette High School.

Each of our AmeriCorps members is assigned two to four schools with which they work for a year. Depending on the needs of the individual schools, they teach gardening and nutrition classes, lead after-school cooking clubs, manage school gardens, collaborate with MMSD school food service, and more.

AmeriCorps members are given the creative freedom to determine their own curriculum and the flexibility to take advantage of opportunities as they arise. We want our AmeriCorps members to be able to explore their own educational interests and follow the topics and activities their students are most enthusiastic about.

The AmeriCorps Farm to School Program also seeks to get teachers,

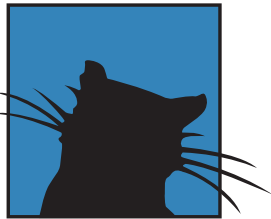
parents and school community members involved in their school gardens. Teachers are encouraged to observe AmeriCorps lessons to learn how to incorporate garden-based activities into their own teaching, and AmeriCorps members invite the school community to help maintain the gardens and establish a culture of school gardening that can sustain itself into the future.

This past year, over 1,000 students met full participation in the AmeriCorps Farm to School Program, completing at least five lessons, with 200 students doubling that number with more than 10 lessons. In addition to regular classroom lessons, students took eight field trips to local farms.

We believe in the value of garden education not just to teach about food and how to grow it, but also to foster teamwork, social and emotional learning, and other skills. Hands-on activities such as gardening give students a different kind of learning experience and the chance to grow confidence and succeed in school in a new way.

Our AmeriCorps members have an amazing passion and energy, and are always finding new ways to get kids excited about gardens, food and trying new things. They bring their own unique skills and ideas to their work and make a positive impact on many students during their time with the program.

We are thankful for the great work our 2022-23 AmeriCorps members have accomplished, and we look forward to seeing what the coming year’s program has in store.



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Sunday, 1–5 pm
Closed: Nov. 23 and 24
See all library hours at madpl.org/locations. All events are at Lakeview Library unless otherwise indicated. Check madisonpubliclibrary.org/calendar for the most up-to-date information on programs and services.

October Art Exhibit: Susan Hunt and Karl Gutknecht

Entire month of October
In their joint exhibit, Vignettes, pastel artist Susan Hunt and photographer Karl Gutknecht present subjects that intrigued them locally and on their world travels. Landscapes and animals grace Susan’s art, while Karl’s environmental photography illuminates people in their milieu. The artwork will be on display in Lakeview Library’s community rooms. An opening reception will be held Tuesday, Oct. 3, 3–5 pm.

Baby Play Date
Wednesdays, Nov. 1–22, 10–11 am
Join other neighborhood families for a play-date for babies ages birth–17 months and their caregivers. We’ll feature open-ended play materials and lots of books. Siblings are welcome.

Multi-age Storytime
Thursdays, Oct. 5, Nov. 16 and 30, 10:30–11:30 am
Read and play together with children ages 5 and under. Engaging with books, songs and playful experiences helps children develop communication skills, patience, empathy, pre-reading skills. Siblings and childcare

groups are welcome.
Leaf Magic
Saturday, Oct. 7, 10–11 am, Lakeview Library
Saturday, Oct. 14, 1–2:30 pm, Warner Park Rainbow Shelter
Lakeview Library and Get Kids Outside are partnering on a two-part event celebrating fall, leaves and nature. On Oct. 7 children and families can create leaf prints, collages and learn about different leaves and trees. Bring a favorite leaf to share, examine and identify. There will also be a book giveaway. Registration is not required. On Oct. 14 we will explore the natural world of leaves and trees at Warner Park. A snack will be served, and Get Kids Outside will give away one pair of binoculars. Registration is required; contact the library to register.

Art for Little Ones
Thursdays, Oct. 12 and Nov. 9, 10:30–11:30 am
Children ages 2–5 can join artist Amy Mietzel for hands-on art activities inspired by picture books. We’ll read the book aloud, then use materials to make art creations. Siblings and groups are welcome.

Preschool Storytime Chefs
Tuesdays, Oct. 17 and Nov. 28, 10:30–11:30 am
Join Chef Lily Kilfoy for this hands-on cooking experience for preschoolers ages 3–5. Learn about food through storytime and by helping prepare a simple recipe. Children will need adult assistance. Recipes will be nut-free and vegetarian.

Growing Voices Music Class
Thursdays, Oct. 19 and 26, Nov. 2, 10:30–11:30 am
Growing Voices Music Class is an interactive class for caregivers and their children, birth–4 years, to play, learn and bond with music. We sing, play instruments, dance and have fun together. After class, participants can stay for free play.

Music + Movement
Saturday, Nov. 11, 10–11 am

Join us for a preschool music and movement program with singing, dancing, playing and bubbles. For children up to age 5, with their caregivers.

After-School Art with Amy
Wednesday, Oct. 11, 4:30–6 pm
Join local artist Amy Mietzel for hands-on art projects.

Minecraft Club
Mondays, Oct. 2–Nov. 20, 4–5:30 pm
This program is open to all teens and tweens. Stop in to play Minecraft with other teens and tweens. There is a limited number of computers, so participants take turns as needed.

Cooking with Chef Lily
Saturdays, Oct. 7 and Nov. 11, 1:30–2:30 pm
Tuesdays, Oct. 10, 24, 31 and Nov. 14, 21, 28, 4:30–5:30 pm
Join The Kids Chef, Lily Kilfoy, for a series of cooking classes for children and families. Participants will learn about different foods, where they come from, how to follow recipes, and how to use a variety of tools. Food is generously provided by Willy St. Co-op North.

We Read to a Dog
Mondays, Oct. 23 and Nov. 27, 3–4 pm
Read aloud to a furry friend from Alliance of Therapy Dogs. Bring a favorite book or try a new one from our collection. First come, first served.

LEGO Club
Saturdays, Oct. 21 and Nov. 18, 9:30–11:30 am
Are you a kid who loves LEGOs? Join us for LEGO Club. We provide the LEGOs, and you provide the imagination. No registration is required. LEGOs will have to stay at the library, so bring a camera to capture your creations.

Teen Cooking Club
Fridays, Oct. 6 and 20, Nov. 3 and 17, 4:30–5:30 pm
Tweens and teens are invited to cook with

Chef Lily. Prepare and enjoy a variety of recipes, while learning about meal planning, following recipes, and using kitchen gadgets and tools.

Tween + Teen Time
Fridays, Oct. 13 and Nov. 10, 4–5:30 pm
Drop-in and join other tweens and teens for games, snacks, art projects and community. This event is free and open to tweens and teens 10 years and older.

Munch Mobile Lunch Van
Saturdays, Oct. 7–Nov. 25, 12:40–1 pm
The Munch Mobile Lunch Van will stop at Lakeview Library on Saturdays this fall. All people in and around the library can get a free lunch.

Chess at the Library
Mondays, Oct. 9 and 23, Nov. 13 and 27, 6–8 pm
All ages and skill levels are welcome.

Chair Yoga and Gentle Movement for Older Adults
Mondays, Oct. 2–Nov. 27, 10:30–11:15 am (no class Oct. 30)

Join Kim for a chair yoga and gentle movement class focusing on range of motion, breathing and balance. Movements will be performed either sitting in a chair or standing. Go online or call 608-246-4547 to register two weeks before each program date.

First Friday Films
Fridays, Oct. 6 and Nov. 3, 6–8 pm
Join us for a film night. Selections include feature-length films, documentaries and shorts. In October we will watch “Hunt for the Wilderpeople” and in November “Meru.” Snacks and drinks are provided.

COVID Vaccine Clinic
Wednesdays, Oct. 4–Nov. 29, 3–5 pm
Public Health Madison & Dane County will administer COVID-19 vaccines while supplies last. Those 6 months–17 years old need a parent or guardian present. Eligibility is limited to those with no insurance or limited insurance that does not cover vaccinations.

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LIBRARY

Cooking with Chef Paul: Shop with a Chef

Thursday, Oct. 12, 6–7:30 pm
Are you curious about what a professional chef looks for at the grocery store? Now is your chance to shop with Chef Paul on a trip to Willy Street Co-op North. Then step back next door for a cooking demonstration and samples. Meet in front of the Co-op at 6 pm. Registration begins Sept. 28.

Ceramic Basics: Cider Mugs

Saturdays, Oct. 14 and 28, 10 am–12 pm
(Note: this is a 2-session workshop.)
Join artist Hannah Best in making a seasonal cider mug using hand-building techniques. We will supply materials and tools; feel free to bring your own apron or towel. Oct. 14 will cover the basics of working with ceramics and hand-building a vessel, and Oct. 28 we'll apply glaze to the bisque-fired mug. Registration begins Sept. 30.

Board Game Café

Mondays, Oct. 16 and Nov. 20, 6–8 pm
Join friends and neighbors for a game night. Revisit old favorites or try something brand new from the library's collection of board games and card games. Beverages and snacks will be provided.

All About Tarts

Saturday, Oct. 21, 1–2 pm
Tarts can be easier to make than pies and can be made in so many different sizes. You'll learn the techniques of making the dough, and we'll discuss different fillings such as fruit and cream. Samples will be provided. Registration begins Oct. 7.

Alzheimer's Awareness Month Book Discussion

Thursday, Oct. 26, 5:30–6:30 pm
Wednesday, Nov. 29, 1–2 pm
In honor of Alzheimer's Awareness Month, read and join a special book

discussion of "Still Alice" by Lisa Genova. A dementia care specialist with the Aging & Disability Resource Center of Dane County will be present to answer dementia-specific questions.

Fourth Friday Poetry Group

Friday, Oct. 27, 1–2 pm
Come to read; come to listen; come to celebrate poetry with this group of fellow poets and poetry aficionados.

Memory Screening

Thursday, Nov. 2, 1–3 pm
Like other routine health screenings, memory screening is an important part of overall health. The Aging & Disability Resource Center of Dane County is offering free and confidential 15-minute memory screening appointments, including educational materials about memory concerns and brain health. Registration begins Oct. 19.

Learning with Chef Paul: Knife Skills and Safety

Thursday, Nov. 9, 6:30–7:30 pm
Once your knife skills have improved, your cooking will be more efficient and more delicious. Join Chef Paul for a demonstration on how to dice, julienne and chiffonade vegetables and fruits. Chef Paul will discuss how to choose, care for, and sharpen knives. This program is for ages 13 and older; adult supervision is required. Registration begins Oct. 26.

Decorative Breads

Saturday, Nov. 18, 1–2 pm
A stunning bread centerpiece is just the thing for a Thanksgiving feast. We'll discuss how to make a colorful multigrain sunburst bread. It's beautiful to look at and delicious, too. Samples will be provided. Registration begins Nov. 4.

Scrabble at the Library

Wednesdays, Oct. 4–Nov. 29, 10 am–12 pm

Attention word lovers: exercise your brain by playing Scrabble with other adults.

Knitting at the Library

Wednesdays, Oct. 4–Nov. 29, 6–8 pm
Drop in knitting: learn a new craft or work on that unfinished project with other neighborhood knitters.

Application Assistance

Tuesdays, Oct. 3–Nov. 28, 11 am–5 pm
In partnership with the City of Madison and Madison Public Library, The African Center for Community Development provides assistance with filling out applications and forms related to jobs, housing, immigration, food, health and other community support services.

Madison Writing Assistance

Mondays, Oct. 2–Nov. 27, 4–7 pm
The Madison Writing Assistance program offers free, one-to-one writing support for community members. Writing coaches help with writing projects, including resumes, cover letters, application essays, grant proposals, fiction writing, memoirs and more. If interested, you can schedule an appointment at madpl.org/calendar, in person, or by phone.

BOOK DISCUSSIONS

Read the book and join the discussion. New members are always welcome. Check the library calendar or call for details; some discussions are online events.

NewBridge Book Discussion

First Wednesdays, 10–11 am
Oct. 4 – "Driving Miss Norma" by Tim Bauerschmidt and Ramie Liddle
Nov. 1 – "The Signature of All Things" by Elizabeth Gilbert

Lakeview Book Discussion

First Thursdays, 6:30–8 pm
Oct. 5 – "The Scent Keeper" by Erica Bauermeister
Nov. 2 – "The Last Slave Ship" by Ben Raines

Daytime Book Discussion

Second Thursdays, 12–1 pm
Oct. 12 – "The Family Chao" by Lan Samantha Chang
Nov. 9 – "The Personal Librarian" by Marie Benedict

Mystery Book Group Discussion

Third Thursdays, 5:30–7 pm
Oct. 19 – "The Searcher" by Tana French
Nov. 16 – "The Woman in the Library" by Sulari Gentill

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My Choice Wisconsin is a MCO that offers these programs to seniors and adults with disabilities. We coordinate long-term care and medical services promoting wellness and independence of individuals in their communities.

800-963-0035 TTY: 711
www.mychoicewi.org/NSN

For more information about your long-term care options, contact your local ADRC. DHS Approved 03/15/2021

HEALTH AND SAFETY

From
Captain Kelly Donahue
North District Police



Summer is fading and beautiful autumn is taking its place. It is one of my favorite times of the year on the Northside, as we are surrounded by lakes and forests. As a student at Gompers, I loved our annual field trips to the Cherokee Marsh, learning about the delicate wetlands. Take some time to get out and enjoy our fall weather.

With the cooling temperatures, it is tempting to leave your car warming up. Please, do not leave your car warming and unattended. During the colder months, many cars are stolen while folks leave them running and unlocked.

Additionally, a reminder to make sure not to leave valuables in your car and certainly not firearms, even if they are

not in plain view. A couple of minutes of time is not worth the hassle and cost that may result.

Auto thefts continue to be an issue, and Hyundai and Kia vehicles remain common targets. A reminder that both Kia and Hyundai are offering updates to anti-theft software to prevent those vehicles from easily being stolen. If you own either make, you can check with the dealership to see if your vehicle needs the update. We have some steering wheel locks that we can provide at no charge for those vehicles as well. Our supply is limited, but you can call or stop in to see if we have any available.

Lastly, we have been able to attend or host a number of gatherings in the North District this summer. If you are hosting a neighborhood association meeting, picnic or gathering of any sort, please call or send a message if you would like an officer to attend. We will do our best to accommodate any invites. We enjoy and look forward to meeting and interacting with our neighbors.

From
Emily Altkorn, DVM



From
Sarah Stock, DVM



Northside Animal Hospital

If you have a cat, you may have come home or woken up to the familiar sight of vomit or hairballs on the floor. But if your cat is eating, drinking and overall acting fine, you may wonder, is there anything to worry about? While healthy cats might occasionally vomit or have hairballs, when we start to see vomiting once a week or more, this is not normal and could indicate an underlying problem.

There are several diseases that can cause chronic or frequent vomiting in cats. Some of the most common ones are food allergies, inflammatory bowel disease (IBD), and intestinal lymphoma. Contrary to what you might expect, many cats with allergies, IBD, or lymphoma show vomiting long before they show diarrhea or other signs. Other diseases that can cause chronic vomiting include kidney disease, liver disease

or certain types of cancer.

If your cat vomits or has hairballs once a week or more, contact your veterinarian. They might recommend blood work to check their kidneys and liver, a diet trial with a prescription allergy diet, or an abdominal ultrasound to evaluate for signs of IBD, lymphoma or other cancers. If left too long, chronic vomiting can make it hard for your cat to absorb nutrients from its food and lead to weight loss.

Cats are masters at hiding disease, so it might seem hard to believe they are sick when they're mostly acting like their usual selves. However, chronic vomiting is a clue that there is something more serious going on. Getting a diagnosis for your cat can help them get treatment to reduce vomiting and increase your cat's (and your) quality of life.

From
Dr. Robin Beatty, DC, CCSP
Health Tips



Seniors can improve balance at home

As we age, our balance can decline. However, there are several ways seniors can improve and maintain their balance at home. Here are four of the most effective strategies:

- 1. Exercise regularly:** Regular physical activity is essential for improving balance and strength. Low-impact exercises such as walking, swimming, tai chi or yoga can help improve coordination and flexibility, both of which are essential for good balance.
- 2. Set up safe spaces:** It's important to have a safe place to practice balancing exercises. Make sure the area is free of objects that could cause falls and accidents. You can also use furniture with non-slip surfaces and handrails when needed.
- 3. Have proper posture:** Improving your posture can help keep you

steady and balanced. Stand up straight with your shoulders back, feet flat on the floor, and weight evenly distributed between both sides of the body.

- 4. Use balance aids:** If you find it hard to maintain balance, there are several useful tools that can help. These include weighted vests, stability shoes and slant boards. Your doctor or physical therapist can recommend the best balance aid for your individual needs.
- 5. The importance of chiropractic care:** Regular visits to a chiropractor may also help seniors stay active and reduce their risk of falls. Chiropractic care could help improve coordination, flexibility and circulation, which can all contribute to improved balance.

Following these strategies may help you stay balanced and injury-free as you age. It's important to build a routine of exercises that target your balance and strength, while making any necessary modifications because of safety concerns. With enough practice, you can maintain your balance and stay healthy for years to come.

Learn about yourself and your health, at no cost

By **Dadit G Hidayat**
All of Us Research Program

People may experience the same disease differently. It's essential that research include people with a variety of lived experiences and living conditions, as well as characteristics like race and ethnicity, age, sex and sexual orientation, so all communities can benefit from scientific advances.

The All of Us Research Program is a historic effort to partner with at least one million people across the United States to build one of the most diverse biomedical data resources of its kind, which researchers can use to gain insights into the biological, environmental, and behavioral factors that influence health.

A diverse cohort is crucial because medicine and research have often taken a one-size-fits-all approach, and many medical innovations developed over the last several decades have been based on research that excludes marginalized populations.

All of Us, a National Institutes of Health funded initiative, began

enrolling people in 2018. The University of Wisconsin-Madison is a key partner in this massive research program and people ages 18 and older, regardless of health status, can enroll.

Data from All of Us could someday help researchers:

- Identify what makes people more likely to develop a disease.
- Find out how environment, lifestyle and genes can impact health.
- Build better tools for detecting a health condition and encouraging healthy habits.

All participants will receive \$25 cash after completion of their visit. To complete the visit, participants must create an account, give consent, agree to share their electronic health records, decide whether they want information about their DNA, answer health surveys, have their physical measurements taken (height, weight, blood pressure, etc.), and give blood and urine samples, if asked.

To learn more, please visit AllofUs.wisc.edu or call 888-294-2661.

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ELECTED OFFICIALS


From
Satya Rhodes-Conway
Mayor



Getting ready for fall
Every fall, the Streets Division provides three curbside collection

opportunities to have your leaves picked up from in front of your home. The exact dates when you should have those leaves on the terrace or on the road edge can be found by going to cityofmadison.com/YardWaste and entering your address into the form. On the website, you will see three Sundays. Get your yard waste out for pickup on those Sundays, and Streets Division crews will be by during the

From
Charles Myadze
District 18 Alderperson



On Aug. 1, the Madison Common Council passed a resolution to implement a Body-Worn Camera Pilot Program here on the Northside. Police officers will wear cameras for three months and a randomized control study will help us determine if body cameras are a good fit in Madison. Before I served as an Alder, I began serving on the Police Body-Worn Camera Feasibility Review Committee. We hashed out a ton of issues as we did our research, listened to experts, and wrote our report. By the end, I was ready to join every other municipality in Dane County and move forward. I wasn't alone. We voted 5-1 to recommend that the Common Council approve the pilot. It got hung up there for a long time. In 2020, I decided to run for a seat

on the Madison Common Council. My platform had body-worn cameras front and center. I knocked on thousands of doors, and residents consistently told me they wanted body-worn cameras on our police. We must have a well-trained, culturally competent police force. We must build more trust between communities of color and law enforcement/police officers. I thought we'd have body-worn cameras in my first term, but some thought the program was too expensive. The cost of body-worn cameras can't be considered in a vacuum without considering the benefits. Others worried the cameras could do more harm than good, despite the vast majority of departments around the country who were not using body-worn cameras before the murder of George Floyd were quick to implement them after. Body-worn cameras are a good best practice for 21st-century policing, where transparency and accountability are more important and feasible than ever. And I am happy to report that by this time next year, we should have the results of the pilot.

work week to collect them. When you place your leaves out for pickup, do not place them into the street directly. When leaves in the roadway are rained on, it creates a nutrient-rich runoff that contributes to toxic algae blooms in our lakes. By keeping our streets leaf-free, you are helping keep our lakes healthy for all to enjoy. The Streets Division made a brief video that can be found on the City of Madison YouTube page that explains

the whole collection process, so you can watch from collection to street sweeping and even a brief look at unloading leaves at the compost site. Speaking of composting — the fall is a perfect time to start a pile that could have wonderful compost ready for you by the time spring planting arrives. The Streets Division has composting resources on their website, and Madison Public Libraries have composting guides available for pickup.

From
Amani Latimer Burris
District 12 Alderperson



Unfortunately, we don't have another decade to seriously weigh in and attempt to solve our affordable housing crisis. As a city, we're struggling to provide enough adequate and affordable housing, and no one wants to spend millions of dollars to fill a hole just to find out, on the whole, that the hole is never-ending. In context, it's noted that when unimpaired, our city is progressively earnest, and no doubt our city staff is incredibly knowledgeable. We're blessed to have so many community-based volunteers and experts, and are grateful for the long list of people and institutions that have given us their precious gift of time. We've collected a lot of data, have done an incredible amount of research

and gleaned a lot of information. In short, a lot has been done to get us to this point. We know that we cannot make choices that merely appear to address the problem, nor can we remain silent or silo-ed. The cost will simply be too much and will create an unaffordable city. It's why I put in a resolution to create and support an in-depth, 12-month, whole-life Housing Taskforce. This is an opportunity to invite all stakeholders to contribute, listen and learn. We can come together in an environment of trust, facilitated by ethics, fueled by what's best and possible; not politics, gotchas, good lucks or operating in the dark. Although it will be no small task, it's a chance for us to take a deep dive — looking over, under, around and through an issue; problem solving to find solutions as partners; giving us the space to understand the nuances of the issues and collectively see what needs to be refined or updated in order to meet our goals. To contact Alder Latimer Burris by email: district12@cityofmadison.com.

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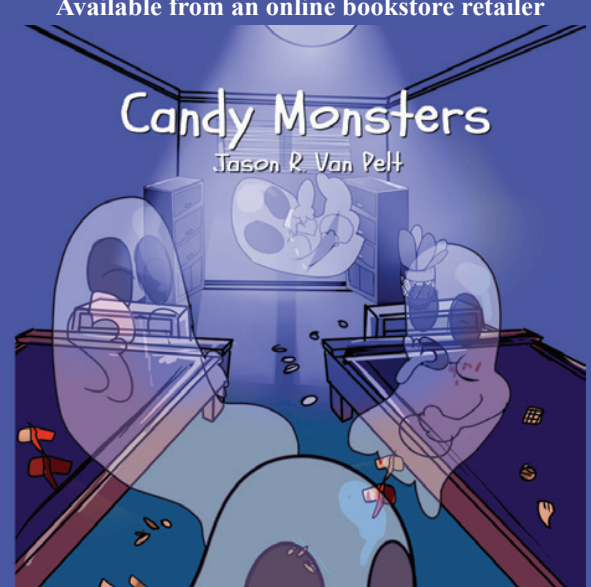
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- Rick G. 12/2022 Madison, WI

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ELECTED OFFICIALS

From
Melissa Agard
State Senator



It's past time to re-empower the unions that built the middle-class

For over a century, Wisconsin served as a model for labor and progressive movements across the nation, setting the standard for what it meant to put pro-worker and democratic values into practice. Our state's once-held national reputation as a stronghold of workers' rights is owed in large part to our unions.

Unfortunately, the union-busting objectives of the Walker era came to fruition: in 2010, 14.2% of Wisconsin workers were union members,

compared to just 8.7% in 2020, a drop of about 128,000 union members. Republicans' anti-worker agenda and rhetoric over the past decade have undoubtedly hurt the economic conditions of working Wisconsinites.

There is reason to be hopeful once again for Wisconsin's workers with the election of Justice Janet Protasiewicz. Democrats are working for Wisconsin, ready to undo the damage done by Republicans since 2011 and uplift the lives of ordinary Wisconsinites. That means restoring collective bargaining rights for public sector employees, repealing right-to-work, and re-enacting project labor agreements, labor peace agreements, and the prevailing wage for building projects across the state of Wisconsin. These actions are foundational to returning Wisconsin to its pro-labor past.

From
Joe Parisi
Dane County Executive



Dane County is building bridges to address youth mental health

A decade ago this fall, I announced the creation of Building Bridges, a Dane County-funded, school-based mental health support program that has since served hundreds of young people and their families in 11 local school districts.

Anxiety, depression and other behavioral health needs remain great among an increasing number of young people. We launched Building Bridges to intervene and focus on prevention, reducing the downstream impacts of mental illness that can impact academic performance and be a barrier to personal and professional success.

The program receives an annual county budget allocation of over \$1.9 million, and local school districts partner to financially support the program. With new dollars in this year's county

budget, the Madison Metropolitan School District will add another Building Bridges staff team to their networks, expanding the program's reach to even more students.


New data from Building Bridges indicates the program is seeing successful outcomes go beyond the time students and families participate in the program. For example, 76% of Building Bridges participants in the 2021-22 school year were considered to have significant impairment at the start of their treatment. Assessments taken six months after program completion showed that number was down in the 40-45% range. More than one in three students and families reported sustaining overall improvement even six months after departing Building Bridges.

We know the need is great when it comes to helping our young people navigate today's realities. We also know programs like Building Bridges help meet the challenge of the moment, and I'm grateful for the continued support and participation of our partner Dane County schools who share our commitment to this next generation and their families.

But we don't want to end there. Democrats are committed to passing new policies that bolster our labor force and bring us in line with neighboring states. Workers do well when everyone has access to quality, affordable healthcare and housing, childcare, a livable, family-supporting wage, and the ability to care for themselves or a

loved one without fear of having to leave — or lose — their job. We know this agenda is more than tenable. Look at our Democratic friends in Michigan and Minnesota who are using their legislative majorities to ensure every family and individual across their state can live, work and thrive with economic security.

From
Samba Baldeh
State Representative



(Note: If you would like a FREE copy of the 2023-24 BLUE BOOK or an official state map, write to my office at: Rep.Baldeh@legis.wisconsin.gov)

Over the next year, our attention will focus on the 2024 election and the many "Trump Trials." The trials are about attempts to end our democracy through fraud, coercion and deceit. And when that failed, violence.

The Wisconsin GOP has worked to achieve a similar end but with a more subtle and incremental approach. Their method is through changes in law and political practice.

First came Act 10, whose ostensible purpose was to end collective bargaining for public employees. It is now well-documented that the real purpose

was to fatally weaken the Democratic Party by reducing the flow of money and volunteers from the unions.

Next came the gerrymandering, which gave the GOP well over 60-65% of the legislative seats despite getting about half of the votes.

With majorities in both legislative houses, the GOP stopped holding hearings on "Democratic bills." Over the next six years, the GOP legislative leadership allowed hearings on actually only 1-2% of the bills authored by Democrats!

Next came the attacks on voting methods. With the connivance of the conservative Supreme Court, the GOP eliminated the use of voting boxes where people could submit mail-in ballots. Last spring, they eliminated referenda sought by local governments on state issues.

In the next issue of the Northside News I will discuss how we will fight back against these attacks.

Let me hear from you at Rep.Baldeh@legis.wisconsin.gov.

From
Michele Ritt
District 18 Supervisor



As many of you know, I am a public-school special education teacher. Summers are a glorious time for teachers to rejuvenate and prepare for the next group of students.

This summer was quite different. My son and I served as mobile health aides for a community health clinic. The clinic serves migrant and seasonal agriculture workers. My son is planning to attend med school, so this was a perfect opportunity for him to learn new skills. I don't intend a career change, but simply wanted to help.

Three days each week, we headed to clinic missions in different communities around Wisconsin. We would pull our mobile health clinic and a couple of support transit vehicles to a cannery parking, field or migrant housing unit. Patients saw the doctors inside the mobile unit, while we

did registration and prep work, either in tents or in the housing community room.

In order to accommodate the workers' schedules, clinics started in the afternoon and ended past sunset. Workdays were often 12 hours long.

It was a busy summer filled with long workdays, but also filled with love and meaning. I have never before experienced such teamwork. Every person dedicated to the team, the mission, and the patients we served.

And the patients. Each one a treasure. Most of them don't have access to medical care and count on the mobile unit visiting their home or workplace. Their kindness and gratitude cannot be adequately described with words.

These workers are a cornerstone to our country. They are often forgotten and pushed aside. Without them, none of us would eat.

This has been a summer of soul work. I am grateful for the opportunity to have been part of it.

Please feel free to contact me with any concerns or issues at 608-335-6827 or ritt.michele@countyofdane.com.



Want us to grow your veggies?

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SENIOR

From
Jim Krueger



NewBridge Executive Director

Can you repeat that? I am not even 60 years old, and I find myself asking this question rather frequently. My father and grandfather had hearing loss, but they were old (lol!) when that started. I couldn't understand why they turned the TV up so loud.

Now that is me. Has my loss of hearing been accelerated by listening to all that loud music as a teen, or by my chronic sinus condition? All I know is I have four of the

six signs of hearing loss. About one-third of older adults have it, and the chances increase with age. The number of Americans with hearing loss is expected to increase by 30 million in the next four decades.

So here I sit, knowing I should get this checked out but procrastinating about it. I am not alone. Only one in six Americans with hearing loss wears hearing aids. Those who treat their hearing loss wait an average of 10 years to do so. Barriers such as high cost, stigma, lack of awareness and accessibility to health care services have traditionally kept people from buying hearing aids. Many health insurance plans did not cover the cost of hearing aids, and that was a significant

deterrent for many people.

Hearing aids are now covered in many plans, and they are smaller and less noticeable. This removes two of my excuses. I know that not having a hearing aid can affect cognitive health. It increases the risk of developing dementia and the

decline in our memory and concentration as older adults.

Many people have told me hearing aids made a big difference for them. I am officially committing to getting a hearing aid in the next 3-5 months, and I encourage any other procrastinators to do the same.

SENIOR Activities

NewBridge-North | 608-512-0000 ext. 3000

To register for classes or to learn more about activities that are happening in the community, visit our website (newbridgemadison.org) or contact Deenah Givens at 608-512-0000 ext. 3002 or deenahg@newbridgemadison.org

SPECIAL EVENT

Thanksgiving Meal: Thursday, Nov. 23, we will be serving over 300 meals to older adults across Madison. If you are interested in helping in the kitchen or delivering meals, please contact David Wilson at NewBridge, 608-512-0000 ext. 2006.

ONGOING NORTHSIDE ACTIVITIES

Activities take place at Warner Park Community Recreation Center, 1625 Northport Drive, unless otherwise specified.

Bingo: Fridays, 10:15-11:15 am; the first Friday is bi-lingual Bingo. Our October sponsor is Gunderson Funeral Home.

Book Club (Zoom): First Wednesday of each month, 10-11 am.

Bunco: Mondays, 2-4 pm

Card Making Club: Second Wednesday of each month, 1-3 pm

Chair Yoga with Kim: Mondays 10:30-11:30 am at Lakeview Library, and Thursdays, 10:30-11:30 am at WPCRC

Euchre: Tuesdays, 1-3 pm

Mahjong: Thursdays, 1-3 pm

Mindfulness Movement for LGBTQ Folks, Friends and Allies: Wednesdays and Fridays, 10:15-11:45 am, in collaboration with Madison School Community Recreation

Ping Pong: Mondays, 9 am-12 pm; Wednesdays, 1-3 pm

Sassy Steppers: Tuesdays, 2-3 pm

Sewing Club: First and third Thursdays, 9 am-12 pm

Stretch & Strength (Zoom): Mondays and Wednesdays, 9-9:45 am

Wellness Warriors (Zoom): "We get by with a little help from our friends." Wednesdays, 2:30-3:30 pm

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Jeffrey A. Prebish
Financial Advisor
The Constellation Building
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Madison, WI 53703
608-250-4968



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Financial Advisor
301 N. Sherman Ave.
Suite 200
Madison, WI 53704
608-241-4796

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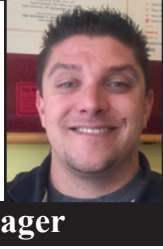
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WARNER PARK COMMUNITY RECREATION CENTER

Written by
Zach Watson
608-245-3690



Facility Manager

The Warner Park Community Recreation Center is thrilled to usher in the fall season by offering our second annual October Family Fun Night Halloween Special. The event will take place Friday, Oct. 27, from 5–8 pm, offering activities both inside at WPCRC — including the bouncy house, sports and recreation games, drop-in art, game room fun and bingo with prizes

— as well as outside in the park — including hayrides, trunk or treat, bonfires with S’mores, food carts and an outdoor movie and popcorn. The cost is \$5 per family.

The spooky evening’s haunted hayrides will be offered from 5–6 pm (last ride heads out at 5:40 pm), where you can climb aboard a hay wagon for a free tour around Warner Park provided by Madison Parks. Rides are typically about 20 minutes long, and no reservation is required. Participants will need to enter and exit the wagon using stairs.

At 6 pm, after the last hay ride, huddle up in a blanket near a bonfire and enjoy S’mores and popcorn, or partake in one of the food cart’s offerings while

watching a Halloween classic, “Hocus Pocus,” thanks to Sina Davis Movies in the Park.

WPCRC Family Fun Nights are in partnership with Madison School Community Recreation. If your company or organization would like to sponsor one of the WPCRC Family Fun Nights or the whole series, please call 608-245-3691.

WPCRC now offers Silver & Fit and Active & Fit memberships, providing eligible members access to the exercise room at no cost by reimbursing eligible health plans. Call 608-245-3669 to see if your health plan is eligible for membership.

Check out our programs and stay connected by liking our Facebook page at WarnerParkCRC.

Circle of Friends continues mission to support WPCRC

By **Dorothy Borchardt**
Circle of Friends

In 2004 a group of friends and neighbors formed the Circle of Friends of the Warner Park Community Recreation Center (CoF-WPCRC) to support the mission of the WPCRC and ensure it continues to grow and serve the community. The purpose of organizing a nonprofit group, separate from the city, was to raise funds to provide for wanted items and capital projects.

Membership is open to all who want to be part of the continuing growth and success of the WPCRC. Board members are selected from those who volunteer to help and have the time to participate on a working board. Our board members are all volunteers. We have no paid staff. We always welcome additional members.

Another goal is raising public awareness and funds for the Warner Pool. The CoF sells cookies on election day, has sponsored Pounding the Pavement for

a Pool and golf outings, and has served dinners at Culvers to raise funds.

Our generous donors made it possible to fund an endowment account with the Madison Community Foundation (MCF). It was established in 2013 to support the operating expenses of the Warner pool once it is completed. Included in the agreement is a provision that, if the pool isn’t operational as of January 1, 2023, distributions of \$11,219 will be made to the WPCRC for programming and special needs, as advised by the CoF. Once the pool is completed, distributions will be made to WPCRC to help cover operating expenses of the pool.

The continuing mission of our CoF is to raise private funds to provide better recreational opportunities for the public’s benefit, including the future Warner Pool and other projects, to make WPCRC a better place for all who use it, now and in generations to come.

Visit our website (friendsofwarner.com) for more information.

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FAMILY FUN NIGHT HALLOWEEN SPECIAL

FRIDAY, OCTOBER 27, 2023
5:00 - 8:00 PM

WARNER PARK COMMUNITY RECREATION CENTER
1625 NORTHPORT DRIVE

- Bouncy House
- Bingo with Prizes
- Movie & Popcorn
- Bonfire with S’mores
- Pottery
- Food Carts
- Hayrides
- Arts & Crafts
- and more ...

24th ANNUAL

Holiday Fest

Saturday, December 2, 2023
9:00 am - 3:00 pm

ARTS AND CRAFTS FAIR
Warner Park Community Recreation Center
1625 Northport Drive
cityofmadison.com/parks/wpcrc
(608) 245-3669

\$1 Admission
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NORTHSIDE NEWS - Calendar of Events

Sponsored by Madison Gas and Electric

October/November 2023

NORTHSIDE FARMERS MARKET

Sundays through October 29
8:30 am-12:30 pm
Northside TownCenter

Enjoy a variety of locally grown produce, baked goods, meats, flowers, plants and much more. Sign up for our newsletter at northsidefarmers-market.org or find us on Facebook at facebook.com/madNFM for the latest information on vendors and events.

MADISON WOMEN THRESHOLD SINGERS

Wednesdays, October 4 and November 1
12:30-2:30 pm
Lakeview Library

Women who love to sing and are fully COVID vaccinated are invited to sing healing songs with positive affirmations. See thresholdchoir.org for more information. Rehearsals are once a month on the first Wednesday. RSVP to caspersoluna@gmail.com or 608-417-0400.

LEAF MAGIC

Saturday, Oct. 7, 10-11 am, Lakeview Library

Saturday, Oct. 14, 1-2:30 pm, Warner Park Rainbow Shelter

Lakeview Library and Get Kids Outside are partnering on a two-part event celebrating fall, leaves and nature.

Part 1, Oct. 7, children and families can create leaf prints, collages and learn about different leaves and trees. Registration is not required.

Part 2, Oct. 14, we will explore the natural world of leaves and trees at the park. A snack will be served, and Get Kids Outside will give away one pair of binoculars. Registration is required; contact the library to register or visit Eventbrite.com/e/leaf-magic-for-kids-2023-tickets.

OCTOBER ART EXHIBIT: SUSAN HUNT AND KARL GUTKNECHT

Entire month of October
Lakeview Library

In their joint exhibit, Vignettes, pastel artist Susan Hunt and photographer Karl Gutknecht present subjects that intrigued them locally and on their world travels. Landscapes and animals grace Susan's art, while Karl's environmental photography illuminates people in their milieu. The artwork will be on display in Lakeview Library's community rooms. An opening reception will be held Tuesday, Oct. 3, 3-5 pm.

SUNDAY, OCTOBER 1

Bird and Nature Adventure: Fall Colors at Cherokee

1:30-3 pm, Cherokee Marsh North Unit, 6098 N. Sherman Ave.

Join tree expert Sean Gere for an easy nature walk to enjoy the changing fall colors and learn about the different kinds of trees. Contact 608-698-0104.

SUNDAY, OCTOBER 1

Sips & Slices: A Pizza Party Taste-off for The River

3-6 pm, Garver Feed Mill, 3241 Garver Green

Teams of local chefs and celebrities battle to see who can create the tastiest, most creative pizza pie. All proceeds benefit The River Food Pantry. Tickets are \$50 each and include pizza samples, 1 drink, and 3 voting tickets. Get more information at riverfoodpantry.org/sips-slices.

THURSDAY, OCTOBER 5

Senior Lunch and Euchre Tournament

11 am-2 pm, Lakeview Lutheran Church, 4001 Mandrake Rd.

Our theme is "Taco Thursday." The church will provide tacos, rice and refried beans. Please bring a salad or dessert to share. There is a free-will offering for lunch. To RSVP contact the church office at 608-244-6181.

THURSDAY, OCTOBER 5

Introduction to Kayaking

4:30-6:30 pm, Warner Park

MSCR invites you to learn the basics you need to start paddling safely. The cost is \$16. Register at mscr.org. This class is weather dependent.

SATURDAY, OCTOBER 7

Bird and Nature Adventure: Art in the Park

2:30 pm, Tenney Park

Join Kacy Zander with ReCreate for an easy nature walk to enjoy the fall beauty at Tenney Park and along Lake Mendota. Learn how to do a fun art activity and make nature art. This is a free event. Contact 608-698-0104.

TUESDAY, OCTOBER 10

Wild Warner Meeting

6 pm, WPCRC (or as posted on our Facebook page)

The public is welcome. Help support nature preservation, restoration, recreation and education in the wild side of Warner Park. Contact 608-698-0104.

FRIDAY, OCTOBER 13

North Star Awards

5:30-7:30 pm

WPCRC

Public is invited.

SUNDAY, OCTOBER 15

Bird and Nature Adventure: Reflections and Changes

1:30 pm, Warner Park Rainbow Shelter

Join Naturalists Lynn Persson and Eva Roos for an easy contemplative nature walk at Warner Park. Enjoy fall with native wildflowers going to seed, geese honking, and colors changing in trees. Contact 608-698-0104.

WEDNESDAY, OCTOBER 18

Senior Bird and Nature Adventure: Who's Still Here?

1:30 pm, WPCRC meeting room

Northside senior citizens are invited to join Naturalist Nancy Fonzen for a free nature talk and, if the weather is nice, a walk in Warner Park. What flowers are still blooming? What birds, bugs and wildlife are still around? Seniors are welcome to bring a friend or family member. Senior groups are welcome. No registration is required. Contact 608-698-0104.

WEDNESDAY, OCTOBER 18

Friends of Cherokee Marsh board meeting

5:30-7 pm, WPCRC

The public is welcome. Support restoration of Madison's largest conservation park. To confirm time and place, contact janaxelson@gmail.com. Cherokeeemrsh.org

THURSDAY, OCTOBER 19

Coffee with a Cop

9 am, WPCRC

Please come and enjoy free coffee, free cookies and great conversation with your officers on the Northside of Madison.

THURSDAY, OCTOBER 19

Friends of Hartmeyer Natural Area meeting

5 pm, Esquire Club, 1025 N. Sherman Ave.

The public is welcome. Help preserve and restore Madison's newest conservation park. Come early at 4 pm if you want to help with a nature activity. Bring a lawn chair to meet outdoors, or indoors if it rains. Contact 608-698-0104.

SATURDAY, OCTOBER 21

Hikes and Hayrides

1-4 pm, Cherokee Marsh North Unit, 6098 N. Sherman Ave.

Tour Cherokee Marsh North Unit aboard a tractor-pulled hay wagon, enjoy nature activities, and take a short, guided hike. Free hot cider, campfire and marshmallows to roast. Hayrides are \$3/person, free for 2 and under. Volunteers from Friends of Cherokee Marsh will host activities and lead hikes. No reservations are needed; come any time from 1-3:30 pm. cityofmadison.com/parks/calendar/hayrides-hikes-1

SUNDAY, OCTOBER 22

DAIS Family & Community Resource Fair

11 am-2 pm, 2102 Fordem Ave.

Learn about the resources available to empower your family and participate in a wide range of fun activities, including face painting, temporary tattoos, yard games, and food trucks with delicious bites. For more information, visit abuseintervention.org/events.

FRIDAY, OCTOBER 27

Family Fun Night

5:30-8 pm, WPCRC

Celebrate Halloween at Family Fun Night. The cost is \$5 per family. Sign up online for email reminders of monthly themes. Kids age 11 and under must be accompanied by an adult.

THURSDAY, NOVEMBER 2

Senior Lunch and Euchre Tournament

11 am-2 pm, Lakeview Lutheran Church, 4001 Mandrake Rd.

Our theme is "Bigger Better BBQ." The church will provide pulled pork, potato salad and baked beans. Please bring a salad or dessert to share. There is a free-will offering for lunch. To RSVP contact the church office at 608-244-6181.

FRIDAY, NOVEMBER 3

Taste the FUTURE

4:30-7:30 pm

WPCRC

Small plate offerings for 400 attendees. Free tickets at FEED Kitchens.org

SATURDAY, NOVEMBER 4

Bird and Nature Adventure: Waterfowl Wander

2:30 pm, Tenney Park Beach

Join Naturalist Paul Noeldner for an easy birding walk for beginners and experts. We will look for migrating birds in trees and on the water. Do you ever wonder how they do it? Learn some fun facts about how they wander. Contact 608-698-0104.

SUNDAY, NOVEMBER 5

Bird and Nature Adventure: Ice Age Geology

1:30-3 pm, Cherokee Marsh North Unit, 6098 N. Sherman Ave.

Join retired UW professor David Mickelson to learn about the fascinating geological history of Cherokee Marsh. Contact 608-698-0104.

FRIDAY, NOVEMBER 10

Family Fun Night

5:30-8 pm, WPCRC

A night of bouncy houses, art projects, games, gym activities, movies and more. The cost is \$5 per family. Sign up online for email reminders of monthly themes. Kids age 11 and under must be accompanied by an adult.

TUESDAY, NOVEMBER 14

Wild Warner Meeting

6 pm, WPCRC (or as posted on our Facebook page)

The public is welcome. Help support nature preservation, restoration, recreation and education in the wild side of Warner Park. Contact 608-698-0104.

WEDNESDAY, NOVEMBER 15

Senior Bird and Nature Adventure: Make a Kokedama

1:30 pm, WPCRC meeting room

Northside senior citizens are invited to join Naturalist Nancy Fonzen for a free, fun and educational indoor art activity. Learn how to make a Kokedama, an ancient Japanese miniature nature garden. If weather permits, we may take a walk in Warner Park. Seniors are welcome to bring a friend or family member. Senior groups are welcome. No registration is required. Contact 608-698-0104.

WEDNESDAY, NOVEMBER 15

Friends of Cherokee Marsh board meeting

5:30-7 pm, WPCRC

The public is welcome. Support restoration of Madison's largest conservation park. To confirm time and place, contact janaxelson@gmail.com. Cherokeeemrsh.org

THURSDAY, NOVEMBER 16

Coffee with a Cop

9 am, WPCRC

Please come and enjoy free coffee, free cookies and great conversation with your officers on the Northside of Madison.

THURSDAY, NOVEMBER 16

Friends of Hartmeyer Natural Area meeting

5 pm, Esquire Club, 1025 N. Sherman Ave.

The public is welcome. Help preserve and restore Madison's newest conservation park. Come early at 4 pm if you want to help with a nature activity. Bring a lawn chair to meet outdoors, or indoors if it rains. Contact 608-698-0104.

SUNDAY, NOVEMBER 19

Bird and Nature Adventure: Prairie Seed Collection

1:30 pm, Warner Park Rainbow Shelter

Join Naturalist Alex Singer for an easy nature walk to learn about native Wisconsin prairie plants and some of their amazing seed dispersal strategies. Collect some seeds to take home and learn how to start your own native wildflower garden. Contact 608-698-0104.

THURSDAY, NOVEMBER 23

Thanksgiving Dinner

12 pm, Lakeview Lutheran Church, 4001 Mandrake Rd.

This free Thanksgiving dinner is open to all. Dinner includes roasted turkey, homemade stuffing, real whipped potatoes, rolls and pumpkin pie. We cannot deliver meals. Take-outs only for diners after 1:30 pm. To RSVP, contact the church office at 608-244-6181 with the number of people attending.



LL = Lakeview Library

WPCRC = Warner Park Community Recreation Center



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Net-Zero
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The Northside Planning Council and FEED Kitchens Presents



SAVE *the* DATE!

Friday, Nov. 3 ★ 4:30–7:30 pm

Warner Park Community Recreation Center | 1625 Northport Dr.

Free, ticketed event featuring chefs working out of FEED Kitchens presenting two small plate offerings each. The event is an opportunity to taste the cultural diversity of food being prepared at FEED Kitchens and to meet the folks making that food.

FEED Kitchens' participating chefs!

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Cuisine



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