



# Northside News

Vol. 29, No. 1, Issue 169

www.northsidenews.org

August/September 2023

## Literacy Network offers tutoring, seeks volunteers for literacy training



Marie Knibbe and LaTonya Langston at LaTonya's graduation

By Anita Weier  
Northside News

Madison-based Literacy Network offers tutoring programs that provide help to those seeking high school equivalency diplomas, essential literacy assistance and English as a Second Language instruction.

The organization, which is headquartered in South Madison and provides many services there, is now attempting to increase services on the Northside. Marie Knibbe, who oversees GED/HSED and Essential Literacy tutoring for the Literacy Network, is particularly interested in expanding assistance in those realms.

Knibbe, who has worked in the adult basic literacy field for 35 years,

explained that the organization trains volunteers in tutoring principles and processes. Lesson plans are also provided.

"Our tutors work with the same student all the time. They meet once a week for two hours. If someone is studying for a GED exam, we have practice tests that are a pretty accurate predictor of success," Knibbe said. As supervisor, she gives vouchers for practice tests and the real test.

There are two different ways to achieve a GED diploma. One leads to computer-based timed tests, and another provides classroom instruction with pencil-and-paper tests. Both options can result in a high school diploma. In either case, students must register at Madison Area Technical College (Madison College).

"We give an orientation and help students get into the pipeline. They have to take a reading test. If the score is too low for high school completion studies, MATC connects them with classes at the college," Knibbe said.

"We also have a basic literacy program for adults who want to build literacy skills. We have four groups managed by trained interns. One meets virtually in the evening and the others are in person. We don't have one on the Northside yet."

Literacy Network tutors meet with students at the Literacy Network headquarters at 701 Dane St. or at Madison College, community centers or libraries.

"I had a pair last semester who met at Lakeview Library," Knibbe said. "Since most of our resources are in South Madison, I want to expand them to North Madison. Summer is prime time for tutor recruitment."

People interested in volunteering or in learning should go to the Literacy Network website ([litnetwork.org](http://litnetwork.org)) to sign up. Knibbe can be reached at [mariek@litnetwork.org](mailto:mariek@litnetwork.org) or at 608-268-6542.

## Paul Rusk Resource Center helps Dane County jail residents re-enter society

By Rita Lord  
Northside News

The Paul Rusk Resource Center officially opened May 9 in the lobby of the Public Safety Building, 115 W. Doty St. Rusk, a long-time Northsider who made enormous contributions to the community, passed away in October 2020.

The following information is taken from the Dane County Sheriff's Facebook page:

The Paul Rusk Resource Desk is officially open for business in the lobby of the Public Safety Building. Named for the former county board supervisor who passed away in October of 2020, the reentry resource desk is aimed at connecting clients who need resources after being released from the Dane County Jail.

Volunteers will staff the desk from 1-5 pm, Monday-Friday, or as volunteer hours allow. A variety of resources will be offered, such as hygiene products and clothing, along with information about local food pantries, homeless services, Medication Assisted Treatment (MAT), BadgerCare/



Paul Rusk

FoodShare, substance use treatment providers, transportation, medical and mental health resources, education and employment opportunities.

"By ensuring people have access to some of the basic services they need, we will reduce the cycle of incarceration," said Sheriff Calvin Barrett.

The resource desk is also available to community members who stop by the desk in the lobby of the Public Safety Building.

Volunteers staffing the desk come from organizations like the University of Wisconsin, Edgewood College, JustDane, Operation Fresh Start and AmeriCorps. Anyone interested in donating clothing for the resource desk can reach out to the Madison Area Jail Ministry ([madisonjailministry.org](http://madisonjailministry.org) or 608-261-9755).

Interested in volunteering? Contact Sheriff's Office Reentry Coordinator Sarah Wampole-Maciejeski at email [wampole-maciejeski@danesherriff.com](mailto:wampole-maciejeski@danesherriff.com).

## Meet Tara Wilhelmi, founder of EOTO and Culturally Rooted



Tara Wilhelmi, Founder of EOTO and Culturally Rooted

By Justin Markofski  
Northside Planning Council

Tara Wilhelmi is a mover and shaker (definition: a powerful person who initiates events and influences people). But Tara's approach and effectiveness are not born from seeking platforms and influence; but rather the intersection of her natural gifts, lived experience, past personal and family need as well as the discovery and development of strong convictions with great competence and pursuit of excellence unto transformation. Tara is doing a ton of stuff — so much so I won't be able to rightly capture it all in this feature — and it all flows from relationship building and word of mouth connecting. I recently had the privilege and pleasure to sit with Tara and interview her conversationally. While one interaction is not sufficient to

tell her story nor of all she has her hands in, it's an introduction and beginning, so here we go. When asked how and why she got started she says it was through

EOTO continued on page 9

## North Star Awards set for Oct. 13

By Justin Markofski  
Northside Planning Council

Northside pride runs deep, and there are many reasons why most Northsiders love the place we call home. In a time when people are often dislocated from a sense of attachment to a particular place and meaningful connections to neighbors and neighborhood, there are exceptions to this that remind us this has not always been so, nor does it have to be. There are movements in society that recognize the loss that occurs when places no longer retain their unique value or identity, and local history is forgotten. Local farms, local food, local businesses, aging in place, place-making are all part of both creating

and retaining a diverse and vibrant culture made up of those who live, work, and play in proximity to one another. As a longtime Northside resident, I appreciate the role that the Northside Planning Council (NPC) has played in helping to shape and preserve a Northside identity and culture. Part of this includes the creation and continuation of the North Star Awards — an annual recognition and celebration of individuals, organizations and businesses contributing to the good and well-being of the Northside in various works and ways. In a year of anniversaries here at NPC (30 years for the Northside Planning Council and 10 years for FEED Kitchens) this will be 20

The North Star Awards continued on page 9

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**Next Issue: October/November 2023**

**Contribution Deadline: Wednesday, August 30, 2023**

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**Taste the Future is back in 2023**

By Chris Brockel  
FEED Kitchens

Save the date! NPC and FEED Kitchens are happy to announce that our Taste the Future event will be held Friday evening 5-8 pm, Nov. 3, at the Warner Park Community Recreation Center. Taste the Future will be a free, ticketed, event featuring 10 chefs working out of FEED Kitchens presenting two small-plate offerings each. The event is an opportunity for the public to taste the cultural diversity of food being prepared at FEED Kitchens and to meet the folks making it. Taste the Future also allows FEED Kitchens entrepreneurs to present their menu to the public and interface with consumers. Food system partners working

with FEED Kitchens will also table at the event.

Taste the Future was on a path to becoming FEED Kitchens' signature event until the pandemic hit. Our previous attempt at Taste the Future was to occur 12 days after COVID shut everything down in March 2020. We are just now getting back to capacity to be able to offer this wonderful event again to our community.

FEED Kitchens will be celebrating its 10th anniversary at Taste the Future. Whether you were supportive of FEED Kitchens 10 years ago, or became aware of us along the way, come join us for a night of good food and great company.

Watch for more information in the October-November issue of the Northside News, or on FEED Kitchens' Facebook page at Facebook.com/feedkitchens. If you are interested in sponsoring the event at any level, please contact Chris Brockel at 608-204-7017.

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The June/July Winners  
Kelsey Foster  
Dena Sedlmayr

Or, email it to us at office@northsideplanningcouncil.org

Include your full name, mailing address and either your phone number or email address so we can contact you if you win.

Thank you to the FEED Bakery Training Program for their donations to the Nort scavenger hunts.



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## NORTHSIDE PLANNING COUNCIL


From  
**Justin Markofski**  
NPC Executive Director



Greetings, Northside Neighbors, Summer means many things, including summer break with more free time for most of our youth in Madison. Let's reflect a moment together about youth, including our own. In 1931 George Bernard Shaw was quoted saying, "Youth is the most beautiful thing in this world — and what a pity it has to be wasted on children." Whatever your interpretation of this statement and what Shaw meant, I want to highlight the beginning that speaks to the beauty of youth. I imagine most of you reading this column are over 18. Each one of us began as babies when we rather helplessly entered the world and passed through the stages of development unto adulthood. Of all that could be said about this experience of

being children, I want to emphasize a couple things. First, relationships are vitally important in what growing up entails for every young person. Our relationships significantly impact who we each become. Kids don't choose their primary relationships at first. Second, I am sure all of us while growing up, made some very foolish and immature choices along the way. Please pause and take time to remember two or three of the most foolish and poor choices you made when you were young. Now consider the consequences of those actions at the time, what they were and could have been. Finally consider if a young person today made those same choices. What consequences do you think and feel would be appropriate, including if the youth looks different than you? Every young person will make immature choices and all need supportive relationships to help them grow up well. Let's extend grace and understanding to the youth in our community. I'm not saying no consequences or discipline is ever appropriate or needed, just that healthy relationships are essential.

From  
**Lauri Lee**  
NPC Board Chair




There is no greater feeling than to do good things for others and to work together for the good of the community and actually see the needle budge upward toward noticeable improvement. It's the little things we do that actually turn into big things over time. This is how I feel as I think of the work that went into making FEED Kitchens a reality.

Celebrating the 10th anniversary of the opening of FEED Kitchens is a great time to reflect on a piece of its history. I served on the planning team for the building starting in 2009, so my story actually goes back 14 years. I had just joined the Northside Planning Council and Northside News staff and chose to get involved with the volunteer planning team. I recall sitting around the large oak table in Manna Cafe's back room with the group as we discussed the great need for

a commercial shared-use kitchen and the impact it would have on the dreams and livelihood of food entrepreneurs around the city and on the regional food system that was growing stronger every day.

FEED Kitchens team members came and went and the baton was passed from one team member to another, so it's hard to name the people and count the number of hands actually involved in the effort. Records weren't kept of who helped, because it didn't matter to them if they received recognition. It was the end result that mattered. But each of you know who you are. There are only two of us left (shout out to Martee Mikalson) who are still working with the Northside Planning Council. I wasn't in charge of the team, but as a leader during the 10th anniversary year, I want to show appreciation for your time. In the FEED entryway there's a recognition wall with ceramic tiles listing donor names. I want to thank you for helping us build the facility. Somehow we thought that FEED would be financially self sustaining. But to be equitable and affordable, we still require donations. Please contact us at manager@feedkitchens.org if you want to make a donation. After all, it's about sustainability.

From  
**Chris Brockel**  
NPC Food Systems Director



There are plenty of reasons to be concerned about the state and trajectory of our local food system. Climate change, catastrophic weather incidents, supply chain issues, labor issues, industry consolidation, fuel costs, and the list of negative impacts goes on. I could easily tackle these issues on a bimonthly basis and lament the state of affairs. But as I write this column in my office at FEED Kitchens I hear nothing but joy imbuing the facility. Far from lamenting the issues with our food system, vendors here celebrate their participation in it. We are in the midst of our busy season here and the activity level is as high as it has ever been. FEED Kitchens is helping to supply the food that rounds out our farmer's markets, stocks our grocery shelves and supplies meals to our street fairs and festivals.

As FEED Kitchens approaches its tenth anniversary this November, it is this joy

that most characterizes the facility and activities here. With 85 producers making products that will find their way into our community through various supply chains, FEED Kitchens bustles with activity on a daily basis and continues on nearly a 24-hour cycle. Entrepreneurs from all walks of life and backgrounds come together in our shared space to work on a passion they all have in common — making food to share with their community. FEED Kitchens is no "Hell's Kitchen" and despite being a bit crowded at times, folks here work together in navigating the kitchen space, providing technical assistance, sharing resources, problem solving and giving each other a shoulder to lean on.

As we approach Wisconsin's harvest season and continue to celebrate summer, let us take example from the vendors at FEED Kitchens and find the joy in what we have and celebrate the goodness that surrounds us. I continue to celebrate the rich diversity of really good people who surround me every day as well as the fact that FEED Kitchens, after 10 years, has become a necessary and vital piece of our local food system.

**The Northside Planning Council is grateful to the 2022 supporters.**

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## BUSINESS

# Northside Economic Development Coalition focusing on Northside small business growth through end of 2023

By Lauri Lee  
Northside Economic  
Development Coalition

You'll undoubtedly notice the focus of this issue of the Northside News is about small businesses. It's important to know who is new to the business community because of the potential value they provide for residents.

The Northside business community suffered during the pandemic from closures, restrictive rules for how they

could do business, supply chain issues where products were slow to come or no longer available, staffing shortages that affect having enough people to be fully open as many hours, and the list goes on. The impact from so many negative conditions closed many local businesses and financially harmed those still in business. It would be hard for the community not to notice a difference as they try to resume their previous buying habits at neighborhood stores and restaurants. The Northside News has

been impacted. This free community newspaper relies on advertising in order to be delivered free to more than 10,000 households and businesses. A robust business environment is required to sustain our community.

The Northside is blessed with an abundance of business resources to help business owners as they follow their entrepreneurial journey.

- FEED Kitchens helps incubate and provide business support to new food businesses as they get started (feedkitchens.org).
- The Northside Economic Development Coalition offers workshops and training opportunities and resources for starting a business and get help during the start-up years (northsideplanningcouncil.org).
- The Northside Business Association provides a network of business

owners who meet monthly. It's easier to be in business when you're not alone and you know the people you want to collaborate with in business. The group focuses on issues affecting Northside businesses and nonprofits, and speakers address business topics and concerns in the community (madisonnba.com).

- Dane Buy Local at 2801 International Lane helps support and promote small businesses throughout Dane County, but with a Northside location and collaborative local team, it makes them convenient and accessible to Northside businesses (danebuylocal.com).

For help getting your business connected to these business organizations, please email lauri@northsideplanningcouncil.org or call 608-334-4969. Grow Northside!



Business Owners | Business Managers | Nonprofit Leaders

*You're invited to attend*

**SEPT. 12 BUSINESS KICKOFF**

Are you a new business, new manager or new to the NBA? Then dinner is on us!  
Kavanaugh's Esquire Club 1025 N. Sherman Ave. RSVP 608-249-0193

Speaker: Eric Salzwedel  
Effective Business Promotion for a New Era

6-7 pm Meet & Mingle | 7-8 pm Dinner | 8 pm Speaker

## NBA Business Kickoff Sept. 12

By Northside Business Association

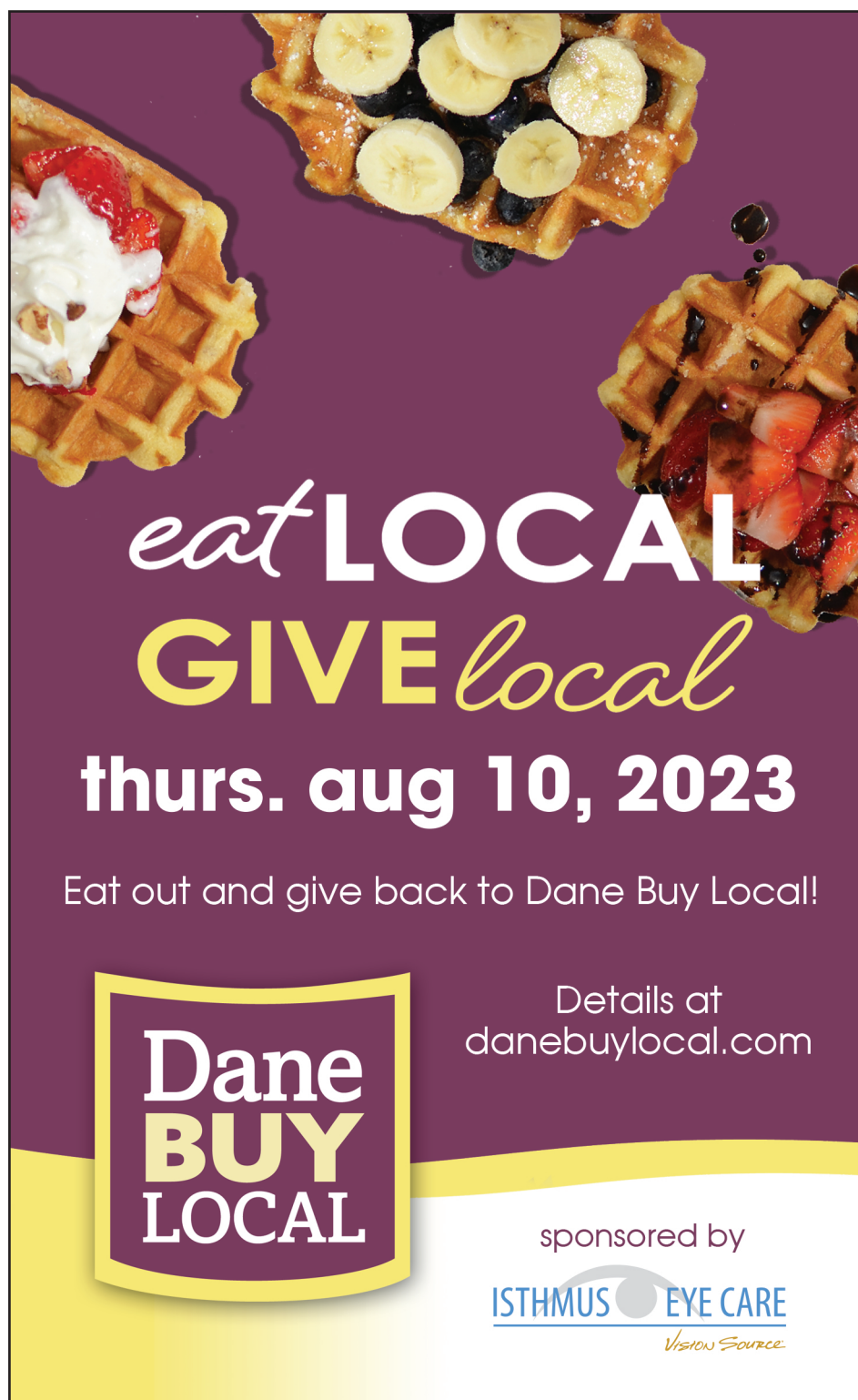
The NBA Business Kickoff event is being held Sept. 12 from 6-9 pm at Kavanaugh's Esquire Club at 1025 N. Sherman Avenue. The event is a way to unite the business community and strengthen our Northside business district as we position our businesses for future growth. The NBA Business Kickoff event is being offered in partnership with the Northside Economic Development Coalition and Northside News.

All Northside business owners, business managers and nonprofit leaders are invited to attend this event. If new to the NBA, then dinner is on us!

Eric Salzwedel of Intentional Purpose Consulting will speak on Effective Business Promotion for a New Era to

inspire the business community with ideas to use to grow the enterprises. Salzwedel works with businesses and organizations with their charitable giving and community outreach. In 2019 he co-founded the nonprofit, Do Good Wisconsin, to promote the good happening in communities across Wisconsin. In recent years he's been awarded the InBusiness 40 under 40 and the National JCI Ten Outstanding Young Americans Award.

Please plan to join us for the meet and mingle around the bar from 6-7 pm which is followed by an incredible Esquire meal at 7 pm and the speaker will start around 8 pm. Please RSVP Sept. 11-12 by calling 608-249-0193. Questions? Please call Lauri at 608-334-4969.



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## Dane Buy Local: Eat local, Give Local supports local restaurants

By Dane Buy Local

Dane Buy Local, an organization dedicated to supporting local businesses, is gearing up to host its annual event, Eat Local, Give Local being held Thursday, August 10. Madison residents are encouraged to participate in this one-day initiative aimed at bolstering the local economy and sustaining the city's vibrant restaurant scene.

The event emphasizes the power of individual choices in making a positive impact on the community. By simply dining out at local restaurants for breakfast, lunch, dinner, coffee and pastries, late-night drinks, or dessert, residents can contribute to the growth and success of these establishments. Additionally, 10% of the day's sales will be used by Dane Buy Local to organize future events that promote and support local restaurants and businesses throughout the year.

Whether individuals choose to enjoy their meals on an outdoor patio, dine in-house, opt for curbside pickup, or have their food delivered, the goal is to encourage participation and patronage of Madison's local dining establishments. These events, such as Eat Local, Give Local, play a vital role in keeping neighborhood business districts strong and the local economy thriving.

Participating restaurants can be found throughout the city by going to danebuylocal.com. Northside restaurants participating in the event are Ancora Cafe & Bakery,

Banzo, Beef Butter BBQ, Bierock, Far Breton, Kavanaugh's Esquire Club and Kingdom Restaurant.

Research has shown that local businesses have a significantly higher impact on the community compared to non-local companies. They are able to recirculate money within the community over 3.5 times more, contributing to local employment opportunities for residents, including family, friends, and neighbors.

Colin Murray, the executive director of Dane Buy Local, expressed his enthusiasm for the event, encouraging residents to dine at participating restaurants throughout the day Aug. 10. He emphasized that the enjoyment of good food also comes with the added satisfaction of knowing that each dining dollar spent supports local restaurants and the community as a whole.

For more information about Eat Local, Give Local and Dane Buy Local, interested individuals can visit the organization's website at danebuylocal.com. Inquiries can also be directed to Murray via email at colin@danebuylocal.com or by phone at (608) 729-7342.

Madison residents are urged to mark their calendars and embrace the opportunity to savor delicious meals while contributing to the success and vitality of their local restaurants. By participating in Eat Local, Give Local, they can play an active role in supporting the community they call home.



**BUSINESS**

# So you want to start a business?

By Shaunté McCullum  
Enrichment Unlimited

There are many misconceptions about becoming an entrepreneur and starting a business. Some of the misconceptions I've heard when it came to me starting my own business were that "it's not easy to start a business," "you need an educational background in business to start and operate a business," or "it costs too much to start a business." This type of thinking is not true, and it keeps people from taking the first step in launching their business. Starting a business does not have to be complicated or discouraging, but it does require commitment and consistency to not only start but to maintain and grow your business.

If you are looking to start or grow your business but you're unsure what your first or next steps should be, then this article is for you. As an entrepreneur, I know it is important to have interest, be knowledgeable and passionate about whatever services or products you will offer in your business. As an entrepreneur, often you're starting your business with little to no help from others, so it's important to enjoy making or providing your service or product.

Before taking that next big step to launch your business, there are five tips I want to share with you to help you move forward in your journey to becoming an entrepreneur. My five tips are as follows; self reflect, get clear, address blocks, obstacles or unwanted patterns, make a plan and take action. Let's explore these tips a little further.

- **Tip #1 Self reflect:** It's important to look deeper at your gifts, talents and interests, know your why and be honest with yourself about where you are now versus where you want to be. In this step you want to brainstorm on what success looks like for your business.
- **Tip #2 Get clear:** Next you want to start getting specific and being realistic about your desires in all aspects of your business.



Shaunté McCullum

Provided by Shaunté McCullum

- **Tip #3 Address blocks, obstacles, or unwanted patterns:** What can keep you from moving forward in starting or growing your business? How can you support yourself to move forward if this situation occurs? For those who have taken steps toward starting their business but are now stuck and unable to move forward, explore what has kept you from taking the next step and make a plan.
  - **Tip #4 Make a plan:** This is where you set S.M.A.R.T goals for your business. The S.M.A.R.T acronym stands for: specific, measurable, achievable, realistic, and time-limited. When planning to launch your business make sure to identify and make a plan for each area of your business.
  - **Tip #5 Take action:** Break your business goal(s) into smaller steps that you can commit to, identify where to start and next steps. In addition to taking actionable steps, you need self-accountability. Ask yourself "How will I hold myself accountable to complete these steps to achieve my goals?"
- Starting a business can be both exciting and overwhelming, so keep adding to your toolbox to help further you in your entrepreneurial journey.
- Shaunté McCullum is a multi-preneur, owner and enrichment coach for Enrichment Unlimited. Visit [enrichmentunlimited.com](http://enrichmentunlimited.com) for details.*



Photo by Frankie Pobar Lay

Dwight Hayes and Connee Hayes of The Hayes Place at NorthGate Shopping Center were welcomed to the Northside business community by the Madison Black Chamber of Commerce president and CEO, Camille Carter, and Lauri Lee, Chair of the Northside Planning Council, during their June 9 grand opening.

## Hayes Place: A vibrant hub for social events and local entrepreneurs

By Lauri Lee  
Northside News

Hayes Place, located at 1145 N. Sherman Ave. in the Northgate Shopping Center, is a newly opened hidden gem. Owned and operated by Connee Hayes in partnership with her husband, Dwight, this unique event space is quickly becoming a thriving hub for social gatherings and a pop-up space for small, locally owned businesses. With its diverse offerings and elegant atmosphere, Hayes Place is capturing the hearts of entrepreneurs, eventgoers and special event planners alike.

Hayes Place serves as a platform for local entrepreneurs to showcase their talents and products. The grand opening on June 9 was a resounding success, featuring 10 vendors offering a range of items, from delectable desserts and stylish clothing to customized purses and jewelry. Hayes is passionate about nurturing local businesses and hopes to use her event space to support their growth. By providing a vibrant marketplace for these entrepreneurs, Hayes Place encourages the community to shop local and discover unique products.

An event place unlike any other Northside venue, Hayes Place features a 2,500-square-foot event space, designed to accommodate various occasions. With a capacity of up to 125 people, the venue boasts state-of-the-art audio-visual equipment, lighting, and a sound system, ensuring a memorable experience for guests. Whether it's a wedding party, corporate event, birthday celebration, or baby shower, the experienced team at Hayes Place works closely with clients to customize the decor and create the desired ambiance. From catering and decorations to music and entertainment, they

leave no stone unturned in ensuring the success of every event.

In addition to hosting external events, Hayes Place organizes its own exciting happenings. From art shows to comedy nights, there is always something entertaining on the calendar. One popular event is "Paint and Sip," where participants can unleash their creativity on pre-drawn canvases while enjoying the relaxed atmosphere, music and a fully stocked bar with an array of wines and mixed drinks. It's the perfect opportunity to socialize with friends or make new connections in a fun and laid-back environment. These ticketed events offer an enjoyable social evening filled with captivating performances and the option to purchase wine or mixed drinks. To stay updated on upcoming events at Hayes Place, visit [hayesplace.net](http://hayesplace.net). The monthly schedule features a variety of engaging activities that cater to different interests. Whether you're looking to unleash your artistic side, immerse yourself in the world of poetry, or simply enjoy a night of fun and laughter, Hayes Place has something for everyone.

For inquiries or event bookings, you can reach Connee Hayes at (608) 447-5372 or via email at [hayesplaceevents@gmail.com](mailto:hayesplaceevents@gmail.com). Hayes Place operates by appointment to plan events to ensure a personalized and memorable experience for every event.

As Hayes Place continues to grow and thrive, it remains committed to supporting local businesses and providing a vibrant space for the community to come together. With its unique blend of entrepreneurship, creativity and social engagement, Hayes Place has all the right ingredients to become an essential part of the Northside's cultural landscape.

Interested in starting a business? Workshops will be scheduled in the fourth quarter of 2023. One for food businesses and a separate one for other types of businesses.

Please email [lauri@northsideplanningcouncil.org](mailto:lauri@northsideplanningcouncil.org) with your name, email and phone number along with the type of business in order to be contacted for scheduling.



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**BUSINESS**

# Madison Black Restaurant Week and Food Taste Jamboree at FEED

By Chris Brockel  
FEED Kitchens

The Madison Black Chamber of Commerce will, once again, host Black Restaurant Week for the Madison area the week of Aug. 13 culminating in the Food Taste Jamboree Sunday, Aug. 20 from 2–5 pm in the FEED Kitchens parking lot. The Madison Black Chamber of Commerce and FEED Kitchens invite you to join us to celebrate Black-owned restaurants, food trucks, caterers, and dessert and specialty vendors throughout the week and then join us for the Jamboree on Sunday.

There are several themed restaurant weeks in Madison throughout the year which are good marketing initiatives for the participating businesses. Black Restaurant Week is also about marketing for our local Black-owned businesses as they do not continue to exist unless we can drive customers and revenue to them. But Black Restaurant Week is about more than marketing and driving revenue.

Black Restaurant Week helps bring diverse people to the table. Food is the intersection of life and by sharing food we are sharing culture. Folks may not know about Black-owned restaurants in our region as they tend to be smaller establishments and they are also unlikely to know about the food carts or tasted their food. Bringing vendors together in a single event introduces their businesses and cuisine to a large audience, expands their customer base, and helps bring diverse voices together.

Black Restaurant Week is also important in helping to resource Black-owned businesses. Unfortunately, Black-owned

businesses have a more difficult time securing financing from traditional sources. There has been plenty of recent research that shows Black-owned businesses are fighting an uphill battle against low credit scores, racial bias, and societal expectations and are much less likely to secure financing than their white counterparts. Given the generational wealth gap and the lack of assets that can be used for collateral, black entrepreneurs are even further in the hole when it comes to securing resources. Even when the chances may be good that financial support can be secured, blacks are much less likely to pursue traditional financing for fear of having their application denied.

Recent information about the use of PPP loans and other COVID relief funds bears this out as well. Black-owned businesses were far less supported with this aid than were white-owned businesses and the rate of failure during COVID for Black-owned businesses was tremendously higher than for white-owned businesses.

FEED Kitchens takes great pride in offering commercial production space for entrepreneurs who have traditionally lacked access to the resources and support we provide. To that end, 66% of the businesses operating at FEED are owned by people of color. We also take pride in our intentional partnerships in supporting entrepreneurs and are honored again this year to be working with the Madison Black Chamber of Commerce to be bringing the Madison Black Restaurant Week Food Taste Jamboree to our parking lot Aug. 20.



Cafe Costa Rica fans lined up to get a taste of Mango Man's (Thony Clarke) popular cuisine at the 2022 Food Taste Jamboree at FEED Kitchens. The event serves as the finale for Madison Black Restaurant Week.

## Lola's Hi/Lo Lounge with 1960s vibe slated to open in October

By Lauri Lee  
Northside News

Reconstruction has been underway for months, but now Lola's Hi/Lo Lounge is set to open sometime in October if the construction timeline stays on target. The lounge is a partnership and the merging of talents of Matt Gerding (former co-owner of Majestic Theatre and FPC Live), his wife Tori Gerding (owner of Ancora Café + Bakery, three Madison locations), and Evan Dannells (owner and executive chef of Cadre on the near westside). Lola's is moving to 617 N. Sherman Ave., the space formerly occupied by Jacobson Bros. Meats and Deli, and Custom Cobbler's Heel and Sole Connection in the Lakewood Plaza on Madison's Northside.

The name of Lola's Hi/Lo Lounge was inspired by Lola Otto, the 87-year-old owner of Lola's Tom Cat Lounge, a throwback cocktail lounge in St. Nazianz, Wis. the area where Tori Gerding was raised. The Gerdings love Lola and her lounge so much they're naming the new establishment after her.

The concept of Lola's Hi/Lo Lounge is a vinyl bar meets cocktail bar with a charming and fresh Midwestern twist that incorporates vinyl's high-fidelity sound. The aim is to create a welcoming space that caters to music enthusiasts, cocktail aficionados and all members of the Madison community. The vibe is a 1960s-style cocktail lounge with a comfortable ambiance and approachable, but interesting, tavern food. The establishment aims to have broad appeal to people in their 50s, 60s and 70s who have nostalgia for 1960s-era cocktail lounges but with a fresh enough twist to attract younger generations as well.

The brand concept of Lola's Hi/Lo Lounge is to provide high-end options for food and beverages while also offering approachable and affordable choices. The beverage selection will range from retro cans of beer such as Pabst and Hamm's to local craft beer and also feature cocktails like the Manhattan and Tom Collins.

The menu will feature fresh, locally sourced ingredients and include their house-made signature dish of cracker crust pizza, dumplings, noodles, burgers and a Friday night fish fry.

"We want the menu to feature affordable options and the atmosphere to be

comfortable so that folks from all walks of life and from neighborhoods across the Northside will enjoy patronizing the establishment," said Matt Gerding.

The interior of Lola's Hi/Lo Lounge will span 3,200 square feet and accommodate 95 guests inside, with a seasonal sidewalk patio.

The 1960s inspired design will start before customers even step in the door. "We're excited about our signage, which is reminiscent of a vintage neon sign that signals what is waiting inside. Our objective has been to create a unique and timeless space evoking a sense of nostalgia that wows the customer as they walk through the door. Through attention to every detail that carries out the 1960s theme, the goal is for them to be immediately struck by the sense of warmth, enjoyable music, incredible sound, the lighting, furnishings and of course, the aroma of elevated tavern food," Gerding said.

The decor will feature warm color tones, a wooden bar, wood tables and upholstered booths and light fixtures and carpet characteristic of the era. Music, especially classic jazz and soul, is a central theme at Lola's Hi/Lo Lounge which will offer guests the opportunity to enjoy great music while they eat, drink and socialize in a space that has been acoustically treated to offer great sound.

Matt and Tori Gerding have lived for seven years in Maple Bluff across North Sherman Avenue from Ancora Café and Bakery and Lola's. "Our hope is that Lola's Hi/Lo Lounge will deepen the sense of community enjoyed on the Northside and enhance the quality of life in the neighborhood. The decision to open a lounge at this location has been driven by our familiarity with the neighborhood and observation of a need for more restaurants and bars that provide nightlife in the area. Our intention was to create something unique and timeless to draw folks from across the city to the Northside and make Lola's a destination location that will energize the community," Gerding said.

Lola's Hi/Lo Lounge will be open from 3 pm to midnight Sunday through Thursday and from 3 pm to 1 am on Fridays and Saturdays. For more information, visit lolasmadison.com.

Please join me in welcoming them to the neighborhood.

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#### Food Taste Jamboree

Food carts, caterers, producers and more!  
Sunday August 20 (2 - 5 pm)  
FEED Kitchens @ 1219 N. Sherman Ave.



Memories from the 2022 Jamboree provided by ArrowStar Photography.

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BUSINESS

# Natural fitness, longevity, living well and fostering a sense of community is at the heart of Orthdx Natural Fitness

By Lauri Lee  
Northside News

Madisonians are generally known as fitness enthusiasts who seek the right gym or fitness regimen to match their personal workout goal. Iron Pagoda/ORTHDX Natural Fitness, which is celebrating 10 years in business, has become the go-to destination for individuals seeking unparalleled training programs to help them live life to the fullest.

ORTHDX is not just another gym that caters to specific niches like cross-fit. The owners, David and Sarah Welther, created this unique fitness center with the vision of providing a place to train, regardless of age or level of fitness. Natural fitness is at the heart of ORTHDX, focusing on longevity, living well and fostering a sense of community. It's about embracing fitness as a way to lead a good life, rather than superficial reasons.

What sets ORTHDX apart is its commitment to catering to all age groups. It is a truly multigenerational gym that serves the entire age spectrum. From young kids to active seniors, everyone is welcome at ORTHDX. The gym provides a safe and inclusive environment for retirees in their sunset years who want to stay fit, professionals working from home, and life-long fitness enthusiasts looking to regain their fitness levels after the challenges of the COVID-19 lockdowns.

At ORTHDX, training is transformed into an adventure that goes beyond a simple workout. This fitness center invites individuals to train with purpose and explore endless

possibilities in movement. Whether you're a ninja, warrior, or an everyday person who is just starting out or an active sunset senior, ORTHDX offers a fitness experience like no other. ORTHDX Natural Fitness has become a destination gym, attracting people from all over to work out at this exceptional facility.

One key element that sets ORTHDX apart is its team of expert coaches. With their guidance, members can tap into their full potential and achieve remarkable results. Starting with tailored classes, every aspect of the ORTHDX experience is designed to make you stronger, adaptable and resilient. ORTHDX is hosting a week-long open house Sept. 11-16 so people of all ages can try out their classes, join open gym sessions, or participate in workshops. ORTHDX offers a wide range of classes, including their renowned Forge class, which focuses on strength and conditioning. Additionally, they have introduced the Blast Off program, a two-week unlimited access package that includes classes, open gym sessions, and personal training sessions for only \$300. This comprehensive program allows individuals to set up their training regimen and discover what works best for them in order to set them up for success on their fitness journey.

With classes offered as early as 6 am and up until 8 pm, ORTHDX ensures that there is a schedule that accommodates everyone's needs. They offer different levels of classes, including beginner and introductory options. For those seeking more personalized attention, ORTHDX also provides



Image provided by ORTHDX Natural Fitness

ORTHDX has training options for everyone

personal training packages. From fitness training, yoga, tai chi, combat arts and obstacle course training, ORTHDX Fitness provides access to classes, expert coaches and a supportive community. Everyone from beginners to elite athletes find benefit from working with a coach. ORTHDX offers something for all ages and stages of fitness. The gym is also the training grounds for ninja warrior, parkour, natural fitness and origin arts.

Ninja X is 5-week training sessions for ninjas ages 6-14 years old. Sessions are held from September through May. ORTHDX is the only gym in Madison to offer professional instruction on ninja warrior and obstacle course training for kids.

Looking ahead, ORTHDX will be hosting a Couch to 5K training program starting Aug. 5, which culminates in the Sept. 24 Run Wild 2023 Henry Vilas Zoo race.

For those looking to engage their kids, Orthdx has Ninja Warrior Summer Camps in August, providing an exciting and challenging experience for young ninjas.

Whether you're looking for group training, personal training, ninja warrior and parkour programs, or the chance to join the ORTHDX Ninja Team, this exceptional fitness center has it all. ORTHDX is the only the gym in Madison to host ninja warrior and obstacle course competitions. Tryouts are held twice a year for youth and adults to join the ORTHDX ninja team to train, compete and advance in sports and ninja training.

ORTHDX can be found at 2903 N. Sherman Ave. at the Northside TownCenter in Madison. For more information, interested individuals can visit orthdx.com or contact them at 608-709-1314 or train@orthdx.com.

# September is Eat Local Month at willy street co-op

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**BUSINESS**

# Joe Beck: A look at a Northside multipreneur in action

By Lauri Lee  
Northside News

When an entrepreneur successfully operates three separate businesses with three distinct income streams, it makes you wonder how it can be done. It's not like there's a formula on the internet. I've always thought the best word to describe such an individual was serial entrepreneur. But I googled it and discovered the synonyms include speculator, tycoon, magnate, mogul, hustler, and wheeler and dealer, words that most small local business owners wouldn't like. I continued the word search and landed on multipreneur, defined as an entrepreneur who has multiple businesses or business projects going at once. Now this word I liked. A multipreneur seems to have a curious nature, enjoys being busy with a variety of things, finds ways to use their varied talents and/or interests, seizes a way to monetize an opportunity when it presents itself and seeks ways to include fun and enjoyment into one or more parts of their career. Not everyone can do this because not all business owners possess this skillset. When I met Joe Beck at the We're Here Festival in June he was twisting balloons for the enjoyment of children. He is owner and chief twister at Twist N Shout Balloons. I soon learned this was his fun job and that he had multiple layers of expertise lurking in his background.

Joe shared how this income stream got started. As the father of five between the ages of 9 and 22, he started making balloons for them about 20 years ago to entertain them. He did this for a few years and then pursued one of his more serious career paths. About nine years ago, he registered his balloon making gig on a small business website and it just kind of spiraled from there. Soon he was doing the business part-time on evenings and weekends at birthday parties, corporate events, neighborhood gatherings, community picnics and nonprofit events. "I'm self-taught and learned from books. As my skills improved, I increased my price. The neat part is that now this is a family activity and I get to spend time with my teens. I'm helping my daughter set up her own bookings and she's having fun learning to be an entrepreneur. "On July 4 we did three events (Nakoma neighborhood and festivals in Monona and Wisconsin Dells which was 7.5 hours of twisting," said Joe. "The three of us, Miriam (my 17 year old), Aaron (my 14 year old) and me twisted over 2000 balloons that day. Their involvement allows us to do larger events or to have more than one twister so we can spend more time with each one and have fun by asking them goofy and fun questions. We love

joking around with them as they watch us make their favorite shape. The most unique shape in our repertoire is a princess balloon. We can vary the colors of the skirt and hair so it resembles Ariel the mermaid or Anna from Frozen. The bottom line is it beats real work." Contact Beck at 608-320-9143, twistnshoutmadison.webbly.com or josephbeck@gmail.com.

Beck actually has his PhD in cellular and molecular pathology from UW Madison so he's trained as a biologist. In his Protein Mods (proteinmods.com) business, he is a manufacturer. Sometimes Beck purchases the proteins in bulk, but other times he grows bacteria culture in flasks and then purifies protein from it. He then modifies the proteins (hence the name "Protein Mods) with colors and other functionalities to resell in small quantities to bio-researchers. Generally, universities and biotech companies purchase the protein products for research and development.

Beck's third income stream is Black Star Assets (blackstarassets.com) that he owns with a partner. Their decades of experience with online retail and distribution channels puts them a cut above traditional asset liquidation services and remarketing firms. The resale value of any product is maximized by identifying the correct marketplace to ensure the best prospects of turnover – whether the end user be down the street or across the ocean. They are product research specialists working to provide the absolute best return for their clients.

Collectibles, commercial surplus, and equipment inventory is stored in a 20,000 square foot warehouse until it is listed for sale and eventually gets matched with a buyer. Blackstar Assets has worked with nonprofits to sell donations or unneeded items resulting in hundreds of thousands raised for their organization.

The business also has an environmental stewardship aspect. They collect broken, unneeded, or obsolete IT equipment, kitchen equipment from closed restaurants, or manufacturing equipment from businesses to keep the poundage out of landfills. They find the hidden value in good equipment and sell it to another business or put it on the Black Star Asset website for sale. Generally, they take these items on consignment and the seller can get a percentage. The most unusual items they've sold has been an antique prosthetic leg and a cemetery plot. "If it is in the warehouse, we'll sell it," said Beck. The money earned from sales can benefit the donor, or can be donated to a nonprofit after the commission.



- Funeral home** – Ryans Funeral Home
- Credit Unions** – Summit, Heartland
- Bank** – Associated
- Health Food** – Willy Street Co-op
- Grocery Store** – Willy Street Co-op
- Law Enforcement** – Kelly Donahue
- Fire Fighter** – Kris Loy, Maple Bluff
- Chef** – Chris Tuttle, The River
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- Hair stylist** – Steve Nelson ,
- Hair salon** – DuWayne's Salon

- Nail Salon** – DuWayne's Salon
- Customer Service** – The River
- Charitable Organization** – The River
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- Supper Club** – The Esquire
- Brewery** – Karben4
- Dessert** – Chocolate shoppe
- Burgers and cheese curds** – Culvers
- BBQ** – Beef Butter BBQ, Smokey Jons

# Jason R. Van Pelt is new children's author of Sea Monsters

By Lauri Lee  
Northside News

Jason R. Van Pelt began writing poetry to submit to the Northside News a few years ago. He grew up on the Northside and attended Gompers, Blackhawk and East High School and loves the Northside community. The poems submitted for our publication have focused around the stories and businesses he read about in the Northside News. Recently, he added art submissions to his repertoire and his newest endeavor has been to become a published children's book author. Ultimately, his goal is to become Madison's Poet Laureate and his process is to first be published in the newspaper and then publish a book. In college, his recreation management program enlightened him that poetry was part of recreation because it was an intellectual form of recreation. This pearl of knowledge was significant to him since he works as a lifeguard at the YMCA. He also loves writing for children because he's an uncle to a preschooler and grade schooler.

Van Pelt's journey as a poet began as a hobby and the jump to author started by taking poems he had written with a storyline for children that could be

turned into books. Because he's concerned about the achievement gap in schools, his poetry uses big words that can help children to expand their vocabulary and word knowledge as their parents and family reads to them. The books are fun for kids as early as preschool since the illustrations are humorous and family friendly and each page has a visual and context for the story.

Van Pelt found an online publisher, New Book Authors, in early 2020. They embolden the author and get them published and out there.

The Sea Monsters book has morals about water safety and have brightly colored artwork portraying that the cartoonish book doesn't contain actual monsters. The point he makes in the grand finale is that the people who are in life jackets may seem different than normal life, but it doesn't mean they are monsters, just because look different.

The Sea Monster book can be found at many online bookstore retailers.

At present, Van Pelt is pursuing his goal to be a poet laureate for Madison. He's self nominated in recent years and he hopes someone in the community will nominate him for this honor in 2024.

Good luck to Jason as he continues his journey as an author.

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7-8 PM SHOP WITH LOCAL VENDORS  
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PURCHASE TICKETS AT HAYESPLACE.NET

**JULY 30** 12-4 PM POP-UP SHOPS WITH LOCAL VENDORS

**JULY 29TH**

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**\$30 TICKETS**

SUMMER JUST STARTED AND WE GOT THE VIBES



## COMMUNITY

# Family Fun Nights offer something for everyone of any age

By Anita Weier  
Northside News

What is a family to do to entertain the kids and their adults on a Friday night?

Once a month, the answer is, go to the Warner Park Community Recreation Center for Family Fun Night. Numerous families did that on a recent summer night.

For a \$5 registration fee, they could: bounce in a Bouncy House, play Bingo, create art, play basketball or ping pong, jump rope or watch a movie. They could also eat huge sandwiches. But most enjoyable was a chance to see friends or make new friends, while spending time with Mom or Pop or other older acquaintances.

Jessica Jakab-Mathys and her son Kaleb, who goes to Lindbergh Elementary School, enjoyed creating

art. Kaleb traced his hand and then cut the handprint out to decorate. They had brought Mari and Julieta, relatives visiting from Minneapolis, with them.

A Bingo playing room contained a surprising number of children with their adults. Also enjoying Bingo were Northsiders Ariana Dayne and her daughter Sarai. Yes, that is a familiar name: Sarai's grandfather is Ron Dayne, the former great Badger football player.

"It is a good place to practice numbers," said Ellen Yelk, who lives in Cross Plains and brought her grandson, 7-year-old Marrok, to the event. But his favorite activity, like several other boys his age, was the Bouncy House.

Some people attending were first-time visitors, while others were regulars. Several were looking forward to Fun Nights on Aug. 11, Sept. 8 or Oct. 27 (a special Halloween event).



Jessica and Kaleb Jakab-Mathys create art with Mari and Julieta Jakab at Warner Park Community Recreation Center

Photo by Anita Weier

## North Star Awards

Continued from page 1

years of North Star Award ceremonies. Hundreds of Northside individuals and groups have had their often quiet and unassuming good deeds acknowledged and applauded over these past 20 years, and we will do so again Friday, Oct. 13 this year at the Warner Park Community Recreation Center. Please save the date. On the back page of the Northside News there is a North Star Awards full page advertisement which includes information about how to sponsor the event, nominate award winners and attend. Please do so. The more engagement and investment we have together, the more culture is shaped and shared and the greater the impact of our collective contributions. Each of you reading this either is someone or knows someone who is taking action that is benefiting the Northside community

in some way. Here is a chance to shine a little light on these efforts and hopefully encourage all of us to not grow weary in doing good, as well as inspire us to realize that we each can have an impact by the choices and actions we take with our time, talent and resources.

If you have never been to a North Star Awards celebration and are new to the Northside, please plan to attend. If you have lived your whole life on the Northside and have been to every North Star Awards, please attend. If you are tired, skeptical, cynical or discouraged, please attend. If you are full of vision, passion and energy for change, please attend. You get the idea. It won't be the same without you.

There will be an open cash bar with local musician Isaiah Oby for the initial hour (5-6 pm) followed by the formal program from 6-7:30 pm. Thanks to Warner Park for hosting once again.

## EOTO

Continued from page 1

her realization, "I had things to do and a voice to use." She sure does. Tara has created nonprofit and for-profit ventures with many programs and dimensions currently under the umbrella name of EOTO (Each One Teach One) and Culturally Rooted. EOTO and Culturally Rooted rent space on the Northside at 2317 International Lane, which she calls a peer center for activities. These include small programs, entrepreneur resource space, workshops, trainings, mentorship, and increasingly direct service peer support. Tara expresses gratitude for many great community partners who have collaborated on making space available for efforts she leads such as the UJAMAA Business Network, BYAYA! (Black Youth & Young Adults), Lived Experience Empowerment Council, Mentoring the Mentor, and Peer, Parent Peer, and Youth Peer Support trainings, curriculum development and certifications. Additionally, EOTO has been approved as CCS (Comprehensive Community Services) network provider in Dane County.

Tara speaks highly of many mentors and advisors she has met and maintained along the way. Her passion for mentorship and training is evident in the way it seems everything she touches has a replication and multiplication aspect to it. As Tara's work and the people and programs she pours into expands in scope and depth here in Madison and Dane County, Tara envisions state-wide and national traction for the model, curriculums and trainings she is shaping. And this isn't just future tense. Already she has some invitations and opportunities at both the statewide and national level. While it's tempting to rattle off even more names of programs, partnerships and events Tara is connected with — okay just a few more; "For 'Da Culture" local music fest, "Talk About It" WORT radio show, Youth Peer Support Summit in September, Man to Man Black Male Wellness Programs, Mentoring the Mentor support and training programs — I will instead invite you to do your own research and deep dive into the ecosystem and intersections Tara co-creates and connects with. However, I want to focus on some of her own values and roots that all these 'fruits' come out of. When asked more about her mission and vision, Tara spoke of her personal need as a mother and family member as well as someone who



was adopted. "My lived experience automatically translated into helping those next to me. Not just as a charitable act. As self-preservation. If I make myself successful and my neighbors are still struggling, it's not okay, we are still suffering." Then as she got connected and pulled into the system more she started to critically think and design new ideas and initiatives and programs which is all part of the work she is doing now. She loves people and talks to people all the time, even as people have always been drawn to her and opened their lives and story to her, even strangers on the bus. EOTO Culturally Rooted is all about a holistic approach to individual and community recovery and wellness.

Tara said the forefront of her work and focus is the Black American experience. Her goal is to engage individuals who are most impacted by disparities in access to resources and opportunities in collaborative and mutual recovery work and healing together from generations of trauma and oppression. Tara reflected about the vital importance of indigenous communities reconnecting to original cultures as part of health and healing. Tara loves engaging with parts of the community who aren't engaged or invited 'to the table' but have lived experience. Our conversation touched on other deep subjects including spirituality, white supremacy, and money mindsets to name a few. She also unpacked some of a comprehensive empowerment framework she is developing, but that will come forth in due time as Tara keeps initiating and influencing for good. For now, having glimpsed into the world of Tara Wilhelmi, I invite every reader to look for ways to learn from, connect with and help partner in resourcing the transformational community work she is bringing to fruition, including right here on the Northside of Madison.



ORTHDX  
NATURAL FITNESS  
MADISON, WISCONSIN

### 10 years Anniversary Open House Event Sept. 16 Free Classes Sept. 11-15

To celebrate 10 years, ORTHDX is featuring free classes all week and an anniversary open house Sept. 15 with prize drawings, exhibitions, pop up and more. RSVP for classes at orthdx.com during Open House week.

### Ninja Warrior Classes For Youth Now Enrolling

ORTHDX is the training ground for American Ninja Warriors and excited to be part of leading and elevating the sport of Ninja.

Open to kids ages 6-14 years old, Ninja X sessions run from Sept-May. Ninjas will get strong while having fun gaining confidence in conquering obstacles.

Enroll today: [www.orthdx.com/ninjax](http://www.orthdx.com/ninjax)

### Blast Off Intro Package

Experience the best of what ORTHDX has to offer with this incredible package that includes three personalized training sessions and two weeks of unlimited group classes. With a personalized approach to your training and experts on your side, you will experience exponential progress

But that's not all! Our Blast Off Intro Package gives you access to our vibrant group classes for two weeks. Join our energetic community as you immerse yourself in a variety of exhilarating workouts, from strength training, yoga, tai chi, obstacle course training and combat arts. There's endless adventures waiting for you at ORTHDX.

[orthdx.com](http://orthdx.com)  
608-709-1314  
[train@orthdx.com](mailto:train@orthdx.com)  
2903 N. Sherman Ave.



COMMUNITY

Meet a Northside Nonprofit Leader Rhonda Adams



Rhonda Adams

By Therese Kattner  
Northside News

A reward of working at The River Food Pantry on Madison's Northside is being able to help the community daily, according to Rhonda Adams, the pantry's executive director.

Adams has worked with the pantry for the last decade. She came in as pantry operations manager in 2013. Four years later, she was named vice president and director of advancement. In 2020, she was named interim executive director and then executive director.

Before working with the pantry, Adams was a division sales manager with Avon Products Inc.

"In my previous sales job, it was hard to find time to give back," she said. "Every day at The River I get to work beside our staff and volunteers to serve our wonderful neighbors. I feel that I get more than I give. No matter how hard the day is, I always go home filled with gratitude."

The transition from working in the for-profit sector to working in the non profit sector was instructive, Adams said.

"When I switched from the for-profit sector ... one of the biggest challenges I faced was learning all about what makes nonprofits and food pantries unique," she said. "I had never seen such an extensive food pantry operation before. I also quickly realized that the impact of food insecurity on our community was much

greater than I thought."

Adams' status as a veteran helps her connect with other veterans at the pantry. She served in the US Army and US Army Reserves for 21 years, retiring as a master sergeant.

"While I am concerned for everyone dealing with food insecurity, I have a special place in my heart for veterans in need," she said. "As a veteran myself, I'm always looking for ways to nourish food-insecure veterans and their families."

According to a 2021 US Department of Agriculture report, about 11% of working-age veterans lived in food-insecure households, with more than 5% living in households with very low food security, with "normal eating patterns disrupted due to limited resources."

In November 2021, The River raised \$48,000 to provide food and meals for local veteran service organizations, Adams said.

The pantry has also partnered on Veteran's Day with Lasagna Love to provide free lasagnas to Dane County veterans. Founded at the start of the COVID-19 pandemic, Lasagna Love's mission is to not only help relieve food insecurity but to spread kindness through delivery of meals home-cooked by volunteers.

Adams is also an organizer of Vets Connect and a member of the Rotary Club of Madison's Veterans Fellowship.

"I love connecting local veterans with one another to provide fellowship and support, which many times is done best through food," she said.

Building such personal relationships is the most rewarding aspect of the work, she said. "Whether it's a client, staff member, volunteer, donor, or partner, I am so grateful to hear people's stories and be a part of their lives as much as they'll allow me to."

Adams' service to the community extends beyond her work at the pantry. She is a member of 100+ Women Who Care-Madison, a philanthropic organization whose members have donated more than \$590,000 to Dane County charities since 2014.

When she's not working, she loves spending time with her family, which includes her husband and two adult sons. She also enjoys flower gardening, traveling, walking, and reading.

Photo by Anita Weier



The Sassy Steppers perform at a NewBridge summer concert.

Sips & Slices: Pizza Party Taste-off for The River Food Pantry

By Becca Carpenter  
The River Food Pantry

Calling all pizza lovers! You are invited to Sips & Slices: A Pizza Party Taste-off for The River Food Pantry Sunday, Oct. 1, 3-6 pm, at Garver Feed Mill, 3241 Garver Green in Madison.

Held on the first day of National Pizza Month, this competition will feature teams of local chefs and celebrities as they battle to see who can design the tastiest, most creative pizza pie.

The event sponsor, Ian's Pizza, will construct and bake all the pizzas in their kitchen onsite. Attendees will sample slices and vote for their favorites. The winning pizza will be added to Ian's menu for a month.

In addition to pizza, participating chefs are invited to bring a side dish for attendees to enjoy. Vintage Brewing

Co. will also provide samples of a special River Brew.

All proceeds from this inaugural fundraising event will go toward providing healthy food for the growing number of food-insecure families who utilize The River Food Pantry's services.

"It's been so long since we've been able to come together with our community for an in-person fundraiser," said Rhonda Adams, executive director at The River. "Please join us for a fun afternoon filled with sips and slices, a wine pull and raffles, all while supporting Dane County's busiest food pantry."

Tickets are \$50 each and include pizza samples, one drink and three voting tickets. To purchase tickets, become a sponsor, and learn more about the event, visit riverfoodpantry.org/sips-slices.

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## COMMUNITY

# Hartmeyer redevelopment 'Huxley Yards' receives TIF approval, continues to move forward through due process

By Justin Markofski  
Northside Planning Council

There was strong resident turnout for the July 10 public meeting co-sponsored by District 12 Alder Amani Latimer Burris and the Sherman Neighborhood Association (SNA) with support from the Northside Planning Council (NPC).

More than 60 people were in the room to hear the most recent updates on the proposed redevelopment of the Roth Street Hartmeyer site, referred to as Huxley Yards. This meeting was a first chance for recently elected Alder Amani to convene district residents and interested Northsiders in cooperation with SNA and NPC to hear current project progress and to ask questions and express concerns and/or support for the pending new development.

There have been many community and city meetings and approvals over the past two years related to this project and readers can go to northside-news.org for to read past articles with more project details.

At the July 10 community meeting, short project presentations were given by the developer, Lincoln Avenue Capitol, as well as from three key city staff from City of Madison planning, engineering and economic development divisions.

A full hour was purposefully built in for a robust question and answer period where more than half of the community members present asked questions and named the issues or concerns important to them. Topics of



Photo by Justin Markofski

Over 60 people attended the July 10, Hartmeyer redevelopment public meeting.

particular interest included the final materials management plan submitted July 7 to the DNR's Bureau for Remediation and Redevelopment related to the site's environmental history and testing as a brownfield redevelopment site. The full 107-page plan with appendices can be accessed here (it is the first link. Other past environmental reports related to this site are found here as well. See apps.dnr.wi.gov/botw/GetActivityDetail.do?detailSeqNo=580328.

Another point of specific interest was the City of Madison's proposed plan to use \$6,250,000 of TIF Financing to support the development of the 553 units of affordable housing as part of the creation of a new Tax Incremental District (TID 54 – Pennsylvania Avenue). This \$6,250,000

represents the developments 'gap financing needed' to enable the affordability numbers to be met. The project is considered workforce housing and will be rented to residents at 60% average monthly income. The total project budget for this development is over \$180,000,000.

The very next night, July 11, the Madison Common Council (MCC) unanimously voted to approve creation of TID 54 and use of TIF funds to support this affordable housing development as agenda items 83 and 84. The MCC spent one hour for questions and discussion before the vote of approval occurred just prior to midnight. Fellow Alders Sabrina Madison (District 17) and Jael Currie (District 16) were also in attendance at the community meeting and joined the unanimous approval

of the TIF financing and TID creation. Through the dialogue that occurred it was restated that each approval that has been granted thus far continues to be contingent on all the remaining regulatory steps being satisfactorily fulfilled including the DNR's final approval of the submitted Materials Management Plan. All remaining conditions must be met by each regulatory and oversight agency for this development.

City hydrogeologist Brynn Bemis pointed out that the City of Madison has many successful examples of similar brownfield redevelopments on post-industrial, contaminated sites. She provided many examples of housing developments and city parks on brownfields with worse conditions, including Royster Corners, Union Corners, the Garver Feed Mill, Demetral Park and McPike Park, to name a few. Nevertheless, a few concerned community members in the room remained emphatic that all due diligence must be observed step by step in considering placing human habitation on any potentially harmful site. Alder Amani concluded the night thanking everyone for their passion, presence and active engagement in this process.

The projected timeline is for construction to begin in fall 2023 with completion and move-ins occurring in the fall 2025.

Thanks to Door Creek Church North in the Northgate Shopping Center who made their space freely available for this community meeting at the request of the Sherman Neighborhood Association.

## Learn to square dance with the Westport Squares

By Mary Albrecht  
Westport Squares

Square dancing is friendship set to music with some exercise tossed in for good measure. If you can walk, you can learn to square dance. You will make new friends, have fun, and forget your troubles. Modern Western Square Dancing may be just the activity you have been missing.

Westport Squares is a square dance club that has been around for 68 years. We begin our square dance lessons every September, and our open houses will be Sundays, Sept. 10 and Sept. 17, 6:30–8:30 pm. The first two lessons are

free. We usually meet on the Northside, but we are holding our open house/square dance lessons at the Middleton-Ionic Masonic Lodge, 2030 Middleton St., Middleton.

Our instructor is a Square Dance caller, and he is fantastic. His patience and teaching skills are top-notch. Each week he plays music and calls out instructions for the dancers to follow, reviewing square dance moves we learned the previous weeks. Our square dance lessons are open to most everyone: couples, singles and families. Children must be 10 years or older with a genuine interest in learning to square dance.

By the time lessons are over, and

with some time and practice, you will be able to dance anywhere in the world. Whether it's a dance, workshop or class, square dancing provides excellent mental and physical exercise, and will add years of fun to your life.

Many folks have commented how square dancing has opened a whole new life for them: new acquaintances, exercise and enjoyment. You might even connect with people who have similar hobbies, like camping, crafting, fishing and more.

We hope you will join us Sept. 10 and Sept. 17 at 6:30 pm. For more information, contact Virginia at 608-535-9461 or visit our website westportsquares.com.



Photo by Justin Markofski

FEED Kitchens co-hosted the We're Here Festival held June 3 in the FEED Kitchens parking lot at the Northgate Shopping Center located at Aberg and North Sherman Ave. The one-day event was organized by Precious G of PDice Entertainment as part of a City of Madison Business District Revitalization program.



Photo by Anita Weier

The first Newbridge concert of the summer at Warner Park was surprisingly cold, but many people still came to hear a Latin Jazz band and see their friends. Harold Hollingsworth of Rockford and friends came prepared with a blanket. Also pictured are Ann Coogan, an Eastside resident; Maggie Woicsek, who lives about a mile away, and Northsider Patty Wahl.




## Sips & Slices

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## COMMUNITY

## Chet Hermansen: farm boy to businessman

By Virginia Scholtz  
Northside News

From northern Wisconsin farm boy to north Madison businessman, Chet Hermansen has come a long way and plans to go even farther. Hermansen is the founder of Chet's Car Care on Aberg Avenue. His son Eric now owns the business, but that doesn't mean this octogenarian is spending time rocking on the front porch. He has lots of memories of the good in life and an action plan for a better future.

Hermansen was a farm kid who grew up knowing the necessity of hard work and the value of a dollar. He helped with crops, cows and tractor repairs at an age when many kids today are practicing video gaming skills. He believes a loving family and the challenge of learning to work with his hands have been a real benefit to thriving into the 21st century.



Photo provided by Joe Tomas

Chet Hermansen (left) with area resident and medical equipment donor Joe Tomas.

And he appreciates a good laugh. Hermansen recalled a time when he and his father pitched horseshoes to

see who would have to clean up after Saturday milking. Saturday was a day for a picnic, a dance or a date, so cleaning milking machines made the day too long and tiresome for a spirited teen. Usually, Hermansen ended up cleaning, but on one occasion he won the contest, and his father was stuck with the job. Always ready for a joke, his dad showed up for the occasion in housedress, heels, apron, and a kerchief tied around his head. The family whooped with laughter as the man of the house went about the odious chore; one of Hermansen's favorite stories to this day.

In 1961 he started at UW-Eau Claire, where the classes were easy, and his future wife was ready to meet him. The following years found them starting a family and earning a living. Hermansen earned his income through hard work and manual skills. During the war in Viet Nam, his number never came up for the draft, but he has several friends who bear the physical and psychological burdens of that experience. He was a close friend of veteran Greg Raemisch, and because he hung around Raemisch so much, is an honorary member of the Viet Nam Veterans Motorcycle Club.

His experience as a tractor mechanic and a service station attendant — remember when those fellows put gas in your car, checked the oil and washed the windows, too — led him to become manager and, in 1968, the owner of a Standard Oil filling station on Packers Avenue. In 1984 he opened Chet's Car Care Center in that area. The business relocated to 2020 Aberg Avenue a few years later.

Hermansen's action plan now and into the future involves the Hackett Hemwall Patterson Foundation (HHPF), where he serves on the board. The foundation supports "treatment of chronic pain using prolotherapy," a regenerative medicine technique. They sponsor service-learning trips to treat joint disease, venous disease, leg ulcers, and ear, nose and throat diseases.

Much of their work involves Central American farm laborers. Hermansen helps during annual trips to Honduras. He collects medical equipment year-round. Many area neighbors contribute to the effort by donating partially used boxes of clean, unopened medical supplies such as gauze, insulin syringes, etc. and clean, reusable durable medical equipment such as crutches and wheelchairs.

Commenting on his life on the Northside, Hermansen said he doesn't

feel unsafe, although he does witness some unsafe driving from time to time. He applauds the police staff at the North District station because "they care" about the neighborhood. His message to teens and young adults is, "Don't be afraid to work with your hands." His hope for us all is that we will be active and informed citizens of our community.

If you have leftover medical supplies or equipment, please don't toss them in the dumpster. Take them to Chet's Car Care, and they will be sure they are put to good use.

### About The Hackett Hemwall Patterson Foundation

The Hackett Hemwall Patterson Foundation (HHPF) was formed to implement the work of international humanitarian medicine. Their former medical director, Dr. Jeff Patterson, DO, was an innovator in the field of prolotherapy. He was a family physician who studied and then taught family medicine at the University of Wisconsin for over 35 years until his death in 2014.

Prolotherapy treatments are delivered by giving injections of a glucose solution to individuals affected by chronic joint pain and arthritis or to those suffering from severe varicose veins. While glucose at the site of inflammation can be beneficial, it should not be confused with the blood glucose health care providers monitor to detect diabetes. Uncontrolled blood sugar levels make it hard for the body to heal.

HHPF sponsors service/learning trips to Honduras, where professionals treat chronic pain and venous disease. Madison area residents contribute by donating medical equipment and supplies to the effort.

HHPF is on Facebook as Hackett Hemwall Patterson Foundation. The website is [hhpfoundation.org/education](http://hhpfoundation.org/education). Read more about prolotherapy and the role played by the University of Wisconsin at [fammed.wisc.edu/prolotherapy](http://fammed.wisc.edu/prolotherapy).

If you have leftover medical supplies or equipment, don't toss them in the dumpster. Take them to Chet's Car Care, and they will be sure they are put to good use.

## Ascendium working behind the scenes with Ready for Pell initiative

By Ascendium Education Group

A recently enacted law is about to greatly impact who has access to postsecondary education in prison. The FAFSA Simplification Act (the Act), signed into law in December 2020, lifted a 26-year ban on Pell Grants for incarcerated learners.

Pell Grants are typically awarded to undergraduate students who display exceptional financial need so long as they have not earned a bachelor's, graduate or professional degree. Under the ban, the number of postsecondary education in-prison programs shrank dramatically. The Act, which officially went into effect July 1, will make it possible once again for thousands of incarcerated people to pursue postsecondary education.

On the local level, organizations such as JustDane, EXPO and Odyssey Beyond Bars provide services that empower formerly and currently incarcerated learners to overcome obstacles, find their voices, and reframe their futures. Through innovative programs, these organizations play a pivotal role in reducing recidivism and helping restore formerly incarcerated people to full participation in their communities.

It's also important, however, that we tackle these issues nationally at a systems level. That's why Ascendium has been working behind the scenes to help institutions prepare for this watershed moment.

One way we do this is through our Ready for Pell initiative. The two-year effort is intended to help administrators and financial aid staff ensure eligible students can access and maximize the use of Pell funds as they pursue postsecondary education in prison and beyond.

Last year, our intermediary grant partner Jobs for the Future selected two state systems and 19 colleges in 15 states, including Moraine Park Technical College in Fond du Lac, to receive grants of up to \$125,000 for this purpose. In addition to funding, these participants are receiving technical assistance to strengthen postsecondary education in prison programs and build capacity to maximize the full reinstatement of Pell Grants for eligible students.

Student success should be at the heart of postsecondary education, and with the restoration of Pell Grants for incarcerated learners, we have the chance to center the success of those learners in a groundbreaking way. This is the moment to take what we've learned about the ways students strive, struggle and ultimately capitalize on their education and apply it to what has historically been a small, niche population of students. It's a monumental time for postsecondary education in prison, and we look forward to doing our part.

Learn more about Ascendium's philanthropy at [ascendiumphilanthropy.org](http://ascendiumphilanthropy.org).



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COMMUNITY



From left to right: Chi Truong, Susanne Simmons, Sarah Jacobsen, Thanh Truong, Kia Xiong in the community garden

Photo by Regina McConnell

## Summer fun at East Madison Community Center

By Regina McConnell  
East Madison Community Center

The school year ended on a high note at East Madison Community Center (EMCC) with a festive community barbecue. Families enjoyed grilled food, a bounce house, face painting, DJ and balloon twisting.

In summer camp, the children are having more adventures, such as swimming at the Goodman Pool, a trip to Troy Gardens, learning new games, arts and crafts, and outings to Little Amerricka and Wisconsin Dells.

EMCC isn't just for children. There are activities for all ages this summer: pontoon boat rides through MSCR, movie and bingo nights, sewing classes, table tennis, hair braiding, a community garden, a live music experience at Warner Park, teen nights and more. Go

to eastmadisoncc.org or Facebook for schedules and program information.

EMCC's HOPES Health and Wellness Program offers resources and experiences to improve wellness and self-sufficiency. Recently, adult participants took a guided tour of Hy-Vee with Corporate Dietician Aryn Degrave. Participants learned some tricks to shop economically with a healthful focus.

In addition, EMCC hosted educational evenings that included the Intervene Against COVID-19 Coalition, Community Health Worker Mya Whitson, and Social Change Practitioner Abha Thakkar. Guests learned about healthy heart awareness and diabetes and healthy food access. Each event included preventive health education, a community meal and a gift card. Stay tuned for future educational opportunities and HOPES programs at EMCC.



Photo by Regina McConnell

Left to right: Emina Kuvter and Barb Wink at sewing class



Photo by Regina McConnell

Kiki Jackson and Ari Jackson show off their facepainting

## Lakeview Lutheran Church hosts Neighborhood Blessing of the Backpacks & Rally Day

By Amy Luebke  
Lakeview Lutheran Church

Lakeview Lutheran Church, 4001 Mandrake Rd., invites the entire neighborhood to their Neighborhood Blessing of the Backpacks & Rally Day Sunday, Sept. 10, at 9am. We will have worship outside on the lawn of our historic chapel (weather permitting; otherwise it will be in the sanctuary). Bring blankets or a lawn chair to sit on. Casual dress is encouraged.

During service we will have the

"Blessing of the Backpacks" to encourage children and wish them well in their upcoming school year. Students should bring their backpack to worship if they want to participate.

A potluck picnic will follow. Lakeview will provide grilled hot dogs and brats; you just need to bring a salad or dessert to share.

Lakeview invites all of our neighbors to the Neighborhood Blessing of the Backpacks & Rally Day. We would love to meet you, worship with you, and picnic with you.



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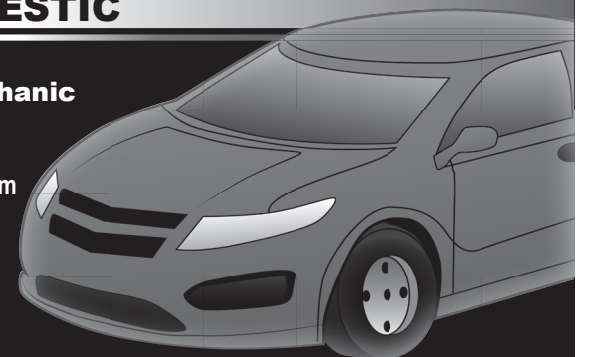
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COMMUNITY

# Willy Street Co-op offers lots of perks in September

By **Brendon Smith**  
Willy Street Co-op

### Festival Perks Pass

Once again, we'll be giving out a limited number of Festival Perks Passes to Willy Street Co-op Owners. The pass entitles the bearer to receive half-priced meals and beverages during a three-hour span at the Northside Festival at Mallards stadium Sept. 23. Owner perk passes are valid Saturday, Sept 23, from 2–5 pm. Passes will be distributed at Willy North only starting Saturday, Sept. 9, at 10 am.

We'll distribute up to 1,000 Festival Perks Passes on a first-come, first-served basis while supplies last. Learn more at [willystreet.coop/owner-festival-perks](http://willystreet.coop/owner-festival-perks).



### Back to School BOGOs for all customers

From Aug. 30–Sept. 12, we'll have about 40 buy-one-get-one-free (BOGO) items on sale for all customers (not just Co-op members), including crackers, peanut butter, instant oatmeal and more. Starting Aug. 30, you can find the list of sale items at [willystreet.coop/co-op-deals](http://willystreet.coop/co-op-deals).

### Eat Local month

September is Eat Local Month at the Co-op. It's our 13th year of using the month to highlight our wide variety of locally grown, locally raised, and locally made products. (We define "local" as the area within 150 miles of the state capitol building or anywhere in Wisconsin.) Local foods tend to be fresher than those shipped from across the country or farther away, and fresh

food has more nutrients. You are also supporting your local farmers and keeping the agricultural viability of their communities alive.

Co-op Owners will be able to save over \$50 on the sales we'll be having on local products during September. Plus, we'll give away over \$600 worth of local products, offer free samples of local products, and share stories from some of our local vendors. By Sept. 1, you'll be able to see all the details at [willystreet.coop/ELM](http://willystreet.coop/ELM).

### Installing new deli and meat cases

We plan to install new refrigerated cases in our Deli and Meat departments and new service cases in Seafood and Meat in early August. They'll not only be more energy efficient, you'll also be able to choose from more Grab & Go Deli sandwiches, salads, dips and more.

# Energy saving tips for summer

By **Madison Gas and Electric Company (MGE)**

Regardless of the season, safe and reliable electricity is an essential part of our daily lives. Utilities like MGE work to provide power to all customers 24-7, including when demand for power is at its highest — for example, on the hottest day of the year when everyone is cooling their households and businesses. Learn more about how you can reduce your energy use and stay comfortable at home during the rest of this summer.

### Top tips to save energy this summer

- Set your thermostat at 78°F or higher, if health permits, and turn off or set your air conditioner to 85°F when no one is home.
- Use shades and drapes to block out direct sunlight during the day.
- Cook outside or with a microwave oven instead of a stove.
- Use a whole house fan, room fans or ceiling fans instead of air-conditioning.
- Turn off appliances, including

computers and televisions, when not in use.

- Reduce humidity in the home by reducing sources of moisture, such as running exhaust fans after showering and cooking and using an ENERGY STAR®-rated dehumidifier.

### Your energy is coming from an increasingly greener grid

Practicing energy efficiency every day is something we all can do to help manage the grid and to reduce emissions. Another way MGE is working to reduce emissions is by adding more clean energy to serve all our customers.

Working with our customers to continue to decarbonize our energy supply and to help manage our collective energy use will help MGE achieve carbon reductions of at least 80% by 2030 and net-zero carbon emissions by 2050. We have said since introducing our carbon reduction goals, if we can go further faster by working with our customers, we will.

Visit [mge2050.com](http://mge2050.com) to learn more about our carbon reduction goals and to get more energy-saving tips.

**Coming together is a beginning, keeping together is progress; working together is success.**



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ART

# Emerson Eken Arts prepares for Art Walk Sept. 23

By Sara Hinkel  
Emerson Eken Arts

The Emerson Eken Arts Steering Committee is hard at work planning the inaugural Emerson East/Eken Park Art Walk slated for Saturday, Sept. 23, 10 am–3 pm. The organization has an active web presence and welcomes artists and supporters to visit [emersonekenarts.org](http://emersonekenarts.org) for information about the upcoming event, ways to support, and to learn how artists can participate by registering online.

The effort to organize an Art Walk was initiated by Susan Kaye, a ceramic artist, because “there are so many artists in the Emerson East and Eken Park neighborhoods, and I wanted to get to know them.” Planning an Art Walk emerged as one way to connect artists, while “giving us all a convenient, low-cost way to show and sell the things we make,” according to Kaye.

A group of neighborhood residents gathered to research similar events and created their shared vision for an inclusive event. In addition to neighborhood artists, residents of both neighborhoods are encouraged to host artists located beyond neighborhood boundaries.

Enthusiasm for the Art Walk resulted in the formation of Emerson Eken Arts, an all-volunteer organization created for the purpose of establishing the Art Walk as an annual event and maintaining on-going connections in the support of the



visual arts. “I like how it’s connecting these adjacent neighborhoods and bringing art lovers in to appreciate all of the talent that is here,” said Kaye.

Steering Committee member and freelance graphic designer Charlotte Easterling has given the effort a major boost using her prior experience helping promote events like Gallery Night, Art Fair on the Square and Chroma. “I’m excited about this opportunity to showcase the artistic talent in our neighborhoods. I’m looking forward to adding our event to the lineup of Art Walks this year,” said Easterling.

Registration for artists to participate in the Art Walk remains open until Aug. 1. Those interested in supporting the event by making a donation or volunteering their time are welcome and encouraged to provide their contact information via the website ([emersonekenarts.org](http://emersonekenarts.org)). Every dollar will directly support the costs associated with this year’s Art Walk event, as well as future events planned by Emerson Eken Arts.

Photo by Lauri Lee



Northside residents of all ages enjoy Frankie Pobar Lay performing at FEED Kitchens during Make Music Madison while playing a water bottle shaker and drum,

Photo by M.L. Wright



Steev Baker plays at Lakeview Library on Make Music Madison Day.

## Poet's Corner

### Birthland Memories

By Jolieth McIntosh

I was there walking through the banana fields:

Listening to the crunch of dried banana leaves under my feet,  
Rubbing the red soil of St Elizabeth, Jamaica, in the palms of my hands.  
“That was all good.”

I was there buying coconut from a roadside vendor:

Holding the honey dew melon-sized coconut in the palms of my hands,  
Tilting my head backwards while drinking the refreshing coconut water,  
Afterwards, eating the soft semi-sweet coconut meat with a coconut husk spoon.  
“That was all good.”

### Haiku flowers

By David Benson

Your flowers are love,  
and your petals beckon me,  
I drink sweet nectar.

### Poetry

By Nancy McLean

I don’t know where I find  
All these rhymes in my mind.  
They just come out to play,  
Some will go, some will stay.  
They all do their own thing,  
Some will dance, some will sing.  
I just wait and watch the show,  
When they stop then I will know.  
Each will find its own space  
As they fall into place.

### Thoughts on Passing for The Honorable Jimmy Carter

By Virginia Scholtz

When life’s force leaves your body  
May you be born on the breath of memory  
Lifted in song and story  
An inspiration in  
The wide web of human history

### Gathering

By Kathleen Wolf

A turtle took a questioning nibble at my toe  
which was underwater, because I was sitting  
in a muddy pond  
in a field of lotus flowers, digging for roots  
and the wind was blowing  
as dark clouds spread out across the sky, and  
rain began to fall  
Lightning raced in pink zigzags within the  
clouds  
as the rain fell harder, striking into the pond as  
tiny projectiles  
throwing duckweed upward onto my cheeks  
until I was a speckled green creature  
Lotus leaves gathered water until they nodded,  
pouring  
trickles of cold clean against the back of my  
neck  
I stopped my digging and turned my face to  
the sky,  
to gather raindrops like the leaves, and I was  
happy.

### February

By Jane Wieman

From February flows  
finer festal affairs  
young love, first love  
estranged lovers reconciled  
couples grown old still loving  
still in love  
winter’s grip warmed  
by bonfires without  
and the unquenched fires of passion  
within.

### Summerset

By Jason R. Van Pelt

Enjoy the final dog days  
Of a sweet summer haze  
In many wonderful ways  
Like putting a final glaze  
Onto your pottery piece  
As green as a pod of peas  
Or a smooth watermelon  
Tastefully aided by a lemon!

**Books for children**  
Available from an online bookstore retailer

**Sea Monsters**  
Jason R. Van Pelt

The beach is a destination full of fun in the sun. There is a ton of activities to do and see. The sea creatures are special features in the mix of excitement. There's joy for the reader and enlightenment ahoy!

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ENVIRONMENT

# Birds, climate change and contemplation of Mars



A Green Heron



A Great Blue Heron

Photo by Paul Noeldner

Photo by Friends of Starkweather Creek

**By Paul Noeldner**  
*Madison Friends of Nature*

Our Birds of the Month add blue and green to the rainbow of bird colors you see in Madison. The Great Blue Heron is a 4-foot-tall, stately blue, black and white bird with a long neck and legs. They walk slowly in shallow water looking for a tasty fish or frog to spear with their pointed beak.

In Native American symbolism, Great Blue Herons represent good luck and

wisdom. What a beautiful symbol of nature at its best. You can find Great Blue Herons in Madison standing along a lake shoreline or on the banks of the Yahara River and Starkweather Creek. Listen for their hoarse “grock” as they fly off to feed their young in their communal group nesting sites called rookeries. You may spot a Great Blue Heron rookery with a dozen or more large stick nests atop dead trees in the UW Arboretum and other natural areas.

Our local Wisconsin Green Heron is

about 2 feet tall with a shorter neck and legs. Their brownish green back and striped reddish breast are earth-tone colors that provide camouflage. This makes Green Herons a bit harder to spot than their cousins the Great Blue Herons even though they are both quite common around Madison.

Heron like to perch quietly next to water and wait for a fish to swim by. If you stand still for a while near a shoreline with overhanging tree limbs — like the Tenney Park Lagoon you may be surprised to find one right in front of you. Heron spotting is great nature recreation fun and will connect you with some of Madison’s most beautiful spots.

Backpacks with bird guides and binoculars for children and adults can be checked out free from Madison Public Libraries thanks to donations by Feminist Bird Club, Friends of Pheasant Branch and other donors. Binoculars are also available to borrow on Madison FUN Bird and Nature Adventures

listed in the Northside News Calendar of Events. Join a Pontoon Nature Outing Aug. 5 or Sept. 2 at Tenney Park and other free nature outings.

In other nature news, it looks like humans have made it to Mars. Seriously, climate change causes extreme heat and weather, and the smoke of forest fires filling the sky and dimming the sun can make Earth look like we are on Mars. We need to launch a mission to see if humans can find a way to make sure Earth remains habitable for people and for the nature and wildlife that sustain, clean and cool our world.

If you are old enough to vote, you can help by voting for people who take climate change and science seriously and support good government and the ethical public policies needed to help us cooperate fairly on solutions.

They say if birds are doing okay, then we are doing the right things. Help save birds and nature right where you live and maybe go to Mars just for the ride.

## Wetlands and prairie to be restored in Cherokee Marsh Wildlife area

**The Northside Planning Council and FEED Kitchens Presents**

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*Taste the*  
**FUTURE**  
**2023**

*Madison's Food Frontier*

**SAVE the DATE!**

**Friday, Nov. 3 ★ 5–8 pm**

**Warner Park Community Recreation Center | 1625 Northport Dr.**

Free, ticketed, event featuring 10 chefs working out of FEED Kitchens presenting two small plate offerings each. The event is an opportunity to taste the cultural diversity of food being prepared at FEED Kitchens and to meet the folks making that food.

Food system partners working with FEED Kitchens will also be tabling at the event.

For more information visit [Facebook.com/feedkitchens](https://facebook.com/feedkitchens)

★ Also featuring FEED Kitchens 10<sup>th</sup> anniversary ★








## The story of the Warner Park Community Recreation Center is intertwined with the evolution of Madison's Northside

By Therese Kattner  
*Northside News*

The Warner Park Community Recreation Center, at 1625 Northport Drive, is a 32,000-square-foot structure built in 1999. About 260,000 people use the center a year.

### THE NEED FOR A CENTER

In the late 1980s and early 1990s, Madison's Northside was gaining a reputation as a troubled area. It was experiencing increases in poverty, drug use and violent crime. To make matters more difficult, residents didn't have a unified way to respond. A few smaller neighborhood groups worked for change, but they didn't have the reach to create change across the broader Northside area.

Northside residents and city representatives started meeting in 1991, however, to put together a plan for what they'd like the Northside to be like in 10 years. A key part of the plan was to have enough recreation and meeting space to meet residents' needs.

Kennedy Heights, a Northside neighborhood, had a community center, but the space wasn't able to serve people from all Northside neighborhoods.

Planners wanted a community center serving residents not only from different neighborhoods but also from different incomes, ages, races, ethnicities and other backgrounds. The idea was to construct a center that would become, in the planners' words, a "crossroads for the community." In addition to providing needed recreational and meeting space, it would help renew a sense of community by becoming a point of pride.

The resulting WPCRC, which opened to Northside residents in 1999, would indeed become a focus of community identity. There was lots of work, however, to get there.

### THE NORTHSIDE PLANNING COUNCIL'S ROLE

A big step toward building the WPCRC came with the formation of the Northside Planning Council (NPC) in 1993.

Borrowing its structure from an earlier organization, the Northside Community Council, the NPC was created as an umbrella group for smaller neighborhood associations scattered across the Northside, with representatives from each association sitting on the council. NPC helped form or restart neighborhood associations for residents living in areas lacking them.

The NPC also created the Northside News, first published in 1995, to keep residents informed of WPCRC progress and encourage readers to donate what they could. As it turns out, those donations were vital.

### COMMUNITY FUNDRAISING

In October 1996, the residents got some great news. The Madison common council approved \$3.65 million in funding to build the WPCRC.

But they were also faced with a



The Warner Park Community Recreation Center was planned right from the start to be a crossroads for the Northside community.

huge challenge—to raise an additional \$750,000 themselves. In four years, the Northside exceeded that goal, raising \$809,000 through donations from residents, groups, and businesses.

By running ads and articles in the Northside News and holding brick sale drives, the NPC encouraged residents to purchase \$50 commemorative bricks that became a part of the WPCRC. By spring 1999, more than 800 were sold.

Clubs and organizations also held fundraisers. During the 1997 holiday season, volunteers from the North/Eastside Senior Coalition, for example, baked and sold nearly 5,000 cookies, with proceeds from their sale going to the WPCRC.

Businesses contributed as well. Owners of shops in the Northgate Shopping Center, for instance, donated a percentage of their sales proceeds on designated days.

The fundraising campaign also focused on seeking larger contributions from Madison-area corporations. By summer 1997, about \$250,000 had been pledged by more than two dozen corporate donors.

### THE QUEST FOR A POOL

The WPCRC opened in 1999 with a full slate of facilities: a gymnasium, a fitness center, and a game room as well as craft rooms, meeting rooms, and community rooms available to residents to rent for special occasions.

But people had also long hoped for a pool. In 1969 the North Side Community Council passed a resolution calling for both a community center and a pool, according to a history of the WPCRC by Circle of Friends of the Warner Park Community Recreation Center (CoF), a nonprofit group that raises funds for the center and has been key in keeping hope for a pool alive.

In late 1980s, it looked like a Northside pool was possible. A study of potential city pool sites narrowed the possibilities to Warner Park and Olin Park on Lake Monona's southwest

side. The city chose the Olin location, despite some residents' deep conviction that the parkland there remain untouched. The residents pushed back, and no pool was constructed.

In the mid 2000s, things looked brighter. The 2007 city budget included a \$5 million earmark for a Warner Park pool. Supporters would need to raise an additional \$3.75 million, but the Northside had met and exceeded daunting fundraising goals before. Then the Great Recession of 2008 hit, and the city needed to remove the pool from its budget. (The CoF continued raising funds, however, and by 2017 had raised more than \$250,000 for the project.)

Residents continue to hope for a pool. When the city began planning for a WPCRC expansion that could begin this September, an online survey completed by about 250 residents asked, "What [WPCRC] services/activities do you need that are inadequate?" About a quarter of respondents said they'd like an aquatic center or splash pad.

Given the interest, the city was clear in its instructions that any changes made to the WPCRC in the expansion should not make it impossible to add a pool in the future.

### A NEW GYM

Construction on the \$5.1 million expansion could begin this fall. It will add 12,000 square feet, mostly in the form of a second multipurpose gym.

The existing gym is heavily booked with community volleyball and basketball league practices and tournaments, fitness classes, and open gym time. WPCRC staff members have said that they turn away three to four gym rentals per day due to the time and space shortage.

Instead of having a traditional hardwood floor, the new gym will feature sports flooring, which can help reduce the risk of injury by absorbing impact. Such flooring is able to withstand stress caused by other uses, helping make the second gym a flexible space. The second gym will also enable WPCRC to hold larger weekend volleyball and basketball tournaments.

### Hey Northside: Let us remember

By Justin Markofski  
*Northside Planning Council*

This is a special year here at the Northside Planning Council (NPC). We turn 30. Hurray! We've been both looking forward and looking back while being right here in the present. This page features a mini history of the creation of the Warner Park Community Recreation Center and NPC's vital role in making it happen. We will feature and remember other milestones and accomplishments in coming issues and we invite you to reflect and contribute.

Just like in a family, there are elders who have been around long enough to accumulate lots of wisdom and stories. We want to remember, acknowledge, honor and learn from people, places and projects that have come before us and have helped shape the 'us' that is now the Northside we live in and share. Every person living on the Northside has a unique history, experience and perspective. We would love to receive stories, memories, histories and anecdotes. Whether you are a parent, student, employee, owner, service provider or resident neighbor, consider what you remember and think and feel is important and to not be lost or forgotten.

Please contact Justin at [director@northsideplanningcouncil.org](mailto:director@northsideplanningcouncil.org) to share your stories and memories from the Northside.

**Back to 2000** Speaking of remembering, the Northside News published the following after a yearlong, in-depth, community listening and engagement process: "A vision for our community." (Copied from February/March 2000 Northside News) "The Northside of Madison is a dynamic community where diverse neighborhoods and caring neighbors work together for our community's present and future. By drawing on our collective assets and skills, Northsiders help each other to pursue dreams, achieve goals, and ensure a high quality of life for all."

Different categories are described in this vision-process document. "Businesses: Northsiders and others shop and work at our attractive, locally owned-and-operated businesses. These thriving businesses reflect and enhance our community's identity and serve our diverse needs. ... Services and Facilities: Our community services, activities and facilities successfully support the educational, recreational, cultural, spiritual and physical needs and interests of all residents. ... Housing: Our community provides a wide variety of attractive, affordable and well-maintained housing for both owners and renters. ... Natural Environment: The Northside protects, conserves and enhances the natural resources and beauty of our land, lakes, wetlands, and wildlife; while supporting responsible residential, commercial and institutional uses for the benefit of all. ... Safety: We watch out for and respect each other on the Northside. We actively participate in maintaining safe and healthy neighborhoods and public spaces. ... Heritage: We celebrate our areas unique heritage, while embracing new traditions and cultures that enhance the quality of life for Northside residents.

How are we doing 23 years later? Again, we invite readers to submit comments on what you see as priorities in these (or other) categories on the Northside today.



SCHOOL & YOUTH

# Northside students will notice renovations at schools this fall

By Virginia Scholtz  
Northside News

Summer vacation is a working “vacation” for the building maintenance division of Madison Metropolitan School District. Many Northside schools are getting attention this time of year. Here are the changes students and families will see when they return to school in September.

**Sherman Middle School**

- Installation of a sound system in the gym to enhance the capability to host community events and presentations. This was made possible by a significant contribution from the American Family Insurance Adopt-A-School Program.
- Upgrade to the HVAC system as many rooms do not presently have air conditioning. As Principal Alex Thompson said, “It is hard to learn on those hot days when the room is uncomfortably warm.”

**Gompers Elementary/Black Hawk Middle Schools**

- Playground chip removal and refill/resurface around structures to address thistle overgrowth
- Replacement of a storage shed
- Stair tread replacement
- Window shade replacement
- Exterior lighting upgrades at Black Hawk
- New interior lighting at Gompers

**Lake View Elementary School**

- Stump removal around playground areas, wood/rotted wood removal around the property
- Removal of overgrowth near the parking lot entrance/exit
- Removal of four major trees to maintain safety
- Outdoor learning space safety improvements

**Lindbergh Elementary School**

- Working through a plan to fix a sinking issue in the picnic area
- Installation of emergency lights in the kitchen

**Mendota Elementary School**

- Front-of-building beautification, with new mulch, boxwoods, weigela and hydrangea bushes
- Pressure washing of the front of the building
- Adding drain tile from the building to expel into the rain garden so an ADA-compliant path can be added to access the garden
- Installation garden club gate

**Emerson Elementary School**

- Outdoor pavilion/playground
  - New stage and stage carpeting
- Thanks to Alex Thompson and Ian Folger for providing this information.



Photos by Virginia Scholtz

The new playground at Emerson Elementary School

# Music dissects the Black experience

By Jada Matson  
Madison College

Music acts as a peaceful outlet for me as a Black teenager navigating the world around me. I listen to music to relax and take needed breaks in moments of stress and overwhelming situations. The music I listen to impacts my overall mood and alters my train of thought. Those moments of negative feelings seem to diminish in a moment of lyrical poetry that fills my ears with words of wisdom. I, like most people, have favorite artists. I like to hear words from people who see the world in a similar light to me. My morals influence every aspect of my life; my opinions on subjects influence the type of literature, writing topics, and even TV shows I watch. It also influences the music I listen to.



Photo by Jada Matson

Jada Matson

Frank Ocean, an American singer, songwriter and rapper, has not released an album since 2016. At the age of 10 years old I chose to fill my ears with his lyrical perception. “When you’re happy you enjoy the music, when you’re sad you understand the lyrics,” Ocean explained during an interview when asked about the joys of music.

When I think of music I come back to this quote. I often listen to music for the meaning and underlying themes that the musician wants the audience to understand and analyze. Frank Ocean’s discography is filled with meaningful songs that dissect the Black experience and the internalized hatred that is faced due to centuries of prejudice ideologies about Black women.

Ocean released “Pyramids,” a 10-minute song, June 7, 2012. The song, being a psychedelic, soul R&B melody, begins telling the story of ancient Egyptian Queen Cleopatra. Cleopatra, being queen, was highly respected and held power over even the strongest of men. Frank Ocean pays

homage to this power and compares it to the modern-day oppression guided towards Black women. The song further details the decline from queen in Cleopatra’s homeland to a much more degrading life in another country. No longer being worshipped, Cleopatra is abused by men who only sexualize her beauty and power from what she once held. “Pyramids” brings the idea that Black women, once being queens and of high power, are now mistreated and abused in our modern-day society.

The rise and fall of the Black woman are at the hands of historians who author the books in the perspective of a White man. The ideology that our homeland described Black women as queens whereas in America we are constantly discriminated against and pushed aside speaks volumes through “Pyramids.” The lyrics propose ideas that are not taught in my everyday history classes. Even though some do not view Black people in this light, the song allows me to love and cherish my culture. The love that is not shown towards Black women in the history books is the exact love that this song by Frank Ocean intends to emphasize.





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SCHOOL AND YOUTH

# Cub Scout adventures on the Northside and beyond

By Matt Meyer  
Cub Scout Pack 127

Cub Scout Pack 127 is our own Northside adventurer's club for families with girls and boys in kindergarten through fifth grade.

We are beginning our regular school year program this fall and are welcoming new families that want to get outdoors and engage in fun, character-building activities.

Our open house for children interested in joining is Tuesday, Sept. 5, 6:30 pm, at Sherman Avenue United Methodist Church, 3705 N. Sherman Ave. We will have lots of fun activities for elementary school age students. We would love to see some new faces there.

This summer, we had several scouting adventures. We attended an overnight camp hosted by our regional council that included shooting sports, rock climbing, crafts and, of course, s'mores. We also went on a zoo safari, and attended a Mallards game after a picnic at Warner Park.

In the fall, we will go on a family campout to learn camping skills, have a fun Halloween party hosted by our friends in the local Scouts BSA troops, and enjoy entertaining and educational presentations at our monthly pack parties. Beyond that, we will plan our annual Pinewood Derby and River Regatta, and our overnight trip to a World War II submarine.

By the time you read this, you may have had a Cub Scout come to your door, or speak with you outside a local business,



Photo by Matt Meyer

Scouts enjoy Glacier slime races at summer camp

about supporting our pack through our popcorn fundraiser. This is typically our only fundraiser, and proceeds fund our outdoor adventures and important training for our leaders. When the scouts raise the funds themselves, they learn to confidently interact with adults in their community and develop a sense of ownership for their pack.

Do you know a child in kindergarten through fifth grade who is ready to join the fun? New families are welcome to join us any time. We meet most Mondays at 6:30 pm at Sherman Avenue United Methodist Church.

For more information, call or text Cubmaster Derek Kruzicki at 608-571-7161, or email [info@cubscoutpack127.com](mailto:info@cubscoutpack127.com).

# Rooted in growth: Youth employment at Troy Kids' Garden

By Bronte Adamson and Sarah Karlson  
Rooted

At Rooted we seek to invest in our youth through a variety of programs and spaces. At Troy Gardens we run the Troy Kid's Garden, home to youth programming reaching children throughout our community and the Youth Employment Program.

The Troy Kids' Garden program welcomes 700 kids annually, ranging in age from 3 to 17. The program offers experiences in gardening, cooking and exploring the natural world through a lens of art, science and culture.

Long-time programming partners include Madison Metropolitan School District and the Vera Court, Kennedy Heights, Northport, Packer, East Madison and Goodman Community Centers. Program activities are tailored to a wide range of ages, with older youth having the opportunity to demonstrate leadership and knowledge by sharing skills with younger children.

The Rooted in Urban Agriculture Youth Employment Program was created in 2018 at our southside site in response to our community's desire for more employment opportunities for BIPOC youth from underserved communities. Troy Kids' Garden became one of the sites for this program in 2022.

The Youth Employment Program creates a pathway for youth who already have a connection with our sites and staff through our youth programming to

continue to engage and grow as youth employees once they reach high school. We want youth to not only have a means of earning income, but also support them in deepening their experience in the food system areas that interest them, such as agriculture, garden-based education, culinary arts, food justice/food sovereignty and community engagement.

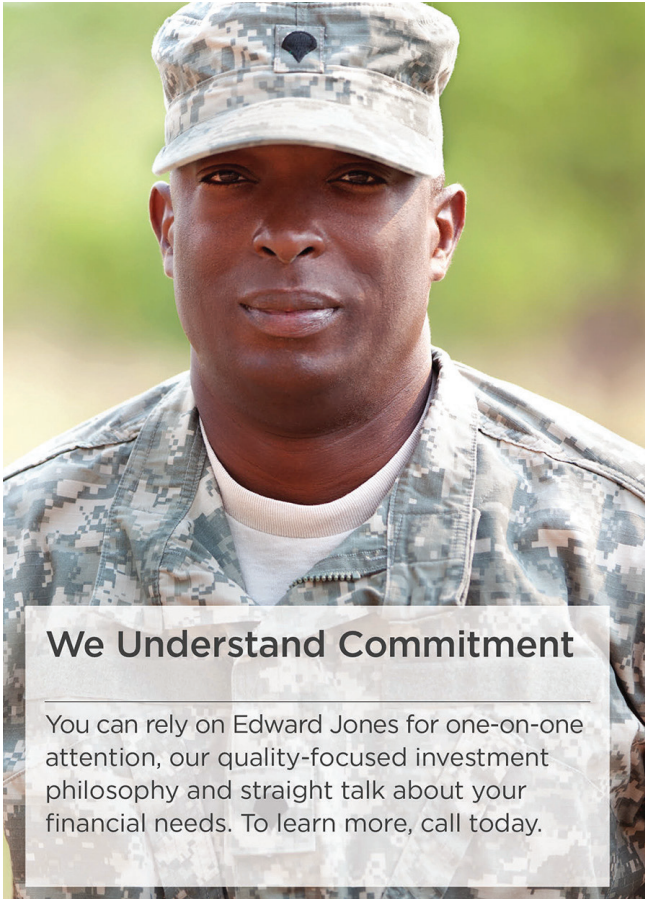
We work with youth to help them develop job and life skills, as well as the agency to grow their own food, address racial food disparities, understand food policies and processes, and increase healthy food access in their communities.

One of our youth employees, Sir Zion, shared with us how excited he is to be in his second season as a Rooted youth employee. What he loves most about this work is the peaceful, welcoming feel of Troy Gardens and his connections with the people.

His first introduction to the Troy Kids' Garden was as a child attending summer programs through Kennedy Heights Community Center. He enjoys being out in the garden, learning about plants, doing art projects, and sharing those interests with others. Last summer Zion eagerly jumped into refreshing the art around the garden, and stepped into a leadership and mentoring role by creating and leading art activities during our summer program.

We love seeing our youth employees exploring their interests and sharing with their community. They are our future leaders, and we can't wait to see where each of them goes from here.

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SCHOOL AND YOUTH

# 2023-24 a year for math opportunity at East High School

By Cynthia Chin  
East High School

**Celebrating our students**

Congratulations to the graduates who were recognized in June as Outstanding Seniors in Mathematics: Francesca Barroso, Anika Derby, Adyleenah Shatz-Muzaffarr and Jyothi Skoglund. All of them went above and beyond in the classroom as tutors, or in extracurricular math pursuits and will incorporate math into their future education and career plans.

Two continuing East High students were named as Trevor Knight Rising Stars for 2023, honored for positive spirit and the pursuit of excellence in their math classes: Calvin Hartel and Lore Clark.

Congratulations to the Math Club (and participants) for running a hybrid in-person and virtual Pi Mile this spring. Students and advisors arranged for students and community members to run 3.14 miles at Warner Park May 27 or at their convenience over a two-week period and then enjoy a piece of pie on-site or from partnering Food Fight restaurants. Proceeds benefitted the school's graphing calculator rental program. At the in-person event, 80-100 participants honored community member Larry Frisch for his long-time support of this event and his service as a volunteer tutor.

**Interested in tutoring?**

District health protocols now allow volunteers to assist students in person at our school buildings. If you would like to provide one-to-one assistance to a student in Algebra 1, Geometry or Algebra 2 during the school day, contact Achievement



Photo by Phillip Galarowicz

AJ Galarowicz and Hannah Keesler complete a circuit at Warner Park during the 23rd Annual Pi-Mile held May 27 for students and community members.

"East High School." (Posts accessed before Sept. 15 may be out of date.)

**Do you have a graphing calculator? Do you need one?**

Despite the availability of less expensive online and phone-specific apps, graphing calculators are still the technology of choice for ACT, Advanced Placement and other standardized exams. We are working to increase student familiarity with these tools in tandem with school-wide efforts to reduce smartphone screen time in the building.

Information about graphing calculator purchase or rental is available from teachers during the first weeks of school. Alumni in a position to donate a used graphing calculator should contact Math Department Chair Lindsay Sahlman at [lasahlman@madison.k12.wi.us](mailto:lasahlman@madison.k12.wi.us).

**Opportunities to excel**

This year Algebra 1, Geometry and Algebra 2 classes include options for an "Earned Honors" transcript designation. Instructors will explain the honors criteria during the first semester of each course.

Pre-Calculus students can take the new Advanced Placement exam to earn college credit for their work. Sign-up for the spring 2024 exam in October, and AP preparations will be a recurring feature of the entire year's curriculum.

Volunteering as a peer tutor or classroom teaching assistant will broaden and deepen a student's knowledge of mathematics content and bolster a resume for college applications, scholarships and employment. Speak to your current or previous math teacher about opportunities in the fall.

East has many STEM-related extracurricular student groups focused on enrichment, community-building and career enrichment. Watch for announcements regarding math club, math modeling, engineering club, green club, investment club, Upward Bound STEM pre-college and more. If there's a club you want to start, speak to your teachers about finding an advisor.

Connections Coordinator Jared Miles, [jmmiles@madison.k12.wi.us](mailto:jmmiles@madison.k12.wi.us).

If you have an interest in assisting a teacher inside a mathematics classroom, contact Cynthia Chin, [cchin@madison.k12.wi.us](mailto:cchin@madison.k12.wi.us).

By Sept. 15, we hope to have other subject areas listed in postings on the East High page of the United Way website. Please go to [volunteeryourtime.org](http://volunteeryourtime.org), click "Volunteer Now," and search the key word



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## LIBRARY

**Library Hours**

Monday–Friday, 10 am–8 pm  
Saturday, 9 am–5 pm  
Sunday, 1–5 pm (effective Sept. 11)  
Closed: Sept. 4 and Sept. 14

See all library hours at madpl.org/locations. All events are at Lakeview Library unless otherwise indicated. Check madisonpubliclibrary.org/calendar for the most up-to-date information on programs and services.

**Friends of Lakeview Library Book Sale**

*Saturday, Sept. 30, 9 am–4 pm*  
There will be a \$10 bag sale from 3–4 pm. All proceeds fund library programs.

**August Art Exhibit: Sara Meredith**

*Entire month of August*

Sara Meredith, an artist going by Smere Tactics, creates bold interdisciplinary artwork, large scale painted relief cut wood panels and prints, and immersive art installations. See some of her work on display in the library.

**Baby Play Date**

*Wednesdays, Aug. 2, Aug. 9 and Sept. 6–27, 10–11 am*

Join other neighborhood families for a play-date for babies ages birth–17 months and their caregivers. We'll feature open-ended play materials and lots of books. Siblings are welcome.

**Multi-age Storytime**

*Thursdays, Aug. 3 and Sept. 28, 10:30–11:30 am*

Read and play together with children ages 5 and under. Engaging with books, songs and playful experiences helps children develop communication skills, patience, empathy, pre-reading skills. Siblings and childcare groups are welcome.

**Preschool Storytime Chefs**

*Thursday, Aug. 10, 10:30–11:30 am*

Join Chef Lily Kilfoy for a hands-on cooking experience for preschoolers ages 3–5. Learn about food through storytime and by helping prepare a simple recipe. Children will need adult assistance. Recipes will be nut free and vegetarian.

**Minecraft Club**

*Mondays, Aug. 7, Aug. 14 and Sept. 11–25, 4–5:30 pm*

Teens and tweens can stop in to play Minecraft. There is a limited number of computers, so participants will be taking turns as needed.

**Cooking with Chef Lily**

*Saturdays, Aug. 5 and 19, 1:30–2:30 pm*

*Tuesdays, Aug. 8 and 22, 4:30–5:30 pm*

*September dates TBD*

Join The Kids Chef, Lily Kilfoy, for cooking classes for children and families. Learn about different foods, where they come from, how to follow recipes, and how to use a variety of tools. Food is provided by Willy St. Co-op North.

**We Read and Make Bookmarks**

*Saturday, Aug. 5, 10–11 am*

Create a unique bookmark. Participants will choose fabric and assemble a personalized bookmark. Supplies will be provided.

**We Read to a Dog**

*Mondays, Aug. 28 and Sept. 25, 3–4 pm*

Read aloud to a furry friend from Alliance of Therapy Dogs. Bring a favorite book or try a new one from our collection. First come, first served.

**Bubbler Artist in the Neighborhood: Drop-in Art Making**

*Tuesdays, Aug. 1–15, 2–4 pm*

Stop by to make art with our summer artist-in-residence, Elias Mittelstadt. Each week

will offer a different fun, hands-on project for kids of all ages.

**LEGO Club**

*Saturdays, Aug. 12 and Sept. 16, 9:30–11:30 am*

Are you a kid who loves LEGOs? Join us for LEGO Club. The library will provide lots of LEGOs; you provide the imagination. No registration is required. LEGOs will have to stay at the library, so bring a camera to capture your creations.

**Music + Movement**

*Saturday, Sept. 9, 10–11 am*

Join us for a preschool music and movement program with singing, dancing, playing and bubbles for children up to age 5, with their caregivers.

**Art for Little Ones**

*Thursday, Sept. 21, 10:30–11:30 am*

Children ages 2–5 can join artist Amy Mittelstadt for hands-on art activities inspired by picture books. We'll read the book aloud, then use materials to make art creations. Siblings and groups are welcome.

**Teen Cooking Club**

*Fridays, Aug. 4 and 18, 4:30–5:30 pm*

*September dates TBD*

Tweens and teens are invited to cook with Chef Lily. Prepare and enjoy a variety of recipes, while learning about meal planning, following recipes, and using kitchen gadgets and tools.

**Tween + Teen Time**

*Fridays, Aug. 11 and Sept. 15, 4–5:30 pm*

Drop-in and join other tweens and teens for games, snacks, art projects and community. This event is free and open to tweens and teens 10 years and older.

**Munch Mobile Lunch Van**

*Mondays and Thursdays, Aug. 3–31, 1–1:20 pm*

*September dates TBD*

The Munch Mobile Lunch Van will stop at Lakeview Library during the summer. All the people in and around the library can get a free lunch.

**Chess at the Library**

*Second and fourth Mondays, Aug. 14 and 28, Sept. 11 and 25, 6–8 pm*

All ages and skill levels are welcome.

**First Friday Films**

*Fridays, Aug. 4 and Sept. 1, 6–8 pm*

Join us for a film night on the first Friday of each month. In August we will watch "Taste of Cherry." Our September film is TBD. Snacks and drinks are provided.

**COVID Vaccine Clinic**

*Wednesdays, Aug. 2–30, 4–6 pm*

*September dates TBD*

Public Health Madison & Dane County will administer free COVID-19 vaccines and boosters while supplies last. Everyone 6 months and older is welcome. Those 6 months–17 years old need a parent or guardian present. No ID or insurance is required.

**Bubbler Artist in the Neighborhood: Concrete Garden Stones**

*Monday, Aug. 7, 6:30–7:30 pm*

Join Lakeview's summer artist-in-residence, Elias Mittelstadt, in creating concrete garden stones. Materials will be provided. You may bring your own objects to create a uniquely decorated work. This event is for adults ages 18+. Registration begins July 24.

**Cooking with Chef Paul: Spring Rolls**

*Thursday, Aug. 10, 6:30–7:30 pm*

Join Chef Paul to learn the technique to make fresh spring rolls — a perfect way to enjoy the fresh produce of summer — presented in partnership with Willy Street Co-op. Registration opens July 27.

**Small Group Technology Assistance**

*Tuesdays, Aug. 15 and Sept. 19, 1–2 pm and 2–3 pm*

Have questions about your laptop, tablet or phone? Need help with basic computer

or internet skills? Looking for assistance downloading library eBooks and audiobooks? Get answers at a free small group technology session. Registration begins Sept. 5.

**Board Game Café**

*Mondays, Aug. 21 and Sept. 18, 6–8 pm*

Join friends and neighbors for a game night. Revisit old favorites or try something new from the library's collection of board and card games. Beverages and snacks will be provided.

**Memory Screening**

*Thursday, Aug. 24, 1–3 pm*

Memory screening is an important part of overall health. The Aging & Disability Resource Center of Dane County is offering free and confidential 15-minute memory screening appointments, including educational materials about memory concerns and brain health. Registration begins Aug. 10.

**Mental Wellness Workshop Series: Standing in Stability**

*Thursday, Sept. 7, 5–7 pm*

When emotions run high from overwhelming thoughts, triggering events, or just everyday life, a personal stance needs to be established. In this workshop you will identify and label mental and emotional roadblocks and learn defensive approaches to overcoming challenges.

**Mental Wellness Workshop Series: Coping with Mental Illness**

*Tuesday, Sept. 12, 5–7 pm*

Everyone has encountered mental illness, personally or vicariously through someone we know. Living with or assisting someone with navigating an ongoing or temporal state can be exhausting. This workshop promotes coping mechanisms that work best for each individual.

**Mental Wellness Workshop Series: Mindfulness**

*Thursday, Sept. 21, 5–7 pm*

This workshop teaches lifelong skills to minimize the stress of everyday life. Attendees will walk away being aware of what is taking place and how they chose to react to it.

**Mental Wellness Workshop Series: Building Self-Esteem**

*Thursday, Sept. 28, 5–7 pm*

This workshop walks attendees through evaluating their self-esteem and how they currently see themselves. Identifying self-love and knowing how to see one's authentic self are keys to seeing strengths, weaknesses, self-value and your purpose in life and creating self-support.

**Fourth Friday Poetry Group**

*Fridays, Aug. 25 and Sept. 22, 1–2 pm*

Come to read, come to listen, come to celebrate poetry with this group of fellow poets and poetry aficionados.

**Scrabble at the Library**

*Wednesdays, Aug. 2–Sept. 27, 10 am–12 pm*

Attention word lovers: exercise your brain by playing Scrabble with other adults.

**Knitting at the Library**

*Wednesdays, Aug. 2–Sept. 27, 6–8 pm*

Drop in knitting: Learn a new craft or work on that unfinished project with other neighborhood knitters.

**Application Assistance**

*Tuesdays, Aug. 1–Sept. 26, 11 am–5 pm*

In partnership with the City of Madison and Madison Public Library, the African Center for Community Development helps with filling out applications and forms related to jobs, housing, immigration, food, health and other community support services.

**Madison Writing Assistance**

*Mondays, Sept. 11–25, 4–7 pm*

The Madison Writing Assistance program offers free, one-to-one writing support for community members. Writing coaches help with writing projects, including resumes, cover letters, application essays, grant proposals, fiction writing, memoirs and more. Schedule an appointment at madpl.org/calendar, in person or by phone.

**BOOK DISCUSSIONS**

Read the book and join the discussion. New members are welcome. Check the library calendar or call for details; some discussions are online events.

**NewBridge Book Discussions**

*First Wednesdays, 10–11 am*

Aug. 2 – "The Sweetness of Water" by Nathan Harris

Sept. 6 – "Graceland, At Last" by Margaret Renkl

**Lakeview Book Discussion**

*First Thursdays, 6:30–8 pm*

Aug. 3 – "Harlem Shuffle" by Colson Whitehead

Sept. 7 – "The Almost Moon" by Alice Sebold

**Daytime Book Discussion**

*Second Thursdays, 12–1 pm*

Aug. 10 – "Afterlife" by Julia Alvarez

Sept. 14 – Location TBD, "Fen, Bog & Swamp" by Annie Proulx

**Mystery Book Group Discussion**

*Third Thursdays, 5:30–7 pm*

Aug. 17 – "We Were Never Here" by Andrea Bartz

Sept. 21 – "Leave the World Behind" by Rumaan Alam

**Walking Book Club**

*Third Friday, 2–3 pm*

Aug. 18 – Book potpourri, choose something nostalgic if you're in the mood. This is the last meeting of this group.

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### HEALTH AND SAFETY

From  
**Captain Kelly Donahue**  
North District Police



The Madison Police Department has employed a strategy of crime reduction called Stratified Policing. Each district has been assigned an area of focus, which historically has repeat calls for service and higher crime statistics than other areas in the district. The area in the North District includes several neighborhoods in the vicinity of Northport Drive and North Sherman Avenue. You will likely see an increase in police presence in the area, as we work hard to increase public safety and combat criminal activity.

We will continue to focus on using data to identify micro-time hot spots. Micro-time hot spots are areas that

are seeing an increase in certain crime types, within a small geographical area. Using crime data, calls for service and reviewing officer's reports, we are able to focus our time and efforts more specifically as needed. The micro-time hot spots are rapidly changing, whereas the focus area remains the same throughout the year.

While some of the language has changed, as well as some of the tools we are using, this is very similar to what we have done for decades. We will continue to use Community Policing and Problem Oriented Policing as part of our approach. What we are improving on, is our communication and coordination of our efforts, as well as our documentation of time and effort.

Additionally, since police cannot solve the issue of public safety alone, we are engaging others who play a role. That includes other City and County agencies, service providers, property managers and owners, as well as neighborhood leaders.

From  
**Taiya Bach**  
MPH, RD, CD, CSP



Does an apple a day keep the doctor away? Doubtful, but apples are a versatile fruit that can be a healthful addition to any diet. Apples are naturally high in Vitamin C and potassium, and are a fiber-rich fruit.

An average apple contains four grams of fiber, which is 15% of the recommended daily fiber for an adult. Apples contain both insoluble (skin) and soluble (flesh) fiber, which are touted to benefit the heart and promote the growth of good bacteria in the gut. A medium-sized apple contains 80 calories, making it a great low-calorie snack, easy to eat on the go, and keeps you satisfied with its carb and fiber content.

Apple harvest times in Wisconsin are mid-August to October. The Madison area

boasts many orchards with lots of varieties, options to pick your own, and other fresh goodies and activities to take advantage of. A list of Wisconsin orchards can be found at wisconsinapplegrowers.org.

For the longest shelf life, cold storage (35–40 degrees) is best, although a root cellar or a cool basement can work, too. Remove apples with blemishes first (as the saying goes, one rotten apple...), and then wrap each apple in newspaper. Store in shallow boxes in a dark cool place, checking frequently.

Apples can be used in all sorts of ways from pie to applesauce, chutney to cider. Add them to salads, bake in dishes savory and sweet.

The evening of Sept. 15 marks the start of the Jewish New Year-Rosh Hashanah. Many will dip apple slices in honey as both foods symbolize the hope for a sweet new year, and who doesn't want that?

Taiya Bach is a registered dietitian with the UW Department of Nutritional Sciences.

# National Night Out

4–7 pm  
**Mallards Stadium**

Get to know the Madison Police Department at an upcoming Madison Mallards game. You'll have a chance to interact with all the different units of MPD, including our K-9 team and Mounted Patrol while participating in family-friendly activities. We'll be at the Duck Pond entrance.



**The River Food Pantry**  
The River Food Pantry, South Central Wisconsin's busiest food pantry, is currently looking for customer focused, collaborative individuals to join our team. Please visit [www.riverfoodpantry.org/jobs/](http://www.riverfoodpantry.org/jobs/) to see our current opportunities and how to apply. We look forward to hearing from you.

**Lola's Hi/Lo Lounge**  
Hiring positions for October business opening. Contact Matt at 608-469-0748.

**The UPS Store**  
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ELECTED OFFICIALS

From  
**Satya Rhodes-Conway**  
Mayor



**Madison's investments in public safety are working**

Mayor Satya hosted a public safety briefing covering activities of the Madison Police Department, the violence prevention activities of Public Health Madison Dane County, Vision Zero and the Madison CARES program for mental health crises.

It's important to give the community

insight into what Madison is doing across the city and across departments to deliver a multifaceted approach to public safety and violence prevention in our community. Mayor Satya was joined by leaders in city agencies who shared their initiatives, designed through data and uplifted by collaborations between departments as well as partners in the Madison community.

Highlights of the briefing include certain safety indicators — like shots fired — continue to trend downwards. Public Health has hired their violence outreach and response specialists, who will be focusing on preventing violence by connecting with individuals who are engaging in or victims of violence, connecting community members


to resources and supporting them through recovery. These outreach specialists will add a dynamic new element to Madison's array of services.

While we still see unsafe driving in the Madison community, investments in Vision Zero limit their severity. And the Madison CARES teams are

responding to mental health emergencies across the city with continued plans for expansion.

Madison is committed to tackling our community's most difficult public safety issues, leveraging local and federal funds to make the greatest impact for our community.

From  
**Charles Myadze**  
District 18 Alderperson



I would like to share some information I received.

In May 2022, the PGA TOUR's TPC Network announced that the former Cherokee Country Club became the company's 30th property in its network of premier golf facilities and has been renamed TPC Wisconsin.

For 60 years, the former Cherokee Country Club was Madison's only private facility offering an 18-hole golf course, all-season golf range, indoor and outdoor tennis, pickleball and a 25-meter Olympic-size outdoor pool. Leading the project as his first course design is 12-time PGA TOUR winner, eight-time PGA TOUR Champions winner, and Madison-resident Steve Stricker.

Renovations began in January 2022 on both the golf course and clubhouse. TPC Wisconsin will also be the home of the Steve & Nicki Stricker American Family Learning Center, a world class golf instruction, club fitting and practice experience.

The club plans to reopen the golf course August 1, 2023. In May it

was announced the club will be the new home to the PGA TOUR Champions American Family Insurance Championship.

Some highlights of the economic impact this project has on the community:

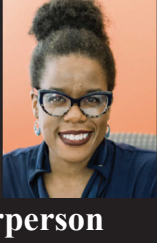
- The level of economic activity will increase total area product (value added) by \$23 million, and support almost 280 person-years of employment that will pay almost \$16 million in salaries, wages and benefits.
- An additional \$493,000 in local tax revenue.
- \$39.349 million increased economic output through business transactions.

Once the project is completed, the economic impact includes:

- \$253,000 in additional local tax revenue.
- \$2.4 million in labor income and an additional 116 jobs.
- Gross area product increase of \$4.8 million.
- \$8.6 million increased economic output through business transactions.

If you have any questions or concerns regarding city services or policies, contact me at District18@cityof-madison.com or 608-571-7342.

From  
**Amani Latimer Burris**  
District 12 Alderperson



Last week, North and Eastside residents and business owners met with developers, city staff and political leaders to discuss the prospective Oscar Mayer-Hartmeyer Project at a public forum held at Door Creek Church-North. A significant number of interested persons attended, and there was a productive and lively conversation addressing decisions being put into play in our neighborhood. Topics of conversation included information about TIF grants and incentives and the creation of a TID district where those benefits may be utilized.

As one of the most diverse and fastest growing parts of Madison, actions being implemented now will impact the neighborhood for decades to come and create new possibilities in many areas, including housing, environmental concerns,

small business opportunities, transportation and traffic consequences and more.

Decisions made now will directly affect our lives, and community input is crucial to ensure our interests, concerns and expectations will be taken into account. Community participation helps create a future we love, thereby helping us understand the path we choose to take.

You are the voice for the future and I want to know your opinion and welcome your voice. Your gift of input helps all of us (the city, the developers, city staff, the stakeholders and your representatives) to gain insight to how projects could function in real life, to know what works and what doesn't, and to better understand what matters to you and your neighborhood.

It's your city, your neighborhood, your block. Decisions that will directly affect your life will be made with or without your input. Your participation helps us create a future you love. I welcome your opinion and your voice. Together we can create better projects and solve issues important to you. Together, for all of us.

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Always shampoo and condition to remove any mineral buildup, then reapply LEAVE-IN HYDRATION to damp hair. Spritz skin with a healthy dose of ALOETHERAPY MOISTURE MIST and seal in the moisture with ALOETHERAPY SOOTHING BODY MOISTURIZER.

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## ELECTED OFFICIALS

From  
**Melissa Agard**  
State Senator



**Wisconsin deserves a budget that works for everyone**

Entering budget season in early 2023, Wisconsin stood in a strong financial position with a historic nearly \$7 billion dollar surplus.

With this in mind, Governor Evers put forward a budget focused on the people of our state. Not only did his proposal make needed investments, it reflected

what the majority of Wisconsinites want and support: healthcare access, childcare affordability, paid family and medical leave, cannabis legalization and more.

But, following the same authoritarian playbook they have for over a decade, Wisconsin Republicans ignored the will of the majority and squandered an opportunity for our state to implement long-needed, transformational policies.

We could have funded the Child Care Counts program, which was vital in supporting our kids and strengthening our economy. Instead, Republicans gutted the program leaving the future of too many working families uncertain.

We could have finally expanded Medicaid in Wisconsin, saving the state

money while covering more individuals. This is not a partisan issue — red and blue states alike have made the responsible decision to accept federal dollars to improve their state’s public and fiscal health.

We could have focused on tax relief solely for middle class Wisconsinites, the backbone of our economy. Instead, Republicans chose to prioritize tax breaks for millionaires and billionaires.

We could have legalized cannabis in Wisconsin — increasing safety and prosperity. Unsurprisingly,

Republicans chose to continue down the path of prohibition.

Time and time again, Republicans have proven they are not looking out for the hardworking, ordinary people of Wisconsin. Democrats stand ready to get our state back to a place of opportunity — a place where our state government is of, by, and for the people.

Here’s the bottom line: Democrats are working for Wisconsin, and Republicans are working for the ultra-rich and partisan advantage.

From  
**Joe Parisi**  
Dane County Executive



**Dane County is taking action on clean lakes and climate change**

This summer’s bad air quality from Canadian wildfires is our latest reminder of a rapidly changing planet and why it is critical communities reduce emissions and confront climate change.

Our ground-breaking “Suck the Muck” program is in its sixth year, cleaning miles of streambeds to help prevent blue-green algae in our lakes. We’ve removed 180,000 pounds of phosphorus and 56,000 tons of sludge from four miles of Dorn, Token, and Six-Mile Creeks. In 2023, I’ve allocated \$2 million to tackle phosphorus-laden muck in Door Creek.

Our flood risk reduction dredging within the Yahara River continues to progress, and we are on track by the end of this year to remove over 40 million gallons of debris and dirt that


contributes to our lakes rising faster from heavy climate change rains. In just a couple of years, we have removed the equivalent of 13,400 dump trucks of built-up sludge.

Since 2019, our “Continuous Cover Program” has converted nearly 2,000 acres into pastures for grazing, native prairies and pollinator habitats. Those lands have helped trap 800 tons of carbon dioxide and stopped the flow of over 15 million gallons of phosphorus-loaded run-off from racing toward our lakes.

I was thrilled to cut the ribbon at our new Yahara Solar Project — making us the first county in Wisconsin and the fourth in the nation to reach the milestone of using 100% renewable electricity at Dane County facilities. The 33,000 solar panels at the 90-acre solar farm on county land will reduce climate-changing emissions equivalent to those produced by 5,000 cars.

Our leadership on water quality and fighting climate change is unrivaled by any county in Wisconsin and should be the standard bearer for communities that prioritize air, water and land for current and future generations.

From  
**Samba Baldeh**  
State Representative



July hasn’t only been about heat and smoke. For legislators, the summer of odd-numbered years means one thing: the state budget.

The proposed tax cuts in the GOP budget were among the most unfair and irresponsible policies I have witnessed. Because the state has a surplus of \$7 billion, the GOP’s proposed income tax cut of \$3 billion seems somewhat reasonable. However, it is unlikely we will see a surplus of this magnitude again. In two years, the state would be unable to meet our need for education, health and safety.

Their proposed tax cut is also very unfair. Those who earn between

\$250,000 and \$300,000 would see their income taxes cut by an average of \$2,157. While those earning between \$25,000 and \$30,000 would get \$15. Even more unfairly, individuals with incomes greater than \$75 million per year would get a tax cut of \$1.8 million!

**I voted against this budget**

Fortunately, Governor Evers vetoed this “tax cut” for millionaires and kept a small tax cut for working families. The cut is smaller than what he initially proposed, but the important thing is that we will be able to “do the business” of state government and maintain a progressive tax code.

The governor’s veto also eliminated the attack on diversity, equity and inclusion programs at the UW. The GOP’s attempt to turn back the clock on our progress towards an inclusive education system would stain the reputation of the state.

I will vote for this budget.

From  
**Michele Ritt**  
District 18 Supervisor



Paul Rusk was a Dane County Supervisor who proudly served the Northside of Madison. He was an active member of our community, and a man whom I am grateful to call friend. He was a ferocious advocate for what he believed in. He was kind and generous with his time. He dearly loved the Northside and was so happy to call it home.

Paul served as chair of the Public Protection and Judiciary Committee. He was passionate about addressing the disparities in the judicial system.

In his honor, The Paul Rusk Resource Desk opened this past spring. It is located in the main lobby of the Dane County Public Safety Building. Its purpose is to provide support to people exiting the jail and reentering the community. While

specifically addressing the needs of people exiting the jail, it is also open to the public. All are welcome and may access through the lobby.

The desk is staffed entirely by community volunteers. It is scheduled to be open Monday–Friday from 1–5 pm. Some of the services provided are information about housing, food pantries, medical treatment providers, employment opportunities, and much more. Hygiene products and some clothing will be available as well. All services at the desk are free to anyone.


The Paul Rusk Resource Desk is one step toward providing people with resources they need, at a point when they are needed. One step in what is needed to help to break the cycle of incarceration.

Paul’s work carries on.

If you are interested in volunteering or making donations, please contact wampole-maciejeski@danesherriff.com.

Please feel free to contact me with any concerns or issues. I can be reached at 608 335-6827 or ritt.michele@countyofdane.com.

**If plan A fails, there are 25 more letters in the alphabet.**



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### SENIOR

From  
**Jim Krueger**



**NewBridge Executive Director**

#### Come Play BINGO for a great cause

On Friday, Sept. 22, 6–9 pm, NewBridge is holding our annual Black Tie Bingo fundraiser at Monona Terrace. We are a nonprofit organization that provides older adults a bridge to successful aging. Tickets can be purchased at [newbridgemadison.org](http://newbridgemadison.org) or at our office inside the Warner Park Community Recreation Center.

Come in formal dress wear if you wish

(many attendees will) but it is not required for admission. We guarantee that win or lose you will have an enjoyable time, some good laughs, and the opportunity to help the many older adults in our community in need of support. Help us fill the room with 250 people for a great cause.

All proceeds will help fund critical programs, such as our weekday meal sites and our Home Chore Program, which connects volunteers with low-income and homebound adults aged 60 and older to assist them with basic chores inside and outside their homes.

We hope you will take the opportunity to learn more about NewBridge and support the significant role we play helping older adults in need.

#### Falls Prevention Awareness Week is Sept. 18–22

This year's theme is From Awareness to Action. According to the CDC, falling is one of the biggest threats to the health of adults aged 65 and older. One in four fall each year, and falling once doubles the chance of falling again. Twenty percent of

falls cause serious injury, such as broken bones or a head injury.

Steps you can take for a loved one to prevent falls include getting rid of trip hazards (i.e., throw rugs), keeping high traffic areas clear, storing things within easy reach, adding grab bars in the bathroom, and having handrails and lights installed on staircases.

## SENIOR Activities

NewBridge–North | 608-512-0000 ext. 3000

To register for classes or learn more about NewBridge activities, visit our website ([newbridgemadison.org](http://newbridgemadison.org)) or contact Deenah Givens at 608-512-0000 ext. 3002 or [deenahg@newbridgemadison.org](mailto:deenahg@newbridgemadison.org).

#### ONGOING NORTHSIDE ACTIVITIES

Activities take place at Warner Park Community Recreation Center, 1625 Northport Drive, unless otherwise specified.

**Bingo** (in person): Every Friday, 10:15–11:15 am; first Fridays are Bi-lingual Bingo

**Book Club** (Zoom): First Wednesday of each month, 10 am. See our website for the book we will be discussing.

**Bunco** (in person): Every Monday, 2–4 pm

**Card Making Club** (in person): Second Wednesday of each month, 1–3 pm

**Chair Yoga with Kim** (in person): Mondays 10:30–11:30 am at WPCRC, and Thursdays, 10:30–11:30 am at Lakeview Library

**Easy Yoga Plus Classes with Ellen Millar** (Zoom): Wednesdays and Fridays, 10–11 am

**Euchre** (in person): Tuesdays, 1–3 pm

**Mahjong** (in person): Thursdays, 1–3 pm

**Mindfulness Movement for LGBTQ Folks, Friends and Allies** (in person): Wednesdays and Fridays, 10:15–11:45 am

**Music Jam Sessions at Maple Bluff:** For more information, contact Walt Stewart at 608-576-5437.

**Ping Pong** (in person): Mondays, 9 am–12 pm; Wednesdays, 1–3 pm

**Sassy Steppers** (in person): Tuesdays, 2–3 pm Mondays 4–5 pm.

**Sewing Club** (in person): First and third Thursdays of each month, 9 am–12 pm

**Spirit & Strength Storytellers Group** (Zoom): Tuesdays, 1–2:30 pm

**Stretch & Strength** (Zoom): Mondays and Wednesdays, 9–9:45 am

**Technical Assistance (Lakeview Library):** Third Tuesday of each month, 1–3 pm

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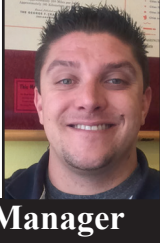
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## WARNER PARK COMMUNITY RECREATION CENTER

Written by  
**Zach Watson**  
608-245-3690



**Interim Facility Manager**

The Warner Park Community Recreation Center's (WPCRC) doors are wide open this summer with recreational opportunities, events and programs to get active, be well and connect with the Northside community. WPCRC is also available for birthday parties, weddings, baby showers and other community event rentals.

Join us for a night of family fun at the first Northside Family Wellness and Fun

Night at WPCRC Friday, Aug. 11, 5–8 pm. This Family Fun Night will showcase a collaborative event in partnership with Madison's Northside Wellness Partnership (NWP), a group of Northside community organizations that have been working for the past two years to improve individual and community health awareness in partnership with UW-Madison's Collaborative Center for Health Equity. The NWP focuses its efforts on increasing equitable access to health wellness resources, such as research education, wellness activities and health programming.

The NWP includes and recognizes the following organizations for their contributions to this partnership and the upcoming event: Northport Community Center,

Packers Neighborhood Center, Lakeview Library, Mendota Elementary Community School, Lakeview Elementary School, WPCRC, City of Madison Community Development Division, Vera Court Neighborhood Center, Kennedy Heights Neighborhood Center, Dane County Public Health, Dane County Neighborhood Intervention Program, River Food Pantry, UW Health, Be Well Madison, Mosaic LLC, Northside Planning Council and UW-Madison Collaborative Center for Health Equity.

There will be a mix of traditional and NWP family fun night youth friendly activities throughout WPCRC. There will also be a raffle and opportunities to provide your voice in future wellness efforts through surveys, community discussions, local resources, wellness activities, food and music.

We encourage you to come explore the WPCRC and all the resources your Northside Wellness Partnership community organizations will have available for you. We hope to see you there.

## Meet the Circle of Friends board

By Dorothy Borchardt  
*Circle of Friends*

This month I have the pleasure of introducing you to members of the Circle of Friends (CoF) Board. Our board is open to any member of the CoF who has the time to serve on a working board. We are all volunteers. We have no paid staff.

Steve Nelson is following in his father's footsteps in supporting a recreation center and pool at Warner Park. He has been a supporter of the Northside and the Warner Pool his entire life. Steve serves as the CoF Vice President and has been very involved in all our fundraising efforts.

Jill Jokela has been involved with swimming in Madison for over 20 years. Her daughter and son both swam for the East High School swim teams and in college at UW-Eau Claire. She has supported and helped fundraise for the Warner Pool for years.

Laura Knoche has been supporting a pool at Warner since grade school when she went around her neighborhood getting

signatures on a petition in support of the Warner Pool. Laura is the CoF Treasurer and helps fundraise by baking cookies on election day and all other projects.

Doreen Hinrichs has always supported the pool and now that she is retired has time to do more volunteer work. Doreen serves as the CoF Secretary. She helps fundraise by baking cookies on election day, and is looking forward to starting up the "Pounding the Pavement for a Pool" again next year.

Betty Thompson is a native Madisonian. She has worked in a number of capacities: public relations, finance administrator, instructor at MATC, realtor and has a broker's license. She currently owns and manages income property, including one on Vera Court. She will be helping with fundraising.

We have good news: the CoF web page will be up and running by the end of July. Please check it out at <http://friendsofwarner.com>. Let us know if there is additional information you would like to see.

Go Northside!



Photo provided by: Tyson Jackson

### Free fun for family at Northside Family Wellness and Fun Night

Everyone is invited to participate in the Northside Family Wellness and Fun Night, being held at the Warner Park Community Recreation Center, 1625 Northport Dr., Friday, Aug. 11 from 5–8 pm. See Zach Watson's column above for more details.



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- Rick G. 12/2022 Madison, WI

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# NORTHSIDE NEWS - Calendar of Events

Sponsored by Madison Gas and Electric

August/September 2023

## NORTHSIDE FARMERS MARKET

**Every Sunday**  
**8:30 am-12:30 pm**  
**Northside TownCenter**

Enjoy a variety of locally grown produce, baked goods, meats, flowers, plants and much more. Sign up for our newsletter at [northsidefarmersmarket.org](http://northsidefarmersmarket.org) or find us on Facebook at [facebook.com/madNFM](https://www.facebook.com/madNFM) for the latest information on vendors and events.

## MADISON WOMEN THRESHOLD SINGERS

**Wednesdays, August 2 and September 6**  
**12:30-2:30 pm**  
**Lakeview Library**

Women who love to sing and are fully COVID vaccinated are invited to sing healing songs with positive affirmations. See [thresholdchoir.org](http://thresholdchoir.org) for more information. Rehearsals are once a month on the first Wednesday. RSVP to [caspersoluna@gmail.com](mailto:caspersoluna@gmail.com) or 608-417-0400.

## SPARK! PROGRAMS FOR THOSE WITH MEMORY LOSS

**First Friday of every month**  
**10-11:30 am**

**ARTS for ALL, 1709 Aberg Ave., Suite 1**  
SPARK! offers free programs for people with early to mid-stage memory loss and care partners. Programs include creative experiences in artmaking, drama, movement/dance, music, poetry or storytelling. Register each month at [artsforallwi.org/programs/spark](http://artsforallwi.org/programs/spark).

## BOOMERANGS COLLEGE STUDENT DISCOUNT MONTH

**August 1-31**  
**Tuesday-Friday, 10 am-6 pm**  
**Saturday, 10 am-4 pm**  
**1133 N. Sherman Ave.**

Get ready for back-to-school with Boomerangs. Show us your college student ID for 20% off your entire purchase. Call 608-268-0793 or follow us on Facebook at Boomerangs Resale Store.

## BOOMERANGS ANNUAL SIDEWALK SALE

**Friday, September 8, 10 am- 6 pm**  
**Saturday, September 9, 10 am-4 pm**  
**1133 N. Sherman Ave.**

Come and celebrate Boomerang's 15 years of supporting Madison's Northside with 15% off the entire store.

## WESTPORT SQUARES DANCE CLASSES

**Sundays, September 10 and 17**  
**6:30-8:30 pm, Masonic Lodge, 2030**  
**Middleton St., Middleton\***

Square dancing is friendship set to music with some exercise tossed in for good measure. The first two classes are free. For more information, contact Virginia at 608-535-9461 or visit [westportsquares.com](http://westportsquares.com). \*Temporary location, the club usually meets on the Northside.

## SUNDAY, SEPTEMBER 3

**Bird and Nature Adventure: Ecotones - Habitat Edges**

**1:30 pm, Cherokee Marsh North Unit, 6098 N. Sherman Ave.**

Join Alex Singer for a nature walk to learn about ecotones, places where different habitats meet that contribute to biodiversity. Many creatures like ducks, dragonflies and frogs need habitat edges to lay eggs and nearby uplands to forage. Contact 608-698-0104.

## TUESDAY, SEPTEMBER 5

**Cub Scout Open House**

**6:30 pm, Sherman Avenue United Methodist Church, 3705 N. Sherman Ave.**

There will be lots of fun activities for elementary school age students. We welcome new families and would love to see some new faces there. For more information, call or text Cubmaster Derek Kruzicki at 608-571-7161 or email [info@cubscoutpack127.com](mailto:info@cubscoutpack127.com).

## THURSDAY, SEPTEMBER 7

**Senior Lunch and Euchre Tournament**

**11 am-2 pm, Lakeview Lutheran Church, 4001 Mandrake Rd,**

Our theme is "Let's Tailgate!" The church will provide grilled brats and hot dogs. Please bring a salad or dessert to share. Wear your favorite team jersey. There is a free-will offering for lunch. To RSVP contact the church office at 608-244-6181.

## FRIDAY, SEPTEMBER 8

**Family Fun Night**

**5:30-8 pm, WPCRC**

A night of bouncy houses, art projects, games, gym activities, movies and more. The cost is \$5 per family. Sign up online for email reminders of monthly themes. Kids age 11 and under must be accompanied by an adult.

## SUNDAY, SEPTEMBER 10

**Neighborhood Blessing of Backpacks & Rally Day**

**9 am, Lakeview Lutheran Church, 4001 Mandrake Rd.**

Lakeview invites the entire neighborhood to worship on the lawn of our historic chapel (weather permitting). Bring blankets or lawn chairs. Students should bring their backpack. A potluck picnic will follow. Lakeview will provide grilled hot dogs and brats; please bring a salad or dessert to share. (See related article.)

## TUESDAY, SEPTEMBER 12

**Lakeview/Red Cross Blood Drive**

**12-5 pm, Lakeview Lutheran Church, 4001 Mandrake Rd,**

This blood drive is sponsored by Lakeview Lutheran Church in conjunction with the American Red Cross. For an appointment, call 1-800-733-2767 or visit [RedCrossBlood.org](http://RedCrossBlood.org) and enter Sponsor Code "LakeviewLutheran" or contact the church office at 608-244-6181.

## TUESDAY, SEPTEMBER 12

**Northside Business Association meeting**

**6-9 pm, Kavanaugh's Esquire Club, 1025 N. Sherman Ave.**

Business owners or managers, and nonprofit leaders are invited to attend the dinner meeting to introduce your business or organization to the business community. 6-7 pm mingle, 7-8 pm dinner and 8 pm speaker. Call 608-249-0193 for reservation. See [madisonnba.org](http://madisonnba.org) for details.

## TUESDAY, SEPTEMBER 12

**Wild Warner Meeting**

**6 pm, WPCRC (or as posted on our Facebook page)**

The public is welcome. Help support nature preservation, restoration, recreation and education in the wild side of Warner Park. Contact 608-698-0104.

## SUNDAY, SEPTEMBER 17

**Bird and Nature Adventure:**

**In Search of Insects**

**1:30 pm, Warner Park Rainbow Shelter**

Join Alex Singer for a walk to find and learn about insects and other creepy crawlies. Pollinators get a lot of press, but small critters play many other roles in the environment. Look for ant hills, see what's under logs, and inspect plants for signs of activity. Contact 608-698-0104.

## MONDAY, SEPTEMBER 18

**Door of Hope Golf Open**

**Maple Bluff Country Club**

Four-Ball Scramble with guest celebrity Marc McDowell. Register at [doorofhopewi.org](http://doorofhopewi.org). Contact melanie at [myeazel@doorofhope.org](mailto:myeazel@doorofhope.org)

## WEDNESDAY, SEPTEMBER 20

**Friends of Cherokee Marsh board meeting**

**5:30 pm, WPCRC (or as posted on our Facebook page)**

The public is welcome. Support restoration of Madison's largest conservation park. Contact [janaxelson@gmail.com](mailto:janaxelson@gmail.com) or see [CherokeeMarsh.org](http://CherokeeMarsh.org).

## THURSDAY, SEPTEMBER 21

**Coffee with a Cop**

**9 am, WPCRC**

Please come and enjoy free coffee, free cookies and great conversation with your officers on the Northside of Madison.

## THURSDAY SEPTEMBER 21

**Community Workshop: Flower Empowerment**  
**4-7 pm, Troy Farm, 502 Troy Dr.**

Follow the signs for Workshop and Troy Farm. At this free workshop, you will enjoy fun and family-friendly floral activities with Occupy Madison. Visit [rootedwi.org/engage-with-us/events-calendar](http://rootedwi.org/engage-with-us/events-calendar).

## THURSDAY, SEPTEMBER 21

**Friends of Hartmeyer Natural Area meeting**  
**5 pm, Esquire Club, 1025 N. Sherman Ave.\***

The public is welcome. Help preserve and restore Madison's newest conservation park behind the old Oscar Mayer plant. Come at 4 pm for a walk or restoration activity. \*Bring a lawn chair to meet outdoors, or indoors if it rains. Contact [paul\\_noeldner@hotmail.com](mailto:paul_noeldner@hotmail.com), 608-698-0104.

## FRIDAY, SEPTEMBER 22

**NewBridge Black Tie Bingo**

**6-9 pm, Monona Terrace**

This annual fundraiser supports the work of NewBridge Madison, a nonprofit organization that provides older adults a bridge to successful aging, including weekday meal sites, home chores and more. Tickets can be purchased online at [newbridgemadison.org](http://newbridgemadison.org) or at our office in the WPCRC.

## SATURDAY, SEPTEMBER 23

**Emerson Eken Art Walk**

**10 am-3 pm, Emerson/Eken Park Neighborhoods**

There is a great new reason to go for a stroll in the neighborhood. Come see what local artists are doing. You'll find everything from textiles and print to paintings and ceramics. See [emersonekenarts.org](http://emersonekenarts.org) for more information.

## THURSDAY, AUGUST 3

**National Night Out**

**4-7 pm, Mallards Stadium**

Get to know the Madison Police Department at an upcoming Madison Mallards game. You'll have a chance to interact with all the different units of MPD, including our K-9 team and Mounted Patrol while participating in family-friendly activities. We'll be at the Duck Pond entrance.

## SATURDAY, AUGUST 5

**Bird and Nature Adventure: Pontoon Nature Tour**

**1-4 pm, Tenney Park**

Join Tim Nelson and Robin Kling for a Mallard's view of Madison lakes. Arrive before 1 pm and check in at the MSCR Pontoon Pier (1615 Sherman Ave.) to get a life jacket and reserve your spot, limit is 15 people. If the tour is full, enjoy a walk along Lake Mendota and the Yahara Riverway. Contact 608-698-0104.

## SUNDAY, AUGUST 6

**Bird and Nature Adventure: Summer in the Marsh**

**1:30 pm, Cherokee Marsh North Unit, 6098 N. Sherman Ave.**

Join Lynn Persson and Eva Roos to discover what's happening in the lazy days of summer: nesting birds, frogs, dragonflies. Many summer flowers and grasses are at their peak bloom. Enjoy the cool shade of willows, oak openings and lowland forest. Learn to use Seek to ID plants. Contact 608-698-0104.

## TUESDAY, AUGUST 8

**Wild Warner Meeting**

**6 pm, WPCRC (or as posted on our Facebook page)**

The public is welcome. Help support nature preservation, restoration, recreation and education in the wild side of Warner Park. Contact 608-698-0104.

## FRIDAY, AUGUST 11

**Family Wellness and Fun Night**

**5-8 pm, WPCRC**

There will be a mix of family fun night and wellness activities with youth friendly activities throughout WPCRC. There will also be a raffle, opportunities to provide your voice in future wellness efforts through surveys, community discussions, local resources, food and music.

## WEDNESDAY, AUGUST 16

**Friends of Cherokee Marsh board meeting**

**5:30 pm, WPCRC (or as posted on our Facebook page)**

The public is welcome. Support restoration of Madison's largest conservation park. Contact [janaxelson@gmail.com](mailto:janaxelson@gmail.com). [CherokeeMarsh.org](http://CherokeeMarsh.org)

## THURSDAY, AUGUST 17

**Coffee with a Cop**

**9 am, WPCRC**

Please come and enjoy free coffee, free cookies and great conversation with your officers on the Northside of Madison.

## THURSDAY, AUGUST 17

**Friends of Hartmeyer Natural Area meeting**  
**5 pm, Esquire Club, 1025 N. Sherman Ave.\***

The public is welcome. Help preserve and restore Madison's newest conservation park behind the old Oscar Mayer plant. Come at 4 pm for a walk or restoration activity. \*Bring a lawn chair to meet outdoors, or indoors if it rains. Contact [paul\\_noeldner@hotmail.com](mailto:paul_noeldner@hotmail.com), 608-698-0104.

## SATURDAY, AUGUST 19

**Bird and Nature Adventure: Eken Parklands**  
**10 am, Eken Park Festival, 600 North St.**

Meet Lance Green and Friends of Starkweather Creek to learn about this natural waterway in the heart of Madison. Pick up a Creek Canoe Map and make a Prairie Seed Ball to take home and start a patch of native wildflowers for butterflies and bees. Contact 608-698-0104.

## SUNDAY, AUGUST 20

**Bird and Nature Adventure: Nature Journaling**  
**1:30 pm, Warner Park Rainbow Shelter**

Join Naturalist Steve Mansorge for a free guided walk and learn about nature journaling. Bring pen and paper to write down what you see, how you feel, and the beauty around you. Contact 608-698-0104.

## THURSDAY AUGUST 24

**Community Workshop: Growing Herbs and Making Herbal Teas**

**6-7 pm, Troy Farm, 502 Troy Dr.**

Follow the signs for Workshop and Troy Farm. At this free workshop, you will learn about herbs you can grow and how to use them to make tea with local farmers at Occupy Madison. Visit [rootedwi.org/engage-with-us/events-calendar](http://rootedwi.org/engage-with-us/events-calendar).

## SATURDAY AUGUST 26

**Community Workshop: Growing Tropical Vegetables in Wisconsin**

**1-3 pm, Troy Farm, 502 Troy Dr.**

Follow the signs for Workshop and Troy Farm. At this free workshop, you will learn about tropical vegetables you can actually grow in Wisconsin with Sei Kidau of Youth Empowerment Initiatives. Visit [rootedwi.org/engage-with-us/events-calendar](http://rootedwi.org/engage-with-us/events-calendar).

## SATURDAY, SEPTEMBER 2

**Bird and Nature Adventure: Pontoon Nature Tour**

**1-4 pm, Tenney Park**

Join Tim Nelson and Robin Kling for a Mallard's view of Madison lakes. Arrive before 1 pm and check in at the MSCR Pontoon Pier (1615 Sherman Ave.) to get a life jacket and reserve your spot, limit is 15 people. If the tour is full, enjoy a walk along Lake Mendota and the Yahara Riverway. Contact 608-698-0104.

LL = Lakeview Library  
WPCRC = Warner Park Community Recreation Center



MGE is targeting net-zero carbon electricity by 2050. Join us in working toward a more sustainable future. Visit [mge2050.com](http://mge2050.com) for energy-saving tips and more.

Net-Zero  
CARBON ELECTRICITY BY 2050





The Northside Planning Council Presents

# NORTH STAR AWARDS 2023

Everyone is invited! Join fellow Northsiders for the 21st Annual North Star Awards honoring the individuals, organizations and businesses that make the Northside a great place to live, work and play.

## Friday, Oct. 13 ★ 6–7:30 pm

Held at: Warner Park Community Recreation Center | 1625 Northport Dr.



### SPONSORSHIP

Sponsorships help NPC serve the Northside through neighborhood organizing, the Northside Economic Development Coalition and publishing the Northside News. Your donation also supports the operation of FEED Kitchens, FEED Bakery Training Program and Healthy Food For All.

- ★ **\$2,500 and up – NPC Major Sponsor**
  - Major Sponsor thank you and acknowledgment during event
  - Listing on all NPC outreach materials for 2022
  - Listing on homepage of northsideplanningcouncil.org
  - Plus: All the sponsor benefits listed below
- ★ **\$1,200 and up – Northside Partner**
  - Name and logo on NPC banner in Northside News for one year
  - Plus: All the sponsor benefits listed below
- ★ **\$600 and up – Northside Advocate**
  - Logo shown on event presentation screen
  - Framed certificate to hang in business
  - Plus: All the sponsor benefits listed below
- ★ **\$275 and up – Northside Fan**
  - Logo or name on event publicity materials
  - Logo on North Star Award Promo for Northside News August to December
  - Plus: All the sponsor benefits listed below
- ★ **\$50 and up – Annual Citizen / Business Supporter**
  - Listing on donor page of northsideplanningcouncil.org
  - Name or business name in October and December Northside News
  - Name listed on North Star Award Powerpoint presentation

**Payable to:** Northside Planning Council  
1219 N. Sherman Ave.  
Madison, WI 53704

**Online donation:**  
<http://northsideplanningcouncil.org/donate>

### NOMINATION FORM

Your nomination helps us honor Northsiders for what they do to make the Northside a better place to live, work and play.

**Please submit on or before Wednesday, Sept. 13 to:**  
Northside Planning Council  
Attn: North Star Awards  
1219 N. Sherman Ave.  
Madison, WI 53704

**Questions:**  
Justin Markofski 608-230-1228

#### CATEGORIES

- ★ **Youth** A Northside youth whose leadership has positively impacted the Northside
- ★ **Individual(s)** making the Northside a better place to live, work or play
- ★ **Business** Northside business supporting the growth and vitality of our community
- ★ **Organization** A nonprofit or neighborhood group who makes the Northside a better place to live, work or play.

Go to link below to fill out nomination form online.

[docs.google.com/forms/d/1MPjF9yKQnK8tm1cUsB2p052ErjMtwHyegvG1w1yal/edit](https://docs.google.com/forms/d/1MPjF9yKQnK8tm1cUsB2p052ErjMtwHyegvG1w1yal/edit)

#### NOMINATION

##### NOMINEE'S CONTACT INFORMATION

Nominee's Name \_\_\_\_\_

Nominee's Address \_\_\_\_\_

Nominee's Email \_\_\_\_\_

Nominee's Phone \_\_\_\_\_

##### NOMINATOR'S CONTACT INFORMATION

Nominator's Name \_\_\_\_\_

Nominator's Email \_\_\_\_\_

Nominator's Phone \_\_\_\_\_

##### REASON FOR NOMINATION

A 250 word limit. Please use a separate paper for your response.