



Northside News

Vol. 28, No. 6, Issue 168

www.northsidenews.org

June/July 2023

Photo by Justin Markofski



The Northside Counts mural, a partnership between the Northside Planning Council, City of Madison and DAMA during the 2020 census, was installed May 8.

The Northside Counts mural installed at FEED Kitchens

By Justin Markofski
Northside Planning Council

As if FEED Kitchens wasn't exciting enough with all the delicious food and diverse aromas coming out of the building, all the stories of social impact and enhanced equity via

entrepreneurship, all the job creation and training and yummy baked goods via FEED Bakery and all the food recovered and redistributed via Health Food for All, now it is also home to "The Northside Counts" public art mural installed May 8. If you haven't seen it yet, it's time to walk, bike or

otherwise cruise down North Sherman Avenue to the Northgate Shopping Center and have a look for yourself; Hint: Look for all the food carts in the FEED Kitchens parking lot, you can't miss it. We want to celebrate and share this community art story.

In 2020, the Northside Planning

Council (NPC) partnered with the City of Madison to commission these murals for the 2020 census. The panels feature 28 portraits of people of different ages and ethnicities, representing the diversity and beauty of the Northside

The Northside Counts continued on page 6

Image provided by City of Madison



A rendering of the planned WPCRC expansion

Warner Park Center expansion planned

By Anita Weier
Northside News

A long-expected expansion of the popular Warner Park Community Recreation Center is approaching reality. The 32,000-square-foot facility, built in 1999, would be enlarged by 12,000 square feet, most of it consisting of a second larger gym, which will feature sport flooring to allow more uses. The present gym's floor has been damaged by some uses.

Information provided by Engberg Anderson Architects supported adding a second gym space and renovating locker rooms. The second gymnasium space will be configured and finished to host the wide range of classes, events and sports identified of interest by stakeholders and building users. The current

locker room configuration will be replaced with small locker alcoves near the gymnasiums. There will be individual shower/change rooms.

The current gymnasium is very heavily programmed, having been reserved for 81% of its available hours in the facility use data provided by WPCRC planning staff. The existing gymnasium is used for fitness classes, open gym time, building-wide events, and practices/tournaments organized by community basketball and volleyball leagues.

WPCRC staff is currently turning away three to four gym rentals per day due to a shortage of available space and time slots. A second gymnasium is required for larger basketball and volleyball tournaments to be held on weekends.

Placing the second gymnasium down

a corridor adjacent to the existing gymnasium will maintain existing building circulation around the front desk. The preferred architectural design scheme builds the second gymnasium off the southeast side of the existing building and extends a corridor from the front desk to the expansion.

The existing fitness center and gym storage space will be reconfigured to create the corridor and connect to the expansion. Landscaping will also be improved. Construction on the \$5 million project could start as soon as September.

Some users of the WPCRC were disappointed that more wasn't done to serve other activities. For instance, its meeting rooms are much in demand.

A thorough online presentation of plans in March was followed by an in-person gathering in April. Jim Krueger, director of NewBridge Madison — which serves older adults at WPCRC with activities and food service — attended. He said he was a little disappointed but not upset by the plan because he realizes there are cost constraints, which increased during the pandemic. "We hoped there would be a little more space," but management has promised flexibility in managing existing spaces, Krueger said.

INSIDE

WE'RE HERE FESTIVAL SATURDAY, JUNE 3 4
PARKS ALIVE 7
MAKE MUSIC MADISON 7
LAKEVIEW ELEMENTARY COOKS UP CELEBRATION OF DIVERSITY 16

Northside News 2
Northside Planning Council..... 3
Business..... 4
Community 7
Environment11
History13
School and Youth 14
Library..... 17
Health and Safety 19
Elected officials..... 20
Senior 22
WPCRC..... 23
Calendar..... 24

Kid's Fishing Day Saturday, June 3



NON-PROFIT ORG.
U.S. POSTAGE PAID
MADISON, WI
PERMIT NO. 667

NORTHSIDE NEWS

NORTHSIDE NEWS
www.northsidenews.org

Published bimonthly and copyright by the Madison Northside Planning Council, Inc.
Circulation: 13,700 Households and Businesses
1219 N. Sherman Ave., Madison, WI, 53704
608.230.1221 • editor@northsidenews.org
Printed and mailed by Capital Newspapers

Publisher: Northside Planning Council – Justin Markofski
Editor: Lauri Lee editor@northsidenews.org (608) 230-1229
Design and Layout: John Dyreson
Advertising Sales Manager: Colin Murray ads@northsidenews.org
Submissions Manager & Copy Editor: Rita Lord submissions@northsidenews.org
Proofreading: Therese Kattner, Rita Lord and Anita Weier

June / July 2023 Writers & Photographers

- | | | |
|---------------------------|-------------------|----------------------|
| Madelyn Anderson | Moubarak Je Je | Paul Noeldner |
| Jan Axelson | Therese Kattner | Pete Olsen |
| Ascendium Education Group | Susan Kaye | Helen Osborn-Senatus |
| Janet Battista | Lucas Kubasik | Dan Pancamo |
| David Benson | Lauri Lee | Frankie Pobar Lay |
| Chris Brockel | Chelsea Mamott | Justin Sargent |
| Casey Bultman | Abbie Mannenbach | Virginia Scholtz |
| Becca Carpenter | Justin Markofski | Eric Shipley |
| Greta Casey | Catherine Masters | Brendon Smith |
| Cynthia Chin | Kelley McCann | Jason Van Pelt |
| Dominic Davis | Regina McConnell | DeShala Walker |
| Meri Rose Ekberg | Jolieth McIntosh | Anita Weier |
| Precious G. | Nancy McLean | Jane Wieman |
| Ravi Hirekatur | Matt Meyer | Kathlean Wolf |
| Paul Huber | MGE | M.L. Wright |
| Lauren Hamvas | Dennis Mossholder | Yahara Fishing Club |
| John Harrison | Wendy Murkve | |

Next Issue: August/September 2023

Contribution Deadline: Wednesday, June 28, 2023

Date Distributed: July 25, 2023

Thanking you

We are HIRING

We greatly value and appreciate your support of our locally owned small business during these unprecedented times.

Join our amazing team.

We're open for you and to support the local community. You can count on us for every ing you need.

Now hiring full- and part-time positions.

The UPS Store 

Northgate Shopping Center
1213 N Sherman Avenue
608 663-9090

Ask for Margo.

I'M PROUD TO SUPPORT THE NORTHSIDE NEWS

- Do you love your Northside community newspaper?
- Do you read it cover to cover when it arrives in the mail?
- Does it feature articles about neighbors and issues you care about?

If you answered yes to any of these questions, then consider paying for a voluntary subscription.

Why take out a voluntary subscription for a free publication?

It's true — the Northside News will arrive in the mail whether you pay for a subscription or not. But with your voluntary subscription, you can help ensure that it remains a high quality publication accessible to all. While our advertising revenues make us mostly self-sufficient, we are subject to the fluctuations of the economy, especially as print media suffers all over the country. If you would like to help protect the Northside News for future years and help us explore new innovations in our community journalism strategies, then consider paying for a voluntary subscription.



With your donation of a voluntary subscription to the Northside News, you will receive the below bumper sticker in the mail thanking you for your support. As a nonprofit, your donation to the Northside News is tax-deductible.



Yes! Please sign me up for a voluntary subscription. Enclosed find \$24 for six issues:


Name _____

Street Address _____

City _____ State _____ Zip _____

Phone _____ Email _____

Please make checks payable to the Northside Planning Council and send to:

 **Northside Planning Council**
1219 N. Sherman Ave.
Madison, WI 53704

2023 ADVERTISING RATES

Aug/Sept Deadline: Wednesday, June 28, 2023

\$20/column inch for grayscale ads – \$22/column inch for color ads
Reach +13,500 households with every issue. *Special rates for nonprofits.*

Ad Sizes	Dimensions	Grayscale	Color
16th Horizontal	4.917"W x 2"H	\$ 80.00	\$ 88.00
16th Vertical	2.375"W x 4"H	\$ 80.00	\$ 88.00
8th Vertical	2.375"W x 8"H	\$ 160.00	\$ 176.00
8th Square	4.917"W x 4"H	\$ 160.00	\$ 176.00
Quarter Page	4.917"W x 8"H	\$ 320.00	\$ 352.00
Half Page	10"W x 8"H	\$ 640.00	\$ 704.00
Full Page	10"W x 16"H	\$1280.00	\$1408.00

Flyer Inserts (delivered to printer by advertiser):
Please contact Lauri at editor@northsidenews.org or 608-334-4969 for rates.

 **Northside Electric**
"NOT THE BIGGER GUY,
JUST THE BETTER GUYS"

Northside Electric would like to Thank everyone for their support of Local Small Business

We are Open and here to Serve you

We are following CDC guidelines for your protection while still providing you with excellent service Again, Thank You for your support.

**Sincerely,
Mark Blankenship, Owner - Northside Electric**



249-3373 • NorthsideElectric@gmail.com • Licensed & Insured

Where's Nort? Find Nort to win a prize!

Send us a list of businesses whose ads you find Nort hiding in, and your name will be added to a drawing for prizes. How many are there? You tell us!

Submit your list to:
Northside News
1219 N. Sherman Ave.
Madison, WI 5370

The April/May Winners
Jayme Fox
Kate Gallagher

Or, email it to us at office@northsideplanningcouncil.org

Include your full name, mailing address and either your phone number or email address so we can contact you if you win.

Thank you to the FEED Bakery Training Program for their donations to the Nort scavenger hunts.



NORTHSIDE PLANNING COUNCIL

From
Justin Markofski
NPC Executive Director



Greetings, Northside neighbors, I am so glad to have heard from a number of you in response to last issue's invitation to share your voice and perspective on topics of importance to you. I will keep asking this question, because I am convinced that we each have experiences, viewpoints, contributions and connections to offer that added together make an essential and positive difference for this place we all call home.


Right now, I want to talk about "Social Cohesion," which is highlighted within Goal 3 of Public Health's "Roadmap to Reducing Violence" document. One definition of social cohesion is "the strength of relationships and the sense of solidarity among members of a community". As we head into summer there are some great opportunities to build social cohesion for each of us Northsiders. There are so many

great community events including the We're Here Festival at Northgate, multiple Parks Alive events at Warner Park, Make Music Madison event at FEED Kitchens, as well as many other locations.

But efforts and opportunities to connect don't have to be either grand or expensive. Let me illustrate with a few simple examples from the Northside this year. In late winter one household in the Sheridan Triangle Neighborhood Association opened their home to all neighbors in that area to come and join them for some food, drinks, and socializing. On a Saturday morning in early spring 10 households from the Troy Gardens Neighborhood came out for some land stewardship service, picking up trash and removing a few dead trees together. Finally, on a Friday evening mid-spring, youth and staff from four different Northside neighborhood centers came together for food and fun at Warner Park. Each of these were successful and worthwhile.

Building social cohesion is associated with positive health outcomes and even lower crime. Let's choose to connect with neighbors this summer to enhance our well-being.

From
Lauri Lee
NPC Board Chair



As the chair of the NPC Board of Directors, it is my honor to reflect on the past 30 years of growth and development that have transformed our neighborhood into the community it is today. In 1993, residents and businesses alike celebrated the change in community identity from the Northeast side to the Northside.

When the NPC first started our work, the Northside was an overlooked area of the city. But with a dedicated group of community members and leaders set in place by city leaders, we set out to change that. We knew that our community had so much potential, and though the organization's leadership periodically changed, the torch was passed to see the work realized. Leaders have worked tirelessly to build a strong foundation for our community and advocated for a better quality of life for


everyone. NPC has provided opportunities for residents to come together to build a stronger, more cohesive community. The Northside News, which we began in 1994, has been instrumental in creating a strong sense of community.

NPC has also focused on developing partnerships with local businesses and nonprofits, working to build a network of support for our community. Our collaborations with schools, nonprofits, business associations and other community groups have helped to create a more connected and cohesive neighborhood.

Looking back on our successes, it's clear we have come a long way. Our community is a diverse and inclusive place to call home. As new businesses and nonprofits move into the area our local economy grows stronger and more diverse. Residents are proud to call the Northside home and we continue to work together to make it even stronger.

As NPC celebrates our 30-year milestone, I want to thank each and every member of our community for their dedication and hard work. We have accomplished so much together, and I know that we have an even brighter future ahead.

From
Chris Brockel
NPC Food Systems Director



If ingenuity, creativity, hustle and hard work were the only keys to successful entrepreneurship, all 82 businesses currently incubating and operating out of FEED Kitchens would fulfill their dreams and the products made here would all find their way to store shelves and kitchens across our region. Unfortunately, this is not the case. The belief that individuals or communities just need to pull themselves up by their bootstraps and work hard to find success is simply a myth. Bootstrapping qualities already exist in our communities and neighborhoods, and if those qualities were all it takes to move up, our community would look a lot different. FEED Kitchens prides itself on working with entrepreneurs who have all the personal success characteristics but lack access to social and financial capital to invest in their talent and ideas. To put it more

plainly, access to opportunity. Folks interested in FEED Kitchens regularly ask why it's important to make donations and support FEED when folks inside the building are operating businesses and making their own living. When you begin to understand the long-term effects of whole communities being isolated from access to resources, it is easier to see why supports are needed. Hard work and grit are a good start but access to equipment, capital, technology, bureaucracy, industry information, and emotional support are what ultimately leads to success. And that is what we supply at FEED Kitchens. Currently 66% of the businesses operating out of FEED are owned by people of color and 55% are owned by women, two groups that have historically been denied access to opportunity. Sliced another way, just over 50% of the businesses are owned by low to low/moderate income individuals who lack deep networks of support outside of FEED Kitchens. Combined with their natural desire to do better, the support that FEED Kitchens offers these entrepreneurs gives each one a better chance of success, and gives our community a stronger, much more flavorful, local food system.

NPC Board Members 2023
Lauri Lee, Chair; Shaunté McCullum, Co-Chair; Areli Estrada, Vice Chair; Kerri Mallien, Treasurer; Renee Buchanan, Sue Peck and Ruth Schultz.

-  **Northside Planning Council**
northsideplanningcouncil.org
-  **Northside News**
northsidenews.org
-  **Northside Economic Development Coalition**
northsideplanningcouncil.org
-  **MarketReady**
marketreadymadison.org
-  **FEED Kitchens**
feedkitchens.org
-  **Healthy Food For All**
hffadane.org
-  **FEED Bakery**
feedbakery.org
-  **FEED Bakery Training Program**
feedbakery.org

The Northside Planning Council is grateful to the 2022 supporters.

\$89,000+
State of Wisconsin
Department of Administration (Equitable Recovery Grant)



\$65,000
City of Madison Office of Community Services



\$30,000
Dane County UW-Extension



\$9,000
Yeng Yang (Yummee Treats)



\$5,000
Evjue Foundation



\$2,500
Madison Gas and Electric



\$1,500
Willy Street Co-op

\$1,000
Rita & Bob Lord

\$1,000
Northside Towne Center



\$1,000
Dan & Patti Rashke Family Foundation

\$1,000
Sue Goldwomon

\$1,000
Frederick (Fritz) Kruger

\$1,000
John Frautschi Family Foundation

\$1,000
Dane Buy Local Soup's On!



BUSINESS

Willow Counseling & Therapeutic Arts Center offers holistic approach to psychotherapy and counseling

By Lauri Lee
Northside News

Willow Counseling & Therapeutic Arts Center is a place where people can go to heal and thrive. Located at 615 N. Sherman Ave., they offer psychotherapy and a variety of holistic approaches to help people overcome challenges and live more fulfilling lives. People come from all over seeking help with a life challenge that has plagued them for years, even decades.

At Willow, the therapists take a whole-person approach to healing. This means they don't just focus on one specific issue or problem but look at a person's life as a whole. They believe that every aspect of a person's life is interconnected, and that addressing one area can lead to positive changes in others.

To help clients achieve this holistic approach, Willow offers a range of therapeutic techniques. One approach is experiential therapy, which involves using activities and exercises to help clients explore and express their feelings. This can include things like art therapy and body movement.

Expressive therapy is another approach that involves using creative expression, such as writing, drawing, dollmaking or other hands-on art projects. These activities help clients process their emotions and experiences. This type of therapy can be especially helpful for people who find it difficult to express themselves verbally.

Willow also incorporates mind-body therapies into their work. These therapies focus on the connection between the mind



Photo provided by Tammi Wolfe Zine

Tammi Wolfe Zine

and body, and how our thoughts and emotions can impact our physical health. Techniques such as meditation, mindfulness and Reiki are often used to help clients manage stress, anxiety and other mental health issues. The yoga studio offers classes for all levels including chair yoga and gentle movement yoga.

Several therapy modalities are available to help people challenged by eating disorders. One group is FUEL, which is a disordered eating restriction lunchtime support group. Participants bring their own lunch and eat together. Another support group, BEE, stands for Beyond Emotional Eating. A new partnership with Willy Street Co-op provides recipes in the Willow newsletter for additional support.

Traditional talk therapy is combined with other therapies to provide a comprehensive

and personalized treatment plan for each client. Willow's therapists work closely with each client to understand their unique needs and create a plan that works for them and helps build resilience in uncertain times and during modern-day challenges. It's important to have the tools and support to cope and adapt. By providing a safe and supportive space for healing, Willow is helping people build the resiliency they need to thrive in the face of adversity.

Whether you're dealing with a specific issue or just looking to improve your overall well-being, Willow Counseling & Therapeutic Arts Center can help. Their holistic approach to healing can help you heal the whole person, build new resiliencies, and live a full, authentic life.

For more information visit willowcounselingandarts.com or contact Tammi Wolfe Zine at 608-445-2510 to schedule your consultation for support and guidance.

Pinnacle Life Coaching helps you reach your full potential

By Lauri Lee
Northside News

Pinnacle Life Coaching, owned by Angie Lueck, is a coaching service that provides clients with the support and guidance needed to reach their goals and achieve success.

Whether you are feeling stuck or unfulfilled, are looking to improve your career or relationships, or are seeking personal growth and want to take your success to the next level, a life coach can help you reach your full potential and create the life you truly desire. Life coaching helps individuals stay on track and motivated, even when the going gets tough.

The sessions help with your mindset and provide accountability to reach goals. The coaching process at Pinnacle Life Coaching is tailored to meet your specific needs and goals to create a customized plan for success. Coaches help identify limiting beliefs and thought patterns that may be holding you back from success. By shifting your mindset and focusing on positive, empowering thoughts, you can achieve greater success and fulfillment in your life.

Pinnacle Life Coaching offers a variety of coaching services, including career coaching and personal growth coaching. "Kitchen table coaching is a favorite of mine because people feel more comfortable talking in their home," said Lueck. "I love the title of a book by David H. Sandler and



Photo provided by Angie Lueck

Angie Lueck

John Hayes, 'You Can't Teach a Kid to Ride a Bike at a Seminar.' The point is you need to learn by experience, not by listening to someone talk at you and expect yourself to learn the concept. That is why I love offering hands-on coaching sessions."

Pinnacle Life Coaching services are offered through Willow Counseling & Therapeutic Arts Center. They are located in the Lakewood Shopping Center at 615 N Sherman Ave., in the suites above Ancora Café & Bakery. Contact angie@plifecoach.com or 260-443-8479 to schedule your consultation.



We're Here Festival

Northgate Shopping Center

North Sherman Avenue & Aberg Avenue

Saturday, June 3

12-4 pm

Come connect with businesses and enjoy discounts and free festivities.

- First 50 people receive \$10 entertainment bucks to shop in participating stores.
- Free food by Falbo Bros. Pizzeria and food trucks.
- Live DJ with your favorite mascots, face painting, balloon twisting, 360 photo booth and your favorite concessions.



Meet Precious G. of PDice Entertainment

By Precious G.
PDice Entertainment

I am Precious G., the owner of PDice Entertainment LLC, a mascot and entertainment business. My business serves communities all over with the best mascots, concessions, and a 360-photo booth.

During the pandemic, I made a career change. I started off with two mascots from Nickelodeon's Paw Patrol. The first year I worked with Monona Police and parks district. Now my second year I'm working with the Black Chamber of Commerce, Middleton Chamber of Commerce, opened for One City School, am a member with Dane Buy Local, and work for Urban Triage. I received a City of Madison economic development grant to help create this Northside event, and there is more to come from me.

I am excited to show off my hosting skills and how great I am with youth and raise vibrations with my positive energy. PDice Entertainment's goal is to reach youth and use that energy to promote wellness. The We're Here Festival is Saturday, June 3, from 12-4 pm at Northgate Shopping Center. It is open to everyone and free to attend. The goal is to get the community to come out and support local businesses. The first 50 customers get 10 entertainment bucks to shop or save in



Photo provided by Precious G.

Precious G. of PDice Entertainment

participating stores.

There will be free entertainment with a live DJ, popcorn, cotton candy, food trucks, Falbo's pizza, face painting and balloon twisting.

I've done a lot and worked hard to get where I am and am proud of all I have accomplished, with much more to come.

In 2013 I moved here from Chicago. I started working at two jobs just to make ends meet. After not getting hired full-time through my city jobs, I got into construction. I became a plumber, which brought me onto national TV with Steve Harvey. Working in construction since 2016, I felt it was time I started my own business doing something I love — Working with youth, families and communities.

For more info 608-225-6505 fb/PdiceEntertainment

BUSINESS

Rude Brew Kombucha graduates from FEED Kitchens

By Chris Brockel
FEED Kitchens

The parade of graduating businesses from FEED Kitchens continues in 2023 with the announcement that Rude Brew Kombucha is moving into a new production facility. Rude Brew will be the fifth business graduating from FEED this year.

An active foodie, forager and home-brewer of kombucha, Lacy Rude started her business at FEED Kitchens in the summer of 2017. At that time, she was fermenting kombucha in a single five-gallon bucket. From this humble beginning, Rude Brew is leaving FEED Kitchens with one 100-gallon and two 55-gallon stainless steel fermentation tanks, shelves full of inventory, and a pocketful of sales invoices.

Through the constant hustle of attending trade shows and markets and offering samplings of her product, Rude has intentionally grown her business to the success it is finding today. Rude Brew Kombucha will now be making its organic, seasonally and locally flavored drinks in the former Banzo restaurant production space on Williamson Street where she will be co-located with another beverage maker and FEED Kitchens graduate, Let It Ride Cold Brew Coffee.

The transition from the protective space of FEED Kitchens to an independent production space is not an easy one. Many successful FEED Kitchens businesses share



Photo from Rude Brew Kombucha

Lacy Rude

the same issue. When businesses start at FEED Kitchens, it's a bumpy ride getting the business off the ground before finding some traction and becoming comfortable at producing and growing the business. When transitioning to the next iteration of business growth that same level of anxiety from start-up comes back — cash flow, paying bills, taking full responsibility for equipment and infrastructure. Leaving the comfort of blanket support with other food entrepreneurs become a big concern when leveling up.

"FEED Kitchens has been the most

supportive, loving and inclusive community I have ever been a part of," said Rude. "When I first decided to really go for it and launch my business, Chris and everyone there were so welcoming and informative. I came in with many barriers; they helped me with the ins and outs, paperwork and were just generally supportive and remained so for the entire six years I was a member there. I don't know that I would have been able to accomplish

what I have with my business if it wasn't for these wonderful people, that I consider my friends and family and whom I hope to be connected with my entire life. I am eternally grateful for their love and support. It has been life changing."

Being an entrepreneur is all about risk taking, and with risk comes rewards so Rude is taking the leap. FEED Kitchens certainly hopes for continued growth and success of Rude Brew Kombucha.

What's new at Willy North

By Brendon Smith
Willy Street Co-op

Call for Artwork from young artists

On the back page of this issue of the Northside News, you'll find a full-page illustration that children can color and embellish. Children ages 2–12 (along with a caregiver) can bring the page to the Willy North customer service desk between June 1–June 28 and receive a prize; the caregiver will receive a coupon good for \$5 off a \$25 purchase.

We're also offering 10-minute store tours every quarter hour from 1–4 pm every Wednesday in June. Caregivers who go on the tour will get a coupon good for \$5 off any purchase. See page 24 for details.

Inclusive Trade Program

In May we launched an Inclusive Trade Program to highlight products from companies owned, controlled and operated by individuals from underrepresented groups. A vendor will be considered an Inclusive Trade vendor if it is at least 51% owned, controlled and operated by a person or persons who belong to one or more of these groups: Black, Indigenous, and/or Persons of Color; LGBTQIA+; women; veterans; and persons with disabilities.

Inclusive Trade vendors have an icon added to the products' price tags and are highlighted in other ways in our stores, on our website and on social media. In the price tag example shown here, the yellow circle with the "i" indicates the product is made by an Inclusive Trade vendor. The purple



square indicates its a locally made product. We believe highlighting these vendors will help customers more easily identify products in line with their values, drive more business to these vendors, and help us make progress toward our diversity, equity and inclusion goals for Willy Street Co-op's vendors and customers.

Bathroom and breakroom upgrade complete

The work to upgrade the Willy North bathrooms and staff breakroom is complete. Thanks for your patience.

Interested in working at the Co-op?

We are seeking people with great customer service skills to work in our stores. Our entry-level wage starts at \$16.90 an hour, and we have an excellent benefit plan. Employees who meet minimum hours requirements receive a 20% store discount, health and dental insurance, paid time off, 401(k) and more.

Visit willystreet.coop/employment to see currently open positions and to apply. We are an EOE/Affirmative Action Employer.

Ascendium's education philanthropy

By Ascendium Education Group

Ascendium takes pride in its ties to the Northside and Madison area communities. It's why we support local organizations and give back through programs that allow our staff to get out in the community and donate their time and skills to help local non-profits succeed.

You may have seen us serving the community at River Food Pantry or the East Madison Community Center, but you may not know that Ascendium also makes an impact across the nation through our philanthropy.

Some challenges cannot be overcome by personal grit alone. That's why as a national funder, Ascendium is working to improve postsecondary education and workforce training systems. Our philanthropy addresses the persistent barriers that stand in the way of success for learners from low-income backgrounds, especially first-generation students, rural community members, veterans, students of color and incarcerated adults.

As one of the nation's largest and most active postsecondary education and workforce training philanthropies, we channel the net proceeds from the services we provide and investments we make into our philanthropy programs. In 2022, we awarded \$122 million in new grants supporting partners working on innovations to create paths for these learners.

Keith Witham, our vice president of education philanthropy shared, "We know that the opportunity to succeed in education

after high school, whether through college or a high-quality skilled trades program, is critical to finding rewarding work that offers family-sustaining wages and benefits. Our grant partners work to address the barriers that stand in the way of that opportunity, especially for those from low-income backgrounds."

What does the future hold? Ascendium knows that today's students need supportive, affordable and flexible pathways through postsecondary education to good jobs. Changing learner demographics and enrollment patterns coupled with the COVID-19 health crisis have given birth to learning innovations such as hybrid learning pathways, new ways to count credit for work done toward a degree and short-term, workforce validated credentials, among others. In addition, policy developments like the opening of Pell Grant eligibility for incarcerated learners in July 2023 create new opportunities.

Some of our activities this year include our investment in the work of organizations supporting incarcerated learners' success, continuing to place rural learners at the front and center of our strategy and assessing the outcomes of workforce training credentials that target adults in low-wage jobs. In addition, our philanthropy is looking beyond enrollment and credential completion to determine which credentials truly lead to economic mobility and a brighter future for all.

Learn about Ascendium and our philanthropy at ascendiumphilanthropy.org.

RUTH SCHULTZ
ABR, REALTOR®
Because a Home is More than a House

FIRSTWEBER
REALTORS®
608-770-1861
schultzr@firstweber.com
www.ruthschultz@firstweber.com

DuWayne's
HAIR SALON

Setting Madison's Style Trends for Over 63 Years!

DuWayne's is at full staff and ready to take care of all your needs.

Hair, Nails, Tanning, Full Body Waxing, and the finest Eufora hair care products

duwaynessalon.com | 241-0323
2114 N. Sherman Ave. | Madison, WI 53704

BUSINESS

It's summer — Food cart season has arrived

By Chris Brockel
FEED Kitchens

Many people think of FEED Kitchens as “that food cart place,” and it is hard not to have that impression when driving by the facility on North Sherman Avenue and seeing the expanding collection of food carts and trucks filling the parking lot. While there is so much more that goes on inside of FEED Kitchens, it is true that during the “event season” in Madison, food carts reign supreme here. This year, FEED is hosting 29 mobile food vending businesses, including everything from hot dog push carts to fully equipped traveling kitchens and all types of structures in between. FEED Kitchens attracts carts to its facility because all mobile food vendors, regardless of their production model, must be based out of a commercial kitchen. FEED Kitchens is one of the few available commercial kitchen options to entrepreneurs who don't have their own production space, typically a restaurant, out of which to work.

Every spring FEED is excited to welcome back our returning food cart operators and listen to their stories of the well-earned time they spent away during the winter. It is also an exciting time as we welcome and support a new crop of wide-eyed and optimistic food cart operators.

In Madison we are proud of our food cart scene and there is almost always a sense of joy when seeing one parked



Photo by Frankie Pobar Lay

Thailand in a Truck

on the street or at your favorite summer event. But what is it about food carts, besides being so darn cute, that makes them special to our city?

Economic Development: Food carts are the classic locally operated business. Food carts are almost always locally owned and operated by an individual or family who has fantastic culinary chops but does not have the resources to start a brick-and-mortar establishment. Food carts are a way of helping and supporting great chefs and their projects in our community. Being locally operated, money spent at food carts is regenerated through our local economy and is not shipped away to some out-of-state corporate headquarters. Finally, food carts

create jobs. The average hourly wage being paid by vendors at FEED Kitchens these days is over \$16/hour and, if you are on a food cart you are likely getting tips as well.

Culinary: Food carts bring tastes and flavors of cultures from around the world to which we may otherwise not be exposed. We host cart operators from India, Puerto Rico, Mexico, El Salvador, Jamaica, Costa Rica, Thailand, Laos, Tibet, Japan, and Senegal who are providing tastes of their culture as well as providing innovative food choices. This variety expands our own world and our world view.

Mobility: Food carts can bring food to the people and can create access to well-crafted food that may not exist in certain areas or neighborhoods. This mobility also means that flavors and offerings in any specific place can and do change on a regular basis, allowing folks to try new foods and expand their palettes.

Now that it's summer, food carts, push carts and food trucks have hit the streets as well as vending at your favorite festivals and street fairs. Plan your visits to your favorite mobile vendors and always be open to trying out the new vendors you happen across. The business and chef you are supporting could be Madison's next big thing, or you might be helping a new immigrant a chance at the American dream – business ownership.

The Northside Counts

Continued from page 1

community. The art project was created by DAMA (then Dane Arts Mural Arts and now known as Developing Artists, Murals & Alliances). DAMA's website, damawi.org, features a 2½ minute video by Emida Roller showing the creation of the art under “Recent Projects.” The video depicts how over 55 community members and artists collaborated to bring this mural to life.

After its creation, the art was ready for showtime except pandemic restrictions suddenly sidelined the project and the art was tucked away for a time. Fast forward and here we are in 2023, with the art murals rediscovered, the project recovered and the art hanging for all to see. A big thanks goes to Tara Endres of Sign Art Studio and her team in Mount Horeb who chose to donate their time and expertise to install the art for free. Amazing.

Sign Art Studio joins the list of other collaborators that include the City of Madison, La Follette High School and MMSD, Warner Park Community Recreation Center, Hallman Lindsay Paints, DAMA and, of course, NPC.

So, as you can see, this has truly been a collaborative and community process and we are glad to celebrate and display the outcome for the whole Northside. Enjoy the art and thanks to all who had a part in this project through its history.

FEED Kitchens Table Talk, a local food podcast is launched

By Frankie Pobar Lay
FEED Kitchens

FEED Kitchens and the Northside Planning Council are launching their first ever podcast series this spring. The series will be called “FEED Kitchens Table Talk” and will focus on food entrepreneurs that are either current members or graduates of FEED Kitchens who have gone on to grow their businesses outside of our space. There are so many stories to tell in the local food scene, and we begin by exploring these business owner's personal and cultural backgrounds, their inspirations for starting their own business, the challenges and successes along the way, and their ideas and plans for further business development.

You may recognize some of our interviewees and their brands from local festivals, the Capitol Square, Library Mall, or on store shelves locally and regionally. With dozens of member businesses, FEED Kitchens is perfectly situated to give voice to these entrepreneurs and help communicate insights on the local food system from the perspective of the people who move and shape it. Local food systems are not only a gateway to delicious foods and exposure to cultures from around the world, but they are also a critical aspect of the economic, social and environmental issues that our society faces



Photo by Lora Friedrichs

Frankie Pobar Lay and Tony Castaneda

today. These small business owners know this better than anyone else, and often incorporate social good into their business models as well.

FEED Kitchens hosts all kinds of member businesses, from food carts and caterers to small sauce manufacturers, bakers, nonprofits and community groups. This new podcast series will be an in-depth look at the local food system as seen by the people who help create our richly diverse local offerings, and we hope you'll tune in on your favorite podcast app. It will be hosted by local jazz musician and WORT Thursday 8 O'clock Buzz morning host Tony Castaneda. Our first episode aired on May 1, with many more to come.

Grayson Cline joins Madison Chiropractic North

By Therese Kattner
Northside News

Grayson Cline's journey to becoming the newest chiropractor at Madison Chiropractic included a fresh start and a very good piece of advice.

Cline, who joins the practice at 2205 N. Sherman in July, said she'd never undergone a chiropractic treatment herself until she began studying it. Initially, she was in college to earn a degree in physical therapy, excited about the prospect of delivering hands-on care to patients. A job shadowing experience, however, showed her that if she earned the degree she was aiming for, she would most likely be developing and evaluating patients' treatment plans, not providing direct care.

She also learned that as a physical therapist, her relationships with patients might be shorter than she'd like. Insurance might allow a post-surgical PT patient, for example, just a handful of appointments, she said.

“You only see that patient for a few visits, and then you never see them again, you never know what happened,” she said. “Physical therapists do amazing things, but I like to see the entire journey, not just part of it.”

While bartending at a Green Bay country club and deliberating what to do, a chiropractor for the Green Bay Packers recommended that she consider training as a chiropractor and transfer to Palmer College of Chiropractic in Iowa. She took that

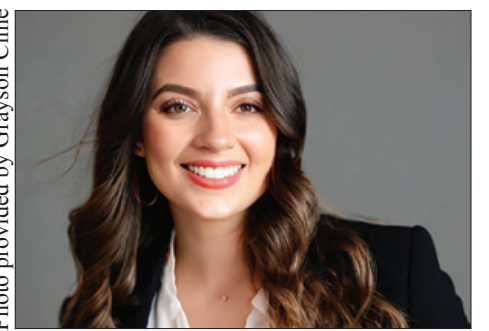


Photo provided by Grayson Cline

Grayson Cline

recommendation and completed her doctorate of chiropractic after a little more than three years of year-round study.

Her current focus is working with the general population, but she's received extra education in tending to extremities, “which comes into play a lot with athletes,” she said.

That knowledge is helpful for treating non-athletes as well, she said. “Just because you have pain in your hip doesn't necessarily mean it's being caused by your hip. It can be caused from your knee being out of place.”

During an internship in McFarland, she learned quite a bit about treating feet. “The spine is the core, but your feet are the base of your body, so why aren't we also focusing on your feet so we're making sure you have a solid foundation?” she said.

Welcome Grayson Cline to Madison Chiropractic, 2205 N. Sherman Ave. 608-244-0044 Website: madchironorth.com



Sue Gilbertson
homesinmadison.net
suegilbertsonrealtor@gmail.com
(608) 576-4488

Selling the
Northside of
Madison one
house at a time.






Strengthening the Fabric of Our Community.
Kerri Mallien, Banking Center Manager
NMLS #1872673 | 608-237-0758 | kerri.mallien@oldnational.com
2929 N. Sherman Ave., Madison, WI 53704



Your bank. For life.™



COMMUNITY

Make Music Madison to be held June 21 on summer solstice

By Meri Rose Ekberg
Make Music Madison

Make Music Madison is returning for its 11th annual citywide free musical celebration held on the summer solstice, Wednesday, June 21.

Make Music Madison is part of Make Music Day, an international event launched in 1982 in France as Fête de la Musique. Make Music Day is celebrated on the same day in more than 1,000 cities in 120 countries around the world. Across the globe people of all ages and skill levels come together to make music.

Completely different from a typical music festival, Make Music Day is open to anyone who wants to take part. All types of musicians — young and old, amateur and professional, of every musical persuasion — pour onto streets, parks, plazas and porches to share their music

with friends, neighbors and strangers. All of it is free and open to the public.

“Make Music Day is about bringing our community together to celebrate the joy of live music and the value of music to our creative economy. All live-sound creation is welcome, as Make Music Madison’s motto is ‘performed by anyone, enjoyed by everyone,’” explained Managing Director Meri Rose Ekberg. “This year we expect more than 500 musical events to take place across the city.”

Madison will be filled with music at over 100 venues from 8 am–9 pm. An interactive map of the full schedule of events is available at makemusicmadison.org.

Northside highlights

- The Rainbow Pavilion at Warner Park will be filled with music from 10 am–9 pm thanks to hosts, Witkins Realty.
- Lakeview Library will feature



Photo by Pete Olsen

Uncle Jim performed at Bierock in 2022 for Make Music Madison

music from 10 am–8 pm.

- Bierock will host performers from 3–8:30 pm.
- The Subvocal Stage at 4222 Esch Lane in the Lake View Hill Neighborhood will host music from 8 am–9 pm.

Make Music Madison is sponsored by the Madison Arts Commission with additional funding provided by the Wisconsin Arts Board, Madison Community Foundation, Dane Arts, Cinnaire, Capital Music Gear, Metcalfe’s Market and generous individuals. Local media partners include Fox 47, WORT and Wisconsin Public Radio.

FEED Kitchens to host Make Music Madison venue

By Frankie Pobar Lay
FEED Kitchens

Make Music Madison Day, June 21, will bring musicians to public parks, businesses and music venues all across the city. FEED Kitchens will be one of the performance venues for the first time this year.

On Make Music Madison Day there will be live music in the front lot of FEED Kitchens, 1219 N. Sherman Ave., from 12–6 pm, and will feature a variety

of musical artists and styles. We will have tents set up for folks who are looking for some shade.

There will also be opportunities elsewhere on that day to participate in group jams, drum circles and sing-alongs, so keep an eye and an ear out for what’s happening in your neighborhood.

If you or someone you know is interested in performing that day, May 26 is the deadline to sign up on the Make Music Madison website (makemusicmadison.org).

We hope to see you there.



Photo provided by Madison Public Library

Parks Alive is a fun-filled event organized to get to know your neighbors.

Parks Alive returns in 2023

By Dominic Davis
City of Madison

Hey, Northsiders. Get ready to build connections with your neighbors in City of Madison Parks with the return of Parks Alive this summer. Held in nine parks across the city, Parks Alive events are a chance for residents to visit their neighborhood green spaces, listen to music, participate in fun, family-friendly activities, enjoy a snack and get to know their neighbors.

A goal of Parks Alive is to build strong neighborhoods by enhancing opportunities for residents to get to know one another while utilizing neighborhood assets, like parks. Similar to last year, events planned for 2023 will vary by location and day but residents can expect DJs, food carts to

provide a free snack, and lots of fun activities for residents of all ages.

There will be four Parks Alive events on the Northside hosted on the following Wednesdays from 5–8 pm at the south end of Warner Park along Trailsway: June 28, July 12, July 26 and Aug. 9.

Be sure to check out the City of Madison Parks website for more details and list of all events: cityofmadison.com/parksalive

Please contact Justin Markofski at 608-444-6640 or director@northsideplanningcouncil.org if you live in the Brentwood neighborhood and wish to help with organizing or planning for these events.

Come connect with your neighbors and engage in your community. Have fun!

Register for Door of Hope Third Annual Golf Open

By Melanie Yeazel
Door of Hope

At Door of Hope our passion is to see families and kids on the Northside of Madison flourish and to see more students from low-income families provided with a chance to be on the positive side of the opportunity gap.

Our hope is that through our many partnerships in the community, we will be able to meet kids where they are and provide a learning environment that gives students an equal opportunity to succeed.

All of this is accomplished through providing STEAM after school programming free of charge to middle school students, in a fun, safe, learning environment.

As an organization, we have experienced firsthand the difference that a focused program, tailored to the unique needs of a particular neighborhood, can make in the life of an entire community — it can create a path away from the expected outcomes

of the cycles of poverty, toward entirely new opportunities for success, ones that lift whole families towards better, brighter futures. The students are right here in your backyard — the Northside of Madison.

Our big fundraiser of the year is coming up — our third annual Door of Hope Golf Open. It will be held Monday, Sept. 18, at the Maple Bluff Country Club. We can sure use your help. Please consider a sponsorship at our event — you would have your name out there on the course showing others that you support a terrific nonprofit organization — it’s a win/win! If you can’t manage a sponsorship this year, consider donating an item to our silent auction from your business.

This is an opportunity to partner with us to give our kids a greater chance to succeed both in the classroom and in the community.

To learn more about Door of Hope, or to register for this event as a golfer or sponsor, visit our website at doorofhopewi.org or contact us at info@doorofhopewi.org with any questions.



Rhonda Adams, executive director of The River Food Pantry was honored in May for her 10th anniversary.



BLACK SADDLE BIKE SHOP
NORTHSIDE MADISON

We service ALL bicycles

Fix a Flat
\$5 off with ad

Expiration date 07-31-23

601 N. Sherman Ave.
www.blacksaddlebikeshop.com
608.283.9568



Kelly's Studio



Call today for an appointment!
608.628.4590

Specializing in hair design for the individual. Texture, color and movement to fit your personality, lifestyle and facial features.

Offering **Presage Cutting System**
Revolutionary new shear technology creates texture, volume, energy, movement and curl without perm solutions or any chemicals.

4605 Kennedy Road • Madison, WI

3RD ANNUAL

DOOR OF HOPE GOLF OPEN

SEPTEMBER 18, 2023
MAPLE BLUFF COUNTRY CLUB

Four-Ball Scramble
WITH GUEST CELEBRITY, MARC MCDOWELL

ALL PROCEEDS BENEFIT THE DOOR OF HOPE

COST FOURSOME: \$1,000
INDIVIDUAL: \$250

HOLE SPONSOR \$500

REGISTER AT DOOROFHOPEWI.ORG

*Rain or shine your registration will be considered a donation.
**Registration closes September 1.

QUESTIONS? Contact Melanie at melanie.yeazel@doorofhopewi.org

COMMUNITY



Photo by Helen Osborn-Senatus

Akshay Kalra and Samantha Angelina (pictured left to right) received a Wisconsin Idea Fellowship award for their after-hours food locker project for The River Food Pantry.

UW students help provide new after-hours food lockers at The River Food Pantry

By Becca Carpenter
The River Food Pantry

Thanks to two UW-Madison students, The River Food Pantry has installed 10 outdoor lockers to fill with free food for anyone to access outside of pantry distribution hours. Funding for the new food locker program, called Food NOW (Nights or Weekends), was awarded to UW undergraduate students, Akshay Kalra and Samantha Angelina, through the 2022–2023 Wisconsin Idea Fellowship Program.

Akshay and Samantha’s goal with this program is to meet the community-identified need for an after-hours food distribution system in Madison.

“We are so grateful to Akshay, Samantha and the Wisconsin Idea Fellowship Program for helping us provide this highly requested service,” said Rhonda Adams, executive director of The River. “We know that our neighbors facing food insecurity cannot always visit during our distribution hours. By providing a free 24/7 emergency food supply, Food NOW will increase convenience for community members to access enough food to get through the night or weekend until we are open again.”

Food NOW is meant to provide immediate emergency food support when access to The River’s other services is unavailable. Each locker contains a short-term supply of shelf-stable foods at no cost. To open a locker, users must scan a QR code to complete an online form, which will provide an email with the locker combination.

Anyone is welcome to utilize Food NOW. It is not necessary to be an existing client of The River. Users can access one locker within 24 hours. Once emptied by the previous user, lockers will be restocked by volunteers and staff Monday through Friday.

“As a part of the broader Madison community, we were excited at the opportunity to work alongside The River, an organization we know is extremely hardworking and dedicated to the broader issue of food justice. This project is a small way for us to support The River as well as show our peers at UW the importance of getting involved in the community,” said Samantha and Akshay. “We’re extremely grateful to The River for all of their expertise and guidance throughout this process, and we can’t wait to see how Food NOW grows in the future.”

Learn more at riverfoodpantry.org.

Efficiency Navigator Program enters year two

By Valora Gutierrez
Sustain Dane

In April, Sustain Dane and the City of Madison celebrated the 2022 Efficiency Navigator cohort and announced that applications are now open for the 2023 Efficiency Navigator program. The Efficiency Navigator is a city-sponsored initiative that provides energy efficiency upgrades to multifamily apartment housing. These measures save energy and reduce operating costs for owners and utility bills for residents to keep the units affordable.

“The Efficiency Navigator program is making Madison’s rental housing more comfortable, affordable and climate resilient,” said Madison Mayor Satya Rhodes-Conway. “I’m grateful to our project partners and, especially, to program participants for helping us provide affordable housing and fight climate change at the same time.”

In its first year, the Efficiency Navigator upgraded 88 rental units on the Northside and Southwest side of Madison. These buildings received over 60 efficiency upgrades altogether. As a result, the energy bills for each building are \$300 to \$500 less on average per year. And the carbon footprint of the buildings has gone down by 939,198 metric tons per year — that’s like reducing car travel by 209,000 miles.

“This was something I could do that didn’t require much of me but had good outcomes for the tenants and it was good



Photo provided by Sustain Dane

April 26 Celebration of 2022 Cohort and Launch of Applications Open for 2023

for the environment,” said a participating Northside building owner.

Participation in the Efficiency Navigator is open to unsubsidized multifamily housing with rents that are affordable to households at or below 80% area median income. Selected buildings receive funding in the range of \$10,000–\$20,000 for upgrades such as efficient lighting, improved heating, ventilation and air conditioning systems, insulation and air sealing, water softener optimization or replacement, water conserving fixtures and recommendations to improve home health.

To learn more about the Efficiency Navigator Program or apply as a property owner, visit SustainDane.org.

Fun things to do this summer at Troy Gardens and Troy Farm



Photo by Amy Mills

Chef Yusuf Bin-Rella from TradeRoots serves us a delicious meal on a Thursday night at Troy.

By Paul Huber
Rooted

Greetings from Rooted. We are excited for this summer because we have a lot of great activities planned at 502 Troy Drive. We’ll be offering workshops covering a wide range of topics, opportunities to volunteer and take tours, and pop-up meals hosted by a rotating cast of local chefs. Everything is open to the public, so we hope you stop by and check it out.

Thursday Nights at Troy

- Farm Stand: Every Thursday, June 15–Oct. 12, from 4–7 pm. You can buy fresh certified organic veggies. We take EBT, WIC and Double Dollars.
- Dinners in the Garden: Every Thursday, June 15–Sept. 14, from 4–7 pm. Each week offers a new unique flavor, and the first Thursday of every month is pay what you can. We will occasionally host special workshops and activities as well.

Saturday happenings

- Community Tours and Workdays: Held May 27, June 24, July 29, Aug. 26 and Sept. 30, from 9:30 am–12 pm. We start with a tour of the land at

502 Troy Drive and share about all the things happening here. The community workday takes place from 10 am–12 pm, followed by a potluck at 12 pm.

- Community Workshops: Held May 27, June 10, June 24, July 29 and Aug. 26 at 1 pm. Local speakers will cover a range of topics including seed saving, growing tropical foods in Wisconsin, Afro-Indigenous cooking, and using herbs to make tea.
- Community Garden Summit: As part of a 3-day event, sessions will be held at Troy Saturday, June 17, from 8:30 am–1 pm. Topics will include medicinal plants, cooking demos, and children’s activities. Find more information and register for the Garden Summit at danegardens.net/conference.

Rooted is a nonprofit organization focused on collaborations rooted in food, land and learning. To learn more about what we do and see more details about these events on our event calendar, visit rootedwi.org/engage-with-us/events-calendar.

Troy Community Gardens still has garden plots available. If you are looking for one, contact the Troy Gardens organizers at troy53704@gmail.com.

COMMUNITY



Photo by Regina McConnell

(Left to right) Fred Banks, Tami Niemisto, Adam Frohmader, Ryan Zelen, Mylas Sparks, LC Williams, Rosie Haskins and Marbeli Bruno.

Community volunteers at the East Madison Community Center

By Regina McConnell
East Madison Community Center

For the past 58 years, the East Madison Community Center (EMCC) has been serving the community. Without the countless volunteers and service hours provided, EMCC would not be able to provide programs such as the food pantry and the children’s garden.

A typical Tuesday morning at EMCC is a flurry of activity as volunteers prepare for the late morning food pantry. Pallets of food are unloaded, shelves stocked, meat put into a freezer, chairs and tables set up and more. Area residents, college students, volunteer groups, local businesses and organizations come together as a team to provide food and other resources to community members who may need a helping hand.

The last Tuesday of the month is especially busy with the household items and clothing distribution. The gym is converted into a pop-up thrift store that is very popular. This program requires additional volunteers from 9:30 am–2 pm.

EMCC would like to thank the many community volunteers who chose the center to share their time and talents. They are the foundation of EMCC.

What else is happening at EMCC? All ages can find something to do here. Check out our Facebook page and website (eastmadioncc.org) for program information. You may find a movie, bingo night, art class or other activity that piques your interest.

Volunteers are needed in the food pantry, front office, children’s garden and First Impressions Program, if you have a few hours to spare and would like to join the EMCC community,

Teen program to provide work experience and readiness

By Anita Weier
Northside News

Alder Charles Myadze has been working with Sustain Dane and Northside community centers to develop a summer program that will train local teens for work in the green economy and provide work experience.

Funded with a \$30,000 grant from the City of Madison’s Community Development Division and \$40,000 from the National League of Cities, the program will start in June with at least six people ages 14 to 18. Twenty youngsters have applied, after outreach to

community centers and elsewhere.

The program is based on an existing program in the state of Oregon. Besides training the young people, the program will connect them with a network of businesses.

“It has been an honor to work with Sustain Dane to support and help advocate for this program to become a reality,” said Myadze, who represents District 18 on the Madison Common Council.

Community centers participating include the Vera Court Neighborhood Center, Warner Park Community Recreation Center and the Northport and Packers Community Learning Center.

Photo by Francesca Hong

Intergenerational drum circle

By Virginia Scholtz
Northside News

Folks are drumming together at Warner Park Community Recreation Center in a program co-sponsored by ARTS for ALL Wisconsin.

An intergenerational drum circle began meeting in April. It is expected to expand during the summer months so youth in our community can join in the fun. The sessions are led by long-time musician and professional drummer Marshel Beason, accompanied by David Goldsby. Black Star Drum Line leaders Joey Banks and Elmore Lawson have been invited to be guest drummers (blackstardrumline.com).

The inspiration for a drum circle came from NewBridge Madison staff, who strive to “inspire intergenerational practices that connect older adults and youth, helping us reconnect, build community, combat loneliness and break down age barriers.”

Deenah Givens, program coordinator

for NewBridge, said “drumming creates a powerful state of presence, which takes you out of processing the past or worrying about the future, and out of your stress responses, and brings you instead into a state of freedom within the present moment, where everything is possible.”

There are many well-researched benefits to drumming: 1) improving social connections; 2) reducing tension, anxiety and negative feelings; 3) inciting laughter and good humor; and 4) generating positive energy.

Givens encourages all ages and all ability levels to give drumming a try. She said, “Over the past 20 years I have been part of drumming circles in Madison, and I enjoy the sense of community that is built around drumming and movement.”

For more information, contact Givens at NewBridge, 608-512-0000 ext. 3002, or deenahg@newbridgemadison.org.

The drum circle is scheduled to perform at the NewBridge Summer Concerts June 19 and June 26.

Women who love to sing volunteers

By Casper Soluna
New Day Threshold Singers

Women who love to sing, are fully COVID vaccinated, and would like to become volunteers who sing for people who are seriously ill, dying or grieving, are invited to visit a rehearsal of the New Day Threshold Singers on the first Wednesday of each month from 12:30–2:30 pm at the Lakeview

Library meeting room.

Please RSVP to Casper Soluna at caspersoluna@gmail.com or call her at 608-417-0400 with any questions. The New Day Threshold Singers is a new Threshold Choir chapter that will be added to the more than 200 chapters throughout the United States and other countries.

More information about threshold singing can be found at thresholdchoir.org.



Marie Young at her Far Breton grand opening April 14.

EST. 2019
FAR BRETON
BAKERY
1924 FORDE AVE MADISON WI

Thursday–Sunday 8 am–1 pm
farbretonbakery.com

CAPITAL AUTO CLINIC
2412 Packers Ave.

Home of the **\$6995** Vehicle

BRING THIS COUPON
Need a Car?
Now’s the time to buy!
\$200 off
Prices from \$6,995–\$9,995

Inspected | Safe | With Warranties

608-467-2284 | CapitalAutoClinic.com

COMMUNITY

Tips to save energy during summer cooling season

By Madison Gas and Electric Company

Warmer temperatures have arrived in Madison. MGE has some simple ways to help you save energy as spring and summer return.

Prevent excess moisture

Get your dehumidifier ready for the increased humidity the season brings. While it's important to control high humidity in basements to prevent mold growth and improve indoor air quality, dehumidifiers can cost as much as \$50 per month to operate.

Here are tips of ways to control moisture and reduce dehumidifiers run time by:

- Checking gutter and downspout drainage. Gutters should drain 4 to 6 feet away from the house.
- Sloping soil away from your home's foundation.
- Looking for the ENERGY STAR® label when buying a new dehumidifier.
- Setting your humidifier to a 50% relative humidity setting and checking for leaking hose connections. Remember to empty it regularly or connect the hose to a drain.

Give appliances and vents a spring cleaning

Keeping appliances clean and maintained can help them operate more efficiently. Here are a few quick spring-cleaning tips to keep your central air



system in good shape:

- Hosing off the outdoor central air condensing unit to remove dirt and leaves. Choose a qualified contractor to service your central air every two years.
- Vacuuming dust and dirt from the coils and fan of your dehumidifier and cleaning the filter once a month.
- Wiping any dust that may have gathered on your vents, and if your home has both high (a grate higher up on the wall) and low (a grate closer to the floor) air returns, giving them a quick swish.
- When the seasons change and we go from heating to cooling, it's helpful to close the lower return and ensure the higher one is open. This encourages the warmer air to come into the return ductwork and get sent back to get cooled once again.
- Checking your furnace filter. If the filter is dirty, replace it.

Using energy efficiently and conserving it are some of the ways we all can reduce our environmental footprint and save money.

Visit mge2050.com for more ways to save money on energy.

Photo by Justin Markofski




Courtney Willegal, son Sean Feuquay (holding a Welcome to the Northside certificate from NPC) and Gregory Feuquay at Keep Calm Tool Kits grand opening in April.



"The Art of Swimming," a painting by Jason Robert Van Pelt.



Edward Jones > edwardjones.com | Member SIPC




When it comes to your to-do list, put your future first.

There may be opportunities for your investments to be working harder for you. Let's work together to make sure your financial strategy is optimized. Contact us today for a complimentary review.

FAP-1966G-A


 <p>Jeffrey A. Prebish Financial Advisor The Constellation Building 16 N. Livingston Street Madison, WI 53703 608-250-4968</p>	 <p>Kevin M. Faulkner Financial Advisor 301 N. Sherman Ave. Suite 200 Madison, WI 53704 608-241-4796</p>
--	--



Less transfers. Easier to use.

Metro is completely updating its service on **Sunday, June 11.**

mymetrobus.com
608-266-4466



ENVIRONMENT

Lake View Hill bat tunnel gets 5-year inspection

By Janet Battista
Friends of Lake View Hill Park

Cool and dry, the nurses' dormitory tunnel at Lake View Hill Park seems an ideal winter bat home. But according to Department of Natural Resources (DNR) bat conservationist Jennifer Redell, bats haven't found the tunnel yet. On March 14, Redell, along with two Dane County Parks' employees and several Friends of Lake View Hill Park (Friends), conducted a 5-year inspection of the abandoned tunnel.

Between 1934 and 1966, nurses working at the old tuberculosis sanatorium — now the Dane County Human Services Building — lived at the "Dormitory for Help." They used the tunnel for easy back and forth access between the dorm and the sanatorium to care for the patients housed there.

By the 1960s, antibiotics had almost entirely eliminated tuberculosis; and in 2016 Dane County demolished the crumbling nurses' dormitory. All that remains of the building is a terrace saved as a memorial to the nurses. You can see the memorial and its beautiful site just east of the Dane County Human Services Building at 1202 Northport Drive.

Before the scheduled demolition, members of the Friends group, remembering the tunnel, alerted Redell to its presence. They wondered whether it could be used as a home for bats. With encouragement from the Friends and DNR staff, Dane County agreed to save the tunnel.

Redell oversaw modifications, including installing a baffle to help keep hot air out, and adding a steel cupola over the exposed entrance. The cupola allows bats entry but keeps vandals and critters out. Staff can access the tunnel via a door in the basement of a maintenance building nearby.

Wisconsin has eight bat species, and four of them overwinter in caves (hibernacula). According to Redell, the tunnel makes an ideal hibernaculum due to its location at the top of Lake View Hill overlooking Lake Mendota to the south and surrounded by native woodland to the north.



Photo by Janet Battista

Jennifer Redell in the Lake View Hill bat tunnel

Redell expects little brown bats to show up at the tunnel first. Voracious insect predators, little brown bats have a crucial role in a healthy ecosystem by reducing insect populations and aiding pollination.

Since 2014, when white nose syndrome fungal disease showed up in Wisconsin, their population has declined by nearly 90%. The tunnel at Lake View Hill can provide a new bat habitat free from the devastating fungal disease. With its uniform walls and regular shape, the tunnel can be disinfected periodically as natural caves cannot.

Redell reports that although the little brown bat population has stabilized since the fungal disease first devastated their population, they still need help. As citizen scientists, the Friends will periodically monitor the tunnel for bat activity and will keep the cupola entry free of excess vegetation.

Keanan Sargent, as part of his Eagle Scout project, erected a bat house in the woods at Lake View Hill Park. Hopefully, it will help attract little brown bats to the tunnel.

For more information about Wisconsin bats and how to protect and help them, see the DNR bat program website at dnr.wisconsin.gov/topic/WildlifeHabitat/Bats.



Photo by Wendy Murkve

A crew member lights a line of fire for a prescribed burn at Cherokee Marsh.

Prescribed burns help keep our natural areas healthy

By Jan Axelson
Northside News

Each spring, Madison's Parks and Engineering Divisions conduct prescribed burns at Cherokee Marsh Conservation Park and other natural areas, including Warner Park.

A trained "burn boss" is responsible for managing the fire and ensuring the burn is performed safely. Before burning, the team defines a target area by setting fire-breaks, typically existing or temporary mowed paths or edges of bodies of water. The crew uses drip torches to place fuel to start the fire line, and wind carries the flames across the target area. Burns take place only when the wind speed and direction are deemed safe.

Burning is effective because Wisconsin's prairie and savanna plants evolved with fire. The deep roots of prairie flowers and grasses help the plants survive heat

and flames, and the bur oaks of the prairie have fire-resistant bark. Species that aren't native to our area, including non-native honeysuckle and buckthorn, are killed or set back by burning. Following a burn, the native prairie and savanna plants can thrive with less competition.


Most animals can flee flames by leaving the area or going underground. To prevent killing an entire population of an insect or other creature, the crew burns only a portion of a block of habitat each year.

The Parks Division also uses prescribed fire in forested areas and wetlands. In forests, the fire runs quickly through the landscape without generating enough heat to damage trees. In wetlands, fire can burn off grasses, shrubs and cattails that can choke out native sedge meadows.

Prescribed burns such as these continue a practice of Native Americans, who ran fires through the landscape to improve hunting and harvests and to ease travel.



JOLIN LANDSCAPE
HELP IN THE GARDEN SINCE 2001
www.jolinlandscape.com
BILL JOLIN | 608-242-0712



Lunch Specials
Lunch specials are served 11 am-2 pm

Tuesday
Blue gill sandwich with fries and coleslaw

Wednesday
Nueske's bacon cheeseburger with fries

Thursday
Jenifer Street ribeye steak sandwich with fries and coleslaw

Hours
Monday-closed | Tuesday-Thursday 11 am-close
Friday 2-8 pm | Saturday 11 am-close

Chico's Villa Tap | 2302 Packers Ave. | 608-244-9627

RYAN FUNERAL HOMES
& CREMATION SERVICES

Have you shared your wishes with your family?

- Relieve loved ones of emotional decisions
- Personalize according to your wishes
- Tomorrow's funeral at today's cost



START PLANNING WITH OUR CARE TEAM

Roman Ryan | Sandi Speranza
President | Advanced Planning Specialist
(608) 843-8814

(608) 249-8257
ryanfuneralservice.com
Madison | Verona | DeForest

ENVIRONMENT



Photo by John Harrison

Rose-breasted Grosbeak



Photo by Dan Pancamo

Indigo Bunting

Wisconsin summer birds are colorful and beautiful

By Paul Noeldner
Friends of Urban Nature

Our Birds of the Month for June and July are two colorful Wisconsin summer birds, the Rose-breasted Grosbeak and the Indigo Bunting.

Grosbeak is derived from the French word “grosbec” which means “large beak,” which is useful for cracking and eating seeds. They nest in Wisconsin in the summer and go to Mexico and

as far south as Peru during the winter. Males are black and white with a red Superman triangle on their chest. Females are brown with white streaks on their chest and over their eyes. Look for a Rose-breasted Grosbeak when you hear a robin that sounds like it took singing lessons.

Indigo Buntings are the bright blue cousins of our more common red cardinals, and they also have a large beak useful for cracking and eating seeds.

The word “bunting” means decoration, and their brilliant blue flashes brightly in sunlight.

Indigo Buntings like to spend time in treetops. They particularly like forests that have newly burned areas with young pine trees. The best way to find them is to listen for their high-pitched lilting song, which sounds like “fire fire, where where, here here.” Even with their bright colors, these birds are not easy to see high in a tree or behind a

bush, so you may want use a pair of binoculars to help you look for them.

Backpacks with bird guides and binoculars for children and adults can be checked out free from Madison Public Libraries, thanks to donations by Feminist Bird Club, Friends of Pheasant Branch and other donors. Binoculars are also available to borrow on Madison FUN Bird and Nature Adventures listed in the Northside News calendar.

Welcome to

Northport Laundry

Easy Access • Up to the Door Parking
Small & Big Loads Welcomed

1417 Northport Drive - Madison, WI
(Next to Culver's)

Locally Grown at Klein's

Open Year-Round
3758 E. Washington Ave.
(608) 244-5661
kleinsfloral.com

KLEIN'S
FLORAL • GREENHOUSES • GIFTS
SINCE 1961

Monday-Friday: 9 am-7 pm
Tuesday: 7 am-7 pm
Saturday: 9 am-6 pm
Sunday: 9 am-5 pm

LOOKING FOR AN AGENT?

I'll help you buy or sell your home.

Joshua Stevens, REALTOR®
608-234-7152
joshuastevens@realtymax.com

NORTHSIDE FARMERS MARKET

MADISON, WISCONSIN

LOCAL MARKET SUNDAYS, 8:30-12:30

Northport Dr & Sherman Ave
North Willy St Co-op Parking Lot

Held Weekly, Rain or Shine
We Accept SNAP/EBT

[madNFM](#) [northsidefarmersmarket.org](#)



Photo by Ravi Hirekatur

Warner Park — get to know the gem of the Northside

Warner Park: A history tied to water and its management

By **Therese Kattner**
Northside News

History

The history of Warner Park could be said to go back 125 years, when a group of Madisonians built a scenic drive along a strip of Lake Mendota beach. The 2,200-foot beach was a popular swimming spot for families with small children because of its sandy bottom and shallow depth. Since then, the history of the park has been closely tied to water and how humans use it.

The members of the Madison Park and Pleasure Drive Association (MPPDA), which built the scenic drive, might be surprised at the size and scope of Warner Park today. In addition to the beach, the 213-acre park has a boat launch, a dog park, sports facilities, and one of the city's largest community recreation centers.

An 1893 letter to the Wisconsin State Journal from W.R. Bagley, one of the MPPDA's founders, suggests that not everything along the lake was ideal, however. Parts of the marshland next to the lakes had become dumping grounds — “the home of the oyster can and the ash heap,” he wrote. There would be plenty of work to do to make the park what it is today.

The park was named after Ernest N. Warner, MPPDA president from 1912 until his death in 1930. Before his death, he asked the MPPDA to acquire the beach for the public. Shortly after his death, the group announced that it would raise the funds to purchase the beach in Warner's memory.

The Depression made fundraising difficult, so to make the project eligible for federal work relief funding, the MPPDA transferred the beach to the Madison city government, according to a Warner Park history by Madison's Parks Division.

During World War II, local civic

groups helped build beachside amenities, including a pier and a bathhouse, for service people who accessed the beach while stationed at Truax Field. The structures were removed after the war ended, but a new bathhouse was built in the early 1960s.

This structure was replaced with a beach shelter finished in spring 2021. In addition to providing restrooms and changing areas, it houses the pump room of a “clean beach treatment system.” This system uses physical barriers to set aside a pool of clean lake water for swimming. It treats this water with filters instead of chemicals such as chlorine to remove E. Coli and algae blooms, keeping swimmers and the lake itself healthy.

Water quality

The park's history has long been tied to Lake Mendota and Madison water management.

The 1912 installation of the Tenney Lock, which raised Lake Mendota's level by about 5 feet, changed the face of the adjacent low-lying land. It flooded and became known as Castle Marsh, named after a farmer who had owned a portion of the land. The marsh became good for fishing, especially northern pike and bass.

In the late 1950s and early 1960s, the city purchased more parkland and dredged part of Castle Marsh to create Warner Lagoon, a shallow, 28-acre lagoon that today connects to Lake Mendota by a 6-foot concrete pipe at the lagoon's west edge.

The projects gave Madison's growing population more recreational space. In addition, the lagoon helped buffer the lake from contaminants in the storm sewer runoff from the city's rapidly developing Northside.

Unfortunately, with these changes, the Warner Park lagoon soon had water quality problems of its own, according

to “The Flow of the Water: A History of Warner Park” by Trish O’Kane. An official from the Wisconsin Conservation Department (a precursor to the Department of Natural Resources) filed a report in 1959 noting that the pike population had already taken a hit.

Warner Park had been a great spot for fishing in the 1950s and 1960s, said Northside resident and Yahara Fishing Club member Jack Hurst, but today the Warner fish population struggles. “Since the late 1980s, fish have been dying off,” he said.

One cause is an overabundance of common carp, which were intentionally brought to Wisconsin waters in the 1880s as a food source, but soon began to be seen as a nuisance. Carp compete with other fish for resources. They also harm water quality by uprooting native underwater plants, which makes the water cloudy and less hospitable to desirable aquatic plants.

Another cause of water quality problems is stormwater runoff that has increased the sediment and nutrients in the lagoon. The area that drains into the lagoon today is a little more than 1,000 acres of mostly residential land.

The lagoon is also home to Firebird Island — formerly known as Fireworks Island — that was for 20 years the launch site for the Rhythm and Booms July 4 fireworks display.

Branded as the Midwest's largest fireworks display, they drew thousands of spectators, with attendance in some years reaching 250,000. Some of its proceeds went to local charities such as the American Family Children's Hospital.

But some community members were concerned about the event's impact on water quality and park wildlife, which includes deer, foxes, mink, beavers, muskrats and 141 bird species. The community members formed a group, Wild Warner, and pressed the city to

investigate. A study of lagoon water before and after the 2013 fireworks show found a spike in perchlorate, most likely from firework propellant. The group also found debris in the water following the event.

As a result of such findings, the 2013 display was the last in Warner Park. The following year, Rhythm and Booms was held along Lake Monona. It was supplanted by a new fireworks event, Shake the Lake, in 2015. That event, too, was dropped in 2020.

Improvements

Some of the work being done to improve the park today seeks to resolve the longstanding carp and sediment issues.

In 2021, a mix of government and public groups released a Warner Lagoon Water Quality Plan. They identified 13 potential projects to improve the lagoon's water quality and its quality as a fishing and recreational site.

In fall 2022, a channel from the lake to Woodward Drive was dredged.

Another project, replacing a carp barrier, was recently completed, Hurst said. The barrier, which sits across an inlet to the lagoon, is open when pike move from Lake Mendota to the lagoon to spawn. It is shut before carp, which spawn later in the year, try to make the same move, Hurst said.

Not all recent improvement projects focus on water quality, however. For example, an accessible fishing pier on the lagoon went up in 2020.

In addition, Madison is expanding the Warner Park Recreational Center at 1625 Northport Drive. The \$5.1 million expansion will add 12,000 square feet, including a second multipurpose gym. The center is a 32,000-square-foot structure built in 1999. About 260,000 people use the center each year. Construction could begin as early as September, according to the Madison Parks Division.

SCHOOL & YOUTH

A spring STEM journal from East High School

By Cynthia Chin
East High School

February: Students in math classes collected \$1,042.16 in the annual penny drive. Funds support the Engineering Club field trip and materials fund and the UW-Madison Chapter of Engineers Without Borders (EWB). This year's EWB funds support a water distribution project in rural Guatemala. Learn more about this project at ewbuwmadison.weebly.com/Guatemala.

March 3: Two teams of students competed in the US-UK Mathworks Math Modeling Challenge. In just 14 hours, students researched and wrote a technical paper tracking and projecting growth in the sales of e-bikes, as well as the anticipated positive impacts on the carbon footprint of communities where the bicycles are heavily used. Congratulations to Ben Askling, Tessara Clark, Anika Derby, Emily Johnson, Logan Moua, Gabe Vloch, Adyleenah Shatz-Muzaffar, and Dean Thao for being successful participants in this prestigious scholarship competition.

March 4: Two teams of Engineering Club students represented East at the all-state Kidwind Wisconsin meet, building wind turbines and learning about alternative energy careers. Joseph Anderson and Julian Svanoe competed with a pre-built generator, while Levi Eberly, Aiden Schmiedlin, Christopher Teggatz and Ronan Tinnen built their own tower, generator and blades.

March 8: For the third year in a row, an East student placed onto the All State Team

at the Wisconsin Math Council State Math Meet. Congratulations to Tessara Clark and her teammates: Ben Berkson, Henrik Carlson, Rossalyn Kiley, Molly Lenius, Logan Moua and Will Spetz.

March 16-20: In November the HiMCM team comprised of Megan Carpenter, Tessara Clark and Adyleenah Shatz-Muzaffar placed in the top 25% of more than 800 teams in international competition and were invited to represent the United States in the International Mathematical Modeling Competition in March. Joined by editor Logan Moua, the team created a ranking model for municipalities to use in determining best-use zoning and development practices for adjacent farm and forest lands.

April 3-23: Public voting for the Project Teen Money 2023 videos took place. East students Cooper Smith, Elsa Marley and Noel Knuth were finalists, with scholarship awards of at least \$500 each. Final results were pending at press time. This year's videos focused on helping teens avoid on-line financial scams targeting youth.

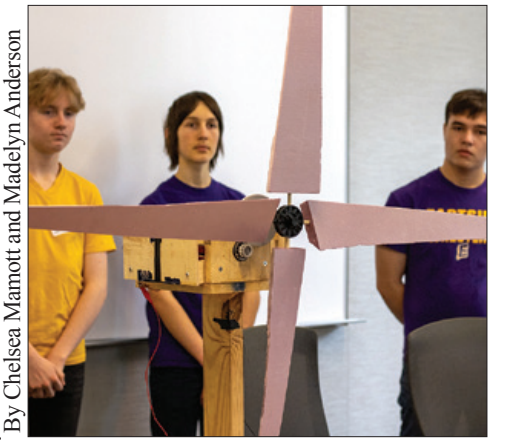
April 7: Students from East and the Madison College Early STEM Academy visited the UW-Campus, hosted by the National Society of Black Engineers (NSBE) and Society of Hispanic Professional Engineers (SHPE). They were treated to a day on campus, with admissions and college life Q&A and tours of the College of Engineering.

April 11: Astronomy Club members Bella Lawson and Dora Tvedt presented a model of the expanding universe to children and families at the Marquette Elementary

Family Science Night. Engineering Club members Ethan Hirsch, Aiden Schmiedlin, Ronan Tinnen and Chris Teggatz helped visitors design their own zipline gliders and marble slalom runs.

April 25-26: The SkillsUSA State Leadership and Skills Conference was held at the Alliant Energy Center. Two East teams were in the Team Engineering Challenge: Aidan Benton, Quince Clark and Molly Lenius, and Aiden Schmiedlin, Christopher Teggatz and Jenkin Yang. Their task was to create a single projectile launcher capable of handling projectiles of multiple sizes and weights with accuracy and a minimum of wasted material. Students also created technical diagrams and an oral presentation within the contest time limits. The team of Yang, Schmiedlin and Teggatz placed third out of 80 teams statewide.

April 26: Ben Berkson, Henrik Carlson, Tessa Clark, Rossalyn Kiley and Molly Lenius participated in the international Purple Comet Math Meet. Results are pending at press time.



Odin Pourchot, Ronan Tinnen and Chris Teggatz stand by as Kidwind judges examine their wind turbine.



Assistant Principal Jocelyn Lepinski observes Quince Clark and Aidan Benton building their entry in the Team Engineering Challenge at the SkillsUSA Leadership and Skills Conference.



Students from East and Madison College STEM academy attend the National Society of Black Engineers Day at UW.

By Chelsea Mamott and Madelyn Anderson

Photo by Dennis Mossholder

Photo by Moubarak Je Je

Be your own boss.

Self-direction is all about your choices: you decide who provides your care, you set your care schedule, you show people how you want to be cared for, and you manage your budget. This option is available through long-term care programs that are facilitated by Managed Care Organizations (MCO).

- Choose the services you direct
- Hire the people you trust
- Continued support from your care team

My Choice Wisconsin is a MCO that offers these programs to seniors and adults with disabilities. We coordinate long-term care and medical services promoting wellness and independence of individuals in their communities.

800-963-0035 TTY: 711
www.mychoicewi.org/NSN

For more information about your long-term care options, contact your local ADRC. DHS Approved 03/15/2021

Supporting Change with National Impact

Ascendium is a national nonprofit organization committed to helping learners from low-income backgrounds reach the education and career goals that matter to them. Our grantmaking drives large-scale changes that result in postsecondary education opportunities and workforce development pathways for learners who need it most.

Learn more at ascendiumeducation.org

SCHOOL AND YOUTH

Yahara Fishing Club hosts Kids Fishing Day June 3

By Rita Lord
Northside News

The Yahara Fishing Club is proud of their commitment to introducing young people to fishing. Each year the club hosts a free kids fishing event at Warner Park Lagoon, where they give away fishing rods and reels and teach kids how to fish.

This year Kids Fishing Day is Saturday, June 3, from 9 am–12 pm, at Warner Park Lagoon. The event is free.

The first 300 kids will receive a free fishing rod and bait, along with helpful instruction from club members. A free lunch of hot dogs, chips and soft drinks will be provided after the fishing.



Photos submitted by Yahara Fishing Club

Kids Fishing Day 2022

“English for Everyone” dictionaries distributed to schools

By Virginia Scholtz
Northside News

“English for Everyone” is an illustrated dictionary with over 10,000 words depicted by simple drawings. The images are sorted by categories such as sports, cooking, body parts, vehicles, etc.

Delivery of two copies of this book to each of Madison’s public schools has begun. The project is being funded through the generosity of friends and neighbors in our community.



Photo by Monica Paffenroth

Fund drive organizer Virginia Scholtz and librarian Ms. Montana at Sandburg Elementary School

Northside Cub Scouts: Service and fun in the community

By Matt Meyer
Cub Scout Pack 127

Cub Scout Pack 127 is our own Northside adventurer’s club for families with girls and boys in kindergarten through fifth grade. We are just completing our main program year, with scouts working hard on their grade-level den adventures and meeting as a pack for fun and games.

Over the winter and spring, we engaged in many activities. Foremost was our annual Pinewood Derby, the highlight of the Cub Scout year. Our cubs built their cars with help from the adults in the pack, and we saw many imaginative designs and many close races on race day.

We had a visit from the UW Entomology Department’s Insect Ambassadors, and took a tour of the Capitol with our State Senator Melissa Agard. Moving outdoors, we spent a night ice skating, and also had fun at the free ice fishing day hosted by the Yahara Fishing Club.

As the weather warmed in the spring, we got outside and helped clean up trash at Warner Park during Earth month. We also held our annual River Regatta, where we float recycled boats down the Yahara River at Tenney Park.

Over the summer, we take a break



Photo by Matt Meyer

Cub Scouts helped clean up trash.

from rank advancement, but continue meeting as a pack for summer fun. We’ll be doing some camping, and some of our older cub scouts will participate in an overnight camp that will prepare them for the adventures that await them in Scouts BSA. We’ll also have Scout Night at the Mallards, and other summer activities.

Do you know a child in kindergarten through fifth grade who is ready to join in the fun? New families are welcome to join us at any time. We meet most Mondays at 6:30 pm at Sherman Avenue United Methodist Church.

For more information, call or text Cubmaster Matt Meyer at 608-571-7161 or email info@cubscoutpack127.com.

Local middle school students publish novels

By Abbie Mannenbach
Black Hawk and Sherman Middle Schools

Students at Northside middle schools, Black Hawk and Sherman, celebrated becoming published authors of their very own novels. These students participated in National Novel Writing Month (NaNoWriMo) in November.

NaNoWriMo is a U.S. based nonprofit organization that promotes creative writing for people of all ages. They host the Young Writers Program each November during which students choose a word-count goal for the month and draft a novel. Black Hawk and Sherman students who were published completed goals of 5,000 words or more.

Mariama, a student and NaNoWriMo author at Sherman, shared about her inspiration and writing process, “I do a lot of reading so when I was writing the story, I read a lot of books that were in the genre of the book I was writing, like Angie Thomas and Elizabeth Acevedo, people of color who write books about urban fiction and humor. I read a lot of books and did some research in the dictionary for some words I could use. I did a lot of deleting and starting over. Really, I just had to figure out a way that doesn’t sound different from how I actually



By Abbie Mannenbach

Black Hawk Middle School students

talk but still sounds more professional.”

After drafting their novels in November, students edited and revised their stories as well as adding front matter and back matter to their books. Students also served as designers for the covers of their novels. Six students from Black Hawk and 26 students from Sherman published their books and received hard copy versions of their novels.

Teri’ah, a student and NaNoWriMo author from Black Hawk, shared, “It felt good to get my book because I can touch it instead of just typing it out. I get to read it anytime I want instead of having to go on my computer to read it. I’m gonna check it out from the library first. Other people can read it later.”

The students’ novels will be available in the Black Hawk and Sherman libraries for other students to check out.

Be part of a brand-new arts event

By Eric Shipley
Emerson Eken Arts

Madison is a walkable city full of interesting neighborhoods to explore, and on Sept. 23, there will be a great new reason to go for a stroll in the neighborhood — the first ever Emerson East/Eken Park Art Walk. Come see what local artists are doing. You’ll find everything from textiles and print to paintings and ceramics.

This event is the brainchild of the newly formed Emerson Eken Arts, a collaboration of neighbors Charlotte Easterling, Lori Henthorne, Sara Hinkel and Susan Kaye. The group has been working with other residents for a year to create this exciting event,

with generous support from Emerson East Neighborhood Association and Eken Park Neighborhood Association.

Emerson Eken Arts is seeking artists, donors, sponsors and volunteers. Visit emersonekenarts.org to get involved. Artists can sign up online. If you make art and would like to participate, sign up soon.

Neighbors within these neighborhoods’ boundaries are welcome to host an artist from outside the neighborhood. If you’re an artist from outside Emerson East and Eken Park, you are welcome to team up with a friend or business host within the neighborhood. Sign up at emersonekenarts.org.

This is sure to be a fun event for families and the whole community.



MSCR SUMMER PROGRAMS

Fun for All Ages!

Check out our classes at Warner Park Community Recreation Center, 1625 Northport Rd

Summer Camps

Arts & Enrichment
Adapted Rec
Fitness • 50+ Fitness
Outdoors • Paddling
Pontoon Boat Rides
Sports • Swimming
Tennis & More!

Go to mscr.org



FOLLOW US ON:



Now Hiring
for many positions!
Go to mscr.org

MADISON'S SMART & SENSIBLE PET CLINIC



ISTHMUS

VETERINARY + CARE

1730 FORDEM AVENUE MADISON, WI 53704
ISTHMUSVETCARE.COM
1-608-230-5499

\$10 OFF

YOUR FIRST VISIT WITH THIS AD!



SCHOOL AND YOUTH

Cooking up a celebration of diversity at Lake View Elementary School

By Catherine Masters
AmeriCorps Farm to School Program/Rooted

The student body of Lake View Elementary is rich in diversity. One of its greatest strengths as a community school is that it tends incredibly well to that diversity. Students represent many nationalities, ethnicities, religions and cultures. Some have parents or grandparents who immigrated from elsewhere in the world, and many students are immigrants themselves.

Staff and teachers at Lake View do their best to not only celebrate this diversity, but foster it and encourage students to blossom into their most authentic selves given their unique roots.

Last year Lake View was awarded a grant in which funds were to be spent on programming that nurtures community, food and health. A portion of that money went toward a school garden renovation — stripping the rotting wooden garden beds and replacing them with ADA-compliant galvanized steel beds, and placing mats across the wood chips to aid in garden accessibility. We planted crops that are culturally relevant to the community, who will be welcome to harvest from the garden as much as they like throughout the summer.

Signs (in English, Spanish, Arabic and Hmong) will invite the community to harvest from the garden. Signs will also lay out expectations for behavior in the garden.

The rest of the grant funds were used to support a Cultural Cooking Club, for which I lead in my role as Lake View's AmeriCorps Farm to School Specialist with Rooted. The club enriched the after-school program with an opportunity for students to learn basic cooking skills; to encourage students' interest in healthy, vegetable-forward food; and to expose students to a wide variety of foods from various cultures around the world.

Students gained comfort and skill with chopping, measuring, mixing and safety awareness around hand washing and hot stoves. Students wary of the unfamiliar

food in the first few cooking clubs were, after a few weeks, eagerly eating up whole bowls and wanting to bring leftovers home. Students loved the space where they worked with vegetables and created nutritious and unique food.

The most striking element of the club is that students cooked food from their own culture or the cultures of their classmates and friends. Students have shown genuine gratitude and eagerness to cook foods from their own backgrounds. If they're unfamiliar with where the food comes from, we reference the big map in the hallway outside our workroom that highlights the diversity of the student body, connecting photos of students to their families' country of origin on the map.

Students have cooked dishes from Mexico, Laos, Ho-Chunk Nation, Morocco, Ethiopia, Honduras, Israel, Libya, Afghanistan and the southern U.S. They've tasted dishes such as pho, shakshuka, bolani, sheer khurma, macheteadas, baleadas, pico de gallo, and okra stew. As I write this, we are planning to cook Hmong spring rolls and cucumber water, Ghanaese jollof rice, Nigerian akara, Egyptian ful medames, Sudanese garasa, Mexican horchata, German potato pancakes, and Dominican mangu, among other tasty treats.

This summer we hope to host monthly dinner parties in the garden. Families will be able to harvest from the culturally relevant crops in the garden to cook and enjoy food together as a school community.

It is incredibly rewarding to serve in a school that puts so much earnest effort into tending to its students and their families. The marriage of the AmeriCorps Farm to School program and efforts of community organizers within the school is one made in heaven — my service is met with enthusiasm, which in turn helps fuel more energy and ideas.

I am incredibly grateful that my two years of service at this school have resulted in a grand garden renovation focused on accessibility and community. I am also



Photo by DeShalia Walker

Puenuma Thao enjoys a taco.

grateful that it has brought forth a club that has created interest for students in healthy and diverse foods while fostering cooking skills, which will have lifelong relevance. I am honored to have a part in it all.



Photo by Greta Casey

Nygee Wilson breaks an egg into shakshuka. Catherine Masters is standing beside him.

Lucas Kubasik is working toward the rank of Eagle Scout



Photo by Justin Sargent

Lucas Kubasik (in the red shirt) works with fellow scouts to construct wood duck houses.

By Lukas Kubasik
BSA Troop 127

Earning the rank of Eagle Scout is not easy. It is a journey that builds and tests the character, maturity and leadership of those seeking it. In order to earn the rank of Eagle, a scout must serve in a position of leadership, complete at least 21 merit badges, and lead a service project in the community. Recently I completed my service project on my path to Eagle Scout.

Given that scouts camp and explore the outdoors, it's not surprising that many Eagle Scout candidates choose to do conservation projects. I enjoy the Yahara River and have seen the beautiful wood ducks that live along it. When I noticed some river areas have lost their nesting trees and many of the existing constructed wood duck houses were in poor repair, I knew what I wanted to do.

I asked the Friends of the Yahara River Headwaters, a local conservation group, if their group would benefit from wood duck houses that could be placed in the Yahara River watershed. When they agreed, I sought out the best plans for wood duck houses, asked local businesses to help with

supplies, recruited volunteers to construct the houses, and hosted a construction day.

I received supply donations from Wisconsin Building Supply, Ace Hardware and Fleet Farm. With these donations and amazing volunteer help, we were able to make 13 wood duck houses, which will be offered to conservation groups along the Yahara River. Each house that is put out can help offer habitat to these shy and beautiful ducks.

Leading a project like this was an amazing experience, and I was deeply impressed by the support from area businesses, fellow scouts and family members who helped me along the way.

BSA Troop 127 includes experienced scouts working toward Eagle rank and new scouts just beginning their scouting journey. Our upcoming activities include a week-long Boundary Waters canoe voyage, a weeklong summer camp, hikes, fishing, canoe outings and campouts. We meet every Thursday evening to have fun and plan our adventures. We welcome youth interested in experiencing adventure and doing fun stuff. For more information, contact Scoutmaster Justin Sargent, 608-220-2342.



Photo by Justin Sargent

Lucas Kubasik presents a completed wood duck house to Dan Jardine, president of the Friends of the Yahara River Headwaters.

Warner Park FAMILY Fun Nights



Activities

- » Gymnasium Fun - bouncy house, sports, fun games
- » Family Fitness Classes and Fit2Go Van
- » Classes, movies & themes change monthly
- » Drop-In Art and Pottery Projects
- » Game Room Fun - pool, ping pong, foosball, air hockey
- » Child Care Room - drop off young kids for playtime



Join Us

Warner Park Community Recreation Center
1625 Northport Dr.
Madison, WI 53704

- » 5:30 - 8:00 pm
- » \$5 per family
- » Sign up online for email reminders of monthly themes
- » Kids age 11 and under must be accompanied by an adult

2022-2023 Schedule

- » September 9, 2022
- » October 28, 2022 (Halloween Celebration)
- » November 11, 2022
- » December 9, 2022
- » January 13, 2023
- » February 10, 2023
- » March 10, 2023
- » April 14, 2023
- » May 12, 2023
- » June 16, 2023 (Juneteenth Celebration)
- » July 14, 2023
- » August 11, 2023

CONTRIBUTING SPONSORS:






Gardening Essentials

From Prep to Harvest

Seeds-Mulches- Soils
Planters, Tools & more
Plus Mower & Tool Sharpening



ACE Hardware Center
1398 Williamson St. 608-257-1630
100 years of Service

Westmont Law Offices, S.C.

Estate Planning and Probate • Family Law
Elder Law • Criminal Defense • Juvenile Law



608.244.9494

Call for a free initial consultation
615 N. Sherman Ave. Suite 23 • Madison
westmont@westmontlaw.net

LIBRARY

**Library Hours**

Monday–Friday, 10 am–8 pm
Saturday, 9 am–5 pm
Sunday hours will resume Sept. 10
Closed: June 19 and July 4

See all library hours at madpl.org/locations. All events are at Lakeview Library unless otherwise indicated. Check madisonpubliclibrary.org/calendar up-to-date information on programs and services. Library programs are always free.

Friends of the Library Book Sale

Saturday, June 3, 9 am–3 pm
An all-Friends book sale will be held at the Library Support Center, 1301 W. Badger Road, with a bag sale from 1–3pm. All proceeds support the library.

Baby Play Date

Wednesdays, June 21–July 5, 10–11 am
Join other neighborhood families for a playdate for babies ages birth to 17 months and their caregivers. We'll feature play materials and lots of books. Siblings are welcome.

Baby Storytime

Wednesdays, July 12–26, 10:30–11:30 am
Read and play with your favorite baby, ages birth to 17 months. Reading, singing, talking and playing with your baby help the roots of language develop in a baby's brain even before they can talk. Siblings and childcare groups are welcome.

Multi-age Storytime

Thursdays, June 22, July 6, July 20, 10:30–11:30 am
Read and play together with children ages 5 and under. Engaging with books, songs and playful experiences help children develop communication skills, patience, empathy and pre-reading skills. Siblings and childcare groups are welcome.

Preschool Storytime Chefs

Thursdays, June 29, July 13, July 27, 10:30 am
Join us for a storytime and cooking class for ages 3–5. The Kids Chef, Lily Kilfoy, will teach everyone how to make simple snacks that connect to the stories we read. Children will need adult assistance.

Minecraft Club

Mondays, June 5–July 31, 4–5:30 pm
This program is open to all teens and tweens. Stop in to play Minecraft. There is a limited number of computers, so participants will take turns as needed.

Cooking with Chef Lily

Saturdays, June 10 and 24, July 8 and 22, 1:30–2:30 pm
Tuesdays, June 13 and 27, July 11 and 25, 4:30–5:30 pm
Join The Kids Chef, Lily Kilfoy, for cooking classes for kids and families. Learn about different foods, where they come from, how to follow recipes, and how to use a variety of tools. Food is provided by Willy St. Co-op North.

Bubbler in the Neighborhood: Our Town Everywhere with Elias

Monday, June 5, 6:30–7:30 pm —Adults
Tuesday, June 20, 2–4 pm — Kids, Teens and Families
Join Lakeview's summer artist-in-residence, Elias Mittelstadt, for a stamped self-portrait project using exciting and accessible materials, with the option to contribute your work to The Bubbler's "Our Town Everywhere" project. Throughout 2023 a team of artists and library staff will champion "Our Town

Everywhere: A Self-Portrait of Madison." This unique project will be a catalyst for joyful connection, deeper conversation and collaborative creation.

Bubbler in the Neighborhood: Drop-in Art Making with Elias

Tuesdays, June 27–July 18, 2–4 pm
(No program July 4)
Stop by to make art with our summer artist-in-residence, Elias Mittelstadt. Each week will offer a different fun, hands-on project for children of all ages.

We Read to a Dog

Mondays, June 26 and July 24, 3–4 pm
Read aloud to a furry friend from Alliance of Therapy Dogs. Bring a favorite book or try a new one from our collection.

Teen & Tween Time

Fridays, June 23 and July 14, 4–5:30 pm
Drop-in and join other tweens and teens for games, snacks, art projects and community. This event is free and open to tweens and teens 10 years and older.

Teen Cooking Club

Fridays, June 16 and 30, July 7 and 21, 4:30–5:30 pm
Tweens and teens are invited to cook with Chef Lily. Prepare and enjoy a wide variety of recipes, while learning about meal planning, following recipes, and using kitchen gadgets and tools.

Munch Mobile Lunch Van

Saturdays, June 3–July 29, 1–1:15 pm
The Munch Mobile Lunch Van will make a stop at Lakeview Library this summer. All people in and around the library can get a free lunch.

Chess at the Library

Mondays, June 12 and 26, July 10 and 24, 6–8 pm
All ages and skill levels are welcome.

First Friday Films

Fridays, June 2 and July 7, 6–8 pm
Join us for a film night the first Friday of each month. In June we will watch "Twilight's Kiss" and in July "Cielo." Snacks and drinks will be provided.

Chair Yoga and Gentle Movement for Older Adults

Monday, June 5, 1–1:45pm
Join Kim Sprecher for a chair yoga and gentle movement class focusing on range of motion, breathing and balance. Movements will be performed either sitting in a chair or standing. Go online or call 608-246-4547 to register.

Cooking with Chef Paul: Shop with a Chef

Thursday, June 8, 6–7:30 pm
Are you curious about what a professional chef looks for at the grocery store? Shop with Chef Paul to learn about the ingredients he looks for, then step back next door for a cooking demonstration and samples. Meet in front of Willy Street Co-op North at 6 pm. Go online or call 608-246-4547 to register beginning May 25.

Juneteenth Screening and Discussion of "School Daze"

Friday, June 16, 5–8 pm
In honor of Juneteenth, join us for a film screening and discussion of Spike Lee's "School Daze," presented in partnership with Sherman Avenue United Methodist Church.

The Art and Science of a Reset

Thursday, June 22, 6:30–7:30 pm
This is a workshop on how to make change last. Learn about your own nervous system, patterns and signature strengths. Create a wellness plan that will help you create the change you desire.

Board Game Café

Monday, July 17, 6–8 pm
Join friends and neighbors for a game

night. Revisit old favorites or try something new from the library's collection of board games and card games. Beverages and snacks will be provided.

Fourth Friday Poetry Group

Fridays, June 23 and July 28, 1–2 pm
Come to read, come to listen, come to celebrate poetry with this group of fellow poets and poetry aficionados.

Scrabble at the Library

Wednesdays, June 7–July 26, 10 am–12 pm
Attention word lovers: exercise your brain by playing Scrabble with other adults.

Knitting at the Library

Wednesdays, June 7–July 26, 6–8 pm
Drop in knitting: Learn a new craft or work on that unfinished project with other neighborhood knitters.

Madison Writing Assistance

Mondays, June 5–July 24, 4–7 pm
(No assistance June 19)
The Madison Writing Assistance program offers free, one-to-one writing support for community members. Writing coaches help with writing projects, including resumes, cover letters, application essays, grant proposals, fiction writing, memoirs and more. Schedule an appointment at madpl.org/calendar, in person or by phone.

Small Group Technology Assistance

Tuesdays, June 20 and July 18, 1–2 pm and 2–3 pm
Have questions about your laptop, tablet or phone? Need help with basic computer or internet skills? Looking for assistance downloading library eBooks and audiobooks? We offer free small-group technology sessions. Go online or call 608-246-4547 to register beginning June 6 and July 5.

One-on-One Computer Assistance

Tuesdays, June 13–July 25, 6–7 pm
(No assistance July 4)
Have questions or need help with about your laptop, tablet, phone or with basic computer or internet skills? Looking for assistance downloading library eBooks and audiobooks? We offer free one-on-one computer assistance. Go online or call 608-246-4547 to register two weeks in advance.

BOOK DISCUSSIONS

Read the book and join the discussion. New members are always welcome. Check the library calendar or call for details; some discussions are online events.

NewBridge Book Discussions

First Wednesdays, 10–11 am
June 7 – "Mink River" by Brian Doyle
July 5 – "Vintage" by Susan Gloss

Lakeview Book Discussion

First Thursdays, 6:30–8 pm
June 1 – "The Girl Who Smiled Beads" by Clementine Wamariya
July 6 – "The Hearts of Men" by Nickolas Butler

Daytime Book Discussion

Second Thursdays, 12–1 pm
June 8 – "All That She Carried" by Tiya Miles
July 13 – "Calling for a Blanket Dance" by Oscar Hokeah

Mystery Book Group Discussion

Third Thursdays, 5:30–7 pm
June 15 – "A Good Marriage" by Kimberly McCreight
July 20 – "Clark and Division" by Naomi Hirahara

Walking Book Club

Third Fridays, 2–3 pm
June 16 – "The Thirty Names of Night" by Zeyn Joukhadar
July 21 – "Fates and Furies" by Lauren Groff

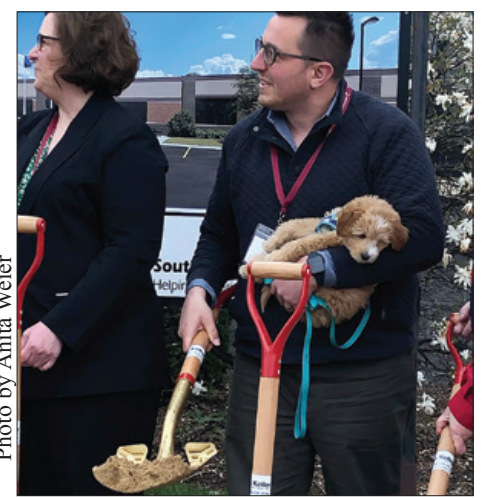


Photo by Anita Weier

Jacob Wright and his puppy, Butler, help break ground at the new South Central Library System headquarters on the Northside.

South Central Library System headquarters moving to Northside

By Anita Weier
Northside News

The organization that makes it possible for you to order books or other materials from around the state is coming to the Northside. The South Central Library System (SCLS) headquarters will be moving from its current location on Biltmore Lane on the far east side to 1650 Pankratz St., the former home of Lakeland University.

Martha Van Pelt, director of SCLS, said a work group has been planning a new headquarters and looking for an appropriate site for more than four years, a process hampered by the pandemic. Bids came in over the estimated amount for constructing a new building, so converting an existing building will help cut costs. However, the organization will still have to build an addition to house its materials delivery operation, which has been located elsewhere in Madison.

"We looked at the Shopko site on the Northside as well, but a storage company bought that site first," she said. "This area is the most cost efficient for delivery vehicles to reach major highways." Van Pelt added that "We rent two buildings now, and it will be more efficient to own and consolidate."

The Lakeland building was purchased from Corben Lakeland LLC in December 2022. A \$6.5 million loan was obtained from the state Board of Commissioners of Public Lands to cover the building purchase and construction of the delivery facility on the site.

During the April 25 groundbreaking ceremony, Dane County Board member and South Central Library System Board member Jacob Wright — who attended with his puppy, Butter — said he heartily supports the new project. "Dane County has your back," he pledged.

Darrell Williams, assistant state superintendent for the Division for Libraries and Technology, said, "This will truly be an amazing facility that will meet the needs of people throughout the state. There should be a book for everybody in a community."

Wisconsin Secretary of State Sarah Godlewski, who chairs the Board of Commissioners of Public Lands, said that, in addition to library week and library month in April, "Every day should be library day." She expressed pride in helping provide the loan for the facility, and noted that the interest paid on the loan will be used to support public school libraries.

HEALTH AND SAFETY

From
Amy Bramlett,
Neighborhood
Resource Officer



North District Police


Hello!
My name is Amy Bramlett, and I am the new Neighborhood Resource Officer (NRO) for the North District. I started this new role on April 3. I have worked as a police officer for the City of Madison for almost 21 years. I spent most of that time working in the North District in a patrol capacity. During the last few years, I

worked second detail (12–8:00 pm) and first detail (7 am–3 pm). I spent one year on a Community Policing Team (CPT) and five years in the Criminal Intelligence Section (CIS). I know, so many acronyms!

In addition to spending a good part of my career in patrol on Madison's Northside, I have lived in the North District for 23 years. The safety and well-being of the North District is personal for me, and I am proud to serve the community where I live.

I look forward to my new role as a NRO and working collaboratively with you to keep the North District the best side of town to live in.

From
Emily Altkorn,
DVM



Northside Animal Hospital

As summer enters full swing, many pets in Wisconsin are finding themselves itching to find relief from seasonal allergies caused by plants, grasses and tree pollen.

While some dogs and cats may show signs of allergies through red, itchy or watery eyes, most environmental allergies affect the skin, causing itchiness, redness, hair loss and scabbing. Pets often lick at itchy body parts and a molecule in their saliva can stain their fur a reddish brown, so rust-colored paws or legs can act as an allergy "red flag."

Allergies can also contribute to ear infections and anal gland issues, which manifest as itchy, dirty or smelly ears and rear-end licking or scooting.

What can you do to help an itchy pet?

If you're starting to notice your pets are licking their paws after running through the grass, wiping their paws with a wet washcloth after they go outside to remove pollen can help. Over-the-counter

From
Sara Stock,
DVM



Northside Animal Hospital

antihistamines may be enough to relieve very minor itching, but dosages are different for cats, dogs and humans, so ask your veterinarian for dosing information before giving any medication.

If your pet is experiencing an "itch emergency" (such as bleeding, scabbing, open wounds, sores, pus or itching that doesn't resolve within 3–4 days of at-home measures) or if you suspect an ear infection or anal gland problem, call your veterinarian to schedule an appointment. Some pets will need animal-specific allergy medications to get through the summer months or antibiotics if their scratching has led to a skin infection.

Other pets may be itching for reasons outside of seasonal allergies, such as parasites, autoimmune conditions, or food allergies that can be diagnosed by a veterinarian.

If you have more burning (or itching) questions about allergies, consult your primary veterinarian for solutions specific to your pet.

TITAN TREE CARE



**Pruning
Removals
Consulting
Shrub Care
Storm Damage
Landscape
Maintenance**

**Call NOW for
Emerald Ash Borer
Inspection &
Treatment**

**Certified Arborist
More than 20
years experience**

**FOR A FREE ESTIMATE CALL:
(608) 630-TREE (8733) or (608) 225-4302**



From
Dr. Robin Beatty,
DC, CCSP



Health Tips

The digestive system guessing game

If you are like 20% of Americans who have a food sensitivity (not the same as food allergy), then you are not alone. Food sensitivities can cause headaches, teeth grinding, bedwetting, brain fog, eczema, indigestion, bloating, constipation and diarrhea. A huge part of the battle is playing the "food elimination game" to determine the exact offending food(s). This can be mentally exhausting and frustrating.

Congratulations to those of you who have figured out the foods that cause you to feel ill. That is quite an accomplishment as it has likely taken you weeks, months or years to rule out. Even more congratulations to those of you who have removed the offending foods from your diet.

One thing I have noticed is that those affected are missing the last piece of the food sensitivity puzzle. They are not supplementing their body with the nutrients it needs to repair itself and heal. The goals are always to figure out the offending food, remove it from the diet for minimum of 120 days, and then give the body the right nutrients and building blocks so it can make newer and healthier cells.

The tricky part comes in when trying to determine which organs need repair and which nutrients they need. It can be quite the guessing game because there are a lot of players in the digestive system.

Madison Chiropractic North is putting an end to this confusion by offering a new service called Nutrition Response Testing®, which utilizes muscle testing to analyze the body to determine the underlying causes of ill health and then find the exact whole-food supplements the body needs to achieve optimum function. If you are struggling to figure out what is making you ill, call our office (608-244-0044) to end the guessing game.



NORTHSIDE ANIMAL HOSPITAL

Compassionate Care for Companion Animals

Individualized Preventative & Wellness Medicine

- Internal Medicine*
- Surgery & Dental Services*
- Cold Laser Therapy*
- Prescription Food*

"Take care of your body. It's the only place you have to live." – Jim Rohn

Spring into action and protect your pets from parasites all year round

608.204.2700

Erica Olsen, DVM Meg Wright, DVM Ali Shreve, DVM
Emily Altkorn, DVM Sarah Stock, DVM

HOURS
Mon, Wed, Fri: 7:30 AM – 5:30 PM
Tues & Thurs: 7:30 AM – 7:00 PM
Saturday: 8:00 AM – Noon
Closed Sundays

northsideanimal.vet
2121 North Sherman Avenue | Madison, WI 53704



I STAND CORRECTED.

Literally,
I just got adjusted.



Madison Chiropractic
Quality Care Close to Home LLC

608-244-0044
madisonchironorth.com

ELECTED OFFICIALS

From
Satya Rhodes-Conway
Mayor



A look back on 2 years of ARPA's impact on Madison
March 2023 marks the 2-year anniversary of the passage of The American Rescue Plan Act (ARPA), which provided critical resources to Madison at a time we needed them most. ARPA allowed us to bring immediate relief

to residents and businesses struggling with the economic fallout of the pandemic, but also to tackle critical issues in new and innovative ways. Over the course of the pandemic, Madison completely transformed our approach to unsheltered homelessness. Using ARPA dollars, we provided larger and more modern shelters for women, men and families experiencing homelessness and created the city's first urban campground with Pallet shelters for people who will not use congregate shelters. As a result, unsheltered homelessness in Madison is down 65%. ARPA has also funded City of

Madison youth employment programming for 900 young people over the last two summers, not only supporting our children and families but also making our community safer. It has helped members of our community, including undocumented residents and seniors, gain access to services and resources that meet their basic needs. And ARPA allowed us to make grants to small businesses and support neighborhood business districts.

There are so many ways ARPA funds have been critical for our community over the past two years. I am grateful for the leadership of President Biden, Senator Baldwin and Congressman Pocan, who made these investments in the Madison community — and communities across the country — possible. You can learn more about how ARPA dollars have been spent in our community at cityofmadison.com/mayor/blog/tag/arpa.


From
Charles Myadze
District 18 Alderperson



I want to thank the Northside community for their overwhelming support in my campaign for re-election to the Madison Common Council. It is an honor to serve this beautiful district. I believe that the results of the election sent a very clear message: Northsiders want to keep moving forward by continuing to create affordable housing, enhancing public safety and equitable public transit on the Northside. As I said during this campaign, "We cannot go back because there is so much more to do." I am so grateful to have the opportunity to serve and to keep moving the Northside forward! I also want to thank my colleagues

on the Common Council and many members of the city staff who worked tirelessly to help me champion the projects in District 18. During this elected term, I will serve on the Water Utility Board, Parks Commission, Sister City Board and Metropolitan Planning Organization. I look forward to working with my colleagues and citizens members of those committees for the next two years. I have reserved a room for monthly meetings with constituents at the Lakeview Library. Each will be held on the first Friday of the month. The first meeting will be Friday, June 2, and the second will be Friday, July 7. If you would like regular updates on city issues, please sign up for my city blog and email me at District18@cityofmadison.com. Also, if you have any questions or concerns regarding city services or policies, contact me at my email or 608-571-7342.

From
Amani Latimer Burris
District 12 Alderperson



Before becoming your alder, I worked as an advising assistant for Dr. Opal Lee, my cousin, but more importantly a Nobel Peace Prize nominated Human Rights Activist who we can thank for ushering in Juneteenth, Freedom Day, as the eleventh national United States holiday after nearly 50 years of tireless advocacy. We traveled the country for months, city to city, event to event, assisting Ms. Opal, we met all sorts of people around the country. I was sure that when Valerie Biden Owens, President Biden's down-to-earth-we-are-actually-a-regular-family-serving-the-people sister, leaned forward to tell us what she thought were the most important offices I expected she'd say the presidency.

But she said it's the local offices, pressing her chin into her hand, letting the family twinkle in her eye sizzle a bit, underscoring the importance of what she just said before explaining her case. School boards, city councils, offices with direct impact on all of our lives long before any issue rises to the White House. So as we continued meeting and greeting leaders, laborers, local heroes, people known internationally and neighbors next door, all working individually in this inalienable collective pursuing freedoms. The wisest ones knew change is inevitable and local. We're questing for freedom, creating a place for the next generation. She referred to where the sidewalk begins. All in the game, locally, working in their own way, individuals while part of a whole. This conversation stuck with me. I'm truly honored to be your alder, Alder Amani. Know that together, when we stay in the game, we can work to make things better even though we are tired and often wonder whether it makes any difference? In fact, it does.

Behind on your bill? MGE is here to help.



We're here to work with you.
MGE representatives are here to help households and businesses that may need help. If you need assistance or have questions about your account, please visit the Customer Service section of mge.com or call us at (608) 252-7144

Scams are on the rise. Make sure it's us.
If you receive a call, email or visit that you suspect is fraudulent, please call MGE at (608) 252-7222.

Get free energy-saving advice.
MGE can provide expert advice for how to assess and manage your energy use. Email our Energy Experts at AskExperts@mge.com.

MGE is committed to safe and reliable service.
Lights out, power line down or other emergency? Call us at (608) 252-7111. Smell gas? Leave immediately and call us at (608) 252-1111.



Call, text, or email today!
ComputerRepairMadison.net

No trip fee for Northside residence.




Rated A+ by Wisconsin BBB
Computers and Laptops
Laser printers and Networks

Renee gave us several different options to meet our needs and was great about answering our questions. We will call again. Thanks Renee.

Renee Simousek
Certified Service Professional
Trusted service since 1996
Thank you for your business
Micro-Technix does not repair Inkjet printers, phones, or tablets.
Renee.Microtechnix@gmail.com

- Rick G. 12/2022 Madison, WI

235-0485 **MICRO-TECHNIX** **Mon.-Fri.**
Don't Despair, We Repair! **9 am-5 pm**



COFFEE - DONUTS - FRIED CHICKEN



Join us on Sundays at 9:30 am in person or on Facebook.
www.shermanaveumc.org

ELECTED OFFICIALS



From
Melissa Agard
State Senator

“Grass Routes” Tour, bringing the case of legalization directly to the people

For the past decade, I have championed cannabis legalization in Wisconsin. Throughout this time, the people who have reached out to my office about this policy are not defined by party affiliation or geography, nor do they have the same demographics in age, race or gender. It is a broad coalition of support like few I have seen during my time in the legislature.

Despite this, Republicans in the Capitol continue to promote their antiquated policy of prohibition. These elected officials continue to ignore the will of the voters who sent them to

Madison, and I have decided that it’s time for me to bring the message of legalization directly to the people.

In the beginning of May, I began my “Grass Routes” Tour, visiting communities in every corner of the state to discuss the current landscape of cannabis policy in Wisconsin and its great potential for our future. From Platteville to Wauwatosa to Eau Claire and soon to Wausau, this tour brought together a diverse group of individuals who are ready to legalize it for the betterment of our state.

Wisconsin is increasingly an island of prohibition. Every day that we wait is one more day that we are less safe, less prosperous and less equitable. Simply put, it’s not a matter of “if” marijuana will be legalized in Wisconsin but “when.” It is past time we do this in a manner that bolsters Wisconsin businesses, honors personal liberties, promotes criminal justice reform, and brings revenue back into our state that is currently flooding across our borders to neighboring states.



From
Michele Ritt
District 18 Supervisor

A colleague on the County Board wrote a resolution to honor March 21 as World Down Syndrome Day in Dane County. Knowing I am a special education teacher, he invited me to present it. The director of Gigi’s Playhouse shared some words about her organization. I was invited to visit and see the magic.

Gigi’s is a national organization with 57 locations. We are lucky to have one in Dane County — it’s located in the Lake Edge Shopping Center on Monona Drive in Madison. All services are free for children and their families. While there are two paid staff, most of Gigi’s programs happen due to loving volunteers and generous donations.

Our chapter here was started by loving grandparents who wanted to learn as much

as they could about their grandson, who was born with Down syndrome. It opened its doors in 2016. The mission is to see a world where individuals with Down syndrome are accepted and embraced in their families, schools and communities.

Walking into Gigi’s is lovely. It is happy, bright and colorful. There is a cozy living room space next to a large playroom, complete with its own stage. There are many smaller rooms, specially designed for activities like tutoring and speech therapy. There is even a room for teens to hang out. There is also a kitchen for kids to learn delicious recipes.

Gigi’s is a gem of Dane County. All of the programs are free. It is also a great space for families to connect and share their experiences. It is a space filled with love and acceptance. If you would like to learn more or volunteer, please go to gigisplayhouse.org.

Please feel free to contact me with any concerns or issues. I can be reached at 608 335-6827 or ritt.michele@countyofdane.com.



From
Joe Parisi
Dane County Executive

Dane County hits green energy milestone: 100% sustainable electricity use

This Earth Month, I joined Alliant Energy and SunVest Solar representatives in Cottage Grove to cut the ribbon on our newly constructed Yahara Solar Project. Why is this site significant? When combined with the energy produced at our nearly 20 other solar installations, it allows Dane County to use 100% renewable electricity at all county government facilities. We’re the first county in Wisconsin and the fourth county in the nation to achieve this milestone.

Our 17-megawatt Yahara Solar Project will produce more than 36 million kilowatt-hours of renewable electricity per year — enough to power more than 3,000 Dane County homes. This 33,000 solar panel array utilizes the latest bifacial panel technology that produces energy from both sides of the panel, which

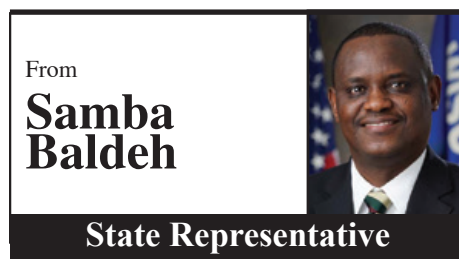
increases energy production as sunlight reflects off the ground, especially when snow-covered, and as they track the sun throughout the day.

Our 100% renewable milestone has been years in the making and marks significant progress in Dane County’s ongoing effort to combat climate change. If we want to move the dial on the climate crisis, this kind of work cannot wait decades or it will prove too little, too late. We all have a responsibility to act now, and that’s what Dane County government is doing.

Thanks to President Biden’s Inflation Reduction Act, there is an estimated \$369 billion in tax credits and financing for clean energy strategies. This is the single largest U.S. investment in climate action and makes pursuing clean energy solutions more affordable than ever.

Individuals, businesses, nonprofits, local governments, faith-based organizations and schools can all benefit. I encourage you to visit daneclimateaction.org/what-you-can-do/federal-funding to learn more.

A cleaner, greener tomorrow is knocking on our door. It’s on all of us to welcome it with open arms.



From
Samba Baldeh
State Representative

\$32,000,000.

That’s the projected cost of just one of the GOP’s new proposals to monitor recipients of unemployment compensation (UC). You would think there is a big problem concerning fraud. But supporters of the bill ignore the data on fraud, which indicates that less than 1 in 200 UC claims are fraudulent. Instead, they tell stories about people sitting around and collecting their \$300 checks.

Some employers have plenty of job openings. The GOP leaders want us to believe that we could fill those openings if we forced some of the 30,000 people now on UC to take a job — any job. They want to hire hundreds of people to check on those folks at least every other week to make sure they’ve applied for jobs.

Experts estimate this \$32,000,000 investigation might find about 200 cheaters. This is throwing money away. If they want to fill job openings, we should make childcare available and affordable.

If you’re making \$100,000 per year, it’s worthwhile to spend \$12,000 per year on childcare. But what about the average household with earnings of \$50,000? We’re the only industrialized country in the world without paid family leave. Now, if you have a sick family member or a new baby, you have to quit your job to take care of them.

We’re also one of the only countries that doesn’t provide new training to people who’ve lost their jobs. Now, if you decide to get training while you’re on UC, you will be cut from the program. Why not support people getting re-trained? Let’s solve the labor market problems with real solutions, not just blaming victims.

If you have comments or concerns about state policy and programs, feel free to contact me at Rep.Baldeh@legis.wisconsin.gov.



From
Andrew Schauer
District 21 Supervisor

Jail project to move forward

As one of the county board supervisors from this area, and the board’s first vice chair, I am pleased to report that we have finally secured the necessary funding to put the new Jail Consolidation Project out to bid.

Recently, the board passed on a 32–5 vote the final \$10-plus million in funding necessary to make the project a reality. It will consist of a new six-story tower next to the current Public Safety Building, which will also be heavily renovated. The resulting space will be a safe and hospitable facility for our county’s law enforcement needs and will also include programming space to help us lower recidivism. It will also include medical and mental health beds where

our neighbors who find themselves here will receive appropriate care.

I am proud of the work that was put into reaching such a broad consensus on this final piece of the project, including that of Sheriff Calvin Barrett in addressing the concerns of some of my colleagues. I second his efforts to institute innovative jail reforms that can help keep the jail population low, while keeping our citizens and law enforcement officers safe. Moreover, we will finally be able to close entirely the outdated jail on the sixth and seventh floors of our City County Building.

No one should celebrate a jail, but we can take some amount of pride in the fact that this board and county executive were able to fund the largest single building project in the county’s history. We should be happy to know that our county government still works for and protects its people.

Thank you to my colleagues, who have worked so hard to support this project over the years, and thank you to our constituents for their patience with this process.

If you want to quickly, go alone. If you want to go far, go together. – African Proverb

SENIOR



From
Jim Krueger

NewBridge Executive Director

As congress works to avert defaulting on our national debt and budgeting for our future, there are some critical matters to consider. Our population continues to age at a rapid rate. By 2030, over 70 million (20%) people in the USA will be 65 and older. So why do budget debates typically involve reducing growth of entitlement programs that impact vulnerable older adults?

Older adults have made important contributions to society (raising families, working in factories or service jobs, volunteering, building community). However, depending on the nature of their job, many are unable to adequately save for retirement. Others have been impacted by poor health, minimal education and limitations that prohibit daily activities including the ability to work. Those with chronic health problems and major unmet social needs (food, housing) face

substantial disparities that will become even more pronounced in the future.

More recently older adults use retirement funds to help their children experiencing financial burdens. All these factors have increased the number of older adults living on incomes below 200% of the poverty level. These individuals need more assistance than those fortunate enough to have good health, strong social connections and adequate resources.

NewBridge connects low-income older adults with critical resources. Dane County has great resources, yet we can't keep up with the increased need. Federal/state caps proposing minimal annual increases on older adult entitlement programs will only make matters worse. Why do some lawmakers want to deprive our most vulnerable people?

Note: The NewBridge Summer Concert Series begins June 12. Six free concerts on Monday nights (June and July), 6–8 pm, at the Warner Park Shelter. Food carts will be available. No concert July 3.

The Celebration of Life for NewBridge volunteer Mary Hill is June 11, 1–4 pm, at WPCRC. RSVPs are encouraged, call 608-512-0000, ext. 3005.

Shredfest to recognize World Elder Abuse Awareness Day

By Casey Bultman
Dane County Department of Human Services

The Dane County Elder Abuse Coordinated Community Response Team, Northside TownCenter and

Pellitteri Waste Systems will host a Senior Shredfest event Friday, June 16, 11 am–1 pm, at the Northside TownCenter parking lot, 1865 Northport Drive.

Come and safely shred your confidential documents. This event is open to the public.

Elder Abuse Awareness Day

Think twice before opening bank accounts with a non-spouse.

By Lauren Hamvas
Legal Action of Wisconsin

June 15 is World Elder Abuse Awareness Day. Elder abuse encompasses a range of behaviors including physical abuse, emotional abuse, sexual abuse, neglect, unreasonable confinement or restraint, and financial exploitation.

In 2022, Dane County Adult Protective Services investigated 472 calls of elder abuse. Of those, 69% were substantiated as elder abuse, and 50% of abusers were family or close friends of the victim. Nearly 29% were reports of financial exploitation.

Researchers estimate that individuals over the age of 60 lose over \$1 billion dollars annually due to financial exploitation. One study found that financial exploitation occurs to 1 in 18 cognitively intact, community-dwelling adults each year. It is estimated that Dane County residents lost an estimated \$1,352,794 last year due to financial exploitation.

A common thread in reports of financial exploitation is the presence of a joint bank account. Joint accounts are a quick, easy way for individuals to grant someone else access to their funds to help them with money management. But individuals may unknowingly be giving someone ownership of their money. State statutes controlling joint accounts explain that joint account holders are equal owners of all funds in the account, regardless of whose money is deposited.

Additionally, statutes protect co-owners from liability to the other owners. Co-owners do not have a legal obligation to other co-owners to explain what they did with the money in the account.

There may be options that create the same result with better protections:

I want my family member to be able to easily access my money to pay my bills and help me manage my money.

You can designate someone as a Financial Power of Attorney at your bank only. The bank will have you sign a form indicating you want someone else to have access to your account. A Financial Power of Attorney means they can use the money only for your benefit, and they have to account to you how the money was spent. It does not give them authority to keep you from your money.

I don't want my heirs to have to go through probate.

If you do not want your heirs to have access to your money while you are alive but want them to easily have access after your death, you can designate a "Payable on Death" beneficiary on your account. The beneficiary will have no access or control of your account while you are alive. After your death, they will complete some paperwork with the bank and be given any funds available.

I want my family to be able to pay for my funeral.

Many individuals want to ensure their final arrangements are covered in order to reduce any burden on the family. If you do not want someone to have any access to your money until funeral arrangements are needed, consider burial insurance or a funeral trust.

Protect yourself from financial exploitation. Before giving someone access to your accounts, discuss with your bank the pros and cons of different available arrangements. Tell your bank what your goals are for granting someone access and ask what they think the best arrangement would be to achieve those goals. Also talk to tax and

SENIOR Activities

NewBridge–North | 608-512-0000 ext. 3000

To register for classes or learn more about activities happening in the community

Visit our website (newbridgemadison.org) or contact Deenah Givens at 608-512-0000 ext. 3002 or deenahg@newbridgemadison.org.

SUMMER CONCERT SERIES

Join us for our annual Summer Concert Series at the Warner Park shelter. There will be food carts, or you can bring a picnic dinner with you. New this year is an accessible play structure for children of all ages. Bring your lawn chairs and blankets, and enjoy great music and being outdoors with family, friends and neighbors.

- June 12: Golpe Tierra (Latin Jazz)
- June 19: Frank Martin Busch & the Names (Country)
- June 26: Sista' Sensei (Reggae)
- July 10: Universal Sound (Sinatra to AC/DC)
- July 17: Eddie Butts Band (Blues/Funk)
- July 24: Ladies Must Swing (Swing)

ONGOING NORTHSIDE ACTIVITIES

Activities take place at Warner Park Community Recreation Center, 1625 Northport Drive.

Bingo: Every Friday, 10:15–11:15 am; first Friday is bi-lingual Bingo.

Bunco: Every Monday, 2–4 pm

Card Making Club: Second Wednesday of each month, 1–3 pm

Chair Yoga with Kim: Thursdays, 10:30–11:30 am

Euchre: Tuesdays, 1–3 pm

Mahjong: Thursdays, 1–3 pm

Mindfulness Movement for LGBTQ Folks, Friends and Allies: Wednesdays and Fridays, 10:15–11:45 am

Ping Pong: Mondays, 9 am–12 pm; Wednesdays, 1–3 pm

Sassy Steppers: Mondays 4–5 pm. Join us to dance your way to health and wellness.

Sewing Club: First and third Thursdays of each month, 9 am–12 pm

Stretch & Strength: Mondays and Wednesdays, 9–9:45 am

See the newsletter for health and wellness talks in June and July.

estate professionals to make sure that any bank designations do not affect your overall estate plans.

Take your time. This is an important decision that should not be rushed. Regardless of what arrangement you choose, check your account statements monthly and report suspicious activity to your bank. Never give anyone your password to view online accounts. It is simpler to take precautionary measures now than to attempt to recover lost funds later.

Lauren Hamvas is an attorney with the Elder Rights Project at Legal Action of Wisconsin, which provides free civil legal assistance to individuals who have been victims of elder abuse. If you would

like assistance, contact their intake line at 1-855-947-2529.

Office of Financial Protection for Older Americans, "Suspicious Activity Reports on Elder Financial Exploitation: Issues and Trends," February 2019 (files.consumerfinance.gov/f/documents/cfpb_suspicious-activity-reports-elder-financial-exploitation_report.pdf)

David Burnes, Charles R. Henderson Jr, Christine Sheppard, Rebecca Zhao, Karl Pillemer, Mark S. Lachs, "Prevalence of Financial Fraud and Scams Among Older Adults in the United States: A Systematic Review and Meta-Analysis," *American Journal of Public Health* 107, no. 8 (August 1, 2017) pp. e13-e21.



YOUR NORTHSIDE HANDYMAN
since 1994

Isthmus Handyman
"Your Small Job Specialists"

For more info on services or to request help, contact:
isthmushandyman.com
isthmushandyman@yahoo.com
608-334-5890

SERVICES

- ◆ Bath, Kitchen & Basement Updates
- ◆ Faucets, Sinks, Toilets, Bath Fans
- ◆ Ceiling Fans, Lights, Garbage Disposals
- ◆ Painting, Trim, Drywall Repairs
- ◆ Shelving, Closets & General Carpentry
- ◆ Window & Door Repairs & Replacement
- ◆ Screen Porches, Sheds, Chicken Coops

Remodeling | Repairs | Consultations

Boomerangs Resale Store

\$5 OFF

YOUR \$20 PURCHASE

Can't be combined with other coupons/sale offers

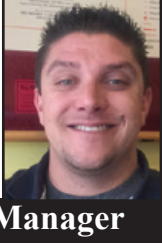


EXPIRES ON July 31st 2023

1133 N. Sherman Ave at Northgate
T-F: 10 am–6 pm • Sat: 10 am–4 pm

WARNER PARK COMMUNITY RECREATION CENTER

Written by
Zach Watson
608-245-3690



Interim Facility Manager

The June and July sunshine will be welcomed with open arms at WPCRC. We look forward to expanding our programming as well as our building.

The upcoming WPCRC expansion will include the addition of a new multipurpose gymnasium to provide additional community services and programming. The project has its roots in community envisioning sessions held in 2015, when area residents and Center visitors identified an expanded facility as a significant priority for park development.

In 2017, the Parks Division

commissioned a facility assessment study to explore potential expansion options and determine the building system improvements necessary for an addition. This past year, Parks worked with our agency partners to begin community outreach and design development.

Over the last several months, the design team and city staff held multiple community stakeholder meetings and larger group input sessions to inform the project's scope and configuration. The expansion's design is available on the City of Madison Parks/Projects website.

The KNOW Program is grateful for the grant funding we received to expand our summer programming opportunities. We are excited to grow our Angling Program. This project will provide equitable and qualitative angling experiences for those we serve. Our goal is to provide a hired guide-like experience on

our KNOW fishing trips. A guide's approach always includes multiple sources of information, years of experience and a never-ending desire to learn more. Our project will provide all the necessary supplies to target specific species of fish, as well as ensuring our anglers are comfortable, safe and engaged.

Although they say a bad day fishing is better than a good day working, we will do everything we can to make every day on the water a great day of

fishing. It is through great fishing experiences that anglers will commit to years of future fishing and develop a love for the many waterways we have access to on the Isthmus.

This opportunity has developed out of partnerships with Clean Lakes Alliance, Wisconsin DNR and Pat Hasburgh, owner of our neighborhood bait shop, D&S Bait Shop. We look forward to sharing some BIG FISH stories and some photos to back them up.

Instead of worrying about what you cannot control, shift your energy to what you can create.

Roy T. Bennett, the light in the heart

NEW NAME, SAME FRIENDLY FACES
Now Northside Ace Hardware



2935 N. Sherman Ave.
Across from Warner Park
241-1541

COUPON

\$5 OFF
Purchase of
\$25 or More

Coupon must be presented at time of purchase.
One coupon per purchase. Not valid on sale items. Not valid with any other offers.

Expires 06/30/23

LAUER REALTY GROUP
No matter where you are on your real estate journey, we are here to make those big moves happen.
Powerful Results. Real People. www.LauerRealtyGroup.com | 608.467.3220

Professional and Dependable Pet & House Sitting

- DOG WALKS
- CAT SITTING
- HOUSE SITTING

➔ **FreeBellyRubs.com**

HOTEL K
Pet Sitting & Dog Walking
GPS Tracking & Photo Messages on all pet visits
608.286.1573

Online Schedule Requests - Download the App @ FreeBellyRubs.com

Your Northside Neighborhood Shopping Center

NORTHGATE

Conveniently Located
North Sherman Avenue
& Aberg Avenue

ANYTIME FITNESS
1117 N. Sherman Ave • 608.245.1616
BRING IN THIS AD AND GET YOUR **FIRST MONTH FREE**
—PLUS GET YOUR—
FREE 7 DAY PASS
at www.anytimefitness.com
Anytime Fitness
1117 N. Sherman Ave.
(608) 245-1616

Boomerangs RESALE STORE
Give a little, get a lot
boomerangsresale.org
608-268-0793
T-F 10 am-6 pm | Sat 10 am-4 pm

DOG DOG DAYCARE
Enroll online
1201 N. Sherman Ave.
M-F 6am-6pm
woof@dogdogmadison.com
www.dogdogmadison.com
@DogDogMadison
(608) 467-9064

db
dreambikes
We employ local teens and provide hands-on, paid job training to
★ refurbish and resell bicycles
★ back into the community at
★ affordable prices.
1131 N. Sherman Ave.
Tues-Fri: Noon-7 pm | Sat 10 am-6 pm
(608) 416-5536

DOOR CREEK CHURCH
NORTHSIDE MADISON CAMPUS
IN-PERSON
SUNDAY | 10:30 AM
ONLINE
SUNDAY | 9 & 10:30 AM
doorcreekchurch.org/watchlive
1181 N. SHERMAN AVE.
doorcreekchurch.org • 608.222.8586

MADISON
Oriental Market & Ethnic Deli
f @madisonoriental
Check out our deli
Hot food, deli & desserts
Dine in or carry out
Eat Street delivery
Your local source for ethnic food
Asian • African • Cambodian • Hispanic
Hmong • Indian • Jamaican • Filipino • Thai
Tues-Sat 9 am-7 pm • Sun 10 am-6 pm
1197 N. Sherman Ave. in NorthGate

Naly's Floral Shop
Live plants, gifts and daily floral arrangements.
We also specialize in wedding, funeral and more special event arrangements.
1203 N. Sherman Ave
M-F 9 am-6 pm • Saturday 10 am-4 pm
Sunday Closed
nalys.floral.designs@gmail.com
608-467-6610 • www.nalysfloralshop.com

Where "to do" lists get done.
Let us help you
Shipping Services
Packaging Services
Mailbox & Postal Services
Copying Services
Finishing & Printing Services
The UPS Store
The UPS Store
NorthGate Shopping Center
1213 N. Sherman Ave.
663-9090

Vnails
Manicures/Organic Pedicures
Solar Powder Set
Pink & White Nails
Hand Designs
Hours
Mon-Fri 9:30 am-7 pm
Sat 9:30 am-5:30 pm
1171 N. Sherman Ave.

WEAVER Auto Parts
Complete Machine Shop Service
Import
Domestic
Truck
Tractor
Open Daily
241-4006

NORTHSIDE NEWS - Calendar of Events

Sponsored by Madison Gas and Electric

June/July 2023

SENIOR SHREDFEST

Friday, June 16
11 am-1 pm
Northside TownCenter

Open to the public. - Come and safely shred your confidential documents at a Shredfest to highlight World Elder Abuse Awareness Day. Hosted by Dane County Elder Abuse Coordinated Community Response Team, Northside TownCenter and Pellitteri Waste Systems.

NORTHSIDE FARMERS MARKET

Sundays
8:30 am-12:30 pm
Northside TownCenter

Enjoy a variety of locally grown produce, baked goods, meats, flowers, plants and much more. Sign up for our newsletter at northsidefarmersmarket.org or find us on Facebook at facebook.com/madNFM for the latest information on vendors and events.

NEWBRIDGE SUMMER CONCERTS

Mondays, June 12-July 24
6 pm

Warner Park Rainbow Shelter

Visit the food carts or pack a picnic. Bring your lawn chairs and blankets. Enjoy great music in the great outdoors.

- June 12: Golpe Tierra (Latin Jazz)
- June 19: Frank Martin Busch & the Names (Country)
- June 26: Sista' Sensei (Reggae)
- July 10: Universal Sound (Sinatra to AC/DC)
- July 17: Eddie Butts Band (Blues/Funk)
- July 24: Ladies Must Swing (Swing)

MAKE MUSIC MADISON DAY

Wednesday, June 21
8 am-9 pm

Around the globe people of all ages and skill levels come together to make music on summer solstice. It is free and open to the public. See makemusicmadison.org for a full schedule of events. Northside music will be performed at:

- Lakeview Library, 10 am-8 pm
- FEED Kitchens, 12-6 pm
- Bierock, 3-8:30 pm
- Subvocal Stage, 4222 Esch Lane, 8 am-9 pm
- Warner Park Rainbow Shelter, 10 am-9 pm

BOOMERANGS ANNUAL SIDEWALK SALE

Friday, June 2, 10 am-6 pm
Saturday, June 3, 10 am-4 pm
Boomerangs Resale Store, 1133 N. Sherman Ave.

Come early and shop the best of our summer items. Patio furniture, coolers, lawn and yard items, sporting goods and much more. Call us at 608-268-0793 or follow us on Facebook at Boomerangs Resale Store.

MADISON WOMEN THRESHOLD SINGERS

Wednesdays, June 7 and July 5
12:30-2:30 pm
Lakeview Library

Women who love to sing and are fully COVID vaccinated are invited to join this group and sing for people who are seriously ill, dying or grieving. Rehearsals are held once a month on the first Wednesday. Contact Casper Soluna at casper.soluna@gmail.com or 608-417-0400.

SPARK! PROGRAMS FOR THOSE WITH MEMORY LOSS

First Friday of every month
10-11:30 am

ARTS for ALL, 1709 Aberg Ave., Suite 1

SPARK! offers free programs for people with early to mid-stage memory loss and their care partners. Programs include creative experiences in artmaking, drama, movement/dance, music, poetry or storytelling. Register each month at artsforallwi.org/programs/spark.

WE'RE HERE FESTIVAL

Saturday, June 3
12-4 pm

Northgate Shopping Center

Come connect with businesses and enjoy discounts and free festivities. First 50 people receive \$10 entertainment bucks to shop in participating stores. Free food by Falbos Pizza, food trucks, live DJ, plus your favorite mascots, face painting, balloon twisting and 360 photo booth. pdiceent.com or 608-225-6505.

THURSDAY, JUNE 1

Senior Lunch and Euchre Tournament

11 am-12 pm, Lakeview Lutheran Church, 4001 Mandrake Road
The theme is "Baked Potato Bar." The church will provide baked potatoes and various toppings. Please bring a salad or dessert to share. There is a free will offering for lunch. To RSVP, contact the church office at 608-244-6181.

SATURDAY, JUNE 3

Kids Fishing Event

9 am-12 pm, Warner Park Lagoon
The Yahara Fishing Club is hosting this free kids fishing event. Learn to fish with help from club members. The first 300 kids receive a free fishing rod and bait. A free lunch of hot dogs, chips and soft drinks will be provided.

SATURDAY, JUNE 3

Bird and Nature Adventure: Good Nature Plants

2:30 pm, Tenney Park
Join Naturalist Susan Scott for a guided walk to look for native Wisconsin trees, flowers and plants.

SUNDAY, JUNE 4

Bird and Nature Adventure: Wildflower Wander

1:30-3 pm, Cherokee Marsh North Unit, 6098 N. Sherman Ave.
Join Naturalists Mary Binkley and Sheila Leary to learn about beautiful native wildflowers in the woods, prairie and marsh.

TUESDAY, JUNE 6

American Red Cross Blood Drive

12-5 pm, Lakeview Lutheran Church, 4001 Mandrake Road
This blood drive is sponsored by Lakeview Lutheran Church in conjunction with the American Red Cross. For an appointment, call 1-800-733-2767 or visit RedCrossBlood.org and enter Sponsor Code "LakeviewLutheran" or contact the church office at 608-244-6181.

SATURDAY, JUNE 10

Afro Indigenous Outdoor Cooking

1-3 pm, Troy Farm, 502 Troy Drive
Come learn more about Afro Indigenous crops and how to cook with them from Yusuf Bin-Rella of TradeRoots. Contact troyfarm@rootedwi.org for more information. This event is free.

TUESDAY, JUNE 13

Wild Warner Meeting

6 pm, WPCRC or as posted
The public is welcome. Help support nature preservation, restoration, recreation and education in the wild side of Warner Park. See the Wild Warner Facebook page for updates and more information. Contact: 608-698-0104

THURSDAY, JUNE 15

Coffee with a Cop

9 am, WPCRC
Please come and enjoy free coffee, free cookies and great conversation with your officers on the Northside of Madison.

FRIDAY, JUNE 16

Family Fun Night

5:30-8 pm, WPCRC
A night of bouncy houses, art projects, games, gym activities, movies and more. The cost is \$5 per family. Sign up online for email reminders of monthly themes. Kids age 11 and under must be accompanied by an adult.

SUNDAY, JUNE 18

Bird and Nature Adventure: Be a Forager-Stewart

1:30 pm, Warner Park Rainbow Shelter
Join Naturalists Kathlean Wolf and Kacy Zander to look for edible plants and other natural things that are useful to wild creatures and humans, and learn about responsible foraging. Contact: 608-698-0104

WEDNESDAY, JUNE 21

Friends of Cherokee Marsh board meeting

5:30-7 pm, Warner Park Rainbow Shelter
The public is welcome. To confirm the time and place, contact janaxelson@gmail.com. Cherokee marsh.org

THURSDAY, JUNE 22

Friends of Hartmeyer Natural Area meeting

5 pm, Esquire Club, 1025 N. Sherman Ave.
The public is welcome. Help preserve and restore Madison's newest conservation park behind the old Oscar Mayer plant. *Note: if the weather is nice, bring a lawn chair and meet outdoors behind the Esquire Club, or indoors if it rains. Contact: paul_noeldner@hotmail.com, 608-698-0104

SATURDAY, JUNE 24

Community Workday at Troy Farm

9:30 am-3 pm, Troy Farm, 502 Troy Drive
Many amazing organizations and people grow in the farm production area at Troy Farm. Come lend a hand and learn more about what we are growing and doing. Contact troyfarm@rootedwi.org for more information.

SATURDAY, JULY 1

Bird and Nature Adventure: This Land is Your Land

2:30 pm, Tenney Park
Join Naturalist Paul Noeldner to celebrate the Fourth of July and our natural heritage. Learn about Aldo Leopold, John Muir, Rachel Carson and others who helped America save our native land for wildlife and all of us. Contact: 608-698-0104

SUNDAY, JULY 2

Bird and Nature Adventure: What's Hopping

1:30-3 pm, Cherokee Marsh North Unit, 6098 N. Sherman Ave.
Join Naturalist Mary Binkley to look for hopping hares, buzzing bees, leaping frogs and other creatures. Contact: 608-698-0104

THURSDAY, JULY 6

Senior Lunch and Euchre Tournament

11 am-12 pm, Lakeview Lutheran Church, 4001 Mandrake Road
The theme is "Crazy for Sandwiches." The church will provide sandwich fixings. Please bring a salad or dessert to share. There is a free will offering for lunch. To RSVP, contact the church office at 608-244-6181.

TUESDAY, JULY 11

Wild Warner Meeting

6 pm, WPCRC or as posted
The public is welcome. Help support nature preservation, restoration, recreation and education in the wild side of Warner Park. See the Wild Warner Facebook page for updates and more information. Contact: 608-698-0104

FRIDAY, JULY 14

Family Fun Night

5:30-8 pm, WPCRC
A night of bouncy houses, art projects, games, gym activities, movies and more. The cost is \$5 per family. Sign up online for email reminders of monthly themes. Kids age 11 and under must be accompanied by an adult.

SUNDAY, JULY 16

Bird and Nature Adventure: Warner Tree Plantings

1:30 pm, Warner Park Rainbow Shelter
Join Naturalists Kathlean Wolf and Kacy Zander to look for edible plants and other things useful to wild creatures and humans and learn about responsible foraging. Contact: 608-698-0104

WEDNESDAY, JULY 19

Friends of Cherokee Marsh board meeting

5:30-7 pm, Warner Park Rainbow Shelter
The public is welcome. To confirm the time and place, contact janaxelson@gmail.com. Cherokee marsh.org

THURSDAY, JULY 20

Coffee with a Cop

9 am, WPCRC
Please come and enjoy free coffee, free cookies and great conversation with your officers on the Northside of Madison.

THURSDAY, JULY 20

Friends of Hartmeyer Natural Area meeting

5 pm, Esquire Club, 1025 N. Sherman Ave.
The public is welcome. Help preserve and restore Madison's newest conservation park behind the old Oscar Mayer plant. *Note: if the weather is nice, bring a lawn chair and meet outdoors behind the Esquire Club, or indoors if it rains. Contact: paul_noeldner@hotmail.com, 608-698-0104

FRIDAY, JULY 28

Night Moth Walk

9-10:30 pm, Cherokee Marsh North Unit, 6098 N. Sherman Ave.
See and learn about moths and other night-flying insects as we walk to different viewing spots to view insects under ultraviolet light. Be prepared for mosquitoes. cherokeemarsh.org

SATURDAY, JULY 29

Saving Seeds

1-3 pm, Troy Farm, 502 Troy Drive
Learn how to save seeds for your garden from Ryan Dostal of Allen Centennial Gardens. Contact troyfarm@rootedwi.org for more information. This event is free.

LL = Lakeview Library
WPCRC = Warner Park Community Recreation Center

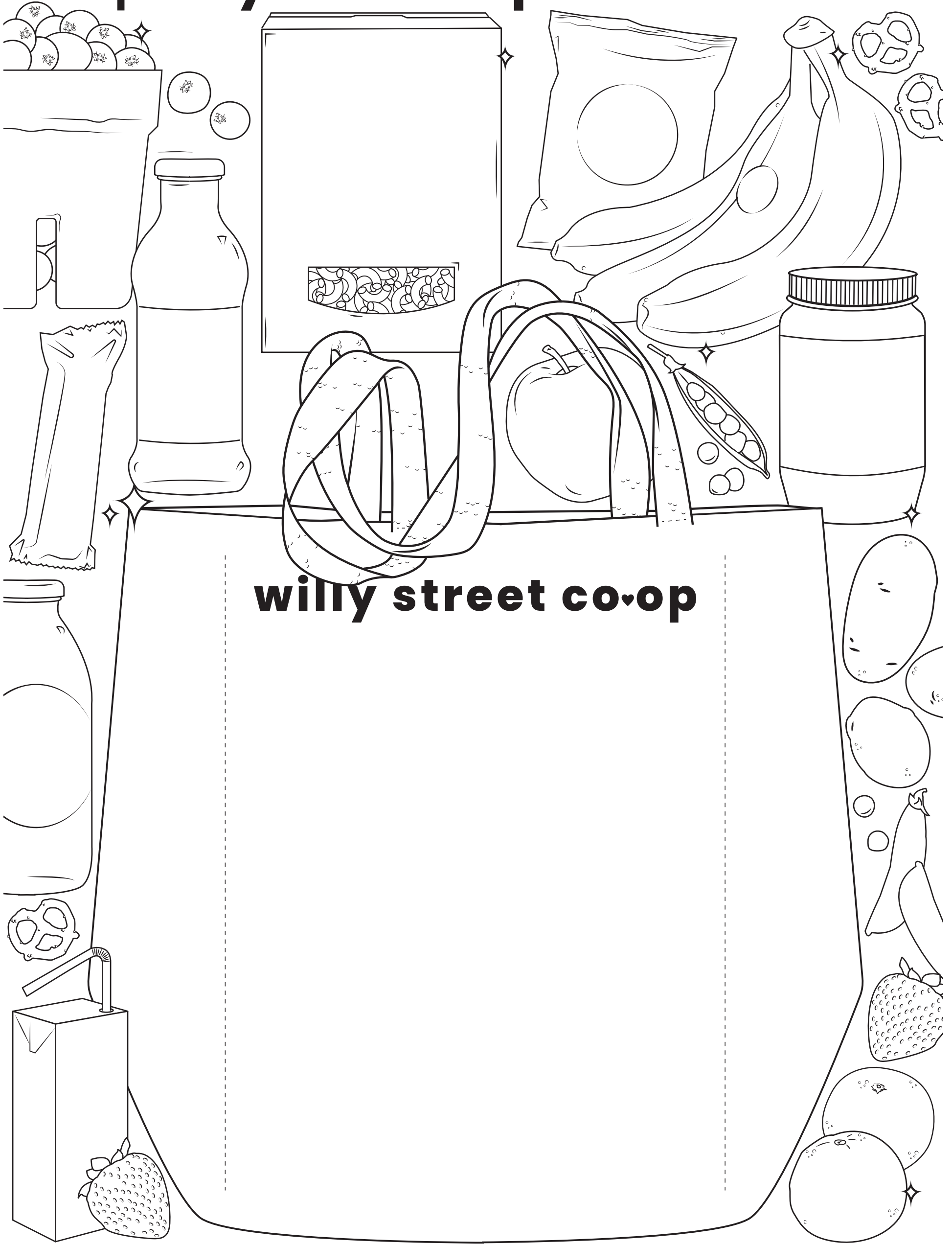


MGE is targeting net-zero carbon electricity by 2050. Join us in working toward a more sustainable future. Visit mge2050.com for energy-saving tips and more.

Net-Zero

CARBON ELECTRICITY BY 2050

Help Willy Street Co-op—North decorate!



willy street co-op

Information below the dotted line will be removed before the artwork is posted!

Artist name

Artist primary caregiver's phone number

Artist primary caregiver's name

Artist primary caregiver's email address

Offer valid for children 12 years old and younger. One drawing per child, please. No purchase necessary. Only Willy Street Co-op—North is participating in this activity; please do not bring this page to Willy East or Willy West.

Turn in this coloring page at the Willy North customer service desk between June 1st and June 28th. All kids will get to choose a gift; the accompanying caregiver will receive a coupon for \$5 off a purchase of \$25 or more worth of groceries and be entered to win a \$25 gift card. We're also offering 10-minute store tours every quarter hour from 1pm-4pm every Wednesday in June—caregivers who go on the tour will get a coupon good for \$5 off any purchase. Artwork will be displayed in our Commons (seating area) through June 30th.

Willy North is at 2817 N. Sherman Ave., Madison, in the Northside TownCenter mall. Open 8am-9pm daily. You don't need to be a member to enter or to shop—everyone is welcome!