# Northside News

Vol. 28, No. 1, Issue 163

www.northsidenews.org

August/September 2022

**Pickle Pro Courts Grand Opening/Fundraiser** Monday, Aug. 1, 5:30-8 pm — Grand opening

and exhibition pickle ball match featuring profes-

# **North Police District chosen** for body-worn cameras pilot

By Anita Weier Northside News

After years of debate, the Madison Common Council voted this summer to approve a one-year pilot project testing whether Madison police should use bodyworn cameras. Final approval of the pilot project will depend on the council's action on the city's 2023 budget this fall.

The vote in June had a very slim margin, 11 to 9, so Northside Alder Charles Myadze predicts the budget vote also will be close. Myadze, who represents the 18th District, heartily supports the pilot project. "When people ask what happened in a situation, it is important to have proof," he said.

Alder Syed Abbas, who represents the 12th District on the Northside, also supported the action. "This will be a huge aspect [2] of accountability," he said. "People want to see what happened during an incident. The cameras will also help us see if we need more training."

So far, the cameras have been used by the Madison Police District's SWAT team, which responds to dangerous situations, and by motorcycle officers. Additionally, squad cars have dashboard-mounted cameras.

Police Chief Shon Barnes supports the pilot project, saying that it will "rebuild trust with our community, whom we proudly serve."

Besides funding in the budget, the council stipulated that several other requirements must be met before final approval, including development of policies that implement recommendations of a citizen feasibility committee.

In 2020, the Wisconsin Department of Justice found that about 63% of the 434 Wisconsin law enforcement agencies that answered questions about body cameras use them to some extent.



Brendan Jenks performs at a NewBridge Concert in Warner Park.

# Hula Hoop star performs at NewBridge concerts

**Northside News** 

The Monday night Newbridge summer concerts at Warner Park are once again popular with Madisonians. In addition to the popular bands that inspire audience members to dance, there is a new star this year.

Brendan Jenk, who lives on the Eastside, dances while performing nearimpossible variations with a Hula Hoop. Jenk, 57, varies the routines in accord with the music. "It's almost like a ballet," said one awed audience member during a slow-music segment.

The company he works for, Cascade Asset Management on Manufacturers Drive, is an IT asset disposition company that recycles or sells all parts of equipment after securely removing all data. "Nothing goes to a landfill," he said.

Jenks got into Hula Hooping after he had a health issue several years ago. "Someone handed me a flyer about the health benefits of Hula Hooping, so I took an old hoop out of my garage and started practicing every day. It got me out of the health slump, and I lost weight and felt better."

His daughter tried it, too, and has taken classes at Madison Circus Space.

### sional Pickleball stars Dave Weinbach and Sherri Steinhauer..This fundraiser will benefit FEED Kitchens building fund and The River Food Pantry. For more information, see the ad on page 5 or email patrickriha@pickleprocourts.com.

Page 20 **NOMINATE A NORTH STAR** 

Each year the North Star Awards recognize individuals, organizations and businesses that give back to the community. Go the nomination form on page 20 to submit your organization or neighborhood unsung hero.



Page 10-11 **Multicultural Business Directory** 

Celebrate and support the multicultural businesses located on the Northside.

### Page 13 TOM SOLYST RETIREMENT

Tom will be retiring at the end of the year from Vera Court Neighborhood Center after 22 years.



Where's Nort? Find Nort to win prizes!

# Northside Festival is a free community event

Since 2001, the Madison Mallards have prided themselves on bringing fun to the Northside of Madison. However, once the summer ends and the team's 36 game home schedule is over, normally the family fun ends there.

This year, the Madison Mallards are extending the family fun past the end of the season, as they launch the inaugural Northside Festival being held Sept. 17 presented by Willy Street Co-op.

On Sept. 17, the Duck Pond at Warner Park will transform into a Northside

Festival unlike any other. With live baseball club. We are excited to bring music, local nonprofits, local artists, k ds games and more, this free event will feature local food truck on the baseball field, beer for sale and a free movie screening to conclude the event. Proceeds from the event will benefit Northside community partners including the Northside Planning Council and FEED Kitchens, while 100% of food revenue will go directly to the locally owned food carts.

"Giving back and embracing everything that the Northside of Madison has to offer is a core value of the Madison Mallards this first of its kind event to the Northside this year and in years to come," Assistant General Manager Samantha Rubin said.

Madison Mallards President, Vern Stenman has been at the Duck Pond since the team was founded. "It has been exciting to see the Northside evolve over the last 22 years. We feel like now is a great time to celebrate the Northside and keep the summer fun rolling just a little bit longer at the Duck Pond!"

Willy Street Co-op is another staple of the Northside of Madison since opening their first Northside store in 2014. From 2–5 pm during the event, owners of the Willy Street Co-op will be able to receive discounted pricing on food from food trucks with lanyards provided by the Co-op.

More details will be announced soon, including the entertainment lineup, movie, vendors and more. Please stay tuned to Mallardsbaseball.com for more information.

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### **NORTHSIDE NEWS**

# 2022 ADVERTISING RATES

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Flyer Inserts (delivered to printer by advertiser): Please contact Lauri at editor@northsidenews.org or 608-334-4969 for rates.

# **NORTHSIDE NEWS**

www.northsidenews.org

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### **Next Issue: October/November 2022**

Contribution Deadline: Wednesday, Aug. 3

Date Distributed: Sept. 27

Letter to the editor,

As Northsiders who very much value the Northside News for its community reporting, we would like to comment on what we found to be confusing and misleading statements in the April/May story "Hartmeyer natural area includes Indigenous burial site" and the correction that followed in the June/July issue. In reporting on current issues, we believe it's essential for the Northside News to be clear about what is documented and what is speculation. In referring to a 16acre parcel in the natural area, the correction stated without attribution that most of the parcel is a kow n burial site area. However, City of Madison Planner Bill Fruhling has stated that the Wisconsin Historical Society is unaware of any archaeological site in the parcel. The story should not have made the claim without naming a source. If a burial site is documented on the property, we encourage the Northside News to cover the story.

Jan Axelson, Janet Battista, Anita Weier

Dear Editor of the Northside News:

In the April/May issue of the Northside News, I wrote a brief update article (word limit set by the Editor) about the wetland property located at 2007 Roth Street, also known as the Hartmeyer Natural Area. I have been covering that story for several years during the Oscar Mayer Special Area plan process. The story I wrote ultimately was not the story published. The content of the story was changed by a member of the writing team, without confirmation or notice to me. In addition, the headline incorrectly represented what I had written. As a result, the Managing Editor included a correction that stated: "the errors were due to editorial changes, not the writer." It seems unusual protocol for a newspaper to have members of a writing team also proofread and edit, and change content to stories submitted by local volunteer writers — especially without letting them know prior to publication. This resulted in inconsistencies and confusion that are now regrettable.

I agree that I should have noted the source of the information for the noted burial site

Send us a list of businesses whose ads you find Nort hiding in, and your name will be added to a drawing for prizes. How many are there? You tell us.

Submit your list to: Northside News 1219 N. Sherman Ave. Madison, WI 53704 The June/July Issue Winners Ron Edmunds Emily Batcher

Or, email it to us at office@northsideplanningcouncil.org

Include your full name, mailing address and either your phone number or email address so we can contact you if you win.

Thank you to the FEED Bakery Training Program for their donations to the Nort scavenger hunts.



### I'M PROUD TO SUPPORT THE NORTHSIDE NEWS

Do you love your Northside community newspaper?

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Does it feature articles about neighbors and issues you care about?

If you answered yes to any of these questions, then consider paying for a voluntary subscription.

Why take out a voluntary subscription for a free publication? It's true — the Northside News will arrive in the mail whether you pay for a subscription or not. But with your voluntary subscription, you can help ensure that it remains a high quality publication accessible to all. While our advertising revenues make us mostly self-sufficient, we are subject to the fluctuations of the economy, especially as print media suffers all over the country. If you would like to help protect the Northside News for future years and help us explore new innovations in our community journalism strategies, then consider paying for a voluntary subscription.



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Northside Planning Council 1219 N. Sherman Ave. Madison, WI 53704

area, and will strive to improve my writing with each story, and do learn with each one I write. There are previously identified burial site locations in the Oscar Mayer and Hartmeyer areas including a catalogued burial site at the north end of the Oscar Mayer property. A report completed for the city shows a map that illustrates known sites in the area. About half of the Roth Street (Hartmeyer) property lies within an outlined boundary showing "previously identified Indigenous burial site/cemetery," where housing and a roadways are planned.

During a recent conversation with Mr. Bill Quackenbush, Cultural Resource Division Manager for the Ho-Chunk Nation, he told me that he had visited the Roth Street property. He expressed interest in a survey being completed on the potential mound site, to protect the savannah area where the old oak trees stand and noted the wonder of the sandhill cranes that nest there. He also suggested that the area surrounding the wetland not be mowed to allow it to rebound. He is interested in a meeting with the Wisconsin Historic Society and the landowners to determine the status of the site.

Let's support the Ho-Chunk Nation with this opportunity.

As the site is proposed to be developed

with 550 units of housing, a major roadway, and a possible park, we need to proceed with caution and inquiry to protect the cultural resources that may lie within the property.

As we often are willing to acknowledge that we live on Ho-Chunk lands, we have a true opportunity to work with the Cultural Resource Division of the Ho-Chunk Nation to determine what is on the site, and possibly avoid desecrating sacred ground.

Thankyou.

Beth Sluys, Northside Neighbor, Volunteer Writer Northside News

### **Editor's Note:**

Thank to Jan, Janet, Anita and Beth for your letters.

The volunteer writers, copy editor and proofreaders are greatly appreciated for contributing their time and talent to help produce six issues of the Northside News each year. The August issue marks the beginning of the 28th year of this important community resource. The newspaper team has always exhibited great integrity in their writing and research, and how they carefully word and edit the articles for clarity and understanding. Thank you for bringing increased clarity to the topic of these letters and apologies for the confusion.

### NORTHSIDE PLANNING COUNCIL

### **North Star Awards 2022**

**By Lauri Lee** NPC Board Chair

The 18th Annual North Star Awards presented by the Northside Planning Council recognizes four categories of nominations at the Friday, Oct. 21 event. Nominations come in from neighbors, nonprofits and businesses all over the Northside community to recognize:

- Youth whose leadership has positively impacted the Northside.
- Individual(s) mak ng the Northside a better place to live, workor play;
- Business located on the Northside which support the growth and vitality of our community.
- Organization to recognize a nonprofit or neighborhood group who makes the Northside a better place to live, workor play.

Everyone is invited to this free community award ceremony to help honor the recipients of these awards. Overall, there are generally 8-10 winners each year. When community leaders and neighbors notice those going above and beyond for their neighbors or in their nonprofit, we encourage them to take this opportunity to be the one to provide the pat on the back. Many nonprofits utilize this opportunity to recognize top volunteers and contributions to the organization which deserve special notice.

A reception time is held from 5:30-6 pm with refreshments and a cash bar, and time to mingle with friends and associates. The award ceremony takes place from 6-7:30 pm. The winners receive a recognition plaque and will be honored in the December issue of the Northside News.

Please submit nominations before Wednesday, Sept. 8. For more information, please call Lauri at 608-334-4969.

# The Northside Planning Council is grateful to the following supporters in 2021:

\$120,000+ City of Madison



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Dane County Non-Profit COVID relief fund



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Northside Planning Council northsideplanningcouncil.org



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Northside Economic **Development Coalition** 



**MarketReady** marketreadymadison.org



FEED Kitchens feedkitchens.org



**Healthy Food For All** hffadane.org



FEED Bakery Training Program feedbakery.org



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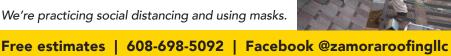
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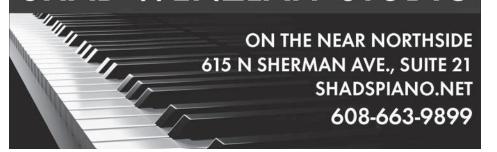
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### NORTHSIDE PLANNING COUNCIL

# Pickle Pro Courts Grand Opening and Give Back Fundraiser

**By Lauri Lee** Northside News

Pick e Pro Courts grand opening celebration Monday, Aug. 1 from 5:30–8 pm will be a Give Back Fundraiser to benefit two Northside nonprofits. "I received a WI Tomorrow Main Street Bounceback grant from the State of Wisconsin because Pick e Pro Courts went into a empty storefront that had been sitting vacant for 20 years. I wanted others to benefit as well, so I'm paying it forward to the FEED Kitchens building fund because that is where I launched my thriving Beef Butter BBQ business and to the River Food Pantry to help families in need.

A ribbon cutting will be held at 5:30 pm at 2907 N. Sherman Ave., Madison and refreshments will be served. At 6 pm, an exhibition pickle ball match will be played between Dave "The Badger" Weinbach and Sherri Steinhauer. Weinbach has won many national championships and Steinhauer is better known for her LPGA tour career before she started playing this new sport in 2016. The public is invited to watch this great matchup. The admission is a donation of \$10-plus to the nonprofits and a nonperishable food item for The River.

For more information, please contact patrickriha@pick eprocourts.com.

# FEED Bakery Training Program accepting applications for classes starting Aug. 16

### Submitted by

FEED Bakery Training Program

There is a high demand for skilled bakers and restaurant workers in Madison. If these positions interest you but you lack the job experience, then the FEED Bakery Training Program might be a good fit for you. People who take the training range from high school graduates through people reentering the workforce at an older age. The graduates of this 90-day training program will become qualified for entry level employment as bakers in restaurants, cafes and commercial bakeries, or as a prep cook or line cook earning a living wage. Completing the training program puts individuals on the fast route to a new career and greater employment opportunities.

The FEED Bakery Training program is a fit for those who are:

- wanting to follow their passion and learn a new set of skills.
- looking for an entry-level job but lack job skills and/or life skills.
- entering the workforce for the first time.
- seeking a better paying job.
- retraining for a new and more fulfilling career.
- refreshing skills to be able to strengthen a resume and a better position.

The bakery training is provided at FEED Kitchens, a certified, state-of-the-art commercial kitchen with commercial-grade equipment. The training team has an accumulated 80-plus years of experience in the



Hands-on training in FEED Bakery Training Program

food service industry. The class size is small, and there is financial aid for those who qualify. Placement assistance is offered to those who successfully complete the program.

Immersive hands-on training is achieved through production of products sold wholesale and retail by FEED Bakery to local grocery stores and businesses, at local farmers markets and through online orders. In addition to baking, students work on life skills, sales, marketing and customer service skills. Training also includes culinary techniques, knife skills, commercial kitchen equipment use, food safety,

baking practices, product packaging and bakery math. At the end of training, students take the ServSafe test and FEED Bakery test.

The training is held every Tuesday and Thursday, with the next session starting Aug 16. To sign up, individuals must complete an application (visit feedbakery.org) and be interviewed to participate in the program. The completed application can be emailed to coordinator@feedbakery.org or brought to FEED Kitchens at 1219 N. Sherman Ave. The sign up deadline is Aug. 12. For questions, please contact Martee at 608-230-1224.



**CELEBRATE THE NORTHSIDE OF MADISON!** 

FOOD TRUCKS • NON-PROFITS • BEER • ON-FIELD MOVIE
• LIVE MUSIC •

WHEN: Saturday September 17th from 1:00pm - 7:00pm

WHERE: The Duck Pond at Warner Park with the Northside

Planning Council



Richard V. Bruns memorial stone

# Richard V. Bruns memorialized at Northside TownCenter

**By Nick Brown** *Northside News* 

As visitors to the Northside's largest commercial complex today grab their groceries, pick up some household tools, or freshen up their haircut, they may not be aware that they are treading upon what was once one of the area's largest and most successful dairy farms.

A key figure in the conversion from farmland to the more modern commercial activities on the Northside TownCenter property was Richard V. Bruns, who is now memorialized through an engraved stone and utility building on the property's southeast end.

In a pedestrian pock t between Goodwill and the Aging & Disability Resource Center (ADRC), the stone pays tribute to the immense local legacy of Bruns, who along with his brother Ernie represented the third of now five generations of Brunses to run the property.

"This is honoring my grandfather who was the original president of the company (Sherman Plaza Inc.) who founded the company with Ernie," Jon Bruns, whose father Dave Bruns is currently the company president, told the Northside

News. "My dad wanted to find a way to honor what my grandfather did here."

Richard Bruns, better kow n as "Rich," did quite a lot after inheriting the land following the passing of his father, Ernest A. Bruns, from a sudden heart attack n 1953.

Along with his brother Ernie and Ernest A.'s widow, Verna, Rich created a new enterprise called the Bruns Farm Development. As Madison historian and journalist Doug Moe wrote in a 2017 book chronicling the family's history called "True North," the "& y word was the last one, 'development."

After returning from overseas as lieutenants in the Navy and Army, respectively, Rich and Ernie Bruns had little interest in maintaining the property's 100-year legacy as a dairy farm, and instead envisioned a more enterprising use to serve what was a rapidly growing city.

According to "True North," Rich would regularly meet Leo McCann for coffee on Madison's west side, where the two would discuss a new shopping center at the intersection of University Avenue and Midvale Boulevard that would ultimately break ground in 1960 under the project name Hilldale.

Not long after, in March of 1960, a Wisconsin State Journal story announced the forthcoming arrival of another new shopping center to be constructed on Madison's Northside.

Although the Sherman Plaza Shopping Center (now called Northport TownCenter) did not officially open until 1966, it ultimately came to represent the life's work of Rich Bruns, who served as president for four decades.

Richard V. Bruns died in 2000 at the age of 80.

# Northside Business Association to meet Sept. 15

### **Submitted by Northside Business Association**

The Northside Business Association (NBA) plans to meet in person for their monthly meetings held September through May at Kavanaugh's Esquire Club, 1025 N. Sherman Ave. The group invites business owners and managers, and nonprofit leaders who live or work on the Northside to come and check out the meetings. The group focuses on issues affecting Northside businesses and nonprofits, business topics and concerns in the community.

The first meeting will be held Thursday, Sept. 15. The Northside alders have been invited to speak about what's happening on the Northside. Social time in the bar area is from 6-7 pm, the dinner is 7-8 pm and the speaker segment is around 8–8:45 pm. The organization generally meets the second week of the month, rotating between Tuesday and Thursday nights to minimize scheduling conflicts. Check out the meeting dates at www.madisonnorthsidenba.com and email president Jennifer Haack at jhaack@amfam.com to let her know you're coming.

Participation with the NBA is a great way to get to know those who love the Northside and actively make the community a great place to do business.

We hope to see you there.



MONDAY, AUG. 1 — 5:30–8 PM 2907 N. SHERMAN AVE., MADISON

More info: patrickriha@pickleprocourts.com

A GRAND OPENING CELEBRATION 5:30–8 pm GIVE BACK FUNDRAISER FOR NORTHSIDE ORGANIZATIONS

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FEED KITCHENS BUILDING FUND & THE RIVER FOOD PANTRY

RIBBON CUTTING – 5:30 PM

EXHIBITION MATCH – 6 PM

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CJ, Nancy and David

# Om's Elegant Divas now open

By Lauri Lee Northside News

Om's Elegant Divas opened in May in the NorthGate Shopping Center to address a need in the Northside community. There wasn't a store in the neighborhood that sold beauty products used by Africans and Hispanics, although everyone is welcome to come in for the great selection and savings. Nancy Kausal owns OmKbeauty on the south side of Madison, and when her customers asked for a store on the Northside, she listened. She wanted to make it convenient for Northsiders to buy beauty supplies without having to travel across the city.

The one thing people can't get from online purchases is friendly face-to-face customer service. There is nothing better than interacting with knowledgeable staff who genuinely want to help. "We are attentive to our customers and listen to what they need," said Kaushal. "We strive to make it feel like a community store. I treat my staff like family. This team worked hard and helped build the shelves from scratch so everyone feels they are a part of the business since this is a product of the team. In turn, our sales associates, David and CJ, take care of our customers and treat them like they are family. We listen to what customers want, place special orders, and provide quick turn around at a good price. We appreciate all of our Northside customers and welcome everyone with open arms, and thank them for welcoming us to the community."

The 2,200 square foot store located in the NorthGate Shopping Center carries a wide array of women's cosmetics and perfumes, fashion accessories, earrings, plus size clothing and belly rings. In addition to having braiding hairs and supplies, Om's is a one-stop shop for medicated wigs, human hair wigs, organic human hair wigs, cancer patient wigs and medicated wigs for alopecia and other hair issues. There are also synthetic wigs in many colors

A grand opening with ribbon cutting, door prize drawings and refreshments is scheduled for Friday, July 29. Om's Elegant Divas is located at 1151 N. Sherman Ave., Madison in the NorthGate Shopping Center and is open Tuesday-Saturday from 9 am-7 pm and Sunday from 10 am-7 pm. Phone: 608-284-9178;

# Northside entrepreneur starts **Glacial Drumlin Trail Visitors Guide**

By Lauri Lee Northside News

Not all businesses are visible from the road and don't operate in a brick andmortar building that is open to the pubcolor lic. The Glacial Drumlin Trail Visitors Guide owned by Northsider Jeff Affeldt, is one such example. He's lived on the Northside for many years and also operates Arcus Communication Design (arcus communicationdesign.com) along with this new enterprise. Like many enterpreneurs, when you follow your passions, new doors can open to pursue other business interests. Since both are virtual, Affeldt can do both at the same time.

Affeldt has been a fan of the Glacial Drumlin State Recreation Trail for years. It stretches 52 miles from Cottage Grove near the Wisconsin capitol of Madison to Waukesha and is a multiuse recreation trail, for biking, hiking, snowshoeing, skiing, snowmobiling and for birding, nature photography, cycling, or just stretching your legs to enjoy the spring wildflowers or fall colors. Named for the distinctive elongated hills left behind by the Wisconsin glaciers during our last ice age, it was built in 1986 on an abandoned Chicago and Northwestern Railroad corridor. Sixteen historic wooden bridges and trestles cross the Crawfish and Rock Rivers, skirt the shores of Rock Lake, and cross Koshkonong Creek no less than five times.

"The Glacial Drumlin Trail is far and away Wisconsin's most popular recreation trail, but my wife and I personally discovered that we had no idea where the nearest restaurants or

restrooms were, or even how to get to the city proper of the nearest town. We finally figured it out, but we really could have used an easy, interactive, mobile site that showed local businesses and how to find them." Affeldt started researching it and found very little to fit the bill. On one end, there was a very modest trail guide site but with little information on finding local amenities. Considering the estimates that there are over 250,000 visitors each year, and non-local (out of state) visitors spending over \$133,691,000 within the Southern Gateways Region Wisconsin State Parks, this was not only a missed opportunity, but also very much needed by visitors to the region.

Affeldt set out to make the app so that it was mobile and could be easily take n along whenever a visitor is on the trail, and curated to focus primarily on the k nd of businesses trail users and visitors are look ng for, not just a boring list.

One of the attractions of Glacial Drumlin Trail is the small-town charm found along the way. Small town often means small business — independent, local, unique — exactly the kind of experience visitors are look ng for. So, the Guide serves as a bridge between trail visitors and the k nds of businesses they're look ng for. Admittedly, trail users probably represent a pretty small segment of a given business' total revenue, but those visitors are currently spending over \$26 million within the trail corridor.

You can start your Glacial Drumlin Trail adventure on the Northside and continue on to the rest of the region. Visit www. GlacialDrumlinTrail.com to use the app and explore the visitors guide.

Your Northside Neighborhood **Shopping Center** 



**Conveniently Located** North Sherman Avenue & Aberg Avenue



madisonoriental

Check out our deli

Hot food, deli & desserts

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Tues-Sat 9 am-7 pm • Sun 10 am-6 pm

1197 N. Sherman Ave. in NorthGate



boomerangsresale.org

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RESALE STORE

daily floral arrangements. We also specialize in wedding,

funeral and more special event arrangements.

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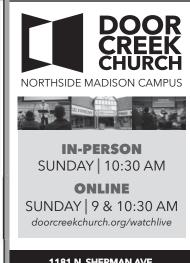


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# **Calling diverse Northside entrepreneurs**

# **My American Dream**

# Get help here

# Grow Northside! Help and resources for all businesses to flourish

By Lauri Lee

Northside Economic Development Coalition

The Multicultural Business Directory in this issue may amaze the community by the number of businesses owned by people of various nationalities who call the Northside home. There are 44 included in this directory, and we're calling on others to contact us (lauri@northside madison.org) to get on the next version that will live on the Northside Planning Council website.

My dream for the Northside business community is two-fold:

• For all businesses, regardless of nationality, to be able to follow the

American dream of business ownership and opportunity for the path to self-sufficiency.

 Secondly, for entrepreneurs and businesses to feel so supported on the Northside that they clamor to start or relocate their enterprise here.

The upside for the neighborhood to having a robust business community is a more diverse business climate where more money stays in our local economy to recirculate and help everyone. Also, as gas prices continue to rise, more businesses offering the things we need for everyday life would be more readily available. Since small

businesses provide the unique character to the neighborhood, the place we call home gets more and more interesting.

The Northside is blessed with an abundance of business resources to help business owners as they follow their entrepreneurial journey.

- FEED Kitchens helps incubate and provide business support to new food businesses as they get started. (feed k tchens.org
- The Northside Economic Development Coalition offers workshops and training opportunities and resources for those who want to start a business and get help during the start-up years.
- The Northside Business Association provides a network of business owners who meet monthly. The group focuses on issues affecting Northside businesses and nonprofits, and speakers address business topics and concerns in the community. (madisonnba.com)
- Dane Buy Local at 2801 International Lane helps support and promote small businesses throughout Dane County, but their airport location makes them convenient to Northside businesses. (danebuylocal.com)

For help to get connected, please email lauri@northsideplanningcouncil.org or call 608-334-4969. Grow Northside!

# It's more than we realize

By Colin Murray
Dane Buy Local

As we move past the pandemic, Dane Buy Local looks to the future with much optimism. But small businesses continue to have challenges. These challenges are amplified even further for minority owned businesses in our community who may encounter difficulty obtaining startup capital, a lack of mentorship or networks, and social prejudices.

All of us have the responsibility to be a good community member. One way we can demonstrate this responsivity is by supporting minority-owned businesses on the Northside. These are ones who provide the favor of the Northside with their sense of style.

It is easy and convenient to jump on Amazon and make a purchase. It may take a little more planning to support a minority-owned business. But the support to these businesses is immense. Minority businesses deal with struggles, which many businesses never incur. In fact, it may come as a big surprise on the issues they deal with, just because of the color of their skin or ethnic background. These businesses deal with various issues of discrimination on a daily basis.

Small businesses have always been wealth builders in our society, but not all small business are afforded the same experience when it comes to access to funding and support. By intentionally supporting minority-owned businesses we can do our part to create more opportunities for more people. Shaking up our buying habits is a simple step. Just pause and ask

yourself if this is something I could purchase from a local business? What about a local minority-owned business?

When we invest in minority-owned businesses, we strengthen all facets of our local economy, create job opportunities, close the wealth gaps that exist and celebrate diverse cultures.

Minority small business owners have unique perspectives and experiences to bring to their businesses. They may come from a variety of different backgrounds, which is ideal for creating new processes and products and can help revitalize communities.

All of us have a responsibility to support our neighborhood. The Northside has many assets to support. Minority-owned businesses should be high on our list. They are part of the fabric of the Northside. Celebrating and supporting our very own minority-owned enterprises creates a winning scenario for everyone.























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# Chi World & Health

retail shop. 1219 N. Sherman Ave chiworldhealth.com 608-249-8889



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Jamaican drinks. 1219 N. Sherman Ave. facebook.com/cocolmed/ 608-436-4920



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This chipper little cart is serving up Mexican food in a big way: packing in authentic flavor and spices in every savory dish. 1219 N. Sherman Ave. facebook.com/jollyfrogllc/ 608-906-3343



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facebook.com/madisonoriental/

Josey Chu is a Singaporean native featuring the taste of her native Singapore comfort food. 1219 N. Sherman Ave. madame-chu.com



Starting with apples from Wisconsin, we infuse apple cider vinegar with flavors to make a tart and refreshing drink called a "shrub." 1219 N. Sherman Ave. madmaidenshrub.com 608-218-4243



Our menu is influenced by the Jamaican and American cuisines and ingredients are sourced from local farmers and Wisconsin-based suppliers. 1219 N. Sherman Ave. 608-720-9295 www.madtownfoodservices.com



Mango Man Sauces are Latin Soul in a Bottle! 1219 N. Sherman Ave. 608-352-8466 (Send text) elcafecostarica.com/mango-man-cooks/



A unique blend and combination of aromatic spices brings rich flavor to Indian cuisine. 1219 N. Sherman Ave. masalamojo.com/



Soulful catering for events and businesses 1219 N. Sherman Ave. 608-213-3020 Mellymells.com



A subsidiary of Mentoring Positives, Inc., this social enterprise business makes salsa and pizza while working with at risk youth and young adults to engage them and build critical life skills. 1219 N. Sherman Ave. offtheblock.store



I've taken a stroll down memory lane and recreated the cookies from my childhood. These amazing delectable treats are love at first bite. 1219 N. Sherman Ave. mobettabutter.com 608-209-2956



The Intertribal Agriculture Council's Mobile Farmers Market is working to the strengthen the American Indian in the Great Lakes Region and beyond. 1219 N. Sherman Ave. (608) 280-1267 nativefoodnetwork.com



MoJo's MaJik sauces are proudly handcrafted. 1219 N. Sherman Ave. mojosmajik.net/ 608-845-5474



When you don't know what to say, say it with flowers. We have something for every person, every occasion. 1203 N. Sherman Ave. nalysfloralshop.com 608-467-6610



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Mobile food trailer serving Jamaican cuisine. All of our food is prepared with fresh ingredients and cooked on-site. 1219 N. Sherman Ave.

acebook.com/propajerk/ 608-658-0810



tacos and burritos. 1219 N. Sherman Ave. facebook.com/SaborRegio.FoodCart/



1219 N. Sherman Ave.

facebook.com/sistaschickenandfish/ 608-209-0086 (Send message)

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### Northside Multicultural Business Directory.

### Buy local, buy diverse

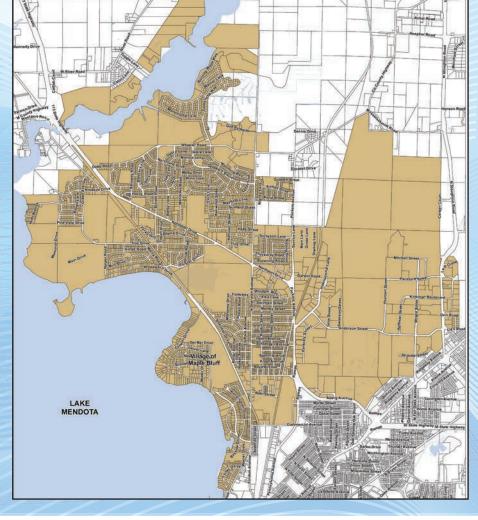
The Northside of Madison is a comprised of a wide variety of multicultural businesses. These local entrepreneurs and small business owners

have a lot to offer, so please show your support.



An attempt was made to include all Northside multicultural businesses for this directory. To have your multicultural business added to the next directory, please email: lauri@northsideplanningcouncil.org

### The Northside of Madison











608-630-9710

# FEED Kitchens' food business graduates form partnership

By Chris Brockel Feed Kitchens Manager

When food businesses start at FEED Kitchens, assessing the long-term goals of the entrepreneur is essential in helping to set them up with a plan for success. For some businesses the goal is as humble as being able to share their creations seasonally at a local farmer's market, while for others the goal is to incubate, accelerate, and move to their own brick-and-mortar facility. In the nine years that FEED has had its doors open, we have seen nearly 20 businesses achieve the latter. In June, however, we achieved a new milestone, that of having two FEED graduates team up in a partnership to share production and sales facilities once they left our facility.

Sookie's Veggie Burgers started as a food truck in Milwaukee then moved to Madison during the pandemic. Sookie's incubated at FEED for about a year attending a limited number of events and working out processes for burger production. Last fall, John McCune and Elle Borden made the move to their own brick-and-mortar business and opened the fast-casual Sookie's Veggie Burgers restaurant at 502 State St. The restaurant has six sandwich options: an impossible burger, vegan chicken sandwich, portabella mushroom burger, sweet heat beet burger, chipotle black bean and black bean quinoa burger. Sookie's uses vegan cheeses and vegan mayo.

The restaurant found immediate success by filling a gap for vegetarian

options in a food-conscious city. While at FEED McCune met Ellen Coatney who was producing vegan ice cream with her business, Fifth Scoop. Instead of cream, Fifth Scoop uses a base of coconut and oat milks. Flavors rotate regularly, and current flavors include Buckeye, a chocolate base with a crumbly peanut butter swirl, and Lemonmellow, a lemon base with a lemon-almond ribbon and crisp marshmallow pieces.

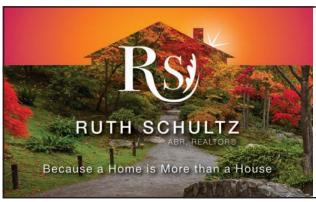
With common marketing goals and symbiotic products, a partnership seemed advantageous. So the details were worked out and Fifth Scoop has now moved operations to Sookie's, where Coatney is now both producing and selling her vegan ice cream.

According to Coatney, "In addition to providing the space I needed to build my business, FEED also introduced me to other food entrepreneurs — one of which was John (from Sookies). Those relationships helped me grow more than I anticipated, and I'll carry those connections with me even as I spend less time at FEED."

Whether the goal is sharing your flavors in your neighborhood or creat- S ing a product that is on as many retail \frac{1}{2} shelves as possible, FEED Kitchens is here to help small business entrepreneurs achieve it. Our graduates, and \frac{1}{2} those businesses that continue to op- \bullet erate at FEED, add cultural appreciation, a depth of flavors and economic \( \beta \) and food system resiliency to our local Madison community.



Sookie's and Fifth Scoop, FEED Kitchens graduates, form partnership.





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# FEEDing our community's future one small business at a time

Chris Brockel and Joe Mingle FEED Kitchens

People routinely call or visit FEED Kitchens from all over Wisconsin and neighboring states to get information and ask advice. Why are these people so eager to ask Chris and Frankie so many questions about what FEED Kitchens does and how? How does this Northside nonprofit hold the answers to food processing and business incubation to help other cities and regions prosper? FEED staff have years of combined experience in our regional food system and are poised to build on lessons learned to help small food business startups, increase food availability and ensure the growth and sustainability of the local food system.

FEED is a regional leader for small food business incubation with hands-on small business mentoring. There simply isn't another nonprofit around that combines affordable shared-use, commercial food production space with food business startup mentoring in such a deliberate and powerful way. Being mentored from the beginning of doing business combined with access to expensive, high-end food production equipment as they launch their business helps jump start them to success. Without this know-how and access to equipment, these businesses might not exist or be years away from growing to be successful.

The FEED Kitchens model for helping entrepreneurs work toward their dreams has had a substantial and measurable impact on economic development in our community. Over the last eight years, 17 businesses have graduated from FEED and moved into their own brick-and-mortar spaces. Our statistics show that 64% of current FEED Kitchens users are people of color and 55% are fully- or majority-owned by women. Not only have these businesses gotten off the ground with the help of the FEED Kitchens facility and staff, they have generated over \$8.5 million in gross revenue. This is money that stays in our community, generates other economic activity, and builds our local base of wealth.

The impact of FEED Kitchens on the Exponential goes beyond helping small business entrepreneurs. Inspiring and forward-looking non-profit projects have also found their niche at FEED Kitchens:

- Mentoring Positive's Off the Block Salsa and Pizza employs area youth to make the product and learn how to operate a business.
- Healthy Food for All (HFFA) of Dane County collects surplus produce from area farms and prepared food from caterers, special events and institutional kitchens. In coordination with FEED Kitchens' staff, HFFA has been able develop and replicate tried and tested methods for distributing high-quality but highly perishable food to needy households all over Dane county.
- The FEED-to-Go program was developed at the onset of the COVID pandemic. FEED was able to quickly pivot by hiring our food cart entrepre-



FEED Kitchens state-of-the-art equipment for food entrepreneurs

neurs and catering chef members to make over 40,000 meals and deliver them to those left isolated and without food access in our community.

• The FEED Bak ry Training Program provides 90 days of hands-on training to unemployed and under-employed individuals to teach them how to bak, work in a commercial k tchen and operate a successful business. Bak d goods are sold in local grocery stores to fund the program.

Now more than ever, our local food system needs bolstering to ensure food security and long-term resilience in the uncertain times ahead. Following two years of pandemic slowdowns and shutdowns, small food-business entrepreneurs who are hitting the accelerator to grow their businesses could use the community's love and support for them and their products. What does this look like? Buy from some of your favorite small food businesses on a regular basis to make a noticeable impact on their business. When small businesses succeed, everyone in the community succeeds too.

We invite individuals and organizations who share our passion to contact us. Please email Chris Brockel at feed manager@northsidemadison.org to set a time to talk.





Julia McConahay of Chrysalis Hair and Body on Fordem Avenue received the Small Business Administrations District Directors Choice Award June 10.

# Affordable Dontal Care a greatilities director Arali February (fifth from the loft) was

Affordable Dental Care executive director Areli Estrada (fifth from the left) was presented a big check representing the \$759,000 grant money received from the Department of Administration Equity Recovery Grant Program.

# Affordable Dental Care celebrates new brand and grant check

### **Submitted by Affordable Dental Care**

Affordable Dental Care (ADC) held a press conference and community engagement event June 23 at the clinic at 2110 Fordem Avenue to celebrate National Oral Health Month and the \$759,000 Equity Recovery Grant award from the Department of Administration. The press conference featured community leaders Karen Timberlake (Secretary DHS), Dr. Linda Vakunta (Deputy Mayor, City of Madison), Kalvin Barrett (Dane

County Sheriff), and Dr. Jack Daniels (TBD, President of Madison College) as well as ADC staff and board.

Affordable Dental Care (ADC), a non-profit serving the uninsured and underinsured through quality dentistry, unveiled its new brand and told the story of how the grant will greatly impact the ability to create capacity to serve more than 2,800 patients annually and solidify the clinic's future vision and growth.

To learn more about the ADC, contact executive director Areli Estrada, at director@affordablesmiles.org.

# Northside Poet

### North Words

### By Jason Robert Van Pelt

Ado! A pontoon boat ride plan
Our isthmus needs a handyman
Or person sprucing as a custodian
A Northsider and The Madisonian
Lo! Burgeoning like a chrysalis
While being a northern naturalist
A door of hope open at its mark
Let opportunities rise and spark



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### Aprés-sun

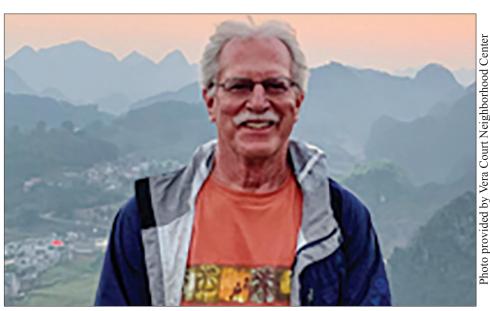
Always shampoo and condition to remove any mineral buildup, then reapply LEAVE-IN HYDRATION to damp hair.
Spritz skin with a healthy dose of ALOETHERAPY MOISTURE MIST and seal in the moisture with ALOETHERAPY SOOTHING BODY MOISTURIZER.





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Tom Solyst in Vietnam, where he volunteers at times at an orphanage.

# **Tom Solyst leaving Vera Court** Neighborhood Center after 22 years

**By Anita Weier** Northside News

When soon-to-retire Tom Solyst was hired as executive director of the Vera Court Neighborhood Center in February 2000, the center was in debt, and he was the lone employee. The center had closed its doors in 1999, after a previous director left and the United Neighborhood Centers dissolved, leaving several small nonprofits struggling.

"I was all alone in a messy building," recalled Solyst, who at age 50 had left a job with the Equal Opportunities Commission at the City of Madison.

"I just wanted people to feel welcome," he said. "So I went to the rental office for Vera Court apartments and asked who the most well-liked and respected tenant was." The answer was McKinley Pickney, so Solyst asked "Mac" to walk him around and introduce him. "I hired him as a janitor and later he became a cook."

Solyst set up a community meeting where residents were ask d what they wanted. The answer was more youth programs. A drop-in camp was established, and programs and staff mushroomed from there. This summer the much-indemand Vera camp has 55 elementary and 25 middle school students. The parents of some students attended Vera Court programs when they were young, and three full-time staff either attended programs at the center or their children did so.

In 2021, Vera Court had a \$2.4 million budget and 12 full-time and 20 part-time employees at Vera Court and the Bridge Lak Point Waunona Neighborhood Center on the Southside. A successful Latino Academy of Work orce Development recently graduated into its own nonprofit.

"We established good expectations and a professional approach," Solvst said. The Vera Court Neighborhood Center agency took over operation of the Bridge Lak Point Waunona Neighborhood Center in 2004. A campaign is ongoing to expand that center, as the Vera Court center was expanded a few years ago.

Solyst is proud that students generally rise one of two grade levels in reading and math, and just as proud that the center is "a home away from home."

He look forward to retiring this year after a new executive director is hired and he helps that person settle in. "This \( \frac{1}{2} \) has been such an inspirational and rewarding job, but it's time for someone on else to ke ep this going," he said. The hope is to have a new executive director on board in September, so that Solyst can leave in November.

Then what? Solyst, a Madison resident, does not want to discuss plans in detail, although he does plan some travel. "I have a connection with an orphanage in Vietnam and have volunteered there, so I hope to be there for Christmas," he said. "I previously brought them Mallards hats, balls and baseball equipment and taught them baseball." He also plans to volunteer to some extent at Vera Court.

"It has been an honor to be here all these years. The staff, students and families at Vera Court have been k nd of my family for 22 years," Solyst said. But he also looks forward to being just a person, instead of the executive director.



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We're practicing social distancing and using masks.



### **DAIS** seeks volunteers

### By Lee Wilson-Hayes

### **Domestic Abuse Intervention Services**

Domestic Abuse Intervention Services (DAIS) volunteers provide crucial, life-saving services to domestic violence survivors and their families. Your time and compassion will go a long way in providing support to those impacted by domestic violence in Dane

You can read about our volunteer opportunities and fill out an application on our website abuseintervention.org/ volunteer. Please complete the Volunteer Application electronically or call 608-709-5424.



Westport Squares enjoy ex rcise, socializing and fun.

# Westport Squares invite you to dance your way to a happier and healthier you

**By Cat Johnson** Westport Sqar es

Dance your way to a happier you. Dancing is friendship set to music. You will get physical and mental exercise, socializing, snack ng and a whole lot of

At a typical square dance, you can meet new friends and dance about 2-3 miles to a variety of music. You may even forget your troubles for a while. When was the last time you did that and let yourself have fun?

Westport Squares is sponsoring two free dance lessons just for you on Sunday, Sept. 11, 6:30-8:30 pm, and Sunday, Sept. 18, 6:30-8:30 pm. Both free lessons will be held at American Legion Post 481, 5337 W. River Road, just off Hwy. 113.

I know you're thinking, "Square dancing? I did that in school," but this is a newer, updated version. You owe it to yourself to check it out. The two free dance lessons are a good way to do that. If you like it, Westport Squares will be offering a set of lessons Sunday nights this fall. The cost is only \$7.00 per person for adults and \$3.50 for youth under

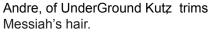
Everyone is welcome, so bring your friends, family, singles and couples, too. Square dancers love to socialize, dance, socialize, snackda nce...

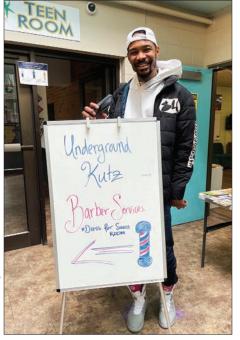
For more information, contact Eldon and Virginia at 608-535-9461, or visit our website at westportsquares.com, or check us out at Facebook om/Westport Squares.

Here's to dancing your way to a hap-









Andre of UnderGround Kutz

# Free barber haircuts at East Madison Community Center

By Veronica Castillo
East Madison Community Center

We are pleased to announce an amazing new partnership with Andre, the owner of UnderGround Kutz in Middleton. He joined us in May to provide free barber cuts to the community.

Andre has been a barber since 2008 and has owned his own business since 2013. His energy and enthusiasm for

his craft can be seen in every haircut. Andre raised funds and donated a new barber chair to EMCC to make the experience even better.

The "barber shop" opens once a month to provide this free service at EMCC's Dress For Success room. If you would like to sit in the chair, contact Assistant Director Veronica Castillo at vcastillo@eastmadisoncc. org for more information.

# **Lunch MUNCH truck visits East Madison Community Center**



The River Food Pantry MUNCH truck visits EMCC twice a week.

**By Veronica Castillo** *East Madison Community Center* 

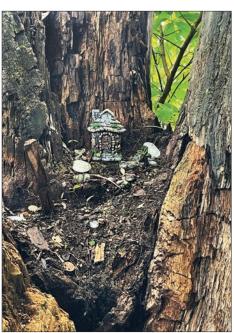
Every Tuesday and Thursday at 3 pm the MUNCH truck arrives from The River Food Pantry. They provide anyone in the community with a brown-bag lunch that features sandwiches, cheese stick, fresh fruit, juice and much more.

The children who attend the East Madison Community Center look forward to getting in line and grabbing their bag lunch every week. Anyone is welcome to join us twice a week and grab a bag,









For many years someone living in the area has created this intricately detailed fairyland community in the Warner Park woods. Just prior to COVID, the fairyland was dismantled. It has now reappeared in another wooded area of Warner Park, nestled into a tree stump that resembles a castle fortress. You must look closely to see all the detailed little creatures and accoutrements that are part of the scene. We don't know what creative person invented this little fairyland neighborhood, and we won't tell you exactly where it is located, as that is part of its mystery.

# SHAD WENZLAFF STUDIO

ON THE NEAR NORTHSIDE 615 N SHERMAN AVE., SUITE 21 SHADSPIANO.NET 608-663-9899



# Focus on Energy incentives available

### **By Sustain Dane**

Are you interested in lowering your utility bills, saving energy and increasing comfort in your home? Madison Gas and Electric (MGE) and Focus on Energy offer free energy-saving packs to residential customers. These packs are good for in-unit energy efficiency implementation right away and may complement a whole-building approach with other equipment upgrades.

Apartment buildings on the Northside of Madison have been participating in an energy efficiency program with Sustain Dane and Elevate and at no cost to the owners or residents, have received energy assessments and upgrades such as attic, wall and basement insulation, boiler replacements, installation of air conditioning and water softener tuneups. In partnership with MGE, residents in the participating apartment buildings have the opportunity to benefit from the energy packs from Focus on Energy as well as gain energy education experiences from MGE staff to save energy and money.

#### **Free Energy Saving Packs**

All customers of eligible Wisconsin utility companies are able to receive an energy pack from MGE and Focus on Energy. There are a variety of pack options to choose from based on your needs: Focus on Lighting, Focus on Showers, Focus on Kitchens, Focus on Electronics, etc. Order online at focusonenergy.com/residential#programenergy-saving-packs with your household utility account information. Shipping is free. There is a limit of one energy pack per household per year.

Each pack contains a multitude of products, such as:

• Light bulbs: ENERGY STAR® certi-

fied light emitting diode (LED) bulbs use up to 90% less energy than standard bulbs and have a long lifespan.

- Showerhead: High efficiency showerheads save gallons of water per minute without compromising performance, lowering water and heating bills.
- Water-saving faucet aerators: These aerators screw into existing faucets to enduce water use and the cost of heating water.
- Pipe insulation: Can help reduce heat loss by up to 80% through hot water pipes and will stop sweating on cold water pipes.
- Advanced power strip: Often used on gaming consoles and other electronics to automatically stop energy draw power when not in use.

### More participants are welcome

Owners of apartment properties can apply for Sustain Dane's Efficiency Navigator program to reduce utility bills and improve sustainability throughout their whole building. The Efficiency Navigator program provides an energy assessment, planning to implementation support and a grant of approximately \$10,000–\$20,000 for upgrading efficiency measures such as efficient lighting, improved heating, ventilation and air conditioning systems and improved insulation.

Upgrades are anticipated to save participants on their energy and water bills, make more comfortable and resilient homes and support a healthier planet. Apply at sustaindane.org/sustain-dane-programs/#efficiencynavigator or contact hello@sustaindane.org or 608 285-2454.

The Efficiency Navigator program is a partnership between Sustain Dane, Elevate, the Northside Planning Council, the City of Madison and the Wisconsin Public Service Commission Office of Energy Innovation.



"With rising gas prices, there is no money for any ex ras," according to a customer of The River Food Pantry.

# Inflation takes toll on The River Food Pantry and its customers

**By Becca Carpenter** *The River Food Pantry* 

As inflation continues to soar, more local households are utilizing The River Food Pantry for the first time. By the end of June, over 900 new households had registered for The River's services this year. This mark a 30% increase in new registrations from the previous year.

"With already limited budgets, our low-income neighbors are bearing the brunt of rising grocery, gas and housing prices. Although many of the people we serve have a job, it's just not enough to cover these essential expenses," said Rhonda Adams, executive director of The River. "The River is doing its best to keep up with the growing need for nutritional assistance by providing free groceries and meals through curbside pickup, delivery, online ordering, mobile meals and redistribution community partnerships."

Recently, The River conducted a survey to better understand how inflation has been affecting our community and how the pantry can help. Over 250 customers were surveyed, and 90% said the cost of food is the most significant barrier to food access for their household.

"We are working now, my wife and me, but we have five people in our family," said a customer of The River. "We go to the supermarket and maybe spend \$200 or \$300. It's very expensive. We receive very good help here at The River."

The survey results also revealed that rising gas prices are making it more difficult for the majority of The River's customers to pay for food, housing and other bills.

"The struggle is real with rising gas prices. Two customers recently ran out of gas while waiting for curbside groceries," Adams said. "Our customers live all over Dane County, and several have told us they are having to make the impossible choice of paying to drive to work or to feed their families."

To help meet the increased need for food, The River added a new pantry session, called Pantry xPress, on Saturdays from 11 am–2 pm that offers a condensed selection of curbside groceries and to-go meals. To increase convenience and accessibility for the community, Pantry xPress does not require registration or count toward existing customers' week y visits at The River.

This summer, The River also expanded its mobile meals program, MUNCH, to serve 15 low-income neighborhoods on Madison's north, east, and now south sides. Since school let out, The River has been out with the MUNCH van six days a week delivering free nutritious meals to children and adults facing food insecurity.

Like its customers, the pantry is struggling with higher food and fuel costs, as well as supply chain issues.

"We purchase food and other essentials that we do not receive as donations. Even at wholesale prices, it's become more difficult to get some items that our community needs to eat and live healthy," Adams said. "The amount we're spending on gas for our food recovery vehicles to transport food donations has skyrocketed, too."

To sustain operations, donations and volunteers are always needed and appreciated. Please visit riverfoodpantry.org to support The River.

# Phase 2 Hawhorne-Truax initial concepts and recommendations available for review

From City of Madison

# Hawthorne-Truax Neighborhood Plan cityofmadison.com/hawthornetruax

The City of Madison invites residents, community groups, businesses and others from the Hawthorne, Truax, Carpenter-Ridgeway, Mayfair Park and Greater Sandburg Neighborhoods to review initial concepts and recommendations for the Hawthorne-Truax Neighborhood Plan. Many people have shared feedback over the past several months during Phase 1, which has helped to inform the initial concepts.

We welcome even more people from this diverse neighborhood to participate in Phase 2. Come review initial concepts and provide feedback on future land use, new street connections, pedestrian and bike improvements, parks and open space enhancements, partnerships for community programs and services and more. Your input will help us create a plan that sets the stage for the future, and a welcoming and vibrant place to live and locate businesses for people of all backgrounds.

Check the project web page and sign up for the listsery to receive updates: www.cityofmadison.com/HawthorneTruax

• Virtual Concept Review – August 23, 6–7:00 pm and Aug. 24, 12–1 pm. These Zoom meetings will have the same content. Registration is required

and can be done on the project web page at www.cityofmadison.com/ HawthorneTruax.

- Community Gathering and Neighborhood Plan Dialogue Aug. 25 (Sept. 1 rain date), 4–7 pm. Hawthorne Elementary School Open Space, Lexington and Christiansen Avenues.
- Food Pantry Feedback City Planning staff will be at the East Madison Community Center Food Pantry 7 Straubel Ct. to share initial concepts and gather feedback from 11 am–1 pm Aug. 30 and Sept. 6. The project display will remain in the lobby between those dates so that anyone interested may continue to view the information and share feedback
- Other Public Engagement City Planning staff will host additional public engagement activities such as tabling at various community locations and focus groups with Latinx, Hmong and other communities. Check the project webpage for updates: www.cityofmadison.com/HawthorneTruax

The project webpage is also a place to view the Maps and Data Book and to share input on the interactive commenting map. For more information, pleasse contact Project Co-managers Linda Horvath by email at lhorvath@cityof madison.com, and/or Dan McAuliffe dmcauliffe@cityofmadison.com.





The Northside Planning Council Presents

Join fellow Northsiders for the 18th Annual North Star-Awards honoring the individuals, organizations and businesses that make the Northside a great place to live, work and play. Everyone is invited!

Friday, Oct. 21 \* 6-7:30 pm

Held at: Warner Park Community Recreation Center I 1625 Northport Dr.









willy street co-op





place to live, work and play.

Please submit on or before Wednesday, Sept. 8 to:

Northside Planning Council

Attn: North Star Nomination

1219 N. Sherman Ave.

Lauri Lee 608-230-1229

Past winners are ineligible to receive

a 2021 award. Rhonda Adams, Jan

Axelson, Winnie Bade, David Bruns,

Donald Bruns, Luis Carmona of El

Wiscorican, Janet Dyer, FEED To Go volunteers, Veronica Figueroa-Velez,

Pulcherie Gandjui, Matt Galle and

Sabrina Hilton, Susie Hobart, Terri

Hatchett, Gene Haug, Healthy Food for All, Tehmina Islam, Sharon Kilfoy, Lauri

Lee, Harley Lemkuil, Arree Macon, Alexis

Middleton, Colin Murray, Mary Pelzer, Dennie Peterson, Atasha Pinnell, Jocelyn

Quintal-Lepinski, Shirley Raymakers,

Patrick Riha of Beef Butter BBQ, Lailani

Rivera, Bridget Rogers, Cecilia Sago,

Justin Sargent, Katie Scharf, Beth Sluys, Tom Solyst, Jacki Thomas, Terrence

Thompson, The Road Home Dane

County, Beth Welch, Lorri Wendorff,

Patrina White, Esther Wolobah, Jennifer

Zisser, DeShala Walker, Chase West

Madison, WI 53704

Questions:



### **SPONSORSHIP**

Sponsorships help NPC serve the Northside through neighborhood organizing, the Northside Economic Development Coalition and publishing the Northside News. Your donation also supports the operation of FEED Kitchens, FEED Bakery Training Program and Healthy Food For All.

### ★ \$2,500 and up - NPC Major Sponsor

- Major Sponsor thank you and acknowledgment during event
- Listing on all NPC outreach materials for 2022
- Listing on homepage of northsideplanningcouncil.org
- Plus: All the sponsor benefits listed below

### ★ \$1,200 and up - Northside Partner

- · Name and logo on NPC banner in Northside News for one year Plus: All the sponsor benefits listed below

### ★ \$600 and up - Northside Advocate

- Logo shown on event presentation screen
- Framed certificate to hang in business
- Plus: All the sponsor benefits listed below

### ★ \$275 and up - Northside Fan

- Logo or name on event publicity materials
- Logo on North Star Award Promo for Northside News August to December
- Plus: All the sponsor benefits listed below

### ★ \$50 and up - Annual Citizen / Business Supporter

- Listing on donor page of northsideplanningcouncil.org
- Name or business name in October and December Northside News
- Name listed on North Star Award Powerpoint presentation

### Payable to:

Northside Planning Council 1219 N. Sherman Ave.

Madison, WI 53704

Online donation:

http://northsideplanningcouncil.org/donate

### **NOMINATION FORM**

#### Your nomination helps us hon-**CATEGORIES** or Northsiders for what they do to make the Northside a better

- ★ Youth A Northside youth whose leadership has positively impacted the Northside
- ★ Individual(s) making the Northside a better place to live, work
- ★ Business Northside business supporting the growth and vitality of our community
- ★ Organization A nonprofit or neighborhood group who makes the Northside a better place to live, work or play

### **NOMINATION**

### NOMINEE'S CONTACT INFORMATION

NOMINATOR'S CONTACT INFORMATION		
Nominee's Phone _		
Nominee's Email _		
Nominee's Address _		
Nominee's Name _		

Nominator's Name	
Nominator's Email	
Nominator's Phone	

**REASON FOR NOMINATION** (A 250 word limit. Please use a separate paper for your response.)

# Bike and recreation trails lead to wider world beyond the Northside

By Jeffrey Affeldt Northside News

Recently I was riding my bike on our local Starkweather Creek Path. This great recreation trail runs from Madison College on the Northside to join the Capitol City Trail near the Goodman Community Center.

While I paused to take a photo, another cyclist approached, his bike weighed down with saddlebags. He stopped and asked me an odd question: "Do you know how to get to Milwaukee from here?" "Umm, do you mean Milwaukee Street?" I asked. "No, Milwaukee," he replied. "The city."

I was briefly baffled and bemused. But I did my best to send him the right way, east toward Cottage Grove, where I knew he could catch the Glacial Drumlin State Trail and thenceforth all the way to Brew City.

Madison is blessed with a world-class network of bik and recreation paths and is rank d by the League of American Bicyclists as one of the five best cities for biking in the United States.

This encounter reminded me that there is much more to these paths than a convenient and healthy way to get from the Northside to other parts of the city. They can also carry you to the edges of Madison and farther afield, and to the wider world beyond.

From nearby Governor Nelson State Park for example, the North Mendota Trail will take you to Waunake e. The Capitol City Trail connects with the Military Ridge State Trail to Dodgeville, or even from the Northside to the Glacial Drumlin State Trail.

Named for the distinctive elongated hills left behind by the Wisconsin

glaciers during our last ice age, the Glacial Drumlin State Trail stretches 52 miles from Cottage Grove to Wauk sha. Built in 1986 on an abandoned Chicago and Northwestern Railroad corridor, the route is now a multi-use recreation trail for walk ng, running, hik ng, bik ng, sk ing and snowshoeing. It's one of my favorites, and it's not difficult to get to from here. There are only a few miles of country roads between Madison's network of bik routes and the Glacial Drumlin Trail, regarded by many as one of Wisconsin's best rail-trails.

Even better, there are pending plans for a new connector trail, extending east from the Madison bike paths, paralleling the existing rail line, to link with the Glacial Drumlin Trailhead in Cottage Grove.

Once on the trail, it's now easier than ever to get your bearings, thank to a new mobile visitors' guide. A personal passion project of mine, I built this new online resource over the winter and launched it just a few week ago. The site offers custom interactive maps of each section of the Glacial Drumlin Trail and section of the Glacial Drumlin Trail and features important resources: trailheads and park ng, restrooms, trail pass k osk and more. Visitors can also find an array of nearby dining, attractions, unique shopping, fun family community events and more.

From Cottage Grove, the trail proceeds through or near twelve Wisconsin towns large and small (okay, mostly small), but offering everything a traveler might need.

The surface of the trail is comprised of crushed limestone for the first 39 miles eastward from Cottage Grove, then paved with asphalt for the remaining 13 miles to Wauk sha.

Glacial Drumlin Trail continued on page 30



This view looking south from VFW Post 8483 shows the area of tree removal. County Hwy. CV is in the background.

# Tree removal near airport explained

By Jan Axelson
Northside News

Photo by Jan Axelson

Many Northsiders are curious about the removal of trees in an area just north of the Dane County Regional Airport. In response to a question on their Facebook page, the airport provided this explanation:

"The tree removal project is taking place on airport property. Our engineers surveyed the approach path of each runway and identified trees that posed an aerial risk to aircraft, particularly during low-visibility conditions (rain, snow, fog, etc.). We're required to maintain the runways and approach paths free from obstructions and hazards for our

commercial airport certification with the Federal Aviation Administration (FAA).

"In some cases, specific trees were identified due to their height; in other cases, larger areas of trees were identified due to both their height as well as their proximity to the runway's approach path. It's worth mentioning that the tree removal happened during the cold season to minimize the impact on the topsoil and surrounding vegetation. The tree removal is also consistent with the recommendations of our United States Department of Agriculture (USDA) Wildlife Biologist and is in keeping with our Airport Environmental Management Plan."



Glacial Drumlin Trail



Storm drain mural reminds us to keep our lakes clean

# Mural painting features Timmy the Turtle and much more

**By Beth Sluys** *Northside News* 

When neighbors gathered to paint the long-awaited storm drain mural on Forster Drive near Warner Park a visiting turtle started to cross the street and was helped along by Jean Kreig, the project coordinator. As the group waited to start work they got to spend some time observing the turtle, now safely placed in the grass. As it meandered toward the lagoon, Anna Zahn declared its name was Timmy. She also wanted to make sure that a turtle was included in the mural.

This collaboration included local residents, the Madison Area Municipal Stormwater Partnership and an independent mural artist, Sonya Sank ran (sonyasank ran.com) with the focus being to create visual messages that will educate residents about stormwater pollution through the use of art. The goal of

installing a mural is to capture our attention and remind us that we all need to help to ke ep our lake s clean.

The design process included ideas provided by the team, so it contains some local elements and includes Anna's painting of Timmy the Turtle. Timmy's visit reminds us that area stormwater eventually drains into Lake Mendota and to "Keep It Clean," as this is home to all of us.

Many thank to Sonya Sank ran, Jean Kreig, Kim Gauen, Jennifer Richardson and family members Ann Nelson (her mom) and three children Will, Maddie and Anna Zahn.

Learn more about this program and see a map of the locations of all the storm drain murals in Dane County, visit ripple-effects.com/Storm-Drain-Murals or contact Christal Campbell at campbell. christal@countyofdane.com.

### **LIBRARY**

Lakeview Library madpl.org/lakeview 608-246-4547



### Library hours

Lak view's summer hours are Monday-Friday, 10 am-8 pm, and Saturday, 9 am-5 pm. Sunday hours will begin again after Labor Day weekend. See all library hours at madpl.org/ locations

All Madison libraries will be closed Sept. 5 for Labor Day and Sept. 22 for a staff in-service day.

#### Friends of Lakeview Library news

The long-time president of the Friends of Lak view Library, Barbara Karlen, is retiring from her president position after over 50 years of service. (See the related article on this page.) To celebrate Barb and her many contributions to our community, please join us at Lake view Library Saturday, Sept. 10, from 1-4 pm. There will be cake and fun and time to visit with Barb. Hope to see you there.

#### **EVENTS**

All events listed are at Lakeview Library unless otherwise indicated. Please check madisonpubliclibrary.org for the most up-to-date information on programs and services.

### **Teen and Tween Minecraft Club**

Mondays, Aug. 1<del>2</del>9, 4<del>5</del>: 30pm

This program is open to all teens and tweens. Stop in to play Minecraft with other teens and tweens. There is a limited number of computers, so participants will be tak ng turns as needed.

### **MUNCH Mobile Lunch Van**

Tuesdays, Thursdays, and Saturdays, Aug. 230, 14: 15 pm

This summer the MUNCH Mobile Lunch Van has been mak ng a stop at Lak view Library. All people in and around the library can get a free lunch. The stop is only 15 minutes, so be sure to stop by between 1–1:15 pm to get your free lunch.

### **Teen Anime Club**

Wednesdays, Aug. 3 and 17, 45 pm

Join us for Teen Anime Club. During our August meeting times, we will be watching "Naruto" and work ng on crafts and activities relating to the show. There is no need to sign up. Snack will be provided.

### **Knitting at the Library**

Wednesdays, Aug. 3Se pt. 28, 68 pm

Drop in ki tting — learn a new craft or work on that unfinished project with other neighborhood ki tters.

#### **Baby Storytime**

Thursdays, Aug. 425, 10 am -12 pm

Read and play with your favorite baby. Reading, singing, talking and playing with your baby is important because the roots of language are developing in a baby's brain even before they can talk. Library programs are always free. Siblings and childcare groups are welcome.

#### Scrabble at the Library

Wednesdays, Aug. 3-Sept. 28, 10 am-12 pm Attention word lovers. Exercise your brain by playing Scrabble with other

### **Bubbler in the Neighborhood:** Painting is for Everyone with Mike

Thursdays, Aug. 418, 24 pm

Lake view Library is thrilled to host local creator, visual designer and painter, Mik Lroy, as our Bubbler Artist in Residence. Mike 's previous work can be seen all over the Madison area. See more of his work by visiting his website (mik lroy.com). Mik 's programming at Lak view Library will show that painting really is for everybody. Come to explore your own creativity. Join us for this all-ages art experience.

### Teen and Tween Video Game Night

Fridays, Aug. 5<del>2</del>6, 4<del>6</del> pm

Stop by and play video games with other teens and tweens. The library has two teen computers, a PS4 and a Nintendo Switch.

### **Cooking with Chef Lily**

Saturdays, Aug. 6 and 20, 1:302: 30 pm Tuesdays, Aug. 16 and 30, 1:302: 30 pm

Join The Kids Chef, Lily Kilfoy, for a series of cooking demonstrations for children and families. Participants will learn about different foods, where they come from, how to follow recipes, and how to use a variety of tools. Due to COVID precautions, this will be a hands-off program, but participants will get to take home a meal to enjoy. Food is generously provided by Willy Street Co-op North.

Library continued on page 19



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- Hand sanitizer is available
- Curbside pickup is always available.







Barbara Karlen in the Community Room at Lakeview Library

# Barbara Karlen: a long-time advocate for Lakeview Library

By Anita Weier Northside News

Barbara Karlen came to Madison in 1962 to attend the University of Wisconsin and, luckily for us, never

After obtaining a bachelor's degree in education and briefly working as a teacher at Lakeview Elementary School, she went on to study for a library degree. "When I was in library school, I worked as a library assistant at Lakeview Library," she recalled.

She also married Ken Karlen, who is now deceased. When they became parents of three, she gave up library work, but became a perpetual volunteer.

The family first lived in apartments and in 1972 bought a home on Morningstar Lane, where Barb still lives. "It has some of the positives of small-town living but also the positives of a larger place," she said.

A Friends of the Library group had pushed successfully for a library in what is now Northside TownCenter, but the group later faded. Barb became the leader when the group was revived in 1972 and 1973.

She led the group of supporters for 40 years on her own until a board was formed in 2013 to help. Lesleigh Luttrell, who remains treasurer of the Lakeview Friends, was among the organizers. She has high praise for Barb.

"I realized how important Barb Karlen was for the Lakeview Branch Library when I co-chaired with her a group that came together to raise funds in support of library expansion," Luttrell said. "We set a fund-raising goal that seemed very ambitious, but Barb was sure it was possible. It was — we raised more than our goal."

Carra Davies, head librarian at Lakeview, said Barb has been the one constant through staff and

Friends changes over the years. "She has been a constant voice advocating for us, instrumental in the expansion and improvement of our space, in fund-raising, and in staff and programming support. Her kind spirit is contagious, and her connections with community members keeps the heart of the Lakeview Library beating as we evolve to meet changing community needs."

Under Barb's leadership, the Friends have raised money — often through sales of donated books — to support library programs and materials. "While many people love their library, few have ever done as much as Barb to make it a better place,"

Barb, however, said that, although the library has expanded three times over the years, the staff is still cramped. "Lakeview Library is a hub for the community. There is a mix of people coming in to use computers and be tutored in academic and language skills," she said. Several community groups meet there, a volunteer AARP group helps taxpayers prepare their forms, and the library is a voting site.

Since some new board members have joined the Friends group, Barb recently decided to give up the presidency but remain on the board. "We have some exciting new members," she explained, though she added that it would be good to have varied ethnic representation and a man or two involved.

Another reason for her decision to become past president was the fact that "technology has passed me by. I couldn't figure out how to get a picture out of my phone and into NextDoor," she said.

She is still a hardworking volunteer who gives advice to the board's new president, Beth Welch, and other board members, always in a polite and charming manner.



Join us on Sundays at 9:30 am in person or on Facebook. www.shermanaveumc.org

### **LIBRARY**

Library continued from page 18

#### **Music and Movement**

Mondays, Aug. 8 and 15, 10:30–11:30 am Children up to age 5 and their caregivers are invited to join us for a preschool music and movement program with singing, dancing, playing and bubbles.

#### **Chess at the Library**

Mondays, Aug. 8 and 22, Sept. 12 and 26, 68 pm

All ages and sk ll levels are welcome.

### **Teen Introduction to Ukulele**

Monday, Aug. 8, 10:3042: 30 pm

Join us for an introduction to playing the ukl ele taught by local musician David Wells. Teens ages 12–18 are welcome to join. No prior experience is necessary. Just show up and have fun. Instruments for the class will be loaned by the instructor. This class is limited to eight participants. Please register prior to attending the program. Call Lak view Library at 608-246-4547.

# We Read Storytelling Spoken Word Stories

Wednesday, Aug. 10, 24 pm

Celebrate a summer of reading with this special work hop to tell your story. Join Bubbler Media Instructor Rob (Rob Dz) Frank in for an interactive spok n word poetry work hop. Put your story to a beat and find your voice.

### **Serendipity Saturday**

Saturday, Aug. 13, 10+ 1 am

Will you mak a cardboard instrument? Explore pastels or watercolors? Build something out of wood? That's the joy of serendipity — you never kow until you get there. Drop in anytime to enjoy fun hands-on art and mak r activities for children of all ages.

### **One-on-One Computer Assistance**

Saturday, Aug. 13, 14 pm

Need help with basic computer or internet sk lls? Look ng for assistance downloading library eBook and audiobook? We offer free one-on-one sessions on the second Saturday of each month. Reservations are required. Register online, in person, or call Lak view Library at 608-246-4547.

#### **Internet Basics**

Wednesday, Aug. 24, 2:30<del>3</del>: 30 pm

Do you wonder what the Cloud is? How about Wi-Fi, IP addresses and browsers? Ask your questions and learn the basics of the internet in this informative class.

### **Teen and Tween Movie Matinee**

Saturday, Aug. 27, 24 pm

Join us for free food and a movie. We will be watching "The Hate U Give." Starr witnesses the fatal shooting of her child-hood best friend, Khalil, at the hands of a police officer. Now, facing pressure from all sides of the community, Starr must find her voice and stand up for what's right.

Literacy is a bridge from misery to hope.

# FARMERS MARKET MADISON, WISCONSIN SUNDAYS 8:30-12:30 Northport Dr & N. Sherman Ave Willy St Co-op North parking lot EXTEND YOUR SNAP/EBT BENEFITS WITH DOUBLE DOLLARS VISIL Information booth for details Mad NFM northsidefarmersmarket.org



### **Social Media Basics**

Wednesday, Sept. 28, 2:30₃: 30 pm

Learn about the most popular social media platforms: Facebook, Twitter and Instagram. Find out what each platform is for and gain a better understanding of privacy implications for social media users.

### **BOOK DISCUSSIONS**

Read the book and join the discussion. New members are always welcome. Check the library calendar or call for details. Some discussions are online events.

### **NewBridge Book Discussion**

First Wednesdays, 10+ 1 am

Aug. 3 – "Farm City" by Novella Carpenter

Sept 7 – "Flight Behavior" by Barbara Kingsolver

### **Lakeview Evening Book Discussion**

First Thursdays, 6:308 pm

Aug. 4 – "An American Summer" by Alex Kotlowitz

Sept 1 – "The Work of James Baldwin" by James Baldwin

### **Lakeview Daytime Book Discussion**

Second Thursdays, 124 pm

Aug. 11 – "A Long Petal of the Sea" by Isabella Allende

Sept 8 – "Thunderstruck" by Erik Larson

### **Mystery Book Group Discussion**

Third Thursdays, 5:307 pm

Aug. 18 – "The Gone Dead" by Chanelle Benz

Sept 15 – "The Word is Murder" by Anthony Horowitz

#### **Visit Us Online**

With your library card, you have instant access to nearly 100,000 eBooks and audiobooks through Wisconsin's Digital Library, over 50 online magazines through Flipster, as well as Mango Languages, Consumer Reports, the New York Times, and many more free online resources, including Madison's newest service, Kanopy Streaming Video. Visit madpl.org/at-home for all the resources you can use online, 24 hours a day, 7 days a week.

Don't have a library card? No problem! Sign up for a library card at madpl. org/apply and we'll mail you a card.

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Tues & Thurs: 7:30 AM - 7:00 PM
Saturday: 8:00 AM - Noon
Closed Sundays

northsideanimal.vet
2121 North Sherman Avenue | Madison,WI 53704



### **ENVIRONMENT**

# Warner Park fishing pier named for Jack Hurst

By Timothy Nelson Northside News

It was Kid's Fishing Day 2022 at Warner Park, a perfect time to dedicate the new fishing pier and plaque in honor of Jack Hurst, a leading advocate for the health of Warner Park and the Yahara chain of lakes. Phil James, president of the Yahara Fishing Club, made introductory remarks; Jack gave a brief speech; and Alder Charles Myadze added some final thoughts.

Jack was 17 years old in 1953, working at Gisholt Machine Company as a mail carrier, when he joined the Yahara Fishing Club, where he later served as board member and president. That same year he joined the Dane County Conservation League, the second oldest conservation group in Wisconsin. In 2007 they named him their "Conservationist of the Year."

In 2010 Jack joined Wild Warner as a charter member. During all those years he also taught hunter safety, coached youth athletics, worked with the scouts, was a key helper with the Madison Fishing Expo and, along with Marlene, his wife of 62 years(!), is an active member of St. Paul's Lutheran Church.

Here is what a few people had to say about Jack.

Lowell Carter, longtime member of Dane County Conservation League: "For many years Jack was probably the leading voice for protecting Warner Park and the Madison lakes in general."

Jim Krause, vice president, Yahara Fishing Club: "Jack is a visionary regarding the protection of our waterways via education, activism and enduring conservation and habitat rehabilitation work over the past 69 years as a member of the Yahara Fishing Club. We all are enriched by his lifelong efforts."

Trish O'Kane, University of Vermont senior lecturer and director of "Birding to Change the World": "I first heard Jack Hurst speak publicly at a parks commission meeting in 2009. It was my first public meeting. Somebody elbowed me and said, 'This guy's been speaking at public meetings for 50 years, defending the waters and fish.' I barely knew him then, but he's been my mentor since that moment. Whenever I'm tired and feel like giving up and don't want to go to public meetings, I remember Jack's example. I tell my students his story, too, to inspire them. He has taught so many of us how to be a citizen and real environmentalist through his example."

Kurt Welke, DNR Fisheries Biologist: "You can feel the passion for the lakes of Jack holds when he speaks. He speaks the simple truth. These waters are gifts and it's our obligation to serve them well. I admire a man for what he does, not what he says. Jack has been a doer forever."

Patrick Hasburgh, owner of D&S Bait Tackle and Fly Shop: "Jack could be the most passionate conservationist I've ever met, and given his life-long commitment to Warner Park, I can't think of anyone more deserving to dedicate this fishing pier to."

Jim Carrier, co-founder of Wild Warner: "Jack Hurst is a Teddy Roosevelt conservationist — a hunter and fisherman who loves the bounty of the wild and understands that it must be protected. He brought to the group and to the Parks Commission the gravitas of an outdoorsman, one who witnessed the cycles of nature, the loss of habitat, and the decline of species. He believed that people who fish (and hunt) make lifelong conservationists. By planting in a child the magic of catching a fish, he believed he had launched a lifetime of caring for the environment."

Over the past several years, the Amadison Parks Department has done a Solot to improve Warner Park. The next time you get a chance, stop by the Amain shelter, read the plaque, and take a walk on the Jack Hurst Pier.

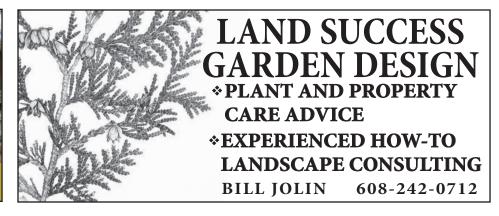


The Jack Hurst Fishing Pier at Warner Park, net to the Rainbow Shelter



Plaque designed by Patrick Hasburgh







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### Tuesday

Blue Gill Sandwich with French Fries and Coleslaw

Wednesday

### Nueske's bacon cheeseburger with fries

Thursday

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### **ENVIRONMENT**



Madison Parks has hired a herd of goats to eat invasive plants at Cherokee Marsh.

### Goats help restore natural areas at Cherokee Marsh

By Jan Axelson Friends of Cherokee Marsh

A herd of 40 goats arrived at Cherokee Marsh Conservation Park's South Unit, 802 Wheeler Road, to graze on invasive plants this June. Hired from a local farm, the goats consume an average of eight pounds of vegetation per day and will graze a total of six acres at Cherokee Marsh over the summer.

Paul Quinlan, conservation resources supervisor for Madison Parks,

reported, "We are using the goats to target woody species — shrubs and small trees — which in the selected areas are mostly invasive species. After two or three seasons of grazing, we will add native seed and transition to prescribed burning to maintain the area."

Electric fencing keeps the goats contained. Water and minerals are provided, and someone checks on the goats each day. The herd left at the end of June but is scheduled to return in mid-August for another round of grazing.



Swimmers enjoy the new swim area at Warner Beach.

# New, clean swimming area debuts at Warner Beach

By Jan Axelson Northside News

Thank to a partnership between the City of Madison and Dane County, the beach at Warner Park has a new swim area with clean, filtered water obtained without using chemicals

A floating plastic curtain walls off the half-acre swim area. Water is pumped at 100 gallons per minute from the swim area to a filtration system where a strainer, sand filter and ultraviolet light remove algae and bacteria. The filtered water is then pumped back into the swim area. Solar panels help provide electricity for the system.

To experience the water for myself, I visited Warner Beach and went for a swim. Other than small amounts of floating aquatic plants near the shore, the water was free of plant matter and algae and offered a pleasant way to cool off on a hot day.

Warner beach, 1101 Woodward Drive, doesn't have a lifeguard this summer due to difficulty in finding lifeguards to hire. City staff rake and clean the beaches multiple times per week. The restrooms are open. Dogs are not allowed in the beach area.

To see current conditions for Warner Beach, Maple Bluff Beach and other local beaches, visit publichealthmdc.com and select Beach Updates.



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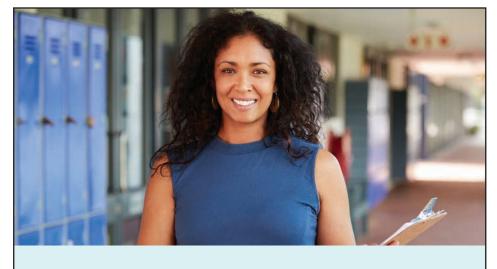


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# **Previously Denied Public Service Loan Forgiveness?**

# **Did Program Confusion Keep You from Applying?**

The temporary Public Service Loan Forgiveness (PSLF) waiver has improved program accessibility and is giving public service and nonprofit employees a second chance at obtaining what could be thousands of dollars in loan forgiveness.

The government application process is free at: https://studentaid.gov/pslf

When In Doubt, Check It Out!

**You Must Act Before Oct 31, 2022** 



### **ENVIRONMENT**



# House Wren is the friendliest bird in the neighborhood

**By Paul Noeldner** *Madison Friends of Urban Nature* 

The friendliest bird in your neighborhood is the house wren. Their Latin name, *Troglodytes aedon*, means "the nightingale that lives in holes."

These diminutive but feisty little brown birds love to live near humans where you can hear them singing their bubbly chattering song all summer long in yards and gardens.

As their scientific name says, they make their homes in holes such as bird houses, old woodpecker cavities in trees and even discarded shoes according to the Cornell Lab of Ornithology. Cornell ornithologists should know because they study birds — with our help.

Anyone — even kids — can help by reporting when you see house wrens and other birds in your yard or neighborhood. Just go to ebird.org and become a Citizen Scientist.

The Cornell website (allaboutbirds. org) is a great source of interesting facts. Did you know house wrens are so smart they put spider eggs in their nests to help control mites?

Lik many wild things, house wrens need our help, especially in urban areas where natural nesting cavities lik old trees are sometimes scarce. If you put up a box of any shape with a hole at least an inch in diameter, there is a good chance a house wren will move in.



House wrens are feisty but friendly.

The males attract females by using their clever curved slender beaks to fill one or more boxes and holes with little stick. The female pick the stick she likes, tosses out the rest and makes her stick nest. The half dozen or so mottled brown eggs become hungry chick that need mom and dad to bring them bugs to eat all day long until they are big enough to go chattering on their own.

We should avoid k lling all the bugs in our yards; the baby birds need them. Find or make a wren house box and invite these friendly feisty little brown birds to live near you.



Sandhill Crane at Hartmeyer Natural Area

# Madison has a new conservation nature park

**By Paul Noeldner** *Madison Friends of Urban Nature* 

It's time to celebrate nature in the neighborhood. The Madison Common Council recently approved zoning for a new conservation nature park that will help save a large portion of the historic Hartmeyer Natural Area wetland ecosystem between North Sherman Avenue and the old Oscar Mayer plant as a quiet nature sanctuary for wildlife and people to enjoy.

The developer that purchased the 30-acre site worked with Alder Syed Abbas and community representatives to put together a compromise that saved more acres for the park while also creating much-needed senior and low-income housing.

Thank you from resident sandhill crane pair Oscar and Myra to all who helped save this new nature park Join Friends of Hartmeyer Natural Area to help support nature restoration, recreation and education activities.



FOLVHP volunteers Nelson Eisman and Kurt Welke celebrate the placing of a purple martin house in Lake View Hill Park. The birds moved in this summer.

# Lake View Hill Park purple martin house has tenants

**By Dan Tortorice** Friends of Lake View Hill Park

Purple martins are one of our favorite birds. They might get a boost from some popular mythology — they are not very purple, and it turns out they don't feed primarily on mosquitoes — but we love them anyway for their delightful flying, and they do eat a lot of pesky insects. Almost all martins now live in houses constructed by humans.

The Friends of Lake View Hill Park put up a purple martin house a couple of years ago. It consists of eight plastic gourd-shaped houses mounted on a telescoping pole. The gourd shape is a tribute to Native American tribes who are said to have used hollowed-out gourds to attract these same birds.

After a couple of years without tenants, the Friends considered letting another park take the pole, but decided to give it a longer try. This year the house was discovered by scouting male martins, probably on their first trip north from warmer winters. This was a success story, but there were challenges ahead.

All bird and plant species in our

parks face stiff competition from invasive species. The current population decline of purple martins is probably due to this competition. For these martins, the competition came from house sparrows, an aggressive nester capable of forcing out other birds with lethal violence. Luckily for the purple martins, they had valuable assistance from Kurt Welke, a FOLVHP volunteer. Kurt lowered the pole to remove the sparrow nests and eventually removed those gourds.

We now have three gourds, two with martins, and one with house sparrows who seem to not be harassing the martins. More importantly, we may have as many as 10 small martins who will be fledging into the park this summer.

If you want to see these delightful birds, visit Lake View Hill Park and walk over to the platform at the portico of the former Nurses Dormitory for at Lake View Sanatorium. The platform overlooks the martin house just down the hill.

To learn more about your Dane County park, visit lakeviewhill.org or Facebook at lakeviewhill.



### SCHOOL AND YOUTH

# **Outdoor learning with Project Green Teen**

By Beth Sluys Northside News

In a meeting with the Project Green Teen (PGT) students at Shabazz City High School, I had the opportunity to listen to stories about the program that is a blend of science, physical education and the arts.

PGT was started about 18 years ago and has offered many unique learning opportunities through the years. Last semester, the project-based learning lab is provided opportunities for students to participate in outdoor activities while learning about area lake and stream ecosystems and to participate in land restoration projects and environmental advocacy.

In addition, this course offers students a chance to connect science with the arts through a nature photography component and to learn image storytelling using digital cameras.

Three teachers are involved with PGT and include Brian Counselman, Robert Banks and Rachel Schramm. Together they work to provide experiences that are focused on learning about the environment through hands-on science and nature explorations. Students also learn how to apply that knowledge in the local community.

Students shared stories that indicate their favorite parts of PGT are the teamwork, going out in nature, and learning about the ecology of area lakes. Students expressed their enhanced understanding of freshwater ecosystems through their studies. One student expressed how their "world-view was changed" by how they "perceive the inner workings of lakes and streams." It was exciting to hear young \$ people speaking about their understanding of the impacts of pollution on  $\circ$ area watersheds and having a new perspective on what they are seeing while walking in their community near area lakes, streams and wetlands.

For the members of PGT, the overriding message is that they had greater awareness of their natural surroundings, were shown scientific field practices, and were enjoying active learning while in the outdoors.

It was great to meet the students and teachers and to know that future scientists, explorers or photographers are being inspired and that we are lucky to have these young people helping to change our community for the better.



A Project Green Team restoration work party in Lake View Hill Park

# New century of EHS math marked by comings and goings

By Cynthia Chin East High School

The class of 2022 represented the 100th class of graduates from Madison East High School. Congratulations to all the East alumni who have helped build and shape our community for the better over several generations.

We salute our Outstanding Seniors in Mathematics for 2022, who were honored at the senior brunch in June: Samuel Ask ing, Nicole Hanser, Victoria Lenius and Samuel Rick rt. We look forward to one more year with our junior class winners of the 2022 Trevor Knight Rising Star in Mathematics awards: Sebastian Martinez Ramiro and Deagan Wiebel.

We bid farewell to East Math and Multilingual Teacher Meghan Willauer, who is moving on to an instructional position at the new Sun Prairie High School. Ms. Willauer's several years of humble, dedicated service to our math community were especially valuable to Algebra 1 students from Madison and from many countries around the world. She also coached many colleagues across several departments in best teaching practices for multilingual learners.

This fall students in Algebra 1, Geometry and Algebra 2 will benefit from summer training their teachers received to help them implement a new district-wide mathematics curriculum for these courses. We hope the updates in content and teaching strategy will help our young mathematicians enter their new century with strong skills and confidence in their ability to apply logical and quantitative reasoning in their world.

Students and families should watch for announcements - via MMSD email or East HS social media — regarding STEMrelated clubs and community math enrichment opportunities that will open up in August and September. Some new clubs were started last year, and some old favorites will be back again. We also hope to announce some special centennial events once the next phases of building construction are finalized in the school calendar.

Thank you to all for 100 years of supporting East scholars in our city.



Adults and children alike enjoy reading stories displayed in the Storywalk® signs

# Storywalk® debuts at Lake View **Elementary School**

By Eve V. Dietrich

Lake View Elementary School

On your drive to Cherokee Marsh, you might notice new signs along the property border of Lake View Elementary School. These may appear to be just normal wayside signs, but they are the school's new Storywalk®.

A Storywalk® is a series of signs that have a story on them. The story could be pages from a book, a written story from students, documented oral stories, or any other form of art that tells a story. The pages are then put between plexiglass and placed in sequential order in the signs. Visitors start at the beginning sign and move along the path to continue reading the story at the pro-

The idea came from staff who have seen Storywalk® in other areas and who wanted to provide the same multipurpose activity for the Northside and school community. The three-acre school property is filled with outdoor classroom spaces, restored prairies, unique nature-based play areas, and other outdoor areas that attract many individuals to the property. School staff wanted to offer the opportunity to increase literacy, physical activity and community building activities amongst the school and visitors. Installing a Storywalk® seemed to be a perfect solution for the area and aligns with efforts the school sets out to accomplish.

Funds were gathered from various sources with the school's Green Team

and other key staff taking the lead. Signs were ordered from a women-owned business near Eau Claire that specializes in Storywalk® signs. During a workday in early May, staff and volunteers installed the signs. The book "Jayden's Impossible Garden" by Melina Mangal was placed in the signs shortly thereafter. In the following weeks, students were able to view the signs and experience the Storywalk® with their classes.

The Storywalk® at Lake View Elementary School consists of 20 signs. A sign near the edge of the parking lot on Tennyson Lane welcomes readers and directs them toward Sherman Avenue to read the next parts of the story. Readers continue to signs along Sherman Ave and then up the oaklined property edge. The Storywalk® ends near the school's pazillion with a final sign that directs readers to return periodically to see new creations. The first and last signs are translated into Spanish and Hmong. Additionally, some signs have short prompts that are related to the page or storyline.

Content within the signs will be changed out by staff periodically. Pieces will be chosen with intentionality and will try to compliment acknowledged holidays (Pride Month, Women's History Month, Hmong American Month, etc.).

All are welcome to visit and experience our new attraction. We look forward to seeing you enjoying it and helping us grow our Northside community.



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### **SCHOOL AND YOUTH**

# Northside Scouts BSA partner with Wild Warner

By Steven M. Kimball Scouts BSA

Scouts BSA Troops 127 and 7127, along with Cub Scout Pack 127, joined Wild Warner this spring in a new scouting partnership. The arrangement represents a chartered agreement whereby Wild Warner works with the Glacier's Edge Council to make sure there is qualified leadership in the three Northside units to support boys' and girls' experience in Scouts BSA.

"We are really excited to be working with Wild Warner as we create opportunities for girls and boys in our community to learn leadership and the importance of service and conservation," said Justin Sargent, scoutmaster with Troop 127.

The units have already engaged with Wild Warner on three conservation projects. An Eagle Scout project was led by Life Scout Lauren Billings, who coordinated volunteers to plant 400 native shrubs in the park. The Pack combined a day hike at Warner Park with a clean-up activity. And scouts from each unit joined Wild Warner with displays and activities at the Bird and Nature festival.

According to Marie Jacobson, the new chartered organization representative who is a liaison between Wild Warner and the units, "we are looking forward to the energy and enthusiasm that the scouts and their families will bring to the park." Several members of the Wild Warner board were involved in scouting as youth and have children who were also in scouting. She continued, "these partnerships are always a win-win. Wild Warner gets more exposure, and the park gets more volunteers. And scouts and their families get to enjoy the park and take ownership in what they accomplish."

The agreement with Wild Warner represents a new phase of scouting for Madison's Northside. Most recently, Sherman Avenue United Methodist Church chartered the units. Prior to that St. Peter Catholic Church chartered Troop 23, which merged with Troop 27 to form a new combined unit, Troop 127. The pack has been supported by Sherman Avenue United Methodist Church

for over 30 years. Although SAUMC was no longer able to charter the units, all three units will maintain a relationship with the two churches. They will continue to hold meetings there as well as provide service with the organizations as opportunities arise.

Judy Kreft, who has volunteered with the units for many years as the prior chartered organization representative, said of the church's relationship with scouting, "the members of the church support outreach, making a difference in our Northside community by helping meet other people's needs, nurturing nature and the parks around us, and teaching our youth skills for life."

Each unit is grateful for the support over the years from St. Peters and Sherman Avenue United Methodist Church and looks forward to continued activities with them while also bringing scouting on the Northside into the future with Wild Warner.

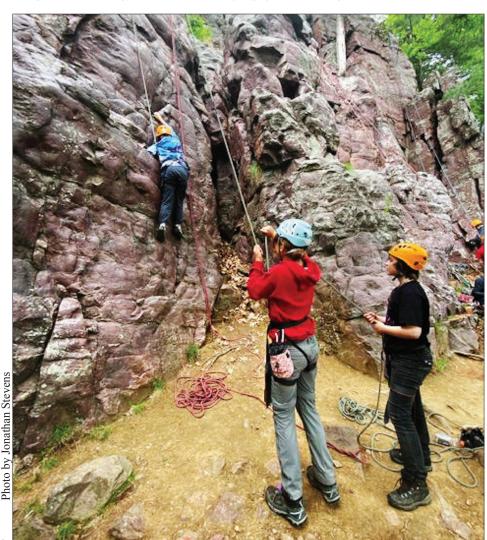
Reflecting on her experiences with the scouting units, Kreft stated, "today I am in the background smiling. I can step back and admire the very best of scout leaders who are taking over guiding the youth today. These include leaders who have been scouts as youth. These are adults and parents with leadership skills, strong team bonds, role models of the leadership the youth will carry on into their own future."

The future is bright for scouting in the Northside community. It is more important than ever to bring youth together from different backgrounds to learn how to collaborate, lead and grow confidence as they address life's challenges. Most importantly, they will do so while having fun.

If you know of a youth who is interested in outdoor adventures, sharing fun with friends, and helping protect our environment, visit beascout.scouting.org; or contact Justin Sargent at iscuba@sbcglobal.net for the Scouts BSA boys unit, Paul Hughes at psusparks@gmail.com for the Scouts BSA girls unit, or Matt Meyer at info@cubscoutpack127.com for the Cub Scout Pack, which is open to boys and girls.



# Northside scouts find adventure near and far this summer



Scouts from Troops 127 and 7127 participate in a climbing merit badge event at Devil's Lake State Park.

**Neely Jordan**Scouts BSA Troop 7127

Scouts BSA Troops 127 and 7127 are out adventuring near and far this summer. A group of scouts from both troops attended summer camp at Ed Bryant Scout Reservation (EBSR) in Mauston. The local Scout Council operates six week of summer camp activities, with the Northside troops attending week five.

Scouts camped for the full week and participated in various activities, including merit badge stations. From swimming to environmental science, scouts focused on merit badges of their choosing and enjoyed time on jet sk s, ATVs, and the new climbing tower.

Another group of scouts from Troops 127 and 7127 will be participating in an adventure trek to Isle Royale National Park in August. This adventure

was postponed from summer of 2020. Starting with a ferry boat transport from Grand Portage, MN, scouts will back pack in and do a lot of hik ng on the six-day, five-night trip.

All of this is possible with the support of adult leaders and the troops' charter organization, Wild Warner, and fundraising from fall popcorn and wreath sales, as well as the unit rummage sale held at Sherman Avenue United Methodist Church last September. Both troops meet week y at St. Peter Catholic Church on Wheeler Road.

If these activities sound like something your child, boy or girl, aged 11–18 might enjoy, send an email to Scoutmaster Justin Sargent (boys) at iscuba@sbcglobal.net, or Scoutmaster Paul Hughes (girls) psusparks@gmail.com for more information.

# Life-sustaining schools

By Jeffrey Lewis
Northside News

"Heart and mind cannot be exclusive of one another in the fight to save anything." J. Drew Lanham

Our schools are troubled by the knowledge that the hopes of many Black students languish at the margins of their school experience. They do not feel they belong and hunger for affirming and nurturing relationships in their school communities.

In his collection of essays, "It All Turns on Affection," Wendell Berry discusses the novel "Howard's End" by E. M. Forster in which, anticipating the disruptions and dislocations of rural life caused by machines at the turn of the 20th century, Forster reminds us of our need for "soul-sustaining" and "earthly places where lives can be made and loved." He does so by use of words lik "truth, nature, imagination, affection, love, hope, beauty, joy," words that, Berry observes, "mak the dictionary

hum like a beehive."

What if our schools vibrated with these and other "soul-sustaining" words? What if our schools prepared children to make their homes and neighborhoods "earthly places" to which they belonged by affection?

The ornithologist J. Drew Lanham suggests "the best way to begin reconnecting humanity's heart, mind and soul to nature is for us to share our individual stories." Sharing our stories is like ly the best way to reconnect our hearts, minds, and souls to anything important and to save what we love. And we have much to save and to love, not the least of which are our children.

How will our children be made whole? What must we do to remak our schools into places where we share our stories and where we are all "made and loved?" What will it take for us to fill our schools with the delightful hum of "hope, beauty and joy," where, by instruction and example, we affirm our shared humanity and common ground?

### SCHOOL AND YOUTH

# Temporary changes help more people qualify for Public Service Loan Forgiveness limited waiver which expires Oct. 21, 2022

### **By Ascendium Education Group**

The Public Service Loan Forgiveness (PSLF) program was created in 2007. It was designed to encourage federal student loan borrowers to go into nonprofit or public service careers, with the promise of forgiveness on loan balances after mak ng 120 payments. But PSLF's complicated requirements limited many from getting forgiveness.

To help improve access to PSLF, the U.S. Department of Education created the limited PSLF waiver (studentaid. gov/announcements-events/pslf-limited-waiver) in October 2021. The waiver has made important strides in providing forgiveness to eligible borrowers, but it is only available until Oct. 31, 2022.

Even if you were previously turned down for PSLF or thought you were ineligible, it is important you try again.

### **Check it out**

How: Submit a PSLF Certification and Application form by Oct. 31, 2022.

Where: Complete the PSLF online certification and application using Federal Student Aid's PSLF Help Tool at https://studentaid.gov/pslf before Oct. 31, 2022. You

will learn the actions you need to take and generate the forms you need to complete.

### Keep in mind

- Most people complete the process in less than 30 minutes.
- Have on hand your most recent W-2 from your employer(s) or their Federal Employer Identification Number (EIN).
- The full-time employment requirement can be achieved by working 30 hours or more per week at one, or combining hours from more than one, qualified employer.

### **PSLF** waiver impacts

Expanded loan types: Federal Family Education Loan (FFEL) program and Perkins student loan borrowers that were previously excluded from PSLF, may now apply under the PSLF waiver. If you borrowed prior to 2011, there is a good chance some or all of your loans are not from the required Direct loan program. Borrowers must first consolidate their FFEL or Perkins loans into the Direct loan program and then submit the PSLF Certification and Application prior to Oct. 31, 2022.

Expanded payment qualification:

Partial payments, late payments and payments made under previously ineligible repayment plans (e.g., graduated, extended) now apply toward the 120-payment requirement.

#### **Questions?**

Consult with your student loan servicer if you have any questions or concerns. They are always willing and able to help you. Wisconsin residents are also able to call the Wisconsin Student Loan Help Hotline, toll-free, at 833-589-0750.

Ascendium Education Group is a 501(c)(3) nonprofit and the nation's largest federal student loan guarantor, a leading postsecondary education philanthropy, and a provider of solutions to support academic achievement, longterm financial wellness and student loan repayment success. We provide information, tools and counseling to help millions of borrowers nationwide avoid default and keep the door to re-enrollment open. Ascendium's philanthropic mission is to elevate opportunities and outcomes for learners from low-income backgrounds to access and succeed at postsecondary education, workforce training and career success.

# Gas safety tips for residents

### By Madison Gas and Electric

Natural gas is an important part of our energy supply. We use it to heat our water and power appliances. Gas pipes and equipment are designed to keep it safely contained. If gas leaks, however, it creates a dangerous situation. Since gas is flammable, a flame or spark near a leak could cause a fire or explosion.



### Digging smart

If you are planting a tree, putting up a fence, or planning another outdoor project, remember to contact Diggers Hotline at least three work ng days in advance. This allows time for MGE and other utilities to locate and mark gas main and other underground facilities in your planned work area. Contacting Diggers Hotline is the law and can prevent potential hazards.

Call 811 or submit an online request at diggershotline.com. The service is free.



Rotten egg smell helps detect gas leaks in home.

### Detecting a gas leak

To help & ep you safe, MGE adds a distinctive, harmless odor to the gas we deliver to you. This rotten egg smell helps you detect leak that might occur in your home or neighborhood. In addition to the smell, other warning signs of a gas leak nelude:

- A hissing sound near a gas appliance, pipeline, or meter.
- Unexplained dead vegetation.
- A white cloud, mist, fog or bubbles in standing water.

# MGE 24-hour emergency response 608-252-1111

If you suspect a gas leak, leave the area or building immediately. Do not try to find the leak. Do not light a match or touch anything electrical such as a cell phone, lights, appliances, etc. Instead, call MGE's 24-hour emergency response line at 608-252-1111 and warn others to stay away.

### Keeping meters and vents clear

Vegetation and other materials can block or damage gas meters and exhaust vents for appliances. This can cause gas to leak, appliances to shut down, or carbon monoxide to build up. Be sure to check your meters and vents regularly for blockage. Keep materials and bushes clear of the metering equipment year-round to allow access and proper operation of equipment. In the event of heavy snow or ice build-up this winter, use your hands instead of a shovel to safely clear the area.

Learn more about natural gas safety at mge.com/gassafety.





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### **HEALTH & SAFETY**

Captain Kelly Donahue



**North District Police** 

We are often asked how we respond to calls for people experiencing a mental health crisis. Let me introduce Police Officer Clare Gloede and our embedded Mental Health Crisis worker, Hope. Clare and Hope work together several days a week. The two share an office at the North Police District and are easily accessible to other North District staff.

Clare and Hope are available to consult with MPD personnel, community members and consumers. Their main goal is to connect people to resources and divert them from the criminal justice system. They are available to respond to calls, do follow up, and collaborate with mental health officers and crisis workers in other districts. The group is able to share information and brainstorm on how to be most effective in their service to the community and those living with mental illness.

#### Our mission

The mission of the Madison Police Department Mental Health Unit is to provide a coordinated, professional and compassionate police response to individuals affected by mental illness and their families. The Mental Health Unit will work collaboratively with partner agencies to achieve improved outcomes for individuals affected by mental illnesses or suffering a crisis by connecting them to needed services and diverting them away from the criminal justice system whenever possible. The work of the Mental Health Unit will reduce calls for police service related to mental illness issues and will improve safety for officers and all members of the community.

### Our values

Problem solving: We believe in identifying the underlying issues creating police calls and reducing them.

Collaboration: We engage with partners from across the government, civil society, families and consumers to improve systems, relationships and outcomes.

Diversion: We aim to reduce the involvement of criminal justice in mental health issues and the criminalization of mental illness.

Professional development: We seek increased knowledge and expertise within the unit and to share our knowledge and experience with the department at large.

We are what we repeatedly do. Excellence, then, is not an act, but a habit. Aristotle



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From

Beth Olson, PhD, UW Nutritional Sciences Dept.



**Nutrition Nuggets** 

### Hydration

Water is an essential nutrient, making up 50–60% of an adult's body (65% for a child). It has many functions in our body, including regulating body temperature, helping remove waste from our body, providing lubrication to joints, and providing moisture to tissues such as muscle and skin. Water keeps our blood volume up and lets us move nutrients to all the cells in our body.

We lose water from our bodies every day and must replace it to stay healthy. Nutritionists and other health professionals used to recommend people drink eight glasses of water each day, and many people still remember this. However, this recommendation turned out not to apply to everyone, and we no longer use it. Instead, we say to "drink to thirst" — drink when you are thirsty. However, research suggests that, in the short term, people may not replace all the water they lose if they drink only when thirsty.

It is important to remember that, in addition to water we drink, we take in water through food (about 20% of our water each day) and through other beverages. It is possible that the water in our food, drinking beverages with meals, and drinking in other social situations work together with thirst to keep us hydrated.

Current recommendations related to hydration are for fluid intake (fluid = water + other beverages). For men, the recommendation is 13 cups per day, and for women, 9 cups per day. Recommendations are lower for children and teens.

Surveys show adults consume about half of their beverages as plain water. Other sources of hydration include coffee and tea, juices or juice drinks, sugarsweetened beverages and a wide variety of other beverages such as sports drinks and energy drinks.

There are times when "drinking to thirst" may not be enough. People may need to pay attention and drink more, even if not thirsty, if they are exercising for long periods of time or find themselves in hotter temperatures than that to which they are accustomed. Women who are breastfeeding need more water and may fall behind on their water intake. Having a glass of water nearby

while breastfeeding may help encourage water intake.

**Health Tips** 

Tara L.

LaRowe,

PhD, RDN, CSSD

Older adults are more likely to become dehydrated; they have less body water than younger adults, may have an impaired thirst mechanism, and may take medications that affect hydration. In older adults, chronic dehydration may contribute to urinary tract infections or constipation. Signs of mild or moderate dehydration include thirst, dry mouth and headache; signs of severe dehydration include dizziness, rapid heartbeat or fainting. A common indicator of hydration status is urine color — good hydration produces a pale yellow urine.

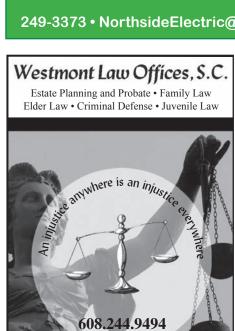
Caffeine in moderate amounts, particularly in amounts consumed on a daily basis, does not lead to dehydration. Alcohol intake may be dehydrating, especially in the short run. Illness can cause loss of body water (vomiting, diarrhea or sweat) that needs to be replaced.

With summer's hot weather and more outdoor activities, it is more likely people (including children, sometimes too busy playing to stop and drink) will become dehydrated. Given that water is about one-third of our beverage intake, we might encourage activity participants to consider warding off dehydration with water.

Reusable water bottles carried along may encourage water intake. Adding fruit to water and keeping water cold may also encourage intake. People are more likely to drink water when it's cool or cold, and some will consume more if the water is flavored. Straws also seem to encourage drinking.

Although we recommend "drink to thirst," during the heat and activity of summer it is appropriate to make a bit more effort to drink water. This may be an opportunity to replace some sugarsweetened beverages with plain water.

Finally, we need to recognize that some people may have problems with obtaining safe, clean drinking water in their homes. Resources to address this include the Wisconsin Department of Natural Resources, (dnr.wisconsin.gov/topic/drinkingwater) and the Wisconsin Department of Health Services. (dhs. wisconsin.gov/water/drinking/htm).



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### **ELECTED OFFICIALS**

From Satya **Rhodes-**Conway



Mayor

### Youth development opportunities this

Summer is here and the City is supporting a variety of programming for young people. The City is providing \$1,576,908 — between ongoing youth employment contracts, youth leadership programming, and violence prevention dollars through Public Health Madison Dane County — to support community-based organizations offering training, employment, internships, mentorship, education and leadership development.

More than 20 community-based organizations running almost 30 programs are providing over 1,000 opportunities for youth to work earn and learn this summer, supported by City youth-programming (ages 14-21) funds. These organizations include Centro Hispano, Mentoring Positives, Common Wealth Development, Bayview Foundation, Mellowhood Foundation, Urban League, Operation Fresh Start and many more.

A subset of these programs focusses specifically on engaging at-risk youth in culturally responsive ways, led by trusted community leaders.

The Transforming and Reaching Our Youth (TRY) program, created by Dr. Marcus Allen, will reengage youth ages 12–17 through mentorship, employment and educational opportunities.

Dear Diary, a mentoring program for Black girls, aims to rewrite the broken narrative of Black girlhood and womanhood this summer for 11th and 12th graders by providing real-life work experience and training in various professional settings of their choice, exposing them to the power of their ambition while building their self-esteem.

Seein' is Believin' will conduct a summer outreach program dedicated to

introducing youth to career, academic and personal leadership opportunities right in their backa rds, focusing on young Black and Brown men ages 13-24.

The best and easiest way for residents who want to be a part of helping create safe spaces for youth this summer is by checking out the Parks Alive initiative (cityofmadison.com/ calendar?name=Parks+Alive), which consists of 31 events occurring in eight parks across Madison aimed at empowering community members with skills in conflict interruption, mediation and other violence prevention strategies.

### Charles Myadze



**District 18 Alderperson** 

The heartbreaking tragedy in Highland Park is the latest in the epidemic of gun violence in America. There have been more than 300 mass shootings in America this year. It is chilling that the perpetrator of the Highland Park shooting travelled to Madison after that crime.

At the federal and state level, we need to ban assault weapons, institute universal background checks, and enact red flag laws. The bipartisan agreement reached in Congress, while significant, is only a start. Here in Madison, we must continue to do all we can to hold people accountable for

gun violence, control illegal guns, and invest in initiatives that treat gun violence as a public health issue. The Madison Police Department and Public Health Madison & Dane County are working collaboratively to prevent gun violence and to keep our neighborhoods safe.

On Thursday, Aug. 11, I am convening a community meeting at Warner Park Community Recreation Center from 5-7 pm. We'll gather with experts from the city, the county and other community partners to learn more about efforts surrounding community violence and other issues, such as the opioid epidemic, that have an impact on our health and safety here in Madison.

We need to come together to get the facts, share ideas, learn what we can do, and take steps forward to make our neighborhoods safe for every resident. I hope you will join me Aug. 11.

From **Syed** 

**Abbas** 



### **District 12 Alderperson**

### Big win for Northside!

I want to share a great success story with you. After years of advocacy from neighbors, environmental advocates and surrounding neighborhood associations, on June 21, 2022 at the Common Council meeting I was successful in protecting 15 acres of wetland and also increasing space to accommodate 550 units of affordable housing. This could not have

been accomplished without the tireless efforts of our community. It took almost five years to accomplish and so many meetings, from the start of the Oscar Mayer Strategic Assessment to the Oscar Mayer Special Area Plan and then finally to creating the official map of Hartmeyer land. We did it together!

Thank you! I really appreciate all the neighbors, friends, community advocates, Friends of Hartmeyer, Sherman Neighborhood Association and all the many stakeholders who kept believing in this and working hard to make this happen. I know so many of you put in many of your precious time and effort. Together, we have achieved this big victory.

There is no power for change greater than a community discovering what it cares about. Margaret J. Wheatley

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### **ELECTED OFFICIALS**

Joe Parisi



**Dane County Executive** 

### Dane County government stands ready for tough economic times

County government is heavily reliant on revenues directly related to the health of the economy. When the economy is doing well, we are better able to enhance services, provide wage increases, and support nonprofits. As we begin work on the 2023 budget, families are paying record high prices for fuel and groceries, some local employers have announced layoffs, and economists are projecting a possible recession.

When I was first elected county executive, the nation was in the midst of the Great Recession. County government had fully depleted its "rainy day" fund. We faced difficult choices on the best means of maintaining county services while minimizing the impacts of reductions

Today, we have greater means to

insulate against a downturn due to deliberate budget decisions on right-sizing expenditure and revenue lines. Our "rainy day" fund sits at its highest level ever — around \$60 million. While that's leaps and bounds better than a decade ago, a substantial economic emergency would place the county back on the precipice of severe financial difficulty.

It's important that investments made during good economic times can be sustained through the rock er budget waters ahead. Cuts similar to a decade ago would stunt the important gains we've made in treating mental health, caring for our most vulnerable, addressing climate change, enhancing conservation, and cleaning our lakes.

Our goals for this budget are clear. Protect the system of service delivery we've built. Sustain core public services. Prevent layoffs. Mak sure our "rainy day" fund is ready for the "rain" economists say is nearing. I'm confident we will craft a 2023 budget that protects the vital work and services county government provides, while ensuring the safety net we've work d so hard to rebuild can weather whatever the looming economic downturn may bring.

From

### Michele Ritt



District 18 Supervisor

My Gram was the most influential person in my life. She was my best friend and my hero. From a very young age, she taught me the importance of caring for my community. She instilled in me the belief that volunteering was not an event, but a way of life. Despite my packed schedule, I find some way to volunteer each week.

Dane County welcomes and celebrates volunteers. Each year, thousands of people donate their time and talent to making our community healthier, stronger and more beautiful. All ages of volunteers are welcomed.

The Dane County Parks page (dane-countyparks.com/Events?id=12) has a list of events, including volunteer opportunities. There are one-time events, as well as other opportunities available to connect with a longer-term project.

Most of our county parks also have

Friends groups that dedicate so much energy to supporting our parks. They are the treasure behind each park. The website has a convenient list with links for you to access more information (danecountyparks.com/get-involved/volunteer)

Many of these volunteer opportunities require no prior experience. You could help remove invasive species or collect and process prairie seeds and seedlings. Do you love birds? We need volunteers to help maintain bird houses. Campground Hosts are needed each season. Do you love the dog parks? You could help support those areas. Do you love to research and write? You could help record the history of our county lands. How about leading a nature walk?

There are a zillion opportunities to get involved. You just need a willing heart and a few hours of time. It will fill your heart.

Stay well.

Please feel free to contact me with any concerns or issues. I can be reached at 608-335-6827 or ritt.michele@countyofdane.com.

From

### Melissa Agard



State Senator

### Education is an investment in Wisconsin's future

The foundation of a prosperous future is a well-educated public. With the start of the school year approaching, it is important that we reprioritize fully funding our public education in Wisconsin.

Our kids deserve the best quality public education possible. As the mother of four boys who have all attended or graduated from the Madison Metropolitan School District, I know that supporting our schools and teachers must be a top priority in the Wisconsin State Legislature.

Investing in our neighborhood schools is truly an investment in our state. The COVID-19 pandemic has brought numerous challenges for our educators,

from teaching remotely to risk ng their health and safety every day so that our children can receive the best education possible. Our teachers deserve our support, and for far too long, Wisconsin educators have taken on insurmountable difficulties without adequate funding, support and respect.

As we prepare to send our children back to school this fall, it's vital that we take the time to remember that what is best for our k ds is truly what is best for Wisconsin. Public schools are the cornerstones of our communities, and every child deserves access to high quality public education at every level.

My legislative priorities remain with our public education system, educators and children. I kow there is more we can do as a state to support our teachers, k ds and schools. As we prepare for the next legislative session, fully funding our public education and lifting up our educators must be of the utmost importance.

Wisconsin's future is in the hands of our teachers and children.

### Strengthening the Fabric of Our Community.

Kerri Mallien, Banking Center Manager

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Samba Baldeh



State Representative

June was full of events worthy of celebration. We recognized Immigrants Heritage to LGBTQIA Pride to the Juneteenth celebration of the end of slavery as a means of honoring all the parts of our community.

While many political leaders discount the value of diversity and people of color, Wisconsin's population has steadily grown more diverse. This has not stemmed our state's status of having the worst racial disparities in health, education and income in the United States.

It is difficult to forget or let go of that reality. African Americans in Wisconsin, not only in Dane County, are more like ly to live in poverty, lack access to health care and struggle to afford housing. Nonetheless, even those who rise to

success and prosperity are often told to be "grateful."

The climate of hatred and intolerance has spread beyond people of color to other racial and religious groups. Actions against Jewish and LGBTQIA communities have skr ock ted in the last few years. Clearly, the rhetoric of our leaders has done much to embolden hate-groups. Jews, members of the LGBTQIA and immigrant communities are being slandered, vilified and made scapegoats for wide variety of our social ills.

The hatred is real, but we must not be held in bondage to it. Hate is too great a burden to bear. We should be k nd to each other because k ndness has the capacity to transform people's perspective and help them find that space to love again. As we navigate these difficult times, it is important to support each other and join forces by reaching out to allies and creating diverse coalitions.

Elected and community leaders must take an active role in addressing some of the root causes of hate. One way to do that is to celebrate and take notice of our diversity. Be your own boss.

Self-direction is all about your choices: you decide who provides your care, you set your care schedule, you show people how you want to be cared for, and you manage your budget. This option is available through long-term care programs that are facilitated by Managed Care Organizations (MCO).

- Choose the services you direct
- Hire the people you trust
- Continued support from your care team

My Choice Wisconsin is a MCO that offers these programs to seniors and adults with disabilities. We coordinate long-term care and medical services promoting wellness and independence of individuals in their communities.

800-963-0035 TTY: 711 www.mychoicewi.org/NSN



For more information about your long-term care options, contact your local ADRC.



Alone we can do so little. Together, we can do so much. *Helen Keller* 

### **SENIOR**

### From Jim Krueger



### NewBridge Executive Director

### Come play BINGO for a great cause

Friday, Oct. 7, 6–9 pm, NewBridge will hold our annual Black Tie Bingo fundraiser at Monona Terrace. We are a nonprofit organization that provides older adults a bridge to successful aging. Tick ts can be purchased on our website (newbridgemadison.org) or at our office inside the Warner Park Community Recreation Center.

Come in formal dresswear if you wish (many attendees will) but it is not required for admission. We guarantee that win or lose you will have an enjoyable time, some good laughs and the opportunity to help the many older adults in our community in need of support.

Help us fill the room with 250 people for a great cause. All proceeds help fund critical programs, such as our weekla y meal sites and the Food Bridge program that delivers free food boxes to the homes of low-income and homebound adults aged 60 and older.

I remember the first year we held Black Tie Bingo. A few acquaintances were skeptical because they did not enjoy Bingo or said it was an elderly person's game. I told them this is a different environment and a less serious atmosphere. It's about socializing and having a good time as much as Bingo games. Afterward they shared how much fun they had and have been back almost every year since.

Black Tie Bingo culminates our weeklong Bridging Hope Campaign (Oct. 3-7). Throughout the week you can visit our website to hear individuals' stories of how NewBridge impacted their lives, meet our staff and support our agency with a donation on corporate match day. We will also be honoring our exceptional volunteers and a community partner.

We hope you will take the opportunity to learn more about NewBridge and support the significant role we play assisting older adults.

# SENIOR Activities

NewBridge-North | 608-512-0000 ext. 3000

Register for classes in person and via Zoom

Contact Deenah Givens at 608-512-0000 ext. 3002 or email deenahg@newbridgemadison.org.

### UPCOMING EVENTS

### NewBridge University (NBU) coming in September:

Please join us as we launch NewBridge University, a place where lifelong learning is embraced and celebrated.

Lifelong learning is the use of both formal and informal learning opportunities throughout our lives in order to foster the continuous development and improvement of the knowledge and skills needed for personal and professional fulfillment. It provides us with opportunities for social connection, intellectual stimulation and growth and development in all aspects of our lives.

The benefits of engaging in lifelong learning opportunities have been studied extensively and are well documented; from improved cognitive functioning to improved physical and mental health and wellbeing to increased socialization and decreased isolation.

As we age our learning path may look different, the manner in which we learn may change and our learning curve might be steeper, but we never stop learning and growing. So, let's celebrate that.

Here is how NewBridge University work: all of our current and new program offerings under our Diversity and Inclusion Program and other programming will fall under NewBridge University. For each class, program or activity that you attend, you will earn "credits." These credits are redeemable for NewBridge swag at our end-of-year celebration (time and date to be announced in 2023). In addition, you will earn Certificates of Completion for your attendance. Credits will be track d, and we will have a way for you to trackyour credits too.

To learn more, visit our website, see our newsletter or talk to Deana Wright, Katia Vine or Deenah Givens.

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### **Activities**

Gymnasium Fun - bouncy house, sports, fun games

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- Family Fitness Classes and Fit2Go Van
- Classes, movies & themes change monthly
- **Drop-In Art and Pottery Projects**
- Game Room Fun pool, ping pong, foosball, air hockey
- Child Care Room drop off young kids for playtime

# Warner Park **Fun Nigh**



### **Join Us**

Warner Park Community **Recreation Center** 1625 Northport Dr. Madison, WI 53704

- 5:30 8:00 pm
- \$5 per family
- Sign up online for email reminders of monthly themes
- Kids age 11 and under must be accompanied by an adult

### 2022-2023 Schedule

- » September 9, 2022
- » October 28, 2022
- » November 11, 2022
- » December 9, 2022
- » January 13, 2023 February 10, 2023
- » March 10, 2023
- » April 14, 2023
- » May 12, 2023 » June 16, 2023
- » July 14, 2023
- » August 11, 2023

### CONTRIBUTING SPONSORS:









# **Newbridge University**

Join us on Zoom to learn more about NewBridge University, coming in September. Two informational sessions will be held via Zoom: Monday, Aug. 15, at 10 am or Monday, Aug. 22, at 2 pm.

### **ONGOING ACTIVITIES**

In-person activities are held at Warner Park Community Recreation Center, unless otherwise specified.

Bingo (in person): Every Friday, 10:15–11:15 am; fourth Friday is bilingual Bingo.

**Book Club (Zoom):** First Wednesday of each month, 10 am

**Bunco (in person):** Every Monday, 2–4 pm

**Card Making Club (in person):** Second Wednesday of each month, 1–3 pm.

**Chair Yoga with Kim (in person):** Thursdays, 10:30–11:30 am.

Easy Yoga Plus Classes with Ellen Millar (Zoom): Wednesdays and Fridays. 10-11 am.

**Euchre (in person):** Tuesdays, 1–3 pm.

**Mahjong (in person):** Thursdays, 1–3 pm.

Mindfulness Movement for LGBTQ Folks, Friends and Allies (in person): Wednesdays and Fridays, 10:15–11:45 am.

**Ping Pong (in person):** Mondays, 9 am–12 pm; Wednesdays, 1–3 pm

Sewing Club (in person): First and third Thursdays of each month, 9 am-12 pm.

Sassy Steppers (in person): Mondays, 4–5 pm.



### WARNER PARK COMMUNITY RECREATION CENTER

Written by Zach Watson 608-245-3690

**Interim Facility Manager** 

It is a pleasure and an honor to serve the Northside community, a place I have called home for over 30 years. Prior to WPCRC, I worked for the Goodman Community Center for 13 years in a variety of youth service positions. I began my tenure here in July 2021, when I was hired as the WPCRC Program Coordinator. In March 2022, I accepted the role of WPCRC Interim Facility Manager, serving in the foundation laid by former Facility Manager Terrence Thompson, who received an internal promotion in the Parks Division.

I gratefully look forward to continuing to expand the reach of the KNOW program (Kids Need Opportunities at Warner) by enhancing traditional programing offerings and building new opportunities for the youth we serve. Two exciting new programs we have begun implementing into the KNOW catalog are the Basketball Referee Apprenticeship Program and the Youth Leadership and Evaluation Team.

In response to a nationwide shortage

and decline in attracting new, younger officials, WPCRC created the Basketball Referee Apprenticeship Program, an eight-week training and certification program for individuals 14-21 years old. The program provides opportunities to obtain a Wisconsin Interscholastic Athletic Association (WIAA) Basketball Referee License through completing referee-training courses and passing the WIAA exam, and apprenticeship opportunities to work alongside veteran officials.

The Youth Leadership and Evaluation Team (YLET) serves as WPCRC youth ambassadors, centering youth voice in evaluating the KNOW program and providing youth perspective in Parks Division Planning and Development projects and community initiatives. YLET defines and determines the belonging and wellness measures in the spaces youth participate in, igniting systemic change toward equitable power structures for individuals participating in the KNOW program.

WPCRC offers Silver & Fit and Active & Fit memberships, providing eligible members access to the exercise room at no cost by reimbursing qualified health plans. Call 608-245-3669 to see if your health plan is eligible for membership.

Stay connected by liking our Facebook page @WarnerParkCRC.

Glacial Drumlin Trail continued from page 17

The trail surroundings vary from sunny open prairie and field to shady tunnels of forest. The lowlands are vibrant with waterfowl and other birds. Sixteen historic wooden bridges and trestles cross the Crawfish and Rock Rivers, skirt the shores of Rock Lake, and cross Koshkonong Creek no less than five

Unlike its English counterpart, the tiny hamlet of London is a quiet shady retreat from the open fields and meadows found along the trail. The nearby village of Cambridge is just three miles to the south and offers a charming Victorian downtown boasting cafes and restaurants, galleries and shops, and more. Construction has already begun on a dedicated connector trail.

Don't forget to stop at the trail headquarters in Lake Mills to enjoy your picnic lunch beneath the covered platform of the beautifully restored 1895 depot. Just four miles farther, Aztalan State Park is Wisconsin's most important archaeological site, showcasing an ancient Middle-Mississippian ceremonial complex.

There are many other intriguing sites to discover along the Glacial Drumlin Trail and, given enough time and ambition, you can pedal or perambulate all the way to the golden sandy shores of Lake Michigan. And you can get to them all from right here on the Northside. Visit the Glacial Drumlin State Trail Visitors Guide at GlacialDrumlinTrail.

So, get on the trail.

Let's Dance . . .

Free Dance Parties September 11 & 18, 2022 6:30-8:30pm



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# Circle of Friends works to support and expand WPCRC

By Dorothy Borchardt Circle of Friends

The Circle of Friends (CoF) of the Warner Park Community Recreation Center (WPCRC) will be baking cookies at the WPCRC on election day, Tuesday, Aug. 9.

We need cookie bakers for one-to-twohour shifts, providing cookies we sell to voters and other visitors. If you have the time and would like to help raise funds for the needed addition and the future pool, contact dborchardt1@charter.net.

In March, the CoF met with Parks Superintendent Eric Knepp and Interim WPCRC Manager Zach Watson to discuss updating plans for the expansion project and the need to get community input from all the stakeholders. There are funds in the 2022 city budget for planning and design.

CoF always members and volunteers. Membership in the CoF is open to all residents who support the WPCRC and want to be a part of its continuing growth and success. Board members are selected from CoF members who have volunteered to help and have the time to participate on a work ng board. We meet three or four times a year. Our board members are all volunteers. We have no paid staff.

We look forward to your support in 2022. Please complete the membership form and drop off or mail to: WPCRC-COF, 1625 Northport Drive, Madison, WI 53704. The WPCRC-COF is a 501(c)(3) organization, and donations are tax deductible.

Please complete the membership form below and drop off or mail to: WPCRC-COF, 1625 Northport Drive, Madison, WI 53704

_\$30 a nnual CoF membership _I am interested in helping	_ Additional gifts	are welcomed
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Enclosed is my check payable to Warner Park Community Recreation Center – Circle of Friends (WPCRC-CoF) in the amount of \$.\_

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# NORTHSIDE NEWS - Calendar of Events

Sponsored by Madison Gas and Electric

August/September 2022

#### **NORTHSIDE FESTIVAL**

### Saturday, September 17 1-7 pm Mallard's Duck Pond

Celebrate the Northside of Madison. Join us for live music, food trucks, games for kids, and an on-field movie. This event is presented by the Madison Mallards, Willy Street Co-op, Morgan Murphy Media, and the Northside Planning Council.

## FEED KITCHENS BAKERY TRAINING PROGRAM

#### August 12 Sign-up Deadline

The program provides hands-on training by making bakery items sold wholesale and retail by FEED Bakery to local stores and businesses. Also learn sales, marketing and customer service skills. The next session starts Aug. 16. Applications are available at feedbakery.org. The program provides hands-on training by making bakery items sold wholesale and retail by FEED Bakery to local stores and businesses. Also learn sales, marketing and customer service skills. The next session starts August 16. Applications are available at feedbakery.org.

### **DONATE SCHOOL SUPPLIES**

### August 1-19 WPCRC

Support Northside students by donating a backpack with school supplies. Donations will be distributed at Northside community events. Drop off supplies in the designated barrels at WPCRC.

### **FREE SQUARE DANCE LESSONS**

# Sundays, September 11 and 18 6:30-8:30 pm

# American Legion Post 481, 5337 River Road

The Westport Squares invite you to two free dance lessons. Dancing is friendship set to music. Get physical and mental exercise, socialize, enjoy snacks and have fun. Everyone is welcome. For more information, call 608-535-9461 or visit westportsquares.com or facebook. com/WestportSquares.

# SPARK! PROGRAMS FOR THOSE WITH MEMORY LOSS

# First Friday of every month 10-11:30 am

SPARK! offers free programs for people with early to mid-stage memory loss and care partners. Programs include creative experiences in artmaking, drama, movement/dance, music, poetry or storytelling. Register each month at artsforallwi.org/programs/spark.

ARTS for ALL, 1709 Aberg Ave., Suite 1

### **NORTHSIDE FARMERS MARKET**

### Every Sunday 8:30 am-12:30 pm Northside TownCenter

Enjoy a variety of locally grown produce, baked goods, meats, flowers, plants and much more. Sign up for our newsletter at northsidefarmers market.org or find us on Facebook at facebook. com/madNFM for the latest information on vendors and events.

# BOOMERANGS COLLEGE STUDENT DISCOUNT MONTH

### August 1-31 Tuesday-Friday, 10 am-6 pm Saturday, 10 am-4 pm Boomerangs Resale Store, 1133 N. Sherman Ave.

Get ready for back-to-school with Boomerangs. Show us your college student ID and get 20% off your entire purchase. Call us at 608-268-0793 or follow us on Facebook at Boomerangs Resale Store

# **BOOMERANGS 14th ANNIVERSARY SALE**

### September 9-10 Friday, 10 am-6 pm Saturday, 10 am-4 pm Boomerangs Resale Store, 1133 N. Sherman Ave.

Come and celebrate Boomerangs 14 years of supporting Madison's Northside with 14% off the entire store. Call us at 608-268-0793 or follow us on Facebook at Boomerangs Resale Store.

### **MONDAY, AUGUST 1**

### Pickle Pro Courts Give Back Fundraiser 5:30-8 pm, 2907 N. Sherman Ave.

This grand opening celebration will benefit FEED Kitchens and The River Food Pantry. Watch an exhibition match featuring professional Pickleball stars Dave Weinbach and Sherri Steinhauer. The cost is \$10+ and a nonperishable food donation. For more information, email patrickriha@pickleprocourts.com.

### SATURDAY, AUGUST 6

# Bird and Nature Adventure: Free pontoon tour 2-4 pm, Tenney Park

Enjoy a free pontoon nature tour with naturalist guides Robin Kling and Dane Gallagher. Meet at the MSCR Pontoon Pier, 1615 Sherman Ave., at the end of the boat parking lot. See Madison's lakes and shorelines from a duck's point of view. Space is limited, arrive early to check in. Contact paul\_noeldner@hotmail.com, or 608-698-0104.

### SUNDAY, AUGUST 7

### Bird and Nature Adventure: Prairie Plant ID 1:30-3 pm, Cherokee Marsh North Unit, 6098 N. Sherman Ave.

Join naturalist guides Lynn Persson and Eva Roos and learn how to identify prairie plants. Contact paul\_noeldner@hotmail.com or 608-698-0104.

### **TUESDAY, AUGUST 9**

# Wild Warner Board Meeting 7-9 pm, WPCRC or as posted

The public is welcome. Join other nature lovers to help support nature preservation, restoration, recreation and education in the wild side of Warner Park. See the Wild Warner Facebook page for updates and more information. Contact paul\_noeldner@ hotmail.com or 608-698-0104.

### **WEDNESDAY, AUGUST 17**

# Friends of Cherokee Marsh board meeting 5:30-7 pm

The public is welcome. To confirm time and location, contact janaxelson@gmail.com or 608-215-0426. Cherokeemarsh.org

### THURSDAY, AUGUST 18

### Coffee with a Cop 9 am, WPCRC

Please come and enjoy free coffee, free cookies, and great conversation with your officers on the Northside of Madison.

### **THURSDAY, AUGUST 18**

### Friends of Hartmeyer Natural Area Board Meeting 5-6 pm

The public is welcome. Help preserve and restore Madison's newest conservation park. We meet behind Esquire Club next to the wetland if weather permits or at WPCRC. See facebook.com/hartmeyernaturalarea for updates. Contact paul\_noeldner@hotmail.com or 608-698-0104.

### **SATURDAY, AUGUST 20**

# Aquatic Invasive Species Snapshot Day 8:30 am-12:30 pm, Warner Park

Look for invasive species at monitoring sites. No experience is necessary. Visit wateraction volunteers.org/events.

### SUNDAY, AUGUST 21

### Bird and Nature Adventure: Mushrooms 1:30 pm, Warner Park Rainbow Shelter

Learn about mushrooms and fungi with naturalist guide Kathlean Wolf. Contact paul\_noeldner@ hotmail.com or 608-698-0104.

### **SUNDAY, AUGUST 21**

### Madison Black Restaurant Food Taste Jamboree 2-5 pm, FEED Kitchens parking lot, 1219 N. Sherman Avenue

African food tasting event that is fun for entire family. \$5 per taste. blackchamber.com

### **SATURDAY, SEPTEMBER 3**

# Bird and Nature Adventure: Free pontoon tour 2:30-4 pm, Tenney Park

Enjoy a free pontoon nature tour with naturalist guides Robin Kling and Dane Gallagher. Meet at the MSCR Pontoon Pier, 1615 Sherman Ave., at the end of the boat parking lot. Explore nature along Madison's lakes and waterways. Space is limited, arrive early to check in. Contact paul\_noeldner@hotmail.com, 608-698-0104

### SUNDAY, SEPTEMBER 4

# Bird and Nature Adventure: Topic TBD 1:30-3 pm, Cherokee Marsh North Unit, 6098 N. Sherman Ave.

See Madison FUN on Facebook and Madison Parks website for updates and details. Contact paul\_noeldner@hotmail.com or 608-698-0104.

### THURSDAY, SEPTEMBER 8

### **North Star Award Nominations Due**

Help us honor Northsiders for what they do to make the Northside a better place to live, work and play. See the ad and nomination form in this issue.

### FRIDAY, SEPTEMBER 9

# Family Fun Night 5:30-8 pm, WPCRC

Family Fun Nights return on the second Friday each month. WPCRC will be open for a night of bouncy houses, art and pottery projects, bingo, gym activities, movie screenings, and more. The cost is \$5 per family.

### SATURDAY, SEPTEMBER 10

### Celebrate Barbara Karlen 1-4 pm, Lakeview Library Community Room

Come to Lakeview Library to celebrate Barbara Karlen for her decades-long service to the library and the Friends of Lakeview Library.

### TUESDAY, SEPTEMBER 13

### American Red Cross Blood Drive 12-5 pm, Lakeview Lutheran Church, 4001 Mandrake Road

For an appointment call 1-800-733-2767 or visit RedCrossBlood.org and enter Sponsor Code: LakeviewLutheran or contact the church office at 608-244-6181.

### TUESDAY, SEPTEMBER 13

# Wild Warner Board Meeting 7-9 pm, WPCRC or as posted

The public is welcome. Join other nature lovers to help support nature preservation, restoration, recreation and education in the wild side of Warner Park. See the Wild Warner Facebook page for updates and more information. Contact paul\_noeldner@ hotmail.com or 608-698-0104.

### WEDNESDAY, SEPTEMBER 14

### Senior Lunch and Euchre Tournament 11 am-2 pm, Lakeview Lutheran Church, 4001 Mandrake Road

Our lunch theme is "Let's Tailgate." The church will be grilling burgers and a veggie option. Bring your favorite tailgate dish to pass and wear the jersey of your favorite team. There is a free will offering for lunch. To RSVP, contact the church office at 608-244-6181.

### THURSDAY, SEPTEMBER 15

### Coffee with a Cop 9 am, WPCRC

Please come and enjoy free coffee, free cookies, and great conversation with your officers on the Northside of Madison.

### THURSDAY, SEPTEMBER 15

### Friends of Hartmeyer Natural Area Board Meeting 5-6 pm

The public is welcome. Help preserve and restore Madison's newest conservation park. We meet behind Esquire Club next to the wetland if weather permits or at WPCRC. See facebook.com/hartmeyer naturalarea for updates. Contact paul\_noeldner@hotmail.com or 608-698-0104.

### THURSDAY, SEPTEMBER 15

# Northside Business Association Meeting 6 pm, Kavanaugh's Esquire Club, 1025 N. Sherman Ave.

Business owners/managers and nonprofit leaders are invited to check out the NBA. We focus on issues affecting Northside businesses and nonprofits and concerns in the community. Social hour is 6–7 pm, dinner is 7–8 pm, and a speaker segment is 8–8:45 pm. Email Jennifer Haack (jhaack@amfam. com) to let her know you're coming. For meeting dates, visit madisonnba.com.

### SUNDAY, SEPTEMBER 18

### ADAW Walk

### 8 am registration, 9 am walk starts

The Alzheimer's & Dementia Alliance of Wisconsin invites you to join us in stepping forward and giving hope to the many Wisconsin families whose lives have been forever changed by a diagnosis of dementia. This year's walk is at Elver Park. Learn more and register at alzwisc.org/walk-with-us.

### **SUNDAY, SEPTEMBER 18**

### Bird and Nature Adventure: Topic TBD 1:30-3 pm, Warner Park Rainbow Shelter See Madison FUN on Facebook and Madison

Parks website for updates and details. Contact paul\_noeldner@hotmail.com or 608-698-0104.

### WEDNESDAY, SEPTEMBER 21

# Friends of Cherokee Marsh board meeting 5:30-7 pm

The public is welcome. To confirm time and location, contact 608-215-0426 or janaxelson@gmail.com. Cherokeemarsh.org

 $\mathsf{LL} = \mathsf{Lakeview}\,\mathsf{Library} \quad \mathsf{WPCRC} = \mathsf{Warner}\,\mathsf{Park}\,\mathsf{Community}\,\mathsf{Recreation}\,\mathsf{Center}$ 



MGE is targeting net-zero carbon electricity by 2050. Join us in working toward a more sustainable future. Visit mge2050.com for energy-saving tips and more.

































### Stay fit at Orthdx Natural Fitness









willy street co-op

Pickle Pro Courts is Now Open. Grand Opening Event August 1st @ 5:30 PM

### **Proceeds Benefit FEED Kitchens Building Fund & The River Food Pantry**

### **Exhibition Match @ 6 PM**

### **Dave Weinbach**

10 time USAPA National Champion & 14 time US Open Champion



### **Sherri Steinhauer**

26 Year LPGA professional turned professional pickleball player



WHERE THE WEATHER IS ALWAYS PERFECT

# FUNDRAISER

**August 1st @ 5:30 PM Northside TownCenter** 



\$10+ & a Non-Perishable Food Item / Q: patrickriha@pickleprocourts.com





BLUE BUILDING
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Fall 2023

State of the art, smart, environmentally conscious multi-family housing on Madison's north side

Live a **Happy** & **Healthy** Lifestyle